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► **To cite this version:**

Miguel Angel Fernández, Nejib Zemzemi. Decoupled time-marching schemes in computational cardiac electrophysiology and ECG numerical simulation. *Mathematical Biosciences*, 2010, 226 (1), pp.58-75. 10.1016/j.mbs.2010.04.003 . inria-00411510v3

HAL Id: inria-00411510

<https://inria.hal.science/inria-00411510v3>

Submitted on 7 Apr 2010

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INSTITUT NATIONAL DE RECHERCHE EN INFORMATIQUE ET EN AUTOMATIQUE

*Decoupled time-marching schemes in computational
cardiac electrophysiology and ECG numerical
simulation*

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N° 7022

August 2009

Thème BIO

*R*apport
de recherche



Decoupled time-marching schemes in computational cardiac electrophysiology and ECG numerical simulation

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Thème BIO — Systèmes biologiques
Projet REO

Rapport de recherche n° 7022 — August 2009 — 38 pages

Abstract: This work considers the approximation of the cardiac bidomain equations, either isolated or coupled with the torso, via first order semi-implicit time-marching schemes involving a fully decoupled computation of the unknown fields (ionic state, transmembrane potential, extracellular and torso potentials). For the isolated bidomain system, we show that the Gauss-Seidel and Jacobi like splittings do not compromise energy stability; they simply alter the energy norm. Within the framework of the numerical simulation of electrocardiograms (ECG), these bidomain splittings are combined with an explicit Robin-Robin treatment of the heart-torso coupling conditions. We show that the resulting schemes allow a fully decoupled (energy) stable computation of the heart and torso fields, under an additional hyperbolic-CFL like condition. The accuracy and convergence rate of the considered schemes are investigated numerically with a series of numerical experiments.

Key-words: Cardiac electrophysiology, forward problem, electrocardiogram, bidomain equations, heart-torso coupling, time discretization, explicit coupling, finite element method, Robin transmission conditions, stability analysis.

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Schémas de marche en temps découplés en électrophysiologie cardiaque computationnelle et simulation numérique de l'ECG

Résumé : Ce travail aborde l'approximation des équations bidomaine, isolées ou couplées avec le thorax, par des schémas semi-implicites de premier ordre, permettant un calcul découplé des inconnues (état ionique, potentiel transmembranaire, potentiel extracellulaire et potentiel thoracique). Pour les équations bidomaine isolées, nous montrons que les découplages de type Gauss-Seidel et Jacobi ne compromettent pas la stabilité (au sens de l'énergie), ils simplement modifient la norme de l'énergie. Dans le cadre de la simulation numérique de l'électrocardiogramme (ECG), nous proposons de combiner ces techniques avec un traitement Robin-Robin explicite du couplage cœur-thorax. Les schémas ainsi obtenus permettent un calcul complètement découplé et stable (sous une simple condition CFL-hyperbolique) des champs cardiaques et thoraciques. La précision et taux de convergence des schémas proposés sont illustrés par des expériences numériques.

Mots-clés : Électrophysiologie cardiaque, problème direct, électrocardiogramme, équation bidomaine, couplage cœur-thorax, discrétisation en temps, couplage explicite, méthode des éléments finis, conditions de Robin, analyse de stabilité.

1 Introduction

Computational models of cardiac electrophysiology typically incorporate the cell membrane activity and the intra- and extracellular components of cardiac tissue by means of the *bidomain model* (see e.g. [44, 40]). This mathematical model can be formulated as a *three-field* system (ionic state, transmembrane and extracellular potentials) coupling a non-linear reaction-diffusion equation, an elliptic equation and a non-linear system of ODE (alternative formulations are discussed in [25, 36]).

The rapid dynamics of the ODE system, acting on the reaction terms, lead to the presence of a sharp propagating wavefront, which often requires fine resolutions in space and in time. As a result, fully implicit time-marching is extremely difficult to perform since it involves the resolution of a large system of non-linear equations at each time step (see e.g. [25, 8, 34]). Attempts to reduce this computational complexity (without compromising too much numerical stability) consist in introducing some sort of explicit treatment within the time-marching procedure. For instance, by considering semi-implicit (see e.g. [45, 31, 14, 2, 5, 19]) or operator splitting (see e.g. [27, 46, 50]) schemes. All these approaches uncouple the ODE system (ionic state and non-linear reaction terms) from the electro-diffusive components (transmembrane and extracellular potentials). However, only a few works [45, 31, 2, 50] propose a decoupled (*Gauss-Seidel* like) time-marching of the three fields.

In this paper we go further in the investigation of this kind of decoupling techniques, by providing a general energy based stability analysis that covers both the Gauss-Seidel and the Jacobi like approaches. In particular, we show that these electro-diffusive splittings do not compromise the stability of the resulting scheme. They simply alter the energy norm and time step restrictions are uniquely dictated by the semi-implicit treatment of the ODE system and the non-linear reaction terms. We also illustrate numerically that the splitting preserves the first-order time accuracy of the original electro-diffusive coupling.

In the second part, we propose to extend these time-marching techniques to the numerical simulation of the electrocardiogram (ECG), namely, the *forward problem* of cardiac electrophysiology (see e.g. [30]). The bidomain equations have then to be coupled to a generalized Laplace equation, describing the electrical potential within the surrounding torso tissue. The heart-torso coupling is enforced through standard interface conditions, ensuring a perfect electrical balance (see e.g. [28, 40, 44]). This results in a coupled *four-field* problem (ionic state, transmembrane, extracellular and torso potentials) coupling a non-linear system of ODEs, a non-linear reaction-diffusion equation and two elliptic equations (see e.g. [30, 44]).

Traditionally, the heart-torso coupling has been treated using two different approaches (see e.g. [30]). The so called *heart-torso uncoupling* approximation (see e.g. [37, 39, 30, 4]) uncouples the heart and torso problems by neglecting the torso-to-heart electrical feedback (*i.e.* the heart is isolated). Although this approach is very appealing in terms of computational cost, it can compromise the accuracy of the corresponding ECG signals (see e.g. [30, 40, 4]). The second approach, the so called *heart-torso full coupling*, treats the heart-torso interface conditions in a fully implicit fashion and, therefore, requires the resolution of a large heart-torso system at each time step (see e.g. [45, 31, 40, 4]). To the best of our knowledge, none of the current approaches is able to provide accurate ECG

signals (*i.e.* close to heart-torso full coupling) with a decoupled computation of the extracellular and torso potentials.

In this paper, we introduce a series of time-marching schemes for ECG numerical simulation involving a fully decoupled computation of the ionic state, the transmembrane potential, the extracellular potential and the torso potential.

The main idea consists in combining the above mentioned Gauss-Seidel or Jacobi like bidomain splittings, with an explicit Robin-Robin treatment (derived from [1]) of the heart-torso coupling. Note that, since the time discretization of the two (quasi-static) elliptic equations does not produce numerical dissipation, conventional explicit Dirichlet-Neumann heart-torso coupling might lead to numerical instability. An energy based stability analysis shows that the proposed schemes are stable under an additional mild hyperbolic-CFL like condition. Optimal convergence rate, on the contrary, calls for a more stringent condition between the space and time discretization parameters.

The remainder of this paper is organized as follows. In the next section we briefly recall the coupled system of equations describing the electrical activity of the heart and its interaction with the surrounding torso tissue. The time discretization of the bidomain equations is addressed in section §3, using Gauss-Seidel and Jacobi like electrodiffusive splittings. The stability of the resulting schemes is analyzed by means of energy arguments. Section §4 is devoted to the discretization of the heart-torso system. The schemes analyzed in section §3 are then combined with a specific explicit Robin-Robin treatment of the heart-torso coupling. The energy based stability of the resulting schemes is investigated. Numerical evidence of the stability and accuracy is provided in section §5, with a mono-dimensional test problem and a three-dimensional study based on realistic heart and torso geometries. A summary of the results and some concluding remarks are given in section §6.

2 Mathematical models

This section contains standard material (see *e.g.* [44, Chapter 2]). We introduce the notation and the coupled system of equations commonly used to model the electrical activity of the heart and its interaction with surrounding tissue (extramyocardial regions).

2.1 Isolated heart

The bidomain equations, originally derived in [48], are the most widely accepted mathematical model of the macroscopic electrical activity of the heart (see *e.g.* the monographs [44, 40]). This model is usually formulated in terms of three variables: the transmembrane potential V_m , the extracellular potential u_e and the ionic state w (possibly vector valued). These space and time dependent variables are defined in $\Omega_H \times (0, T)$, where Ω_H and $(0, T)$ denote, respectively, the heart domain and the time interval of interest.

The governing equations consist of a coupled system of ODE, a nonlinear reaction-diffusion equation and an elliptic equation, with appropriate boundary

and initial conditions (see *e.g.* [44, 40]):

$$\partial_t w + g(V_m, w) = 0, \quad \text{in } \Omega_H \times (0, T), \quad (2.1)$$

$$\chi_m \partial_t V_m + I_{\text{ion}}(V_m, w) - \text{div}(\boldsymbol{\sigma}_i \nabla V_m) - \text{div}(\boldsymbol{\sigma}_i \nabla u_e) = I_{\text{app}}, \quad \text{in } \Omega_H \times (0, T), \quad (2.2)$$

$$- \text{div}((\boldsymbol{\sigma}_i + \boldsymbol{\sigma}_e) \nabla u_e) - \text{div}(\boldsymbol{\sigma}_i \nabla V_m) = 0, \quad \text{in } \Omega_H \times (0, T), \quad (2.3)$$

$$\boldsymbol{\sigma}_i \nabla V_m \cdot \mathbf{n} + \boldsymbol{\sigma}_i \nabla u_e \cdot \mathbf{n} = 0, \quad \text{on } \Sigma \times (0, T), \quad (2.4)$$

$$\boldsymbol{\sigma}_e \nabla u_e \cdot \mathbf{n} = 0, \quad \text{on } \Sigma \times (0, T), \quad (2.5)$$

$$V_m(\mathbf{x}, 0) = V_m^0(\mathbf{x}), \quad w(\mathbf{x}, 0) = w^0(\mathbf{x}), \quad \forall \mathbf{x} \in \Omega_H. \quad (2.6)$$

Here, $\chi_m \stackrel{\text{def}}{=} A_m C_m$ where A_m is a geometrical quantity, C_m denotes the membrane capacitance and tensors $\boldsymbol{\sigma}_i$ and $\boldsymbol{\sigma}_e$ represent, respectively, the intra- and extracellular conductivities. The term $I_{\text{ion}}(V_m, w) \stackrel{\text{def}}{=} A_m i_{\text{ion}}(V_m, w)$ denotes the ionic current across the membrane and I_{app} a given external current stimulus. The explicit expression of functions g and i_{ion} depends on the considered cell ionic model (see *e.g.* [44, 40] and the references therein). At last, \mathbf{n} stands for the outward unit normal to $\Sigma \stackrel{\text{def}}{=} \partial\Omega_H$ (see Figure 1), and V_m^0, w^0 are given initial data.

The boundary conditions (2.4)-(2.5) state that the intra- and extracellular currents do not propagate outside the heart. While (2.4) is a widely accepted condition (see *e.g.* [48, 28, 40, 44]), the enforcement of (2.5) is only justified under an isolated heart assumption (see [44, 40]). The coupled system of equations (2.1)-(2.6) is often known in the literature as *isolated bidomain* model (see *e.g.* [14, 15, 44]). The interested reader is referred to [16, 3, 7, 49] for the mathematical analysis of problem (2.1)-(2.6).

The choice of the formulation (2.1)-(2.6) is motivated by the decoupling time-marching schemes introduced in section §3. Other formulations of the bidomain equations and their impact on the performance of the algebraic solvers have been discussed in [25, 36]. A recent review of numerical methods for the bidomain equations can be found in [32].

Remark 2.1 *The complexity of (2.1)-(2.6) can be reduced by using, instead of (2.2) and (2.4), the so-called monodomain approximation:*

$$\begin{aligned} \chi_m \partial_t V_m + I_{\text{ion}}(V_m, w) - \text{div}(\boldsymbol{\sigma} \nabla V_m) &= I_{\text{app}}, \quad \text{in } \Omega_H, \\ \boldsymbol{\sigma} \nabla V_m \cdot \mathbf{n} &= 0, \quad \text{on } \Sigma, \end{aligned} \quad (2.7)$$

where $\boldsymbol{\sigma} \stackrel{\text{def}}{=} \boldsymbol{\sigma}_i (\boldsymbol{\sigma}_i + \boldsymbol{\sigma}_e)^{-1} \boldsymbol{\sigma}_e$ is the bulk conductivity tensor (see *e.g.* [29, 13, 15, 38]). Note that (2.7) decouples the computation of V_m from that of u_e . Under the isolating condition (2.5), (2.7) can be interpreted as the zeroth-order approximation of (2.2) and (2.4) with respect to a parameter, $0 \leq \epsilon < 1$, which measures the gap between the anisotropy ratios of the intra- and extracellular domains (see [13, 15] for details). Although several simulation analysis (see

e.g. [13, 38]) suggest that the monodomain approximation may be adequate for some propagation studies in isolated hearts, it cannot be applied in all situations since it neglects the extracellular feedback into V_m (see e.g. [17, 13, 38] and Remark 2.3 below).

