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# A Systematic Analysis and Synthesis of Case Study Based Agile Scaling Research in the Context of Digital Transformations

Everist Limaj and Edward W.N. Bernroider

Vienna University of Economics and Business (WU), Institute for Information Management and Control, Vienna, Austria

{everist.limaj, edward.bernroider}@wu.ac.at

**Abstract.** Over the past decade, agile scaling concepts in organizations have gained considerable momentum and renewed attention especially from business practice. While agility has its roots in software development, the concept of agile at scale aims at more generally applying agile practices in organizations across different industries. Academic research is serving this development in different disciplines, most notably the management and information systems fields. This short paper takes stock of the last 12 years of scholarly research by developing a systematic content analysis of 26 case studies dealing with agile scaling concepts in the context of digital transformation. In the attempt to narrow the gap between research and practice, we focus on case studies as a strategic research methodology providing rich insights of complex real-life processes such as agile scaling. The findings synthesize the current state of knowledge in this regard and offer new research avenues contributing to the present agile scaling discourse.

**Keywords:** Systematic Literature Review, Agile Scaling, Digital Transformation

## 1 Introduction

Since the publication of the Agile manifesto [1], many so-called agile transformations of organizations have been implemented worldwide [2]. Most commonly, these change initiatives are driven by the need of organizations to keep up with the trends of the digitalization era (i.e. in-depth understanding of customer requirements, rapid creation of novel digital services, ongoing process renewal, and updates of business models) [3]. Usually utilized in software development teams, agile at scale is being adopted in other industries at different management and operational levels shaping new organizational forms [4]. Agile at scale can be understood as a process of diffusing the initial adoption of agile principles and methods to more organizational structures [5]. The increasing application of agile concepts at the organizational level has also resulted in a growing amount of agile scaling case studies provided by scholarly research. Yet, to date, (as we highlight in the next section) research lacks a compelling (i.e. rigorous) assessment of this emergent literature.

This article seeks to fulfil this gap by conducting a thorough examination of the accumulated agile scaling body of research in relation to case studies, which provide “*an in-depth exploration from multiple perspectives of the complexity and uniqueness of a particular project, policy, institution, program or system in real life*” [6, p.21]. We purposefully chose to restrict our selection to case studies only, as we intend to develop practice-based scientific knowledge to narrow the gap between theory and practice in the agile domain [7]. Accordingly, based on guidance from Webster and Watson [8], we selected 26 case studies from the agile scaling literature and analyzed them by means of a concept-centric review. The resulting concept matrix contributes to the agile scaling discourse in providing a synthesis of extant research and motivating new research avenues. The remainder of this article proceeds with an examination of previous literature reviews conducted in the agile scaling area. Next, we describe the methods used for data collection and analysis before presenting the result of our systematic literature review. The article concludes by discussing insights for promising directions of future research.

## 2 Past literature reviews on agile transformation

For our examination of prior research conducting literature reviews in relation to agile scaling, we identified 9 peer-reviewed publications listed in Table 1, which shows their publication years, review scopes and types of review. Notably, only three industry specific reviews are included (one related to healthcare, two to software industry), while six studies are comprehensive in scope reviewing agile literature across industries. Besides, only two articles actually use methodologically rigorous literature review guidelines (i.e. systematic reviews), while the others give scarce information on selection criteria and methods of analysis. The most commonly investigated topic is concerned with agile challenges [papers No. 2, 3, 6, 7, 9 in Table 1]. Other common topics include agile strategies [papers No. 1 and 4], agile capabilities [papers No. 1, 4, 5], agile success factors [papers No. 3 and 6], agile benefits [papers No. 7, 9], and agile research streams [paper No. 8].

**Table 1.** Summary of previous reviews on agile scaling

Paper No.	Year	Author(s) [Reference]	Review scope		Type of review	
			Comprehensive	Industry specific	Systematic	Other
1	2015	Tolf, Nyström [9]		×		×
2	2015	Gregory, Barroca [10]	×			×
3	2016	Dikert, Paasivaara [2]		×	×	
4	2017	Appelbaum, Calla [11]	×			×
5	2017	Appelbaum, Calla [12]	×			×
6	2017	Paterek [13]	×			×
7	2017	Abdalhamid and Mishra [14]		×	×	
8	2018	Sońta-Drączkowska [15]	×			×
9	2018	Putta, Paasivaara [16]	×			×
<b>Total number of articles</b>			<b>6</b>	<b>3</b>	<b>2</b>	<b>7</b>

Most commonly identified agile challenges seem not new to organizational change research (e.g. resistance to change, difficulties to plan, changing the culture and lack of investments [2, 16]). More recent issues include controversies with the agile framework, struggle to manage agile methodologies, and difficulties to measure agile value, coordinate multiple teams and integrate non-agile functions. Yet, with few exceptions [2, 10], previous reviews scarcely formulate emergent research topics associated to agile challenges in practice.

