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# **Model-Driven Scheduling of Nanocarriers: Application to an Anticancer Polymer Prodrug Administered Subcutaneously**

Anne Rodallec,<sup>1,2</sup> Randy Lee,<sup>1</sup> Jingming Cao,<sup>3</sup> Sophie Marolleau,<sup>1,2</sup> Julien Nicolas,<sup>3,\*</sup>  
Sébastien Benzekry<sup>1,\*</sup>

1. COMPutational pharmacology and clinical Oncology Department, Inria Sophia Antipolis – Méditerranée, Cancer Research Center of Marseille, Inserm UMR1068, CNRS UMR7258, Aix Marseille University UM105, Marseille, France
2. SMARTc, Cancer Research Center of Marseille, Inserm UMR1068, CNRS UMR7258, Aix Marseille University UM105, Marseille, France
3. Université Paris-Saclay, CNRS, Institut Galien Paris-Saclay, 91400 Orsay, France

The authors declare no conflict of interest.

\*To whom correspondence should be addressed.

E-mail: [julien.nicolas@universite-paris-saclay.fr](mailto:julien.nicolas@universite-paris-saclay.fr) (JN) and [sebastien.benzekry@inria.fr](mailto:sebastien.benzekry@inria.fr)  
(SB)

1 **ABSTRACT**

2 The limitations of chemotherapy (e.g., toxicities, limited efficacy) have led to the  
3 development of nanocarriers for drug delivery to improve pharmacokinetics (PK) and  
4 therapeutic outcomes. However, optimizing dosing regimens remains challenging.  
5 Moreover, since chemotherapy are mainly administered intravenously (IV), this results  
6 in patient discomfort and high treatment cost.

7 To address these issues, we used PK/pharmacodynamics (PD) modeling and applied  
8 it to subcutaneously (SC) injectable polymer prodrug based on paclitaxel (Ptx) and  
9 polyacrylamide (PAAm).

10 PK/PD studies were performed on MCF-7 tumor-bearing mice. The PK model was  
11 developed on IV Ptx and SC Ptx-PAAm data. The PD model was developed  
12 on control, IV Ptx, and SC Ptx-PAAm groups (15 mg/kg), and validated on an  
13 independent group (SC Ptx-PAAm 60 mg/kg). Optimal dosing regimens identified *in*  
14 *silico* were then validated *in vivo* with excellent agreement. A dosing regimen  
15 combining a loading dose and daily injections achieved a 60% complete response rate  
16 without added toxicity, outperforming prior results.

17 This is the first validated PK/PD model for nanocarriers, offering a framework for more  
18 effective, cost-efficient, and ethically refined drug development.

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## 23 INTRODUCTION

24 Cancer remains a major concern due to its public health burden and subsequent  
25 economic impact [1]. As a result of population growth and aging, the number of new  
26 cancer cases is projected to rise by about 70% over the next two decades [2]. The  
27 majority of expected cancer deaths are from solid tumors, including lung, ovarian, and  
28 breast cancers. When surgery is not feasible or sufficient, or in advanced cases,  
29 chemotherapy — either alone or combined with other treatments — is commonly used.  
30 However, due to their unspecific distribution profile and toxic excipients, these  
31 treatments are consistently associated with high toxicities, and moderate efficacy.  
32 Furthermore, as most chemotherapies are administered intravenously, this contributes  
33 directly to patient discomfort. In addition, this increases the cost of cancer care, for  
34 instance due to long inpatient hospital stays, the need for qualified staff, the invasive  
35 nature of the administration protocol, and potential catheter failures and life-threatening  
36 infections [3].

37 Consequently, numerous strategies have been considered to enhance the therapeutic  
38 effect of anti-cancer drugs, with the aim of increasing tumor uptake and/or reducing  
39 side effects. Among them, drug-loaded nanocarriers and polymer-drug conjugates  
40 (also called polymer prodrugs) have been the focus of great attention [4–6]. These  
41 approaches can indeed increase water solubility as well as provide enhanced  
42 bioavailability, so that patients could benefit from an improved pharmacokinetic (PK)  
43 profile, resulting in a better efficacy / toxicity balance.

44 However, as nanocarriers and polymer prodrugs exhibit altered pharmacokinetics,  
45 standard therapeutic regimens must be reconsidered. Indeed, the conventional dosing  
46 schedules based on the maximum tolerated dose (MTD) were originally designed for  
47 free drugs with rapid clearance and systemic toxicity [7]. These may no longer be  
48 optimal and the investigation of new treatment dosing regimens is needed.

49 In this context, PK / pharmacodynamics (PD) modeling allows to create early-stage  
50 pharmacological digital twins (Figure 1), by exploring infinitely many scheduling  
51 possibilities in terms of dose, frequency and duration of treatment [8]. It also saves  
52 substantial time and cost, in addition to addressing ethical considerations. It consists  
53 in first modeling the relationship between the dose scheduling and the concentration  
54 or exposure (PK), and then model the association between exposure and response

55 (PD). Several types of models have been developed, either for biodistribution (e.g.,  
56 drug delivery to the brain [9]), intra-tumor drug penetration [10], or physiologically-  
57 based-PK models to extrapolate the dose across species [11]. However, the ultimate  
58 outcome of this approach (i.e., anti-tumor effect), has rarely been modeled, let alone  
59 confronted with experimental data. While previous studies have explored the potential  
60 of combination therapies and optimized drug scheduling (e.g., dose, treatment  
61 duration) [12,13], they were never further validated with *in vivo* data for predicting the  
62 performance of different treatment regimens or demonstrated an improvement in  
63 anticancer outcomes.