2.2 Coupling with torso: ECG modeling

The myocardium is surrounded by a volume conductor, Ω_T , which contains all the extramyocardial regions (see Figure 1). As a matter of fact, ECG signals monitor the electrical activity of the heart from potential measurements at the torso skin surface Γ_{ext} . The torso volume is commonly modeled as a passive conductor (generalized Laplace equation), electrically coupled to the heart across the heart-torso interface Σ . The resulting coupled system can be formulated in

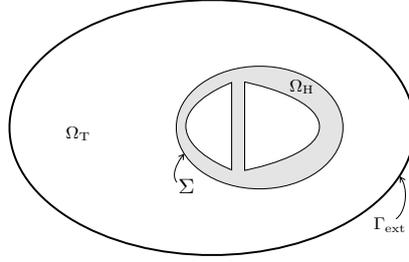


Figure 1: Two-dimensional geometrical description: heart domain Ω_H , torso domain Ω_T (extramyocardial regions), heart-torso interface Σ and torso external boundary Γ_{ext} .

terms of V_m , u_e , w and the torso potential u_T , as follows (see e.g. [44, 40]):

$$\partial_t w + g(V_m, w) = 0, \quad \text{in } \Omega_H \times (0, T), \quad (2.8)$$

$$\chi_m \partial_t V_m + I_{\text{ion}}(V_m, w) - \text{div}(\sigma_i \nabla V_m) - \text{div}(\sigma_i \nabla u_e) = I_{\text{app}}, \quad \text{in } \Omega_H \times (0, T), \quad (2.9)$$

$$- \text{div}((\sigma_i + \sigma_e) \nabla u_e) - \text{div}(\sigma_i \nabla V_m) = 0, \quad \text{in } \Omega_H \times (0, T), \quad (2.10)$$

$$- \text{div}(\sigma_T \nabla u_T) = 0, \quad \text{in } \Omega_T \times (0, T), \quad (2.11)$$

$$\sigma_T \nabla u_T \cdot \mathbf{n}_T = 0, \quad \text{on } \Gamma_{\text{ext}} \times (0, T), \quad (2.12)$$

$$\sigma_i \nabla V_m \cdot \mathbf{n} + \sigma_i \nabla u_e \cdot \mathbf{n} = 0, \quad \text{on } \Sigma \times (0, T), \quad (2.13)$$

$$u_T = u_e, \quad \text{on } \Sigma \times (0, T), \quad (2.14)$$

$$\sigma_e \nabla u_e \cdot \mathbf{n} = -\sigma_T \nabla u_T \cdot \mathbf{n}_T, \quad \text{on } \Sigma \times (0, T), \quad (2.15)$$

$$V_m(\mathbf{x}, 0) = V_m^0(\mathbf{x}), \quad w(\mathbf{x}, 0) = w^0(\mathbf{x}), \quad \forall \mathbf{x} \in \Omega_H. \quad (2.16)$$

Here, σ_{T} stands for the conductivity tensor of the torso tissue and \mathbf{n}_{T} for the outward unit normal to the external boundary $\Gamma_{\text{ext}} \stackrel{\text{def}}{=} \partial\Omega_{\text{T}} \setminus \Sigma$ (see Figure 1).

The boundary condition (2.12) states that no current can flow from the external torso surface Γ_{ext} , whereas (2.14)-(2.15) enforce a perfect electric balance between the heart and torso domains (see *e.g.* [48, 28, 40, 44]).

The coupled system of equations (2.8)-(2.16) is often known in the literature as *full bidomain* or *coupled bidomain* model (see *e.g.* [13, 44]). It can be considered as the state-of-the-art in the modeling of the ECG or, equivalently, the forward problem of cardiac electrophysiology (see *e.g.* [30, 40, 44]). The interested reader is referred to [6] for the mathematical analysis of problem (2.8)-(2.16), and to [30] (see also [4]) for a review of the numerical methods.

Remark 2.2 *A common approach to reduce the computational complexity of (2.8)-(2.16) consists in uncoupling the computation of $(w, V_{\text{m}}, u_{\text{e}})$ and u_{T} , by neglecting the electrical torso-to-heart feedback (see *e.g.* [13, 37, 30]). Thus, the coupling condition (2.15) is replaced by*

$$\sigma_{\text{e}} \nabla u_{\text{e}} \cdot \mathbf{n} = 0, \quad \text{on } \Sigma, \quad (2.17)$$

*which amounts to work with an isolated bidomain model, as described in the previous subsection. Thereafter, the torso potential u_{T} is recovered by solving (2.11) with boundary conditions (2.12)-(2.14). Despite this approach is very appealing in terms of computational cost, numerical evidence has shown that it can compromise the accuracy of the ECG signals (see *e.g.* [30, 40, 4] and the numerical study of subsection §5.2.3). The heart-torso uncoupling approximation is often further simplified by replacing the interface condition (2.14) by a (multi-) dipole representation of the cardiac source (see *e.g.* [23, 26]).*

Remark 2.3 *The monodomain approximation (2.7) can be combined with the heart-torso uncoupling framework of Remark 2.2 (see *e.g.* [26, 37, 4]). This yields a simplified mathematical model which allows a fully decoupled computation of V_{m} , u_{e} and u_{T} . However, as noticed in [4, Section 5.2] (see also [13]), without the uncoupling assumption (2.17) the monodomain approximation becomes*

$$\begin{aligned} \chi_{\text{m}} \partial_t V_{\text{m}} + I_{\text{ion}}(V_{\text{m}}, w) - \operatorname{div}(\sigma \nabla V_{\text{m}}) &= I_{\text{app}}, \quad \text{in } \Omega_{\text{H}}, \\ \sigma \nabla V_{\text{m}} \cdot \mathbf{n} &= -\mu \sigma_{\text{e}} \nabla u_{\text{e}} \cdot \mathbf{n}, \quad \text{on } \Sigma, \end{aligned} \quad (2.18)$$

where $0 < \mu < 1$ is a dimensionless parameter related to the local conductivities. Note that in (2.18) V_{m} and u_{e} are still coupled. Therefore, under the full heart-torso coupling (2.14)-(2.15), the monodomain approximation does not reduce the computational complexity with respect to (2.8)-(2.16).

3 Decoupled time-marching for the bidomain equation

In this section we analyze some time-discretization schemes for the isolated bidomain system (2.1)-(2.6). The main feature of the analyzed schemes is that they all allow a decoupled (Gauss-Seidel or Jacobi like) computation of V_{m} and u_{e} , without compromising stability.

3.1 Preliminaries

In what follows, we will consider the usual Lebesgue and Sobolev spaces, $L^m(\Omega)$ and $H^m(\Omega)$ respectively ($m > 0$), for a domain $\Omega \subset \mathbb{R}^3$. Then, for a given $X \subset \partial\Omega$ (with $\text{meas}(X) > 0$), we define $H_X^1(\Omega)$ as the subspace of $H^1(\Omega)$ with vanishing trace on X . The $L^2(\Omega)$ -norm is denoted by $\|\cdot\|_{0,\Omega}$ and the vanishing mean value subspace of $L^2(\Omega)$ by $L_0^2(\Omega)$.

Problem (2.1)-(2.6) can be cast into weak form as follows (see *e.g.* [6]): for $t > 0$, find $w(\cdot, t) \in L^\infty(\Omega_H)$, $V_m(\cdot, t) \in H^1(\Omega_H)$ and $u_e(\cdot, t) \in H^1(\Omega_H) \cap L_0^2(\Omega_H)$, such that

$$\begin{aligned} \int_{\Omega_H} (\partial_t w + g(V_m, w)) \xi \, d\mathbf{x} &= 0, \\ \chi_m \int_{\Omega_H} (\partial_t V_m + I_{\text{ion}}(V_m, w)) \phi \, d\mathbf{x} + \int_{\Omega_H} \boldsymbol{\sigma}_i \nabla(V_m + u_e) \cdot \nabla \phi \, d\mathbf{x} &= \int_{\Omega_H} I_{\text{app}} \phi \, d\mathbf{x}, \\ \int_{\Omega_H} (\boldsymbol{\sigma}_i + \boldsymbol{\sigma}_e) \nabla u_e \cdot \nabla \psi \, d\mathbf{x} + \int_{\Omega_H} \boldsymbol{\sigma}_i \nabla V_m \cdot \nabla \psi \, d\mathbf{x} &= 0 \end{aligned} \quad (3.19)$$

for all $(\xi, \phi, \psi) \in L^2(\Omega_H) \times H^1(\Omega_H) \times (H^1(\Omega_H) \cap L_0^2(\Omega_H))$.

3.2 Time semi-discrete formulations: decoupled time-marching schemes

Let $N \in \mathbb{N}^*$ be a given integer and consider a uniform partition $\{[t_n, t_{n+1}]\}_{0 \leq n \leq N-1}$, with $t_n \stackrel{\text{def}}{=} n\tau$, of the time interval of interest $(0, T)$, with time-step $\tau \stackrel{\text{def}}{=} T/N$. For a given time dependent function X , the quantity X^n denotes an approximation of $X(t_n)$ and $D_\tau X^n \stackrel{\text{def}}{=} (X^n - X^{n-1})/\tau$ the first order backward difference. Moreover, we set $I_{\text{app}}^n \stackrel{\text{def}}{=} I_{\text{app}}(t_n, \cdot)$.

We propose to time semi-discretize (3.19) by combining a first order semi-implicit treatment of the ionic current evaluation with an explicit (Gauss-Seidel or Jacobi like) treatment of the coupling between V_m and u_e . The resulting schemes can be cast into a common frame as follows: For $0 \leq n \leq N-1$, we solve

1. Ionic state: find $w^{n+1} \in L^\infty(\Omega_H)$ such that

$$\int_{\Omega_H} (D_\tau w^{n+1} + g(V_m^n, w^{n+1})) \xi \, d\mathbf{x} = 0 \quad (3.20)$$

for all $\xi \in L^2(\Omega_H)$.

2. Transmembrane potential: find $V_m^{n+1} \in H^1(\Omega_H)$ such that

$$\begin{aligned} \chi_m \int_{\Omega_H} D_\tau V_m^{n+1} \phi \, d\mathbf{x} + \int_{\Omega_H} \boldsymbol{\sigma}_i \nabla V_m^{n+1} \cdot \nabla \phi \, d\mathbf{x} + \int_{\Omega_H} \boldsymbol{\sigma}_i \nabla u_e^* \cdot \nabla \phi \, d\mathbf{x} \\ = \int_{\Omega_H} (I_{\text{app}}^{n+1} - I_{\text{ion}}(V_m^n, w^{n+1})) \phi \, d\mathbf{x} \end{aligned} \quad (3.21)$$

for all $\phi \in H^1(\Omega_H)$.

3. Extracellular potential: find $u_e^{n+1} \in H^1(\Omega_H) \cap L_0^2(\Omega_H)$,

$$\int_{\Omega_H} (\sigma_i + \sigma_e) \nabla u_e^{n+1} \cdot \nabla \psi \, d\mathbf{x} + \int_{\Omega_H} \sigma_i \nabla V_m^* \cdot \nabla \psi \, d\mathbf{x} = 0 \quad (3.22)$$

for all $\psi \in H^1(\Omega_H) \cap L_0^2(\Omega_H)$.

Note that the non-linear system (3.20) and the ionic current evaluation $I_{\text{ion}}(V_m^n, w^{n+1})$ in (3.21) are decoupled from (3.21)-(3.22). This semi-implicit treatment is quite popular in the literature (see *e.g.* [45, 31, 14, 2, 5, 19]). For $(u_e^*, V_m^*) = (u_e^{n+1}, V_m^{n+1})$, the unknown potentials V_m^{n+1} and u_e^{n+1} are implicit coupled and, therefore, equations (3.21) and (3.22) have to be solved simultaneously (see *e.g.* [27, 46, 19, 19, 4]). The energy based stability analysis of this semi-implicit scheme, using first and second order time discretizations, has been recently reported in [19].

On the contrary, for $(u_e^*, V_m^*) = (u_e^n, V_m^{n+1})$ or $(u_e^*, V_m^*) = (u_e^n, V_m^n)$, the electro-diffusive coupling becomes explicit and therefore (3.21) and (3.22) can be solved separately: either sequentially (Gauss-Seidel) or in parallel (Jacobi). Similar Gauss-Seidel like splittings have been proposed and successfully applied in [45, 31, 2, 50]. The theoretical stability of the schemes is, however, not established therein. To the best of our knowledge, the Jacobi like splitting has not yet been considered in the literature.

The energy based stability analysis of these time splitting schemes is performed in the next subsection.

Remark 3.1 *The Gauss-Seidel and Jacobi like electro-diffusive splittings allow a decoupled computation of V_m and u_e without the need to resort to monodomain approximations (see Remark 2.1).*

3.3 Stability analysis

For the stability analysis below, we shall make use of the following simplifying assumption (see [19, Section 3.2.2] and Remark 3.1 therein) on the structure of the ionic functions g and I_{ion} :

$$\begin{aligned} I_{\text{ion}}(V_m, w) &\leq C_I(|V_m| + |w|), \\ g(V_m, w) &\leq C_g(|V_m| + |w|) \end{aligned} \quad (3.23)$$

for all V_m, w , and we set $\alpha \stackrel{\text{def}}{=} 1 + 3C_I + C_g$ and $\beta \stackrel{\text{def}}{=} C_I + 3C_g$.

The next theorem states the energy based stability of the time-marching schemes (3.20)-(3.22), in terms of u_e^* and V_m^* .

Theorem 3.2 *Assume that (3.23) holds and that the conductivity tensors σ_i, σ_e are symmetric and positive-definite. Let $\{(w^n, V_m^n, u_e^n)\}_{n=0}^N$ be solution of (3.20)-(3.22) and $C(T, \alpha, \beta) \stackrel{\text{def}}{=} \exp(T/(1 - \tau \max\{\alpha, \beta\}))$. Then, under the condition*

$$\tau < \frac{1}{\max\{\alpha, \beta\}}, \quad (3.24)$$

there follows:

- For $(u_e^*, V_m^*) = (u_e^{n+1}, V_m^{n+1})$:

$$\begin{aligned} & \|w^n\|_{0,\Omega_H}^2 + \chi_m \|V_m^n\|_{0,\Omega_H}^2 + 2 \sum_{m=0}^{n-1} \tau \|\sigma_e^{\frac{1}{2}} \nabla u_e^{m+1}\|_{0,\Omega_H}^2 + 2 \sum_{m=0}^{n-1} \tau \|\sigma_i^{\frac{1}{2}} \nabla (V_m^{m+1} + u_e^{m+1})\|_{0,\Omega_H}^2 \\ & \leq C(T, \alpha, \beta) \left(\|w^0\|_{0,\Omega_H}^2 + \chi_m \|V_m^0\|_{0,\Omega_H}^2 + \sum_{m=0}^{n-1} \tau \|I_{\text{app}}^{m+1}\|_{0,\Omega_H}^2 \right), \end{aligned} \quad (3.25)$$

with $1 \leq n \leq N$.

