

# **Optimization of running strategies based on anaerobic energy and variations of velocity**

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# Optimization of running strategies based on anaerobic energy and variations of velocity

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2 [Variable energy recreation](#page-21-0)

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- **Talk based on the joint work [\[1\]](#page-3-0) with Amandine Aftalion, Lab.** Math. Versailles, UVSQ.
- **Pioneering reference: J.B. Keller [\[2\]](#page-3-1).**
- <span id="page-3-0"></span>[1] A. Aftalion and J.F. Bonnans, Optimization of running strategies based on anaerobic energy and variations of velocity. SIAM J. Applied Math., to appear (HAL preprint).
- <span id="page-3-1"></span>[2] Keller, J.B., Optimal velocity in a race, Amer. Math. Monthly 81 (1974), 474–480.

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**1 [Keller's model](#page-4-0)** 

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# Keller's model: dynamics

Consider the following state equation:

(1.1) 
$$
\dot{v}(t) = f(t) - \phi(v(t)); \quad \dot{e}(t) = \bar{\sigma} - f(t)v(t),
$$

- **Cost function**:  $-\int_0^T v(t) dt$ .
- **energy recreation:**  $\bar{\sigma} > 0$
- **drag function**  $\phi(v) = v/\tau$ , with  $\tau > 0$ .
- **Generalized drag function**:  $\phi$   $C^2$  on  $(0, \infty)$ ;  $\phi(0) = 0$ ;  $\phi'$  positive;  $v\phi' (v)$  increasing **Example**:  $\phi(v) = av^{\beta}, a > 0, \beta \ge 1$ .

# Keller's model: constraints

- Control constraint:  $0 \le f(t) \le f_M$ .
- **Energy constraint:**  $e(t) > 0$ .
- **Maximal force strategy:** optimal for short horizons  $T \leq T_c$ .
- In the sequel  $T > T_c$ .

# Keller's model: discussion

**Maximal speed** (never reached):  $0 = f_M - v_M/\tau$ , i.e.

$$
v_M=\tau f_M.
$$

**Constant energy speed:**  $f = v/\tau$ ,  $\sigma = fv$ , and so:

$$
v_E=\sqrt{\tau\sigma}.
$$

**Energy variation when constant speed:** 

 $e(t) \downarrow$  if  $v > v_F$ , and  $e(t) \uparrow$  otherwise.

# Keller's model: Keller's conjecture

- Optimal strategy has three arcs
- **First arc: maximal force**  $f = f_M$ .
- Second arc: **constant speed**  $v > v_F$ .
- **Last arc: zero energy**  $e = 0$ .
- **Negative jump of force at junction times**
- Unclear proofs in the literature for  $\phi(v) = v/\tau$ .

# Keller's model: numerical resultsI

- Mechanical parameters:  $f_{max} = 9.6m s^{-2}$ ,  $\tau = 0.67s$
- Energy parameters:  $e_{an}^0 = 1400 m^2 s^{-3}$ ,  $\bar{\sigma} = 49 m^2 s^{-3}$ .
- $d = 1500m$ .
- 2000 discretization steps, i.e. time step close to 0.12s.
- Free software www.bocop.org.
- Optimal time is 248.21s

# Keller's model: numerical results with bocop.org



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### Zoom on end of race: zero energy arc



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## Keller's model: main result

So the numerical results agree with Keller's conjecture, and indeed:

#### Theorem

Keller's conjecture holds, even with the generalized drag function.

We next present the proof of this result.

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# Keller's model: Hamiltonian and costate

Hamiltonian function:

$$
H:=-v+p_v(f-\phi(v))+p_e(\bar{\sigma}-fv).
$$

Costate equation:

$$
\begin{cases}\n-\dot{p}_v &= -1 - p_v \phi'(v) - p_e f \\
-dp_e &= -d\mu,\n\end{cases}
$$

Final conditions  $p_v(T) = p_e(T) = 0$ , and so:  $p_e = \mu$ . **Multiplier** to the state constraint: say  $\mu(T) = 0$  and

$$
d\mu\geq 0;\quad {\rm supp}(d\mu)\subset \{t;\ e(t)=0\}.
$$

Therefore  $p_e = \mu \leq 0$ .