With regard to the topics of agile strategies and capabilities, Tolf and Nyström [9] highlight proactive, reactive and embrasive strategies as well as five core capabilities (inter-organizational links, market sensitivity, self-organizing employees, elastic organic structures, and timely delivery) needed for healthcare organizations to cope with external uncertainty. Besides, Appelbaum et al., in two publications argue that organizational agile transitions require change at all levels (e.g. strategy, processes, and people) while hinting that there is little information on how to develop agile capabilities.

Considerable research has been devoted to point out agile success factors (e.g. management support, customized agile approach, piloting, training, agile coach, communication and transparency, mindset and alignment, team autonomy, culture of continuous learning, and community of practice [2, 13]) and agile benefits (e.g. increase in quality, transparency, collaboration, productivity and alignment [16, 17]). However, one concern is that most of these success factors and benefits are identified from experience reports that have a tendency to emphasize positive views [2].

With regard to research streams, the review of Sońta-Drączkowska [15] proposes five themes, agile in software development, agile in project management, agile organization, hybrid approaches and agile in innovations. The authors recognize that agile concepts are dispersed in a wide range of domains, hence more studies are needed especially to link agile projects with the organizational level [15].

To summarize, while previous literature reviews have provided helpful insights (especially identifying agile challenges and success factors), there still seems to be gap in prior review work providing an overview on how scholars have covered scaling agile in case studies in relation to how scaling agile is defined, understood and applied.

### 3 Data collection

Our data collection follows a rigorous process guided by previous research on conducting systematic literature reviews [8, 18, 19]. We focused article selection on case studies that provide information on agile scaling in a digital transformation context, and, thus address the cross section between management and IS research. To guarantee objectivity in the selection procedure, we developed a research protocol describing the search strategy including the databases used for the search, and inclusion and exclusion criteria (Table 2).

**Table 2.** Research protocol (Source: adapted from [15])

<b>Dimension</b>	<b>Description</b>
Research databases	The databases used for the search process were based on recommendations by Levy and Ellis (2006), and include ProQuest, Science Direct, IEEE, ACM, JSTOR, Wiley, Lea Journals, EBSCOhost and AIS library.
Publication type	Only peer-reviewed full papers
Language	Only papers published in English
Methodology	Only case studies
Date range	As the research on this topic is relatively recent, the range of our examination was limited to the time frame of 2007 to 2019. We consider this 12-year period representative of the adaptation of agile at scale.
Search fields	Title, abstract and keywords section
Search terms	Boolean search combining terms: (“scaling agile” OR “agile at scale”) AND (“digital transformation” OR “digitalization” OR “organizational transformation” OR “organizational change”)
Inclusion criteria	Only articles that consider agile as a management practice, or those positioned in an agile transformation context, or those that deal with organizational change by scaling agile.
Exclusion criteria	Articles were removed considering agile only as a method for software development or as an operational issue, and not at the organizational level (e.g. focusing only at a project level or team level).
Data analysis and synthesis	We used techniques of grounded theory to code the data, identify patterns and map relationships. The qualitative software NVIVO supported this process.

Our initial search in databases using filters described in the research protocol resulted in the extraction of 1,073 articles. We controlled for other potential relevant publications that were not found directly from the database search by conducting a backward and forward reference search adding 117 articles potentially in scope. Next, we read the title and abstract of all identified items to remove duplications and studies that are outside the research scope. Further, we read the full text of the remaining articles (157 in total) to evaluate if they met the full criteria described in the research protocol, which resulted in 111 selected items. Of those, 26 articles using a case study methodology were used for our content analysis. Fig. 1 illustrates the selection process of the case study articles used for the systematic literature review and outlines the timeframe of their publication. The later shows that from 2016 there has been more effort from research to document agile case studies.