- For $(u_e^*, V_m^*) = (u_e^n, V_m^{n+1})$:

$$\begin{aligned} & \|w^n\|_{0,\Omega_H}^2 + \chi_m \|V_m^n\|_{0,\Omega_H}^2 + \tau \|\sigma_i^{\frac{1}{2}} \nabla u_e^n\|_{0,\Omega_H}^2 \\ & + 2 \sum_{m=0}^{n-1} \tau \|\sigma_e^{\frac{1}{2}} \nabla u_e^{m+1}\|_{0,\Omega_H}^2 + \sum_{m=0}^{n-1} \tau \|\sigma_i^{\frac{1}{2}} \nabla (V_m^{m+1} + u_e^{m+1})\|_{0,\Omega_H}^2 \\ & \leq C(T, \alpha, \beta) \left(\|w^0\|_{0,\Omega_H}^2 + \chi_m \|V_m^0\|_{0,\Omega_H}^2 + \tau \|\sigma_i^{\frac{1}{2}} \nabla u_e^0\|_{0,\Omega_H}^2 + \sum_{m=0}^{n-1} \tau \|I_{\text{app}}^{m+1}\|_{0,\Omega_H}^2 \right), \end{aligned} \quad (3.26)$$

with $1 \leq n \leq N$.

- For $(u_e^*, V_m^*) = (u_e^n, V_m^n)$:

$$\begin{aligned} & \|w^n\|_{0,\Omega_H}^2 + \chi_m \|V_m^n\|_{0,\Omega_H}^2 + \tau \|\sigma_i^{\frac{1}{2}} \nabla u_e^n\|_{0,\Omega_H}^2 + \tau \|\sigma_i^{\frac{1}{2}} \nabla V_m^n\|_{0,\Omega_H}^2 \\ & + 2 \sum_{m=0}^{n-1} \tau \|\sigma_e^{\frac{1}{2}} \nabla u_e^{m+1}\|_{0,\Omega_H}^2 \leq C(T, \alpha, \beta) \left(\|w^0\|_{0,\Omega_H}^2 + \chi_m \|V_m^0\|_{0,\Omega_H}^2 \right. \\ & \left. + \tau \|\sigma_i^{\frac{1}{2}} \nabla V_m^0\|_{0,\Omega_H}^2 + \tau \|\sigma_i^{\frac{1}{2}} \nabla u_e^0\|_{0,\Omega_H}^2 + \sum_{m=0}^{n-1} \tau \|I_{\text{app}}^{m+1}\|_{0,\Omega_H}^2 \right), \end{aligned} \quad (3.27)$$

with $1 \leq n \leq N$.

Proof. See appendix §A.1.

We conclude this section with a series of remarks.

Remark 3.3 *Theorem 3.2 shows that electro-diffusive Gauss-Seidel and Jacobi splittings are energy stable under condition (3.24), as for the unsplit case $(u_e^*, V_m^*) = (u_e^{n+1}, V_m^{n+1})$ (analyzed in [19]), but with slightly altered energy norms. As a result, stability is not compromised.*

Remark 3.4 *The proof of Theorem 3.2 (see appendix §A.1) does not depend on the time discretization considered in (3.20) and (3.21). Indeed, we do not make use of any numerical dissipation produced by the scheme, a part from that is directly provided by the splitting. Therefore, the backward Euler quotients, $D_\tau w^{n+1}$ and $D_\tau V_m^{n+1}$, can be safely replaced by a second order backward difference formula, and perform one correction (see e.g. [43, 41]) to recover overall second order accuracy.*

Remark 3.5 *The above stability result can be adapted, with minor modifications, to the case $(u_e^*, V_m^*) = (u_e^{n+1}, V_m^n)$. The full Jacobi splitting, obtained after replacing $I_{\text{ion}}(V_m^n, w^{n+1})$ by $I_{\text{ion}}(V_m^n, w^n)$ in (3.21) could also be considered.*

Remark 3.6 *Theorem 3.2 holds also for the fully discrete counterpart of (3.20)-(3.22) obtained by discretizing in space using finite elements (see subsection §4.1).*

4 Decoupled time-marching for ECG numerical simulation

In this section, we introduce fully discrete schemes for the heart-torso system (2.8)-(2.16), allowing a decoupled computation of the transmembrane, extracellular and torso potentials. The main idea consists in combining the bidomain splittings of the previous section, with a specific explicit Robin-Robin treatment of the heart-torso coupling conditions (2.14)-(2.15).

4.1 Preliminaries

Problem (2.8)-(2.16) can be cast into weak form as follows (see *e.g.* [6]): for $t > 0$, find $w(\cdot, t) \in L^\infty(\Omega_H)$, $V_m(\cdot, t) \in H^1(\Omega_H)$, $u_e(\cdot, t) \in H^1(\Omega_H) \cap L_0^2(\Omega_H)$ and $u_T(\cdot, t) \in H^1(\Omega_T)$ with $u_e(\cdot, t) = u_T(\cdot, t)$ on Σ , such that

$$\begin{aligned} & \int_{\Omega_H} (\partial_t w + g(V_m, w)) \xi \, d\mathbf{x} = 0, \\ \chi_m \int_{\Omega_H} (\partial_t V_m + I_{\text{ion}}(V_m, w)) \phi \, d\mathbf{x} + \int_{\Omega_H} \boldsymbol{\sigma}_i \nabla(V_m + u_e) \cdot \nabla \phi \, d\mathbf{x} &= \int_{\Omega_H} I_{\text{app}} \phi \, d\mathbf{x}, \\ \int_{\Omega_H} (\boldsymbol{\sigma}_i + \boldsymbol{\sigma}_e) \nabla u_e \cdot \nabla \psi \, d\mathbf{x} + \int_{\Omega_H} \boldsymbol{\sigma}_i \nabla V_m \cdot \nabla \psi \, d\mathbf{x} + \int_{\Omega_T} \boldsymbol{\sigma}_T \nabla u_T \cdot \nabla \zeta \, d\mathbf{x} &= 0 \end{aligned} \quad (4.28)$$

for all $(\xi, \phi, \psi, \zeta) \in L^2(\Omega_H) \times H^1(\Omega_H) \times (H^1(\Omega_H) \cap L_0^2(\Omega_H)) \times H^1(\Omega_T)$ with $\psi = \zeta$ on Σ .

Assume that Ω_H and Ω_T are polygonal domains and let $\{\mathcal{T}_{H,h}\}_{0 < h \leq 1}$ ($\{\mathcal{T}_{T,h}\}_{0 < h \leq 1}$) be a family of triangulations of Ω_H (resp. Ω_T) satisfying the usual requirements of finite element approximations (see *e.g.* [18]). The subscript $h \in (0, 1]$ refer to the level of refinement of the triangulations. For the sake of simplicity and without loss of generality, we assume that both families of triangulations are quasi-uniform and that they match at the heart-torso interface Σ . We define $X_{H,h}$ (resp. $X_{T,h}$) as an internal continuous Lagrange finite element approximation of $H^1(\Omega_H)$ (resp. $H^1(\Omega_T)$). We also introduce the standard finite element (heart-to-torso) lifting operator $\mathcal{L}_h : X_{H,h} \rightarrow X_{T,h} \cap H_{\Gamma_{\text{ext}}}^1(\Omega_T)$, such that $\mathcal{L}_h \psi = \psi$ on Σ and $\mathcal{L}_h \psi = 0$ on Γ_{ext} , for all $\psi \in X_{H,h}$. Note that we have the direct sum decomposition

$$\{(\psi, \zeta) \in X_{H,h} \times X_{T,h} : \psi|_\Sigma = \zeta|_\Sigma\} = \{(\psi, \mathcal{L}_h \psi) : \psi \in X_{H,h}\} \oplus \{(0, \zeta) : \zeta \in X_{T,h} \cap H_\Sigma^1(\Omega_T)\}. \quad (4.29)$$

In the stability analysis below, we shall make use of the following standard discrete trace-inverse inequality (see *e.g.* [47]):

$$\|v\|_{0,\partial K}^2 \leq \frac{C_{\text{ti}}}{h} \|v\|_{0,K}^2 \quad \forall v \in X_{\text{T},h}, \quad (4.30)$$

for all $K \in \mathcal{T}_{\text{T},h}$, and with $C_{\text{ti}} > 0$ a constant independent of the discretization parameter h (but that might depend on the polynomial order).

By combining the semi-implicit time-marching schemes of section §3 with a finite element discretization in space, we can derive from (4.28) the following fully discrete heart-torso scheme: for $0 \leq n \leq N - 1$, find $w^{n+1} \in X_{\text{H},h}$, $V_{\text{m}}^{n+1} \in X_{\text{H},h}$, $u_{\text{e}}^{n+1} \in X_{\text{H},h} \cap L_0^2(\Omega_{\text{H}})$ and $u_{\text{T}}^{n+1} \in X_{\text{T},h}$ with $u_{\text{T}}^{n+1} = u_{\text{e}}^{n+1}$ on Σ , such that

$$\int_{\Omega_{\text{H}}} (D_{\tau} w^{n+1} + g(V_{\text{m}}^n, w^{n+1})) \xi \, d\mathbf{x} = 0, \quad (4.31)$$

$$\chi_{\text{m}} \int_{\Omega_{\text{H}}} D_{\tau} V_{\text{m}}^{n+1} \phi \, d\mathbf{x} + \int_{\Omega_{\text{H}}} \sigma_{\text{i}} \nabla (V_{\text{m}}^{n+1} + u_{\text{e}}^*) \cdot \nabla \phi \, d\mathbf{x} = \int_{\Omega_{\text{H}}} (I_{\text{app}}^{n+1} - I_{\text{ion}}(V_{\text{m}}^n, w^{n+1})) \phi \, d\mathbf{x}, \quad (4.32)$$

$$\int_{\Omega_{\text{H}}} (\sigma_{\text{i}} + \sigma_{\text{e}}) \nabla u_{\text{e}}^{n+1} \cdot \nabla \psi \, d\mathbf{x} + \int_{\Omega_{\text{H}}} \sigma_{\text{i}} \nabla V_{\text{m}}^* \cdot \nabla \psi \, d\mathbf{x} + \int_{\Omega_{\text{T}}} \sigma_{\text{T}} \nabla u_{\text{T}}^{n+1} \cdot \nabla \zeta \, d\mathbf{x} = 0 \quad (4.33)$$

for all $(\xi, \phi, \psi, \zeta) \in X_{\text{H},h} \times X_{\text{H},h} \times (X_{\text{H},h} \cap L_0^2(\Omega_{\text{H}})) \times X_{\text{T},h}$ with $\zeta = \psi$ on Σ . Equivalently, using (4.29), the heart-torso subproblem (4.33) can be split into two coupled, torso (Dirichlet) and heart (Neumann), subproblems as follows:

- Find $u_{\text{T}}^{n+1} \in X_{\text{T},h}$, with $u_{\text{T}}^{n+1} = u_{\text{e}}^{n+1}$ on Σ , such that

$$\int_{\Omega_{\text{T}}} \sigma_{\text{T}} \nabla u_{\text{T}}^{n+1} \cdot \nabla \zeta \, d\mathbf{x} = 0 \quad (4.34)$$

for all $\zeta \in X_{\text{T},h}$, with $\zeta = 0$ on Σ .

- Find $u_{\text{e}}^{n+1} \in X_{\text{H},h} \cap L_0^2(\Omega_{\text{H}})$ such that

$$\int_{\Omega_{\text{H}}} (\sigma_{\text{i}} + \sigma_{\text{e}}) \nabla u_{\text{e}}^{n+1} \cdot \nabla \psi \, d\mathbf{x} + \int_{\Omega_{\text{H}}} \sigma_{\text{i}} \nabla V_{\text{m}}^* \cdot \nabla \psi \, d\mathbf{x} = - \int_{\Omega_{\text{T}}} \sigma_{\text{T}} \nabla u_{\text{T}}^{n+1} \cdot \nabla \mathcal{L}_h \psi \, d\mathbf{x} \quad (4.35)$$

for all $\psi \in X_{\text{H},h} \cap L_0^2(\Omega_{\text{H}})$.

Remark 4.1 *The residual term in the right hand side of (4.35) amounts to enforce the Neumann condition (2.15) in a variational consistent fashion.*

Despite the Gauss-Seidel and Jacobi splittings allow a decoupled solution of (4.31) and (4.32), the heart and torso potentials u_{e}^{n+1} and u_{T}^{n+1} are still implicitly coupled. Therefore, problems (4.34) and (4.35) must be solved simultaneously: either *monolithically*, after assembling of (4.33) (see *e.g.* [45, 31, 46, 50]) or, in a *partitioned* fashion, by sub-iterating between them (see *e.g.* [9, 4]). Note that, since the (quasi-static) time discretization (4.34) and (4.35) do not

generate numerical dissipation in time, the naive Dirichlet-Neumann explicit coupling, obtained by enforcing

$$u_{\text{T}}^{n+1} = u_{\text{e}}^n \quad \text{on } \Sigma,$$

in the torso subproblem (4.34), might lead to numerical instability.

In the next subsection, we introduce an alternative heart-torso splitting, based on Robin-Robin transmission conditions, which remains stable under a hyperbolic-CFL like condition.

4.2 Fully discrete formulation: decoupled time-marching schemes

We propose to combine the decoupling techniques introduced in section §3 with the following explicit Robin-Robin splitting, derived from [1] (see also [10]), of the heart-torso coupling:

$$\begin{aligned} \sigma_{\text{e}} \nabla u_{\text{e}}^{n+1} \cdot \mathbf{n} + \frac{\gamma \sigma_{\text{T}}^{\text{t}}}{h} u_{\text{e}}^{n+1} &= -\sigma_{\text{T}} \nabla u_{\text{T}}^n \cdot \mathbf{n}_{\text{T}} + \frac{\gamma \sigma_{\text{T}}^{\text{t}}}{h} u_{\text{T}}^n, \quad \text{on } \Sigma, \\ \sigma_{\text{T}} \nabla u_{\text{T}}^{n+1} \cdot \mathbf{n}_{\text{T}} + \frac{\gamma \sigma_{\text{T}}^{\text{t}}}{h} u_{\text{T}}^{n+1} &= \sigma_{\text{T}} \nabla u_{\text{T}}^n \cdot \mathbf{n}_{\text{T}} + \frac{\gamma \sigma_{\text{T}}^{\text{t}}}{h} u_{\text{e}}^{n+1}, \quad \text{on } \Sigma, \end{aligned} \quad (4.36)$$

where $\gamma > 0$ is a free Robin parameter, to be specified later on, and $\sigma_{\text{T}}^{\text{t}}$ is such that $\sigma_{\text{T}}|_{\Sigma} = \sigma_{\text{T}}^{\text{t}} \mathbf{I}$.