# Switching function

### The switching function is

$$
\Psi:=H_u=p_v-p_e v.
$$

#### By **Pontryagin's principle**, we have:

$$
f(t) = \begin{cases} f_M & \text{if } \Psi(t) > 0, \\ 0 & \text{if } \Psi(t) < 0, \end{cases}
$$

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# $p_e$  has negative values

#### Lemma

 $p_e$  has negative values.

#### Proof.

If 
$$
p_e(\tau) = 0
$$
 then over  $(\tau, T)$ :  
\n $p_e = 0$ , since it is nondecreasing and  $p_e(T) = 0$ .  
\n $\dot{p}_v = 1 + p_v \phi'(v)$  (is > 0 if  $p_v \ge 0$ ) and  $p_v(T) = 0$   
\nSo  $p_v < 0 \Rightarrow \Psi = p_v < 0 \Rightarrow f = f_M$   
\nContraction by lemma 3.7 of paper.

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# $\overline{p_v}$  has negative values

#### Lemma

 $p_v$  has negative values.

#### Proof.

$$
p_v \geq 0 \Rightarrow \Psi > 0 \Rightarrow f = 0 \Rightarrow \dot{p}_v > 0; \quad \text{but } p_v(T) = 0.
$$

#### **Corollary**

An optimal trajectory starts with a maximal force arc.

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### Derivative of switching function

When the state constraint is not active,  $p_e$  is constant and so:

$$
\Psi:=H_u=p_v-p_e v.
$$

$$
\dot{\Psi} = (1 + p_v \phi'(v) + p_{\rm e} f) - p_{\rm e}(f - \phi(v))
$$
  
= 1 + p\_v \phi'(v) + p\_{\rm e} \phi(v)

and so,

$$
\dot{\Psi}-\Psi\phi'(\nu)=1+\rho_e(\phi(\nu)+\nu\phi'(\nu)).
$$

#### Lemma

On a singular arc, v is constant.

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### No zero force arc

$$
\Delta:=\dot{\Psi}-\Psi\phi'(\nu)=1+\rho_{\rm e}(\phi(\nu)+\nu\phi'(\nu)).
$$

#### Lemma

No zero force arc occurs.

- **Let**  $(t_a, t_b)$  be such an arc; then  $t_a > 0$ .
- If  $t_b = T$  then  $e(T) > 0$ : impossible.
- $\Psi > 0$  over the arc;  $\Psi(t_a) = \Psi(t_b) = 0$ .
- We have therefore  $\Delta(t_a) \geq 0 \geq \Delta(t_b)$ .
- **■** On this arc  $p_e$  is constant and v decreases, and so  $\Delta(t)$ increases: contradiction.

## No second maximal force arc

$$
\Delta := \dot{\Psi} - \Psi \phi'(v) = 1 + p_e(\phi(v) + v\phi'(v)).
$$

#### Lemma

No second maximal force arc occurs.

- Let  $(t_a, t_b)$  be such an arc; then  $t_a > 0$ .
- **If**  $t_b < T$ , "symmetric argument": v increases,  $\Delta$  decreases, but  $\Delta(t_a) \leq 0 \leq \Delta(t_b)$ .
- If  $t_b = T$ ,  $\mu$  should have a jump at time T, but then

$$
\lim_{t\uparrow T}\Psi(t)=-p_{\text{e}}(T_{-})v(T)>0
$$

implying that  $f = 0$  at the end of the trajectory.

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# Keller's model: proof of main result

- Let  $t_a \in (0, T)$  be the exit point of the maximal force arc.
- We know that  $\Psi = 0$  over  $(t_a, T)$ .
- **■** Let  $t_b \in (0, T)$  be the first time at which the energy vanishes  $(\mu$  has no final jump).
- $(t_{a},t_{b})$  is a singular arc.
- If the energy is not zero on  $(t_b, T)$ : there would exist  $t_c, t_d$ with  $t_b \le t_c < t_d \le T$  such that  $e(t_c) = e(t_d) = 0$ , and  $e(t) > 0$ , for all  $t \in (t_c, t_d)$ .
- Then  $(t_c, t_d)$  is a singular arc, over which  $\dot{e} = \sigma f_v$  is constant: contradiction.