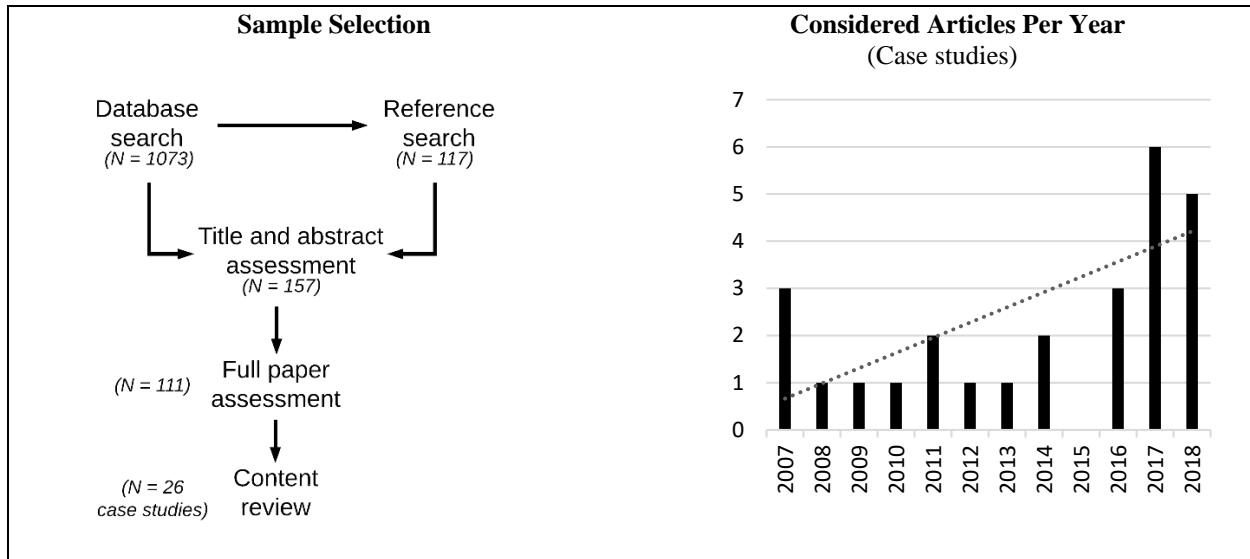


Fig. 1. Illustration of the systematic review process and timeframe of the selected case studies

## 4 Analysis

The analysis is based on guidance from Webster and Watson [8] and consists in synthesizing the selected literature based on a concept-centric morphological box that we developed following the procedure recommended by Mayring [20]. Correspondingly, we differentiate between three clusters linked with nine main categories as illustrated in Table 3 and describe in the following.

The first cluster, ‘classification of case studies’ aims to portray general aspects of the selected articles and includes the following deductive categories: publication type, literature domain, objective of the study, study design and study focus. With regard to the category ‘publication type’, we differentiate between ‘journal’ and ‘conference’ publication. As noted in the research protocol (see Table 2), other publication types have been excluded from the selection. The category ‘literature domain’ indicates the scientific field of each article. The category ‘object of the study’ points out the analytical frame of the case and the various positions that can be taken on the object of the study, differentiating between ‘theory-testing’, ‘theory-seeking, and ‘storytelling’ [21]. The category ‘study design’ identifies the temporal structure of how change is studied [22]. Typically, research studies take either a ‘snapshot perspective’ examining “*a target event in a present moment in time,*” or a ‘process perspective’ examining “*the evolution of an event over time*” [23]. The last category of the first cluster points out that researchers studying an agile transformation process typically focus on one (or a combination) of strategic aspects of change (e.g. culture, leadership, dynamic capabilities), organizational aspects of change (e.g. models of organizing individuals and teams), and/or operational aspects of change (e.g. software development and requirements management) [24].

The second cluster, ‘comprehension of agile transformation’, focuses on understanding how agile is viewed and investigated from researchers and is composed of the following deductive categories: definition of agile and main topic of the study. The category ‘definition of agile’ aims to grasp how the concept of agile is specified (or not). Extant research typically considers agile either as a method (or an approach) (i.e. stipulating a method-notion) or acknowledge agile as a capability (i.e. stipulating a capability-notion). The category ‘main topic of the study’ is to highlight information about dominant agile themes that have been investigated in prior studies. The third cluster, ‘application of agile transformation’ depicts current application of agile transformation initiatives including two categories: industry type, and organizational size. ‘Industry type’ organizes case studies based on the sector groupings. ‘Organizational size’ distinguishes the case organizations considered in the examined study as either small and medium sized enterprises (SMEs) or large corporations.