Remark 4.2 *We have assumed, without loss of generality, that the torso conductivity tensor is isotropic on the boundary, $\sigma_{\text{T}}|_{\Sigma} = \sigma_{\text{T}}^{\text{t}} \mathbf{I}$, and that $\sigma_{\text{T}}^{\text{t}}$ is constant.*

Thus, the resulting schemes read as follows: for $0 \leq n \leq N - 1$, we solve:

1. Ionic state: find $w^{n+1} \in X_h$ such that

$$\int_{\Omega_{\text{H}}} (D_{\tau} w^{n+1} + g(V_{\text{m}}^n, w^{n+1})) \xi \, d\mathbf{x} = 0 \quad (4.37)$$

for all $\xi \in X_h$.

2. Transmembrane potential: find $V_{\text{m}}^{n+1} \in X_h$ such that

$$\begin{aligned} \chi_{\text{m}} \int_{\Omega_{\text{H}}} D_{\tau} V_{\text{m}}^{n+1} \phi \, d\mathbf{x} + \int_{\Omega_{\text{H}}} \sigma_{\text{i}} \nabla V_{\text{m}}^{n+1} \cdot \nabla \phi \, d\mathbf{x} + \int_{\Omega_{\text{H}}} \sigma_{\text{i}} \nabla u_{\text{e}}^* \cdot \nabla \phi \, d\mathbf{x} \\ = \int_{\Omega_{\text{H}}} (I_{\text{app}}^{n+1} - I_{\text{ion}}(V_{\text{m}}^n, w^{n+1})) \phi \, d\mathbf{x} \end{aligned} \quad (4.38)$$

for all $\phi \in X_h$.

3. Extracellular potential: find $u_{\text{e}}^{n+1} \in X_h$ such that

$$\begin{aligned} \int_{\Omega_{\text{H}}} (\sigma_{\text{i}} + \sigma_{\text{e}}) \nabla u_{\text{e}}^{n+1} \cdot \nabla \psi \, d\mathbf{x} + \int_{\Omega_{\text{H}}} \sigma_{\text{i}} \nabla V_{\text{m}}^* \cdot \nabla \psi \, d\mathbf{x} + \frac{\gamma \sigma_{\text{T}}^{\text{t}}}{h} \int_{\Sigma} u_{\text{e}}^{n+1} \psi \, d\mathbf{s} \\ = - \int_{\Sigma} \sigma_{\text{T}} \nabla u_{\text{T}}^n \cdot \mathbf{n}_{\text{T}} \psi \, d\mathbf{s} + \frac{\gamma \sigma_{\text{T}}^{\text{t}}}{h} \int_{\Sigma} u_{\text{T}}^n \psi \, d\mathbf{s} \end{aligned} \quad (4.39)$$

for all $\psi \in X_h$.

4. Torso potential: find $u_T^{n+1} \in X_h$

$$\int_{\Omega_T} \sigma_T \nabla u_T^{n+1} \cdot \nabla \zeta \, d\mathbf{x} + \frac{\gamma \sigma_T^\dagger}{h} \int_{\Sigma} u_T^{n+1} \zeta \, ds = \int_{\Sigma} \sigma_T \nabla u_T^n \cdot \mathbf{n}_T \zeta \, ds + \frac{\gamma \sigma_T^\dagger}{h} \int_{\Sigma} u_e^{n+1} \zeta \, ds \quad (4.40)$$

for all $\zeta \in X_h$.

Contrarily to (4.31)-(4.33), the cardiac subproblem (4.37)-(4.39) can be solved independently of the torso subproblem (4.40). In particular, the choices $(u_e^*, V_m^*) = (u_e^n, V_m^{n+1})$ or $(u_e^*, V_m^*) = (u_e^n, V_m^n)$ lead to a fully decoupled computation of w^{n+1} , V_m^{n+1} , u_e^{n+1} and u_T^{n+1} . In other words, the four subproblems (4.37)-(4.40) are decoupled and can be solved sequentially.

The energy based numerical stability of these schemes is addressed in the next subsection.

Remark 4.3 *The choices $(u_e^*, V_m^*) = (u_e^n, V_m^{n+1})$ or $(u_e^*, V_m^*) = (u_e^n, V_m^n)$ in (4.37)-(4.40) allow a fully decoupled computation of w^{n+1} , V_m^{n+1} , u_e^{n+1} and u_T^{n+1} without the need to resort to monodomain and uncoupling approximations (see Remark 2.3).*

4.3 Stability analysis

We address here the energy based stability of the heart-torso coupling schemes (4.37)-(4.40). Hence, in order to alleviate the exposition, we denote by $E_H^0(u_e^*, V_m^*)$ (resp. $E_H^n(u_e^*, V_m^*)$) the discrete bidomain energy at steps 0 (resp. n), arising in the stability estimates provided by Theorem 3.2. For instance, in the case $(u_e^*, V_m^*) = (u_e^n, V_m^n)$, we have

$$\begin{aligned} E_H^0(u_e^*, V_m^*) &\stackrel{\text{def}}{=} \|w^0\|_{0,\Omega_H}^2 + \chi_m \|V_m^0\|_{0,\Omega_H}^2 + \tau \|\sigma_i^{\frac{1}{2}} \nabla V_m^0\|_{0,\Omega_H}^2 + \tau \|\sigma_i^{\frac{1}{2}} \nabla u_e^0\|_{0,\Omega_H}^2, \\ E_H^n(u_e^*, V_m^*) &\stackrel{\text{def}}{=} \|w^n\|_{0,\Omega_H}^2 + \chi_m \|V_m^n\|_{0,\Omega_H}^2 + \tau \|\sigma_i^{\frac{1}{2}} \nabla u_e^n\|_{0,\Omega_H}^2 + \tau \|\sigma_i^{\frac{1}{2}} \nabla V_m^n\|_{0,\Omega_H}^2 \\ &\quad + 2 \sum_{m=0}^{n-1} \tau \|\sigma_e^{\frac{1}{2}} \nabla u_e^{m+1}\|_{0,\Omega_H}^2, \end{aligned}$$

and similarly for the rest.

The next theorem states the main result of this section.

Theorem 4.4 *Assume that the hypothesis of Theorem 3.2 hold and that the torso conductivity tensor σ_T is symmetric and positive-definite. Let $\{(w^n, V_m^n, u_e^n, u_T^n)\}_{n=0}^N$ be solution of (4.37)-(4.40). Then for*

$$\gamma > 2C_{ti}, \quad (4.41)$$

the following estimate holds

$$\begin{aligned} &E_H^n(u_e^*, V_m^*) + \tau \frac{\gamma \sigma_T^\dagger}{h} \|u_T^n\|_{0,\Sigma}^2 + \sum_{m=0}^{n-1} \tau \|\sigma_T^{\frac{1}{2}} \nabla u_T^{m+1}\|_{0,\Omega_T}^2 + \sum_{m=0}^{n-1} \tau \frac{\gamma \sigma_T^\dagger}{2h} \|u_T^{m+1} - u_e^{m+1}\|_{0,\Sigma}^2 \\ &\leq C(T, \alpha, \beta) \left(E_H^0(u_e^*, V_m^*) + \tau \frac{\gamma \sigma_T^\dagger}{h} \|u_T^0\|_{0,\Sigma}^2 + \tau \|\sigma_T^{\frac{1}{2}} \nabla u_T^0\|_{0,\Omega_T}^2 + \sum_{m=0}^{n-1} \tau \|I_{\text{app}}^{m+1}\|_{0,\Omega_H}^2 \right), \end{aligned} \quad (4.42)$$

with $1 \leq n \leq N$. In particular, (4.42) ensures the energy based stability of the explicit heart-torso coupling (4.37)-(4.40) under the condition $\tau = O(h)$.

Proof. See appendix §A.2.

Remark 4.5 *The above proof does not make use of any numerical dissipation apart from that directly provided by the explicit Robin-Robin splitting (4.36). Note that this is particularly well adapted to the heart-torso coupling (2.8)-(2.16), since the quasi-static elliptic equations (2.9) and (2.10) do not generate numerical dissipation in time.*

Remark 4.6 *The flux terms in (4.39) and (4.40) can be evaluated face-wise, i.e. as broken integrals, or using a discrete variational expression, as in (4.35). Hence, $\int_{\Sigma} \sigma_T \nabla u_T^n \cdot \mathbf{n}_T \psi$ and $\int_{\Sigma} \sigma_T \nabla u_T^n \cdot \mathbf{n}_T \zeta$, can be safely replaced by $\int_{\Omega_T} \sigma_T \nabla u_T^n \cdot \nabla \mathcal{L}_h \psi$ and $\int_{\Omega_T} \sigma_T \nabla u_T^n \cdot \nabla \mathcal{L}_h \zeta$, respectively.*

5 Numerical results

In this section we illustrate, via numerical experiments, the stability and accuracy of the time decoupling schemes analyzed in the previous sections. Subsection §5.1 reports on numerical investigations with an academic mono-dimensional test problem. Numerical results based on anatomical heart and torso geometries are presented in subsection §5.2.

5.1 Mono-dimensional study

In this subsection we illustrate numerically the convergence behavior of the decoupling schemes considered above. We limit the study to the mono-dimensional case, which allows to consider highly accurate reference solutions at a moderate computational cost. Subsection §5.1.2 is devoted to electro-diffusive splittings analyzed in section §3, whereas the convergence of the heart-torso decoupling schemes, introduced in section §4, is investigated in subsection §5.1.3.

5.1.1 Simulation data

We consider a variant of the mono-dimensional test case introduced in [19, Section 4.1], all parameters and quantities are dimensionless. In (2.1)-(2.6) and (2.8)-(2.16), we take $\Omega_H = [0, L]$, $\Omega_T = [L, 2L]$, $L = 40$, $T = 11$, $u_e(0) = 0$ and $u_T(2L) = 0$. The phenomenological FitzHugh-Nagumo model [20, 35] is used as ionic model:

$$\begin{aligned} I_{\text{ion}}(V_m, w) &= w + \frac{V_m^3}{3} - V_m, \\ g(V_m, w) &= \epsilon(\gamma v - V_m - \beta), \end{aligned}$$

with $\epsilon = 0.1$, $\beta = 1$ and $\gamma = 0.5$. The remaining parameters are

$$A_m = \epsilon^{-1}, \quad C_m = \epsilon, \quad \sigma_i = \sigma_e = 1, \quad \sigma_T(x) = x/L \quad \forall x \in \Omega_T,$$

and the initial condition is chosen as

$$(V_m^0, w^0) = \begin{cases} -(1.2879, 0.5758) & \text{in } [0, 3.5), \\ 2 & \text{in } [3.5, L]. \end{cases}$$

The corresponding solution involves the propagating wave fronts depicted in Figure 2. Continuous \mathbb{P}_1 Lagrange finite elements are used for the discretization in space and we take $\gamma = 0.1$ in (4.39)-(4.40).

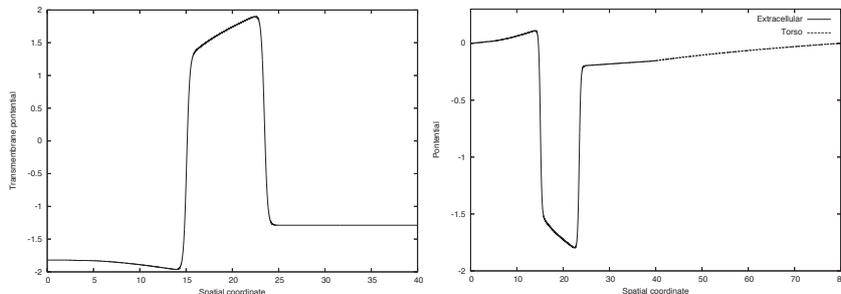


Figure 2: Transmembrane potential at time $T = 11$ obtained with the isolated bidomain model (left). Heart and torso potentials at the same time instant obtained with the full bidomain (heart-torso) model (right).

5.1.2 Isolated heart

The isolated bidomain equations (2.1)-(2.6) are here approximated in time using the schemes (3.20)-(3.22). For comparison purposes, we shall refer to each of these schemes with the following terminology:

- *Coupled*: $(u_e^*, V_m^*) = (u_e^{n+1}, V_m^{n+1})$;
- *Gauss-Seidel*: $(u_e^*, V_m^*) = (u_e^n, V_m^{n+1})$;
- *Jacobi*: $(u_e^*, V_m^*) = (u_e^n, V_m^n)$.

In order to illustrate the time convergence behavior (*i.e.* with respect to τ) of these schemes, we have reported in Figure 3 the transmembrane potential error, at final time T , $\|V_m^{\text{ref}} - V_m^N\|_{0,\Omega_H}$, for different values of τ . A fine enough space resolution, $h = 2 \times 10^{-3}$, has been used in order to limit the impact of the space discretization error in the convergence history. The reference numerical solution V_m^{ref} has been generated with the Coupled scheme and a very small time-step size, $\tau = 10^{-4}$.

Figure 3 shows that the Coupled, the Gauss-Seidel and the Jacobi time-marching schemes all provide the expected first order accuracy $O(\tau)$ in time. Therefore, the considered electro-diffusive splittings do not compromise the time convergence rate. Note that, at a given time-step size, Gauss-Seidel is slightly more accurate than Jacobi and Coupled than Gauss-Seidel. Somehow, this accuracy shifting is in agreement with the energy-norm weakening observed in the stability analysis of section §3 (see Remark 3.3).

5.1.3 Heart-torso coupling

We now investigate the convergence behavior of the time-marching schemes introduced in section §4. We shall refer to each of these schemes using the following terminology:

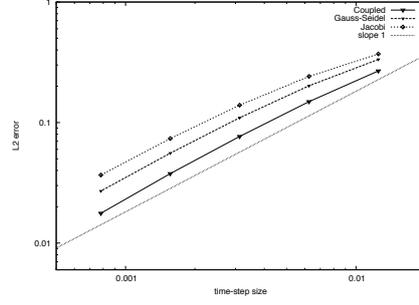


Figure 3: Time convergence history of the transmembrane potential error for the Coupled, Gauss-Seidel and Jacobi bidomain time-marching schemes (fixed space grid, $h = 2 \times 10^{-3}$).