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# Variable energy recreation

**E** Less recreation when energy close to its extreme values, and additional recreation when deceleration:

$$
\dot{e} = \sigma(e) + \eta(a) - f\nu
$$

where a is the acceleration:  $a = \dot{v} = f - \phi(v)$ , and  $\eta$  convex:

$$
\eta(a)\geq 0, \ \ \eta(a)=0 \ \text{iff} \ a\geq 0.
$$

**Function**  $\sigma(e)$  regularization of a piecewise affine and continuous function, value 0 at extreme values, otherwise constant.

# Numerical results with variable  $\sigma(e)$  and  $\eta(a) = 0$



## Hamiltonian and costate with variable  $\sigma(e)$

#### Hamiltonian function:

$$
H:=-v+p_v(f-\phi(v))+p_e(\sigma(e)+\eta(f-\phi(v))-fv).
$$

#### Costate equation:

$$
\begin{cases}\n-\dot{p}_v &= -1 - p_v \phi'(v) - p_e f - p_e \eta'(a) \phi'(v) \\
-dp_e &= p_e \sigma'(e) - d\mu,\n\end{cases}
$$

Final conditions  $p_v(T) = p_e(T) = 0$ .  $\mu(T) = 0$ ,  $d\mu > 0$ , supp $(d\mu) \subset \{t; e(t) = 0\}.$ 

# Minimization of Hamiltonian with variable  $\sigma(e)$

**Hamiltonian function:** 

$$
H := (p_v - p_e v)f + p_e \eta (f - \phi(v)) + \text{indep. of } f
$$

- **Concave function** of the control  $f$
- **Minimum attained at extreme values 0 or**  $f_M$ **.**
- Need of **relaxed formulation**; expectation of force:

$$
f=0\times(1-\theta)+\theta f_M
$$

We may as well take f as parameter and then  $\theta = f/f_M$ .

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# Relaxed formulation

Recreation due to deceleration at zero speed:

$$
R(v):=\eta(-\phi(v))
$$

State equation

$$
\dot{v} = f - \phi(v)
$$
  
\n
$$
\dot{e} = \sigma(e) - f v + (1 - f/f_M)R(v)
$$

**Hamiltonian** 

$$
H=p_v(f-\phi(v))+p_e(\sigma(e)-fv+(1-f/f_M)R(v)).
$$

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## Relaxed formulation: theoretical analysis

- Assume  $\sigma(e)=\bar{\sigma}$  and  $\eta(a)=\varepsilon\eta'(a)$
- For  $\varepsilon > 0$  small enough
- Same optimal structure as for Keller'model: maximal force, constant speed, zero energy.

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# Numerical results when bounding  $\dot{f}$



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# Numerical results: zoom with variable  $\sigma(e)$  and  $\eta(a) \neq 0$



# Periodic problem

- Maximize average speed:  $(1/\tau)\int_0^{\tau} v(t) \mathrm{d}t$ .
- **Periodic speed and force, loss of energy**  $e(0) = e(T) + Te_d$ **.**
- State equation and constraints

$$
\begin{cases}\nv(0) = v(T); & f(0) = f(T). \\
e(0) = e(T) + Te_d; \\
\dot{v} = f - v\tau; \\
\dot{e} = \sigma + \eta(a) - fv; \\
0 \le f \le f_M; |\dot{f}| \le 1, & \text{for a.e. } t \in (0, T).\n\end{cases}
$$

### Zoom vs periodic: velocity



### Zoom vs periodic: force



### Related work

[1] S. Aronna, J.F. Bonnans and B.S. Goh, Second order necessary conditions for control-affine problems with state constraints. Research report, to appear (HAL preprint).

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# Open questions

- Asymptotic analysis  $\eta(a)=\varepsilon\eta'(a).$
- **Shape of oscillations ?**
- **Expansion of cost function**

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# THE END !

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