**Table 3.** Morphological Box for Analyzing Case Studies of Agile Transformations

Classification of Case Studies					Comprehension of Agile Transformation		Application of Agile Transformation	
Publication type	Literature domain	Object of the study	Study design	Study focus	Definition of Agile	Main topic (Agile...)	Industry branch	Organizational size

## 5 Result

The concept matrix of agile transformation resulting from the analysis of the selected literature is presented in Table 4. The classification of case studies based on their ‘publication type’ reveals a somewhat proportional division between *journal* (54%) and *conference* publication (46%). Distinctively, the ‘literature domain’ category shows that agile studies are largely rooted in the *Information System* field (81%) with a few contributions in the research areas of *Strategic Management* (8%), *Production Management* (4%), and *Computer Science* (4%). Within the ‘object of the study’ category, authors mainly seek for *theory-seeking* (46%) and *storytelling* (46%). Much less, only 8% seek for *theory-testing* [25, 26]. With regard to the ‘study design’, most authors follow a *process perspective* (77%) to structure their investigation, while a *snapshot perspective* (23%) has been used less [27-32]. Lastly, the ‘study focus’ category reveals that 19% of the articles consider (fully or partly) all three aspects of the agile transformation (i.e. *strategic, organizational, and operational*) [30, 33-36]. Further, 12% have a combined focus on *organizational and operational* aspects [37-39], while slightly more articles (19%) have considered *strategic and organizational aspects* together [5, 16, 24, 40, 41]. Lastly, 8% of the articles focus on *strategic aspects* only [29, 42], whilst 15% focus on *organizational aspects* only [31, 32, 43, 44].

The analysis highlighting the comprehension of agile transformation in terms of the category ‘definition of agile’ reveals an assertive tendency (42%) to conceptualize (or refer to) agile as a *method* (or likewise, as an approach). Specific definitions related to this group of articles explain agile as an approach adopted to “*regularly produce high quality software in a cost effective and timely manner via a value driven life-cycle*” [39, p.4], and agile transformation as the “*switch from a different development approach or work organization concept to agile methods*” [5, p.3]. On the other hand, 15% of the articles conceptualize agile as a *capability*. Studies of this kind refer to agility broadly as the ability to move quickly and in a simple way [45], or somehow more detailed as the capacity to apply agile methods to digital transformations in order to create, react to, embrace, and learn from change while enhancing customer value [36]. Looking at the ‘main topic’ category, seven archetypes are evident. The dominant topic studied has been *agile success factors* (46%) followed by *agile challenges* (31%). In many cases, these two topics have been investigated together [24, 29, 33, 39, 41, 46, 47]. Further, the topics of *agile metrics, agile scaling models, and agile change performance* have been equally studied (19%). The least investigated topics have been agile conceptualization and agile roles/teams (12% each).

With regard to analyzing the application of agile transformation in terms of the category ‘industry branch’ six groupings were made. The prevailing setting where the case studies have been conducted is in the *telecommunications* (31%) branch [25, 26, 29, 30, 42, 43, 47, 48]. The second group of cases are dispersed equally in the *software industry and financial services* (12% each). Some attention has been given to studying agile transformation in *education, and mass media* (8% each), while only one case could be identified in *retail* [5]. In terms of the category ‘organizational size’, there is a clear dominance of articles assessing the transformation in *large organizations* (92%), whilst the remaining 8% of them explore agile change in *SMEs* [28, 44].



analyzing the ‘Agile main topics’ investigated in previous studies, the legacy system issues seem to be largely overlooked. We call for future work to explore adequate strategies that enable a smooth transition and continuous integration of legacy systems into the agile world.

Thirdly, there is little investigation on the capabilities needed to succeed in the agile way of working. Extant research propounds the view that renewed skills and a quick learning environment are compulsory to absorb agile practices and new organizational forms [34]. Inevitably, new organizational capabilities at various levels (e.g. ordinary or dynamic) are required at different stages of the agile change. Yet, our findings indicate very little practice-grounded research studies that increase our understanding about this set of new capabilities that benefit agile scaling and subsequently add value to the organization. What is more, apart from a few exceptions [24, 49] identified in the intersection between the ‘capability-notion’ and the related ‘conceptualization’ studies in the concept matrix, there seems to be also a lack of theoretical contributions grasping the capability construct in the agile transformation context. Therefore, more research is needed utilizing various lenses (i.e. practical or/and theoretical) to grasp distinct, emergent capabilities vital for the agile journey and to suggest appropriate ways to develop them.

Although our search process included 9 scientific databases, the analysis is limited to 26 selected articles that were found using a case-study methodology. We did not conduct an exhaustive author search, which could have potentially resulted in more selected publications. In attempt to examine highly qualified research findings, we restricted our selection to peer-reviewed papers only. However, nearly half of the selected articles were published in conference proceedings (considered less mature than journal publications). For future investigations within this research stream, more IS journal papers using different methodologies can be considered.

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