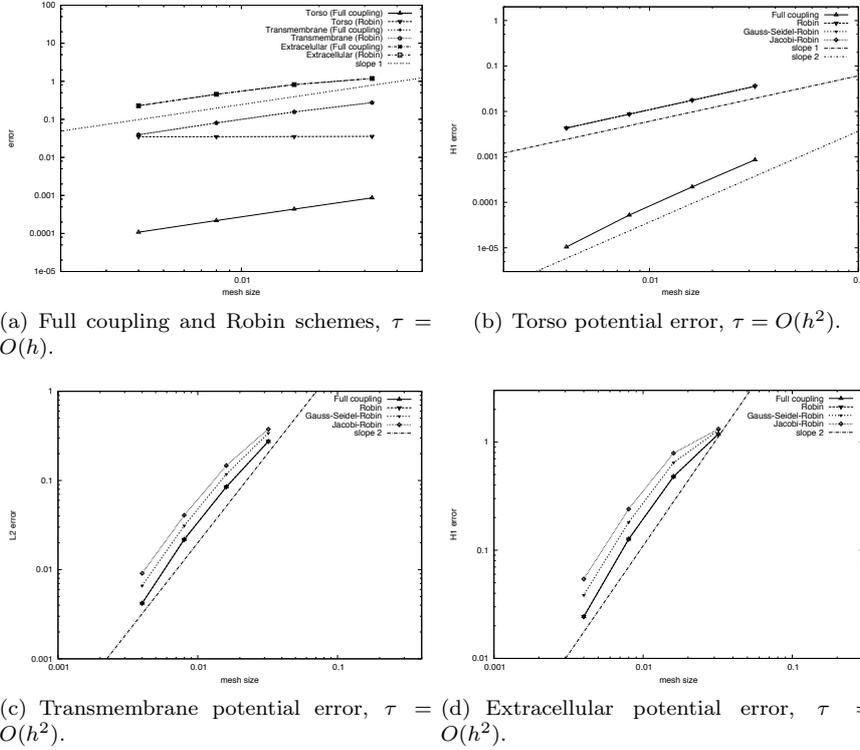


Figure 4: Convergence behavior of the different heart-torso time marching schemes.

- *Full coupling*: $(u_e^*, V_m^*) = (u_e^{n+1}, V_m^{n+1})$ in (4.31)-(4.33);
- *Robin*: $(u_e^*, V_m^*) = (u_e^{n+1}, V_m^{n+1})$ in (4.37)-(4.40);
- *Gauss-Seidel-Robin*: $(u_e^*, V_m^*) = (u_e^n, V_m^{n+1})$ in (4.37)-(4.40);
- *Jacobi-Robin*: $(u_e^*, V_m^*) = (u_e^n, V_m^n)$ in (4.37)-(4.40);

For the convergence study, a reference heart-torso numerical solution has been generated with the Full coupling scheme and a fine space-time resolution, $\tau = 5 \times 10^{-5}$ and $h = 2 \times 10^{-3}$.

The Full coupling scheme is expected to yield an overall $O(h+\tau)$ convergence rate, irrespectively of h and τ . However, for the Robin schemes (4.37)-(4.40), the penalty $1/h$ involved in the explicit Robin treatment introduces a non-standard coupling between space and time discretizations. Indeed, a formal truncation analysis shows that the leading consistency order is $O(\tau/h)$. As a result, the hyperbolic-CFL stability condition $\tau = O(h)$ of Theorem 4.4 might not be enough to ensure convergence. This behavior is illustrated numerically in Figure 4(a), where we have reported the following errors, at time T , $\|\sigma_T \nabla(u_T^{\text{ref}} - u_T^N)\|_{0,\Omega_T}$, $\|\sigma_e \nabla(u_e^{\text{ref}} - u_e^N)\|_{0,\Omega_H}$, $\|V_m^{\text{ref}} - V_m^N\|_{0,\Omega_H}$ for the Full coupling and Robin schemes, in terms of h with $\tau/h = 2.56$. As indicated above, the torso error remains constant for the Robin scheme. Instead, we can take $\tau = O(h^2)$ to obtain an overall consistency of $O(h)$, which can be considered optimal for piecewise affine space approximations. This is illustrated in Figure 4(b): Robin, Gauss-Seidel-Robin and Jacobi-Robin all yield the expected first order torso accuracy $O(h)$ with $\tau/h^2 \approx 12$. Note that, in this case, the Full coupling scheme provides a superior accuracy $O(h^2)$. This suggests that, for the considered set of discretization parameters, the error is mainly driven by the time discretization. In Figures 4(c) and 4(d) (and also in Figure 4(a)) we can observe that all the considered methods provide practically the same accuracy on the heart potentials V_m and u_e .

In summary, the superior stability properties (compared to Dirichlet-Neumann) and computational cost reduction (compared to Full coupling) featured by the proposed Robin heart-torso decoupling schemes come with a price: a condition $\tau = O(h^2)$ is required to guarantee an overall $O(h)$ convergence rate. We shall see, in the tree-dimensional study of the next section, that these schemes are well-suited to simulate accurate ECG signals.

5.2 Three-dimensional study

Results for the isolated bidomain model using the time-marching procedures of section §3 are presented in subsection §5.2.2. Subsection §5.2.3 demonstrates the capabilities of the splitting schemes introduced in section §4 to provide accurate 12-lead ECG signals.

5.2.1 Simulation data

The simulations are performed with the anatomical data and the model parameters used in [11, 12]. For the sake of conciseness we only report here the main ingredients (full details are given in [11, 12]).

The computational heart and torso meshes were obtained starting from the Zygote (www.3dscience.com) anatomical model, using the 3-matic software (www.materialise.com) to obtain computationally-correct surface meshes. The mesh, displayed in Figure 5, contains the heart, lung, bones and remaining extramyocardial tissue. They have been obtained by processing the surface meshes with Yams [21] and GHS3D [22]. The volume heart and torso meshes are made of 542 000 and 1 242 000 tetrahedra, respectively.

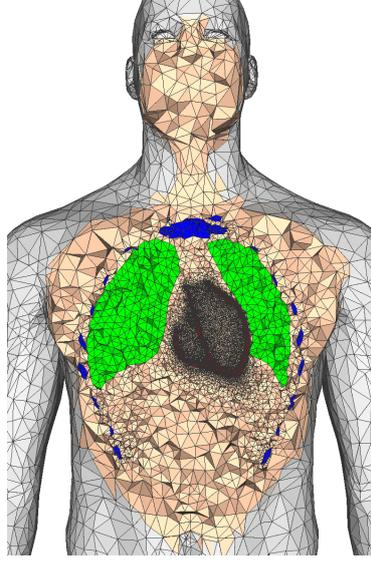


Figure 5: Cut view of the heart-torso computational mesh: heart (red) lungs (green), bone (blue) and remaining tissue (apricot).

The bidomain model parameters are given in Table 1, where $\sigma_{i,e}^l$ (resp. $\sigma_{i,e}^t$) denotes the scalar intra- and extracellular longitudinal (resp. transverse) conductivities. Table 2 provides the conductivity parameters for the torso (supposed isotropic).

A_m (cm ⁻¹)	C_m (mF)	σ_i^l (S cm ⁻¹)	σ_e^l (S cm ⁻¹)	σ_i^t (S cm ⁻¹)	σ_e^t (S cm ⁻¹)
500	10 ⁻³	3.0 × 10 ⁻³	3.0 × 10 ⁻³	3.0 × 10 ⁻⁴	1.2 × 10 ⁻³

Table 1: Bidomain model parameters.

σ_T^t (S cm ⁻¹)	σ_T^l (S cm ⁻¹)	σ_T^b (S cm ⁻¹)
6.0 × 10 ⁻⁴	2.4 × 10 ⁻⁴	4.0 × 10 ⁻⁵

Table 2: Torso conductivity parameters: tissue (t), lungs (l) and bone (b).

As in [4], a rescaled version of the phenomenological two-variable model proposed by Mitchell and Schaeffer in [33] is considered as ionic model. Functions g and I_{ion} are then given by

$$I_{\text{ion}}(V_m, w) = -w \frac{(V_m - V_{\min})^2 (V_{\max} - V_m)}{\tau_{\text{in}} (V_{\max} - V_{\min})} + \frac{V_m - V_{\min}}{\tau_{\text{out}} (V_{\max} - V_{\min})},$$

$$g(V_m, w) = \begin{cases} \frac{w}{\tau_{\text{open}}} - \frac{1}{\tau_{\text{open}} (V_{\max} - V_{\min})^2} & \text{if } V_m < V_{\text{gate}}, \\ \frac{w}{\tau_{\text{close}}} & \text{if } V_m \geq V_{\text{gate}}, \end{cases}$$

where the values of the free parameters τ_{in} , τ_{out} , τ_{open} , τ_{close} , V_{gate} are reported in Table 3, and V_{min} , V_{max} are scaling constants (-80 and 20 mV, respectively).

τ_{in}	τ_{out}	τ_{open}	$\tau_{\text{close}}^{\text{RV}}$	$\tau_{\text{close}}^{\text{LV-endo}}$	$\tau_{\text{close}}^{\text{LV-epi}}$	V_{gate}
4.5	90	100	120	140	105	-67

Table 3: Mitchell-Schaeffer ionic model parameters.

Continuous \mathbb{P}_1 Lagrange finite elements are used for the space discretization of both the heart and the torso equations. The time step size was fixed to $\tau = 0.25$ ms and the Robin parameter, for the heart-torso coupling scheme (4.37)-(4.40), to $\gamma = 0.1$.

5.2.2 Isolated heart

The isolated bidomain equations (2.1)-(2.6) are approximated using the time-marching schemes (3.20)-(3.22). We shall refer to each of these schemes using the terminology of subsection §5.1.2.

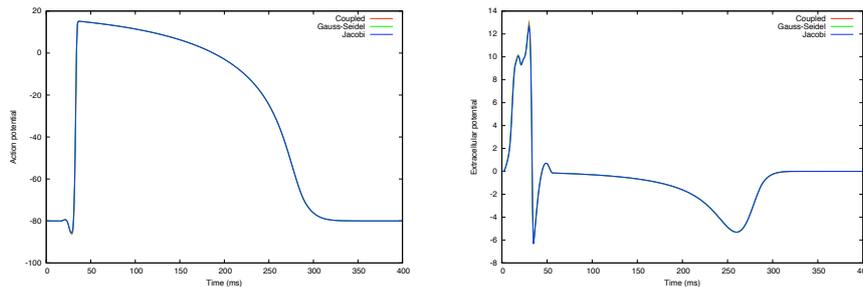


Figure 6: Time course of the transmembrane potential (left) and extracellular potential (right) at a given location in the epicardium.

The time course of the transmembrane and extracellular potentials at a given epicardial location are displayed in Figure 6. We can observe that the simulations are numerically stable and the curves are practically indistinguishable. Somehow, this is not surprising since, as shown in subsection §5.1.2, the electro-diffusive Gauss-Seidel and Jacobi splittings still provide optimal first order accuracy. A slight difference can be seen after axis rescaling, as shown in Figure 7.

The results reported in Table 4 confirm that the electro-diffusive Gauss-Seidel and Jacobi splittings do not introduce additional constraints on the time step size τ , as predicted by Theorem 3.2.

5.2.3 12-lead ECG

The simulated 12-lead ECG signals obtained with the explicit Robin coupling procedures (4.37)-(4.40) are here compared with those obtained using full heart-torso coupling (see *e.g.* [30, 4]) and heart-torso uncoupling (see *e.g.* [4] and

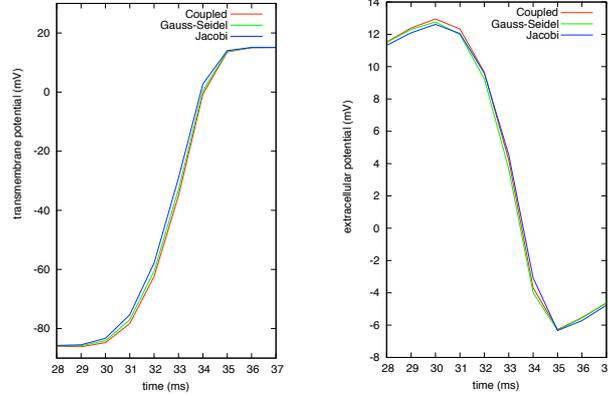


Figure 7: Time course, after axis rescaling, of the transmembrane potential (left) and extracellular potential (right) at a given location in the epicardium.

τ (ms) \ scheme	Coupled	Gauss-Seidel	Jacobi
0.25	✓	✓	✓
0.50	✓	✓	✓
1.00	✓	✓	✓
1.25	✗	✗	✗
1.50	✗	✗	✗

Table 4: Stability sensitivity to the time step size τ . Symbol ✗ indicates numerical instability.

Remark 2.2). For comparison purposes, the latter will be termed as *Uncoupling* and, for the rest, we will employ the terminology used in subsection §5.1.3.

In Figures 8 and 9 we provide the complete 12-lead ECG signals obtained using the full coupling (black) and uncoupling (red) approaches. We can observe that the uncoupling approach is unable to reproduce the correct signal amplitude, which is indeed magnified by a factor close to 2 in practically all the ECG leads. Moreover, the shape mismatch in some of the leads is clearly visible: the QRS complex in V3 and the T-wave in V2, for instance. Similar observations have been reported in [4] (see also [30]), for both healthy and pathological conditions.

In the next paragraphs, we shall see that (for an equivalent computational cost) the Robin based explicit coupling introduced in section §4 provides much more accurate ECG signals. For illustration purposes, in Figure 13, we have reported some snapshots of the body surface potentials obtained with the Jacobi-Robin scheme. Figure 12 shows a posterior view of the potential within the torso and the heart. The potential matching at the heart-torso interface is clearly visible.

In Figures 10 and 11 we compare the simulated 12-lead ECG signals obtained with full coupling (black) to those obtained with fully decoupled Jacobi-Robin scheme (red). The improved accuracy with respect to the uncoupling approach is striking. Indeed, the signals are practically indistinguishable in all the 12

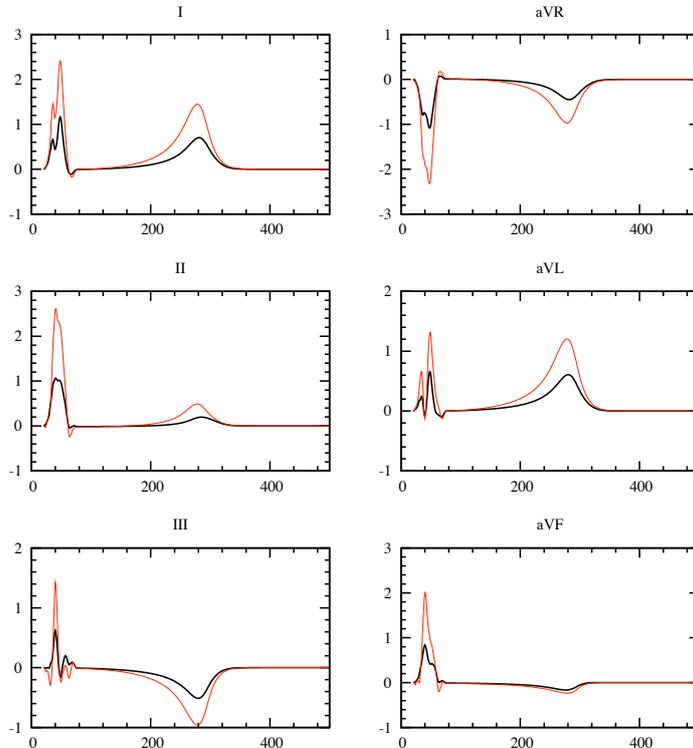


Figure 8: Simulated ECG signals (standard and augmented leads) obtained using heart-torso full coupling (black) and uncoupling (red).

leads. Some minor differences are visible in the QRS complex of V2 and V3. Similar results are obtained with the Robin and Gauss-Seidel-Robin schemes, that we omit for the sake of conciseness. Nevertheless, in order to illustrate the impact of the level of decoupling in the accuracy of the ECG, we have reported in Figure 14 a rescaled comparison of the QRS complex (left) and T-wave (right) of the first ECG lead, obtained with the full coupling, Robin, Gauss-Seidel-Robin and Jacobi-Robin approaches. No significant differences are observed in the T-wave, whereas slightly better results are obtained with the Robin approach in the QRS-complex.

The 12-lead ECG signals of a pathological situation, a left bundle branch block (LBBB), have been also computed to illustrate the robustness of the proposed splitting schemes. Figures 15 and 16 presents the corresponding signals obtained with the full coupling (black) and Jacobi-Robin (red) schemes. Once more, the decoupled scheme shows very good accuracy and stability.

Finally, we go further in the investigation of the robustness of the schemes, by considering different heart and torso geometries and model parameters. In particular, we keep $\gamma = 0.1$ as in the previous cases. To this aim, we revisit the ECG numerical simulations recently reported in [4]. Figures 17 and 18 the corresponding signals obtained with the full coupling (black) and Jacobi-Robin (red) schemes. Once more, both signals are in excellent agreement. Similar

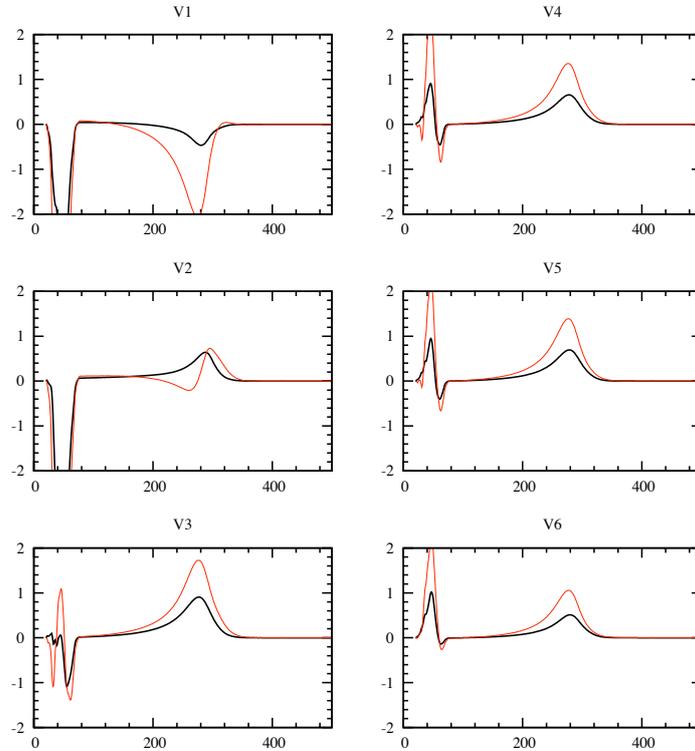


Figure 9: Simulated ECG signals (chest leads) obtained using heart-torso full coupling (black) and uncoupling (red).

results have been obtained for a LBBB pathology, that we omit here for the sake of conciseness.

6 Conclusion

We have introduced and analyzed a series of first order semi-implicit time-marching schemes for the cardiac bidomain equations, either isolated or coupled with generalized Laplace equation for the torso. The main feature of the analyzed schemes is that they all allow a fully decoupled computation of the ionic state, the transmembrane potential, the extracellular potential and the torso potential.

For the isolated bidomain model, Theorem 3.2 shows that the Gauss-Seidel and Jacobi splittings do not compromise the stability of the resulting schemes; they simply alter the energy norm. Moreover, the time step restrictions are only dictated by the semi-implicit treatment of the non-linear reaction terms. The numerical results, reported in subsections §5.1.2 and §5.2.2, confirmed these theoretical findings and demonstrated that the splitting preserves the first-order time accuracy $O(\tau)$ of the original electro-diffusive coupling.

We extended these time-marching techniques to the numerical simulation of the ECG, by combining the Gauss-Seidel and the Jacobi like bidomain splittings

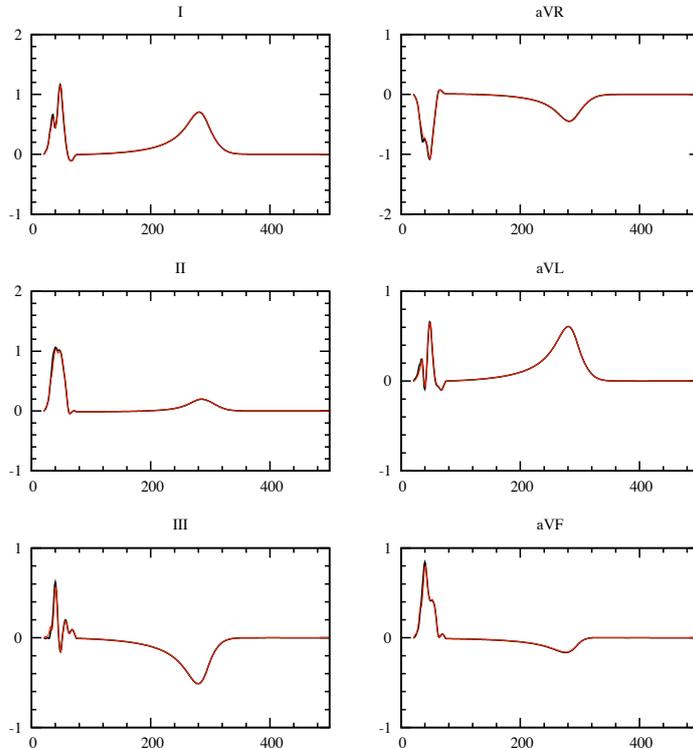


Figure 10: Simulated ECG signals (standard and augmented leads) obtained using heart-torso full coupling (black) and the Jacobi-Robin scheme (red).

with an explicit Robin-Robin heart-torso coupling. This specific treatment of the heart-torso coupling is well-suited, particularly, since the time discretization of the two (quasi-static) elliptic equations does not produce numerical dissipation and, therefore, conventional Dirichlet-Neumann explicit coupling might lead to numerical instability. Theorem 4.4 shows that the proposed splitting schemes are stable under an additional hyperbolic-CFL condition $\tau = O(h)$. As regards the convergence behavior, the numerical study of subsection §5.1.3 showed that a condition $\tau = O(h^2)$ is required to guarantee an overall asymptotic rate of $O(h)$ (optimal for piecewise affine approximations in space). This limitation comes from the semi-implicit treatment of the stabilizing penalty term scaling with $1/h$. In spite of that, the numerical study reported in section 5.2.3, using anatomical heart and torso geometries, demonstrated that the Gauss-Seidel-Robin and the Jacobi-Robin splittings are able to provide accurate 12-lead ECG signals, both for a healthy and a pathological condition. Note that this is a major advantage with respect to the conventional heart-torso uncoupling approximation, which (for a similar computational cost) is known to provide inaccurate ECG signals (see *e.g.* [30, 40, 4]). Somehow the discretization error introduced by the Robin heart-torso decoupling is negligible with respect to the modeling error involved in the heart-torso uncoupling approximation. The robustness of the proposed splitting schemes has been also

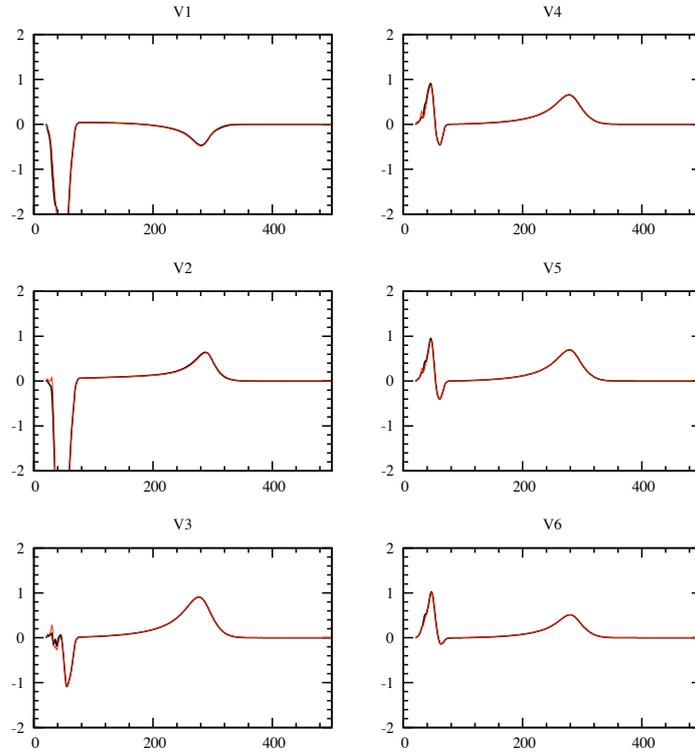


Figure 11: Simulated ECG signals (chest leads) obtained using heart-torso full coupling (black) and the Jacobi-Robin scheme (red).

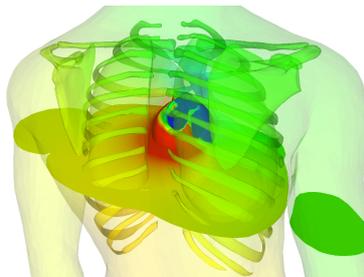


Figure 12: Posterior view and cut plane of the torso and heart potentials at time $t = 10$ ms.

illustrated with numerical experiments based on different model parameters and heart/torso geometries.

The theoretical and numerical study of this paper is limited to discretizations yielding first order accuracy in time. Some insights into feasible extensions to higher order are commented in Remark 3.4. Although the present stability analysis holds irrespectively of the original time discretization scheme, it does depend on the (first order) extrapolation involved in the splittings. As a result, the generalization of the present analysis to high order extrapolations seems

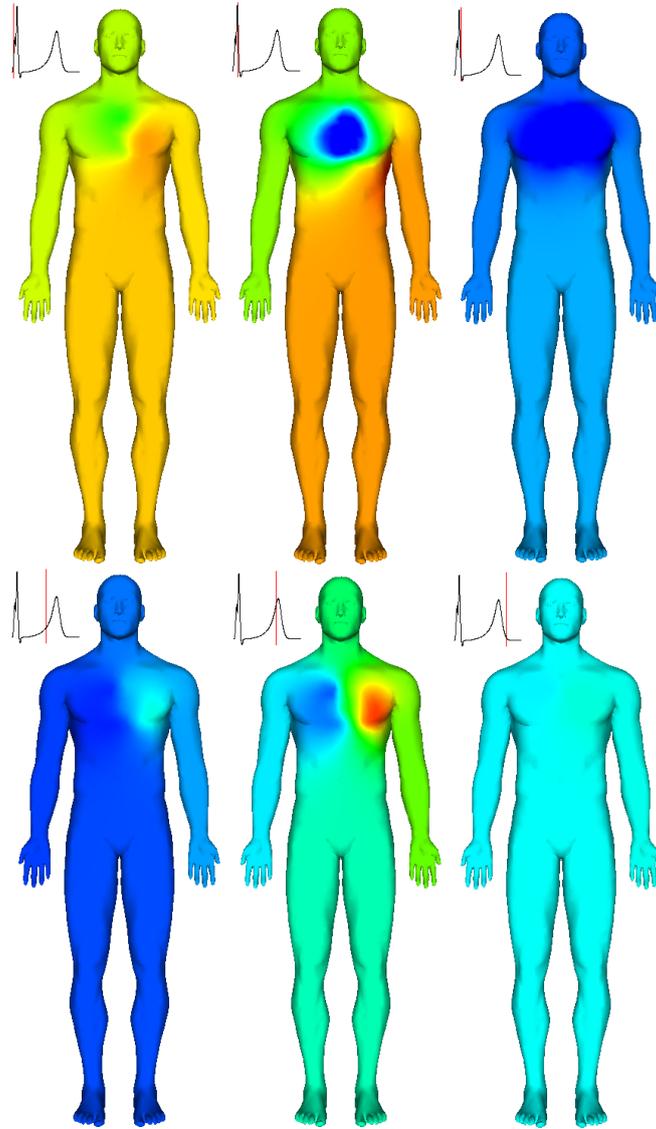


Figure 13: Snapshots of the body surface potentials at times $t = 10, 32, 40, 200, 250$ and 310 ms (from left to right and top to bottom).

not straightforward. Further numerical investigations would certainly help to clarify this issue and could be the topic of future work.

Acknowledgements

This work was partially supported by INRIA through its large scope initiative CardioSense3D (www.inria.fr/CardioSense3D). We wish to thank Jean-Frédéric Gerbeau and Muriel Boulakia for many fruitful discussions on ECG modeling and simulation. We also thank Philippe Moireau and Elsie Phé for

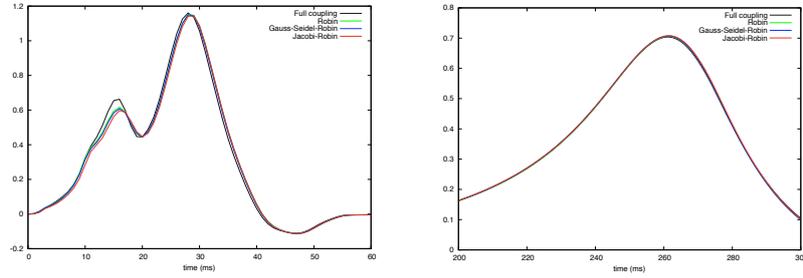


Figure 14: Comparison of the QRS complex (left) and T-wave (right) of the first ECG lead: Full coupling (black), Robin (green), Gauss-Seidel-Robin (blue), Jacobin-Robin (red).

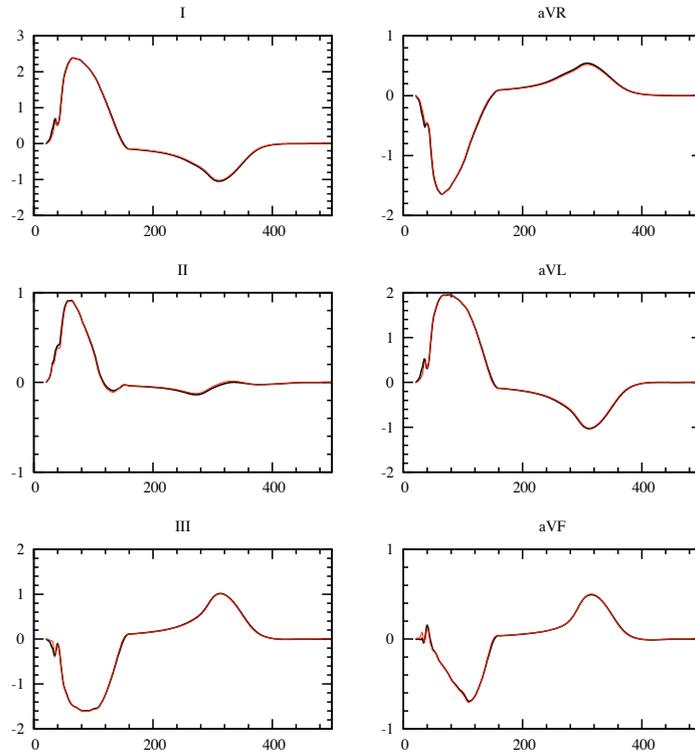


Figure 15: Simulated ECG signals (standard and augmented leads) for a LBBB pathology, obtained using heart-torso full coupling (black) and the Jacobi-Robin scheme (red).

their work on the anatomical models and meshes. The anonymous referees are acknowledged for their comments that helped to improve the manuscript.

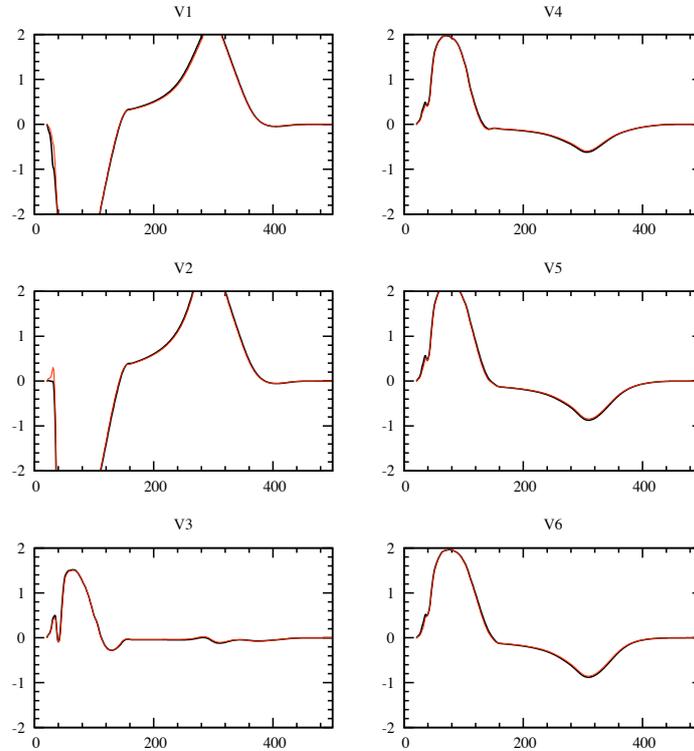


Figure 16: Simulated ECG signals (chest leads) for a LBBB pathology, obtained using heart-torso full coupling (black) and the Jacobi-Robin scheme (red).

A Proofs of the stability results

A.1 Proof of Theorem 3.2

Under assumptions (3.23) and (3.24), the stability estimate (3.25), for the monolithic case $(u_e^*, V_m^*) = (u_e^{n+1}, V_m^{n+1})$, can be straightforwardly derived from the analysis reported in [19] (see also [47]). Therefore, we only detail here the proofs of (3.26) and (3.27).

Let first consider the Gauss-Seidel like decoupling $(u_e^*, V_m^*) = (u_e^n, V_m^{n+1})$. By testing (3.20)-(3.22) with $\tau(w^{n+1}, V_m^{n+1}, u_e^{n+1})$ and after summation of the

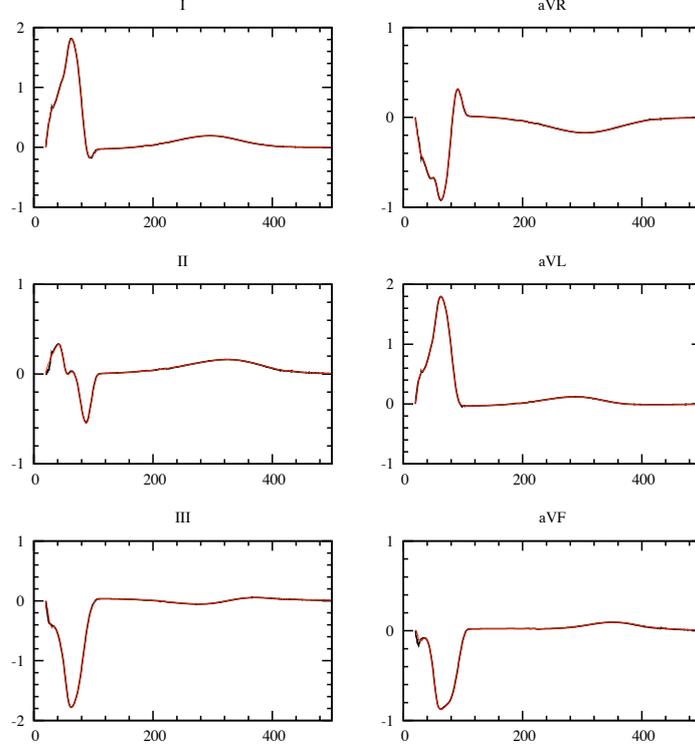


Figure 17: Simulated ECG signals (standard and augmented leads) obtained using heart-torso full coupling (black) and the Jacobi-Robin scheme (red). Geometry data and model parameters from [4].

resulting expressions we have:

$$\begin{aligned}
& \frac{1}{2} \left(\|w^{n+1}\|_{0,\Omega_H}^2 - \|w^n\|_{0,\Omega_H}^2 \right) + \frac{\chi_m}{2} \left(\|V_m^{n+1}\|_{0,\Omega_H}^2 - \|V_m^n\|_{0,\Omega_H}^2 \right) + \tau \|\sigma_e^{\frac{1}{2}} \nabla u_e^{n+1}\|_{0,\Omega_H}^2 \\
& + \tau \|\sigma_i^{\frac{1}{2}} \nabla (V_m^{n+1} + u_e^{n+1})\|_{0,\Omega_H}^2 + \tau \underbrace{\int_{\Omega_H} \sigma_i \nabla (u_e^n - u_e^{n+1}) \cdot \nabla V_m^{n+1} \, d\mathbf{x}}_{I_1} \\
& \leq \tau \underbrace{\int_{\Omega_H} (I_{\text{app}}^{n+1} - I_{\text{ion}}(V_m^n, w^{n+1})) V_m^{n+1} \, d\mathbf{x} - \tau \int_{\Omega_H} g(V_m^n, w^{n+1}) w^{n+1} \, d\mathbf{x}}_{I_2},
\end{aligned} \tag{A.43}$$

where the square roots $\sigma_e^{\frac{1}{2}}, \sigma_i^{\frac{1}{2}}$ are well defined since σ_i, σ_e are symmetric and positive-definite tensors (see *e.g.* [42]). We now provide appropriate bounds for terms I_1 and I_2 .

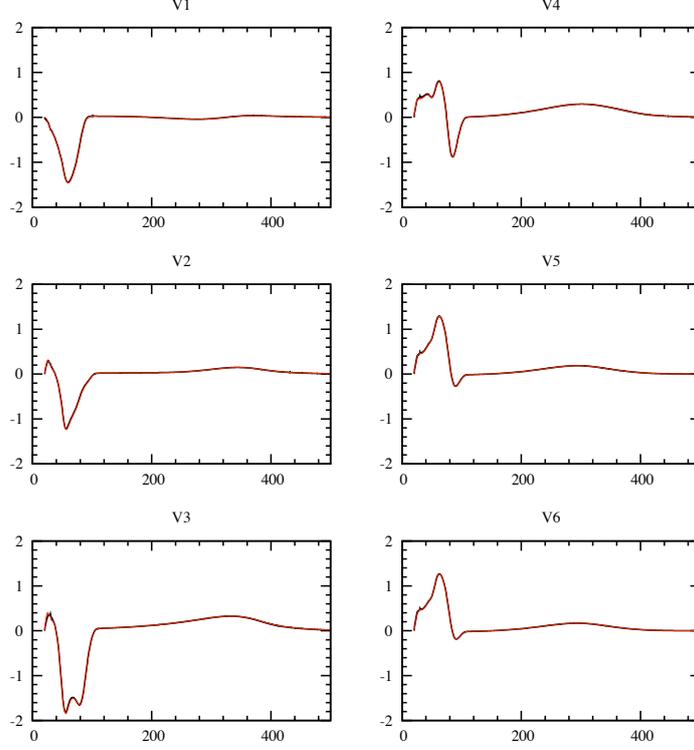


Figure 18: Simulated ECG signals (chest leads) obtained using heart-torso full coupling (black) and the Jacobi-Robin scheme (red). Geometry data and model parameters from [4].

As regards the first term, we have

$$\begin{aligned}
I_1 &= \tau \int_{\Omega_H} \sigma_i \nabla(u_e^n - u_e^{n+1}) \cdot \nabla(V_m^{n+1} + u_e^{n+1}) \, d\mathbf{x} + \int_{\Omega_H} \sigma_i \nabla(u_e^{n+1} - u_e^n) \cdot \nabla u_e^{n+1} \, d\mathbf{x} \\
&\geq -\frac{\tau}{2} \|\sigma_i^{\frac{1}{2}} \nabla(u_e^n - u_e^{n+1})\|_{0,\Omega_H}^2 - \frac{\tau}{2} \|\sigma_i^{\frac{1}{2}} \nabla(V_m^{n+1} + u_e^{n+1})\|_{0,\Omega_H}^2 \\
&\quad + \frac{\tau}{2} \left(\|\sigma_i^{\frac{1}{2}} \nabla u_e^{n+1}\|_{0,\Omega_H}^2 - \|\sigma_i^{\frac{1}{2}} \nabla u_e^n\|_{0,\Omega_H}^2 \right) + \frac{\tau}{2} \|\sigma_i^{\frac{1}{2}} \nabla(u_e^{n+1} - u_e^n)\|_{0,\Omega_H}^2 \\
&= \frac{\tau}{2} \left(\|\sigma_i^{\frac{1}{2}} \nabla u_e^{n+1}\|_{0,\Omega_H}^2 - \|\sigma_i^{\frac{1}{2}} \nabla u_e^n\|_{0,\Omega_H}^2 \right) - \frac{\tau}{2} \|\sigma_i^{\frac{1}{2}} \nabla(V_m^{n+1} + u_e^{n+1})\|_{0,\Omega_H}^2.
\end{aligned} \tag{A.44}$$

On the other hand, from (3.23), for the second term can be bounded as follows

$$\begin{aligned}
I_2 &= \frac{\tau}{2} \|I_{\text{app}}^{n+1}\|_{0,\Omega_H^2}^2 + \frac{\tau}{2} \|V_m^{n+1}\|_{0,\Omega_H}^2 + \frac{\tau C_I}{2} \left(3 \|V_m^{n+1}\|_{0,\Omega_H}^2 + \|w^{n+1}\|_{0,\Omega_H}^2 \right) \\
&\quad + \frac{\tau C_g}{2} \left(\|V_m^{n+1}\|_{0,\Omega_H}^2 + 3 \|w^{n+1}\|_{0,\Omega_H}^2 \right) \\
&= \frac{\tau}{2} \|I_{\text{app}}^{n+1}\|_{0,\Omega_H}^2 + \frac{\tau}{2} \underbrace{(1 + 3C_I + C_g)}_{\alpha} \|V_m^{n+1}\|_{0,\Omega_H}^2 + \frac{\tau}{2} \underbrace{(C_I + 3C_g)}_{\beta} \|w^{n+1}\|_{0,\Omega_H}^2.
\end{aligned} \tag{A.45}$$

As a result, inserting (A.44) and (A.45) into (A.43), yields

$$\begin{aligned} & \frac{1}{2} \left(\|w^{n+1}\|_{0,\Omega_H}^2 - \|w^n\|_{0,\Omega_H}^2 \right) + \frac{\chi_m}{2} \left(\|V_m^{n+1}\|_{0,\Omega_H}^2 - \|V_m^n\|_{0,\Omega_H}^2 \right) + \tau \|\sigma_e^{\frac{1}{2}} \nabla u_e^{n+1}\|_{0,\Omega_H}^2 \\ & + \frac{\tau}{2} \|\sigma_i^{\frac{1}{2}} \nabla (V_m^{n+1} + u_e^{n+1})\|_{0,\Omega_H}^2 + \frac{\tau}{2} \left(\|\sigma_i^{\frac{1}{2}} \nabla u_e^{n+1}\|_{0,\Omega_H}^2 - \|\sigma_i^{\frac{1}{2}} \nabla u_e^n\|_{0,\Omega_H}^2 \right) \\ & \leq \frac{\tau}{2} \|I_{\text{app}}^{n+1}\|_{0,\Omega_H}^2 + \frac{\tau\alpha}{2} \|V_m^{n+1}\|_{0,\Omega_H}^2 + \frac{\tau\beta}{2} \|w^{n+1}\|_{0,\Omega_H}^2, \end{aligned}$$

so that, replacing index n by m and summing over $0 \leq m \leq n-1$, we have

$$\begin{aligned} & \|w^n\|_{0,\Omega_H}^2 + \chi_m \|V_m^n\|_{0,\Omega_H}^2 + \tau \|\sigma_i^{\frac{1}{2}} \nabla u_e^n\|_{0,\Omega_H}^2 + 2 \sum_{m=0}^{n-1} \tau \|\sigma_e^{\frac{1}{2}} \nabla u_e^{m+1}\|_{0,\Omega_H}^2 \\ & + \sum_{m=0}^{n-1} \tau \|\sigma_i^{\frac{1}{2}} \nabla (V_m^{m+1} + u_e^{m+1})\|_{0,\Omega_H}^2 \leq \|w^0\|_{0,\Omega_H}^2 + \chi_m \|V_m^0\|_{0,\Omega_H}^2 + \tau \|\sigma_i^{\frac{1}{2}} \nabla u_e^0\|_{0,\Omega_H}^2 \\ & \quad + \sum_{m=0}^{n-1} \tau \|I_{\text{app}}^{m+1}\|_{0,\Omega_H}^2 + \alpha \sum_{m=0}^{n-1} \tau \|V_m^{m+1}\|_{0,\Omega_H}^2 + \beta \sum_{m=0}^{n-1} \tau \|w^{m+1}\|_{0,\Omega_H}^2. \end{aligned}$$

Estimate (3.26) then follows by applying Gronwall's lemma (see *e.g.* [24, Lemma 5.1]) under condition (3.24).

Finally, let consider the Jacobi like decoupling $(u_e^*, V_m^*) = (u_e^n, V_m^n)$. In this case, estimate (A.43) becomes

$$\begin{aligned} & \frac{1}{2} \left(\|w^{n+1}\|_{0,\Omega_H}^2 - \|w^n\|_{0,\Omega_H}^2 \right) + \frac{\chi_m}{2} \left(\|V_m^{n+1}\|_{0,\Omega_H}^2 - \|V_m^n\|_{0,\Omega_H}^2 \right) + \tau \|\sigma_e^{\frac{1}{2}} \nabla u_e^{n+1}\|_{0,\Omega_H}^2 \\ & + \tau \|\sigma_i^{\frac{1}{2}} \nabla (V_m^{n+1} + u_e^{n+1})\|_{0,\Omega_H}^2 + I_1 + \tau \underbrace{\int_{\Omega_H} \sigma_i \nabla (V_m^n - V_m^{n+1}) \cdot \nabla u_e^{n+1} \, dx}_{I_3} \leq I_2. \end{aligned} \tag{A.46}$$

The new term I_3 can be bounded similarly to I_1 , that is,

$$\begin{aligned} I_3 & = \tau \int_{\Omega_H} \sigma_i \nabla (V_m^n - V_m^{n+1}) \cdot \nabla (V_m^{n+1} + u_e^{n+1}) \, dx + \int_{\Omega_H} \sigma_i \nabla (V_m^{n+1} - V_m^n) \cdot \nabla V_m^{n+1} \, dx \\ & \geq -\frac{\tau}{2} \|\sigma_i^{\frac{1}{2}} \nabla (V_m^n - V_m^{n+1})\|_{0,\Omega_H}^2 - \frac{\tau}{2} \|\sigma_i^{\frac{1}{2}} \nabla (V_m^{n+1} + u_e^{n+1})\|_{0,\Omega_H}^2 \\ & \quad + \frac{\tau}{2} \left(\|\sigma_i^{\frac{1}{2}} \nabla V_m^{n+1}\|_{0,\Omega_H}^2 - \|\sigma_i^{\frac{1}{2}} \nabla V_m^n\|_{0,\Omega_H}^2 \right) + \frac{\tau}{2} \|\sigma_i^{\frac{1}{2}} \nabla (V_m^{n+1} - V_m^n)\|_{0,\Omega_H}^2 \\ & = \frac{\tau}{2} \left(\|\sigma_i^{\frac{1}{2}} \nabla V_m^{n+1}\|_{0,\Omega_H}^2 - \|\sigma_i^{\frac{1}{2}} \nabla V_m^n\|_{0,\Omega_H}^2 \right) - \frac{\tau}{2} \|\sigma_i^{\frac{1}{2}} \nabla (V_m^{n+1} + u_e^{n+1})\|_{0,\Omega_H}^2. \end{aligned} \tag{A.47}$$

Therefore, by inserting (A.44), (A.45) and (A.47) into (A.46), there follows that

$$\begin{aligned} & \frac{1}{2} \left(\|w^{n+1}\|_{0,\Omega_H}^2 - \|w^n\|_{0,\Omega_H}^2 \right) + \frac{\chi_m}{2} \left(\|V_m^{n+1}\|_{0,\Omega_H}^2 - \|V_m^n\|_{0,\Omega_H}^2 \right) + \tau \|\sigma_e^{\frac{1}{2}} \nabla u_e^{n+1}\|_{0,\Omega_H}^2 \\ & \frac{\tau}{2} \left(\|\sigma_i^{\frac{1}{2}} \nabla V_m^{n+1}\|_{0,\Omega_H}^2 - \|\sigma_i^{\frac{1}{2}} \nabla V_m^n\|_{0,\Omega_H}^2 \right) + \frac{\tau}{2} \left(\|\sigma_i^{\frac{1}{2}} \nabla u_e^{n+1}\|_{0,\Omega_H}^2 - \|\sigma_i^{\frac{1}{2}} \nabla u_e^n\|_{0,\Omega_H}^2 \right) \\ & \leq \frac{\tau}{2} \|I_{\text{app}}^{n+1}\|_{0,\Omega_H}^2 + \frac{\tau\alpha}{2} \|V_m^{n+1}\|_{0,\Omega_H}^2 + \frac{\tau\beta}{2} \|w^{n+1}\|_{0,\Omega_H}^2. \end{aligned}$$

Estimate (3.27) then holds, under condition (3.24), by replacing index n by m , summing over $0 \leq m \leq n-1$ and applying Gronwall's lemma. This completes the proof.

A.2 Proof of Theorem 4.4

Since the stability of the heart-torso coupling (4.39)-(4.40) does not depend on the choice of u_e^* and V_m^* , we restrict ourselves to the case $(u_e^*, V_m^*) = (u_e^n, V_m^n)$. The rest of estimates can be derived in a similar fashion.

By testing (3.20)-(3.22) with $(\xi, \phi, \psi, \zeta) = \tau(w^{n+1}, V_m^{n+1}, u_e^{n+1}, u_T^{n+1})$ and after summation of the resulting expressions we have:

$$\begin{aligned}
& \frac{1}{2} \left(\|w^{n+1}\|_{0,\Omega_H}^2 - \|w^n\|_{0,\Omega_H}^2 \right) + \frac{\chi_m}{2} \left(\|V_m^{n+1}\|_{0,\Omega_H}^2 - \|V_m^n\|_{0,\Omega_H}^2 \right) + \tau \|\sigma_e^{\frac{1}{2}} \nabla u_e^{n+1}\|_{0,\Omega_H}^2 \\
& + \tau \|\sigma_i^{\frac{1}{2}} \nabla (V_m^{n+1} + u_e^{n+1})\|_{0,\Omega_H}^2 + \tau \|\sigma_T^{\frac{1}{2}} \nabla u_T^{n+1}\|_{0,\Omega_T}^2 + \frac{\tau\gamma\sigma_T^t}{h} \|u_T^{n+1} - u_e^{n+1}\|_{0,\Sigma}^2 \\
& + \underbrace{\frac{\tau\gamma\sigma_T^t}{h} \int_{\Sigma} (u_T^{n+1} - u_T^n) u_e^{n+1} \, ds}_{I_4} - \underbrace{\tau \int_{\Sigma} \sigma_T \nabla u_T^n \cdot \mathbf{n}_T (u_T^{n+1} - u_e^{n+1}) \, ds}_{I_5} + I_1 + I_3 \leq I_2.
\end{aligned} \tag{A.48}$$

Terms I_1 , I_2 and I_3 have already been estimated in the proof of Theorem 3.2, so we only need to provide bounds for I_4 and I_5 .

Term I_4 is treated as follows (see [1, 10]),

$$\begin{aligned}
I_4 &= \frac{\tau\gamma\sigma_T^t}{h} \int_{\Sigma} (u_T^{n+1} - u_T^n) (u_e^{n+1} - u_T^{n+1}) \, ds + \frac{\tau\gamma\sigma_T^t}{h} \int_{\Sigma} (u_T^{n+1} - u_T^n) u_T^{n+1} \, ds \\
&\geq - \frac{\tau\gamma\sigma_T^t}{2h} \|u_T^{n+1} - u_T^n\|_{0,\Sigma}^2 - \frac{\tau\gamma\sigma_T^t}{2h} \|u_e^{n+1} - u_T^{n+1}\|_{0,\Sigma}^2 \\
&\quad + \frac{\tau\gamma\sigma_T^t}{2h} \left(\|u_T^{n+1}\|_{0,\Sigma}^2 - \|u_T^n\|_{0,\Sigma}^2 \right) + \frac{\tau\gamma\sigma_T^t}{2h} \|u_T^{n+1} - u_T^n\|_{0,\Sigma}^2 \\
&= \frac{\tau\gamma\sigma_T^t}{2h} \left(\|u_T^{n+1}\|_{0,\Sigma}^2 - \|u_T^n\|_{0,\Sigma}^2 \right) - \frac{\tau\gamma\sigma_T^t}{2h} \|u_e^{n+1} - u_T^{n+1}\|_{0,\Sigma}^2.
\end{aligned} \tag{A.49}$$

On the other hand, using (4.30), for the last term we have

$$\begin{aligned}
I_5 &\geq - \frac{\tau h}{\gamma} \|(\sigma_T^t)^{\frac{1}{2}} \nabla u_T^n\|_{0,\Sigma}^2 - \frac{\tau\gamma\sigma_T^t}{4h} \|u_e^{n+1} - u_T^{n+1}\|_{0,\Sigma}^2 \\
&\geq - \frac{\tau C_{ti}}{\gamma} \|\sigma_T^{\frac{1}{2}} \nabla u_T^n\|_{0,\Omega_T}^2 - \frac{\tau\gamma\sigma_T^t}{4h} \|u_e^{n+1} - u_T^{n+1}\|_{0,\Sigma}^2.
\end{aligned} \tag{A.50}$$

Therefore, by inserting (A.44), (A.45), (A.47), (A.49) and (A.50) into (A.48) we get the estimate

$$\begin{aligned}
& \frac{1}{2} (\|w^{n+1}\|_{0,\Omega_H}^2 - \|w^n\|_{0,\Omega_H}^2) + \frac{\chi_m}{2} (\|V_m^{n+1}\|_{0,\Omega_H}^2 - \|V_m^n\|_{0,\Omega_H}^2) + \tau \|\sigma_e^{\frac{1}{2}} \nabla u_e^{n+1}\|_{0,\Omega_H}^2 \\
& + \tau \left(\|\sigma_T^{\frac{1}{2}} \nabla u_T^{n+1}\|_{0,\Omega_T}^2 - \frac{C_{ti}}{\gamma} \|\sigma_T^{\frac{1}{2}} \nabla u_T^n\|_{0,\Omega_T}^2 \right) + \frac{\tau \gamma \sigma_T^t}{4h} \|u_T^{n+1} - u_e^{n+1}\|_{0,\Sigma}^2 \\
& + \frac{\tau \gamma \sigma_T^t}{2h} (\|u_T^{n+1}\|_{0,\Sigma}^2 - \|u_T^n\|_{0,\Sigma}^2) + \frac{\tau}{2} (\|\sigma_i^{\frac{1}{2}} \nabla V_m^{n+1}\|_{0,\Omega_H}^2 - \|\sigma_i^{\frac{1}{2}} \nabla V_m^n\|_{0,\Omega_H}^2) \\
& + \frac{\tau}{2} (\|\sigma_i^{\frac{1}{2}} \nabla u_e^{n+1}\|_{0,\Omega_H}^2 - \|\sigma_i^{\frac{1}{2}} \nabla u_e^n\|_{0,\Omega_H}^2) \leq \frac{\tau}{2} \|I_{app}^{n+1}\|_{0,\Omega_H}^2 \\
& + \frac{\tau \alpha}{2} \|V_m^{n+1}\|_{0,\Omega_H}^2 + \frac{\tau \beta}{2} \|w^{n+1}\|_{0,\Omega_H}^2.
\end{aligned}$$

Estimate (4.42) then follows, under conditions (4.41) and (3.24), by replacing index n by m , summing over $0 \leq m \leq n-1$ and applying Gronwall's lemma, which completes the proof.

Acknowledgements

This work was partially supported by INRIA through its large scope initiative CardioSense3D (www.inria.fr/CardioSense3D). We wish to thank Jean-Frédéric Gerbeau and Muriel Boulakia for many fruitful discussions on ECG modeling and simulation. We also thank Philippe Moireau and Elsie Phé for their work on the anatomical models and meshes.

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Éditeur
INRIA - Domaine de Voluceau - Rocquencourt, BP 105 - 78153 Le Chesnay Cedex (France)
<http://www.inria.fr>
ISSN 0249-6399