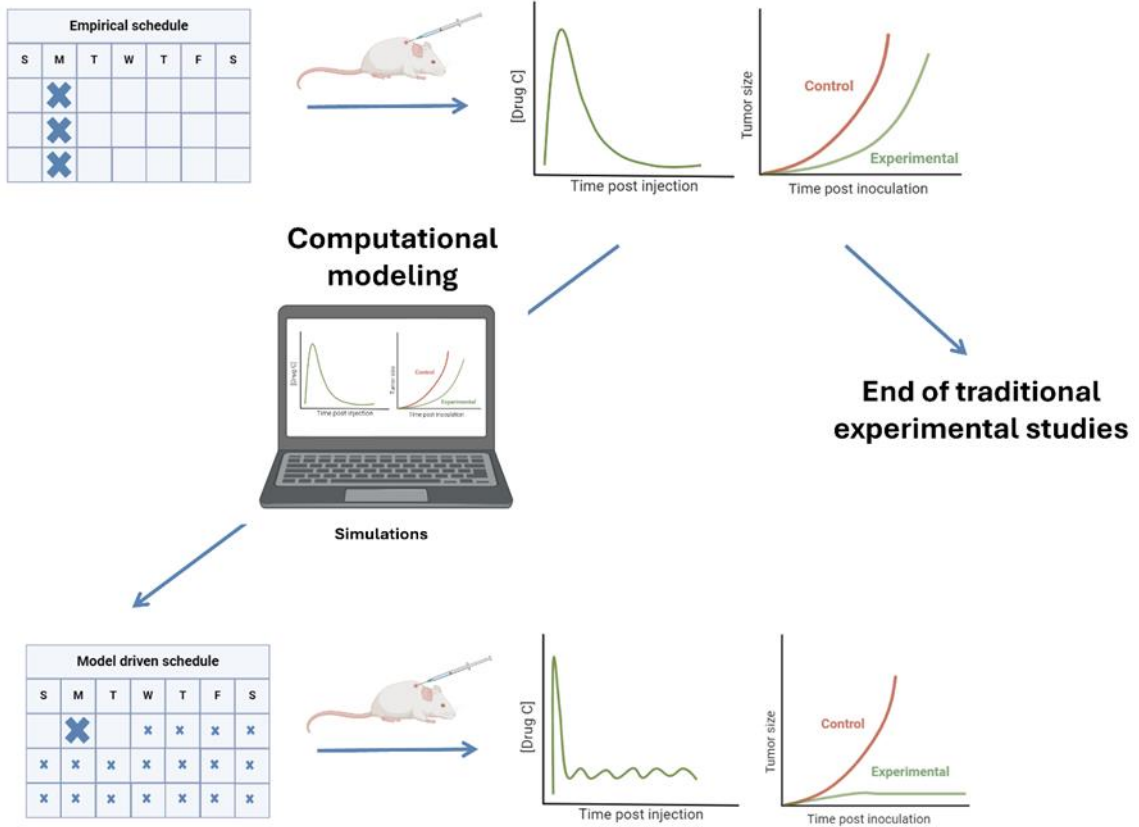
64 Herein, we report the first experimental PK/PD model in oncology for nanocarriers,  
65 whose predictions of anticancer efficacy are validated *in vivo*, making it possible to  
66 optimize treatment regimens and obtain better therapeutic efficacy.

67 As a proof of concept, we apply this approach to the subcutaneous (SC) administration  
68 of a water-soluble paclitaxel-polyacrylamide (Ptx-PAAm) prodrug, whose preclinical  
69 development in mice has recently shown great promise [14]. SC administration is  
70 indeed considered to be a more convenient alternative for patients than IV  
71 administration [15,16], as the SC route is much less invasive than the intravenous (IV)  
72 route and home (self-)administration may become possible, thus increasing patient  
73 comfort, reducing hospitalization time as well as treatment costs [17]. Subcutaneously-  
74 injected, water-soluble Ptx-PAAm prodrugs (SC Ptx-PAAm) have shown no cutaneous  
75 toxicity despite the vesicant/irritant nature of Ptx, and was more effective under  
76 conventional dosing schedules than IV administration of Taxol, the commercial  
77 formulation of Ptx, which is a cornerstone in the treatment of metastatic breast cancer  
78 [18]. PAAm has been chosen for its biocompatibility, greater hydrophilicity than  
79 poly(ethylene glycol) and stealth properties, and is already used as a wrinkle filler.

80 To develop this PK/PD model, we implemented an integrative *in vivo* / *in silico*  
81 approach, using experimental data from SC Ptx-PAAm. An initial dataset was used to  
82 establish and train the model. We then demonstrated: (i) the validity of the model's  
83 predictions on a dose regimen distinct from the training dataset; (ii) its use for *in silico*  
84 treatment regimen exploration, and (iii) the *in vivo* validation of the model's predictions,  
85 ultimately leading to greater efficacy with no additional toxicity.

86

## Traditional experimental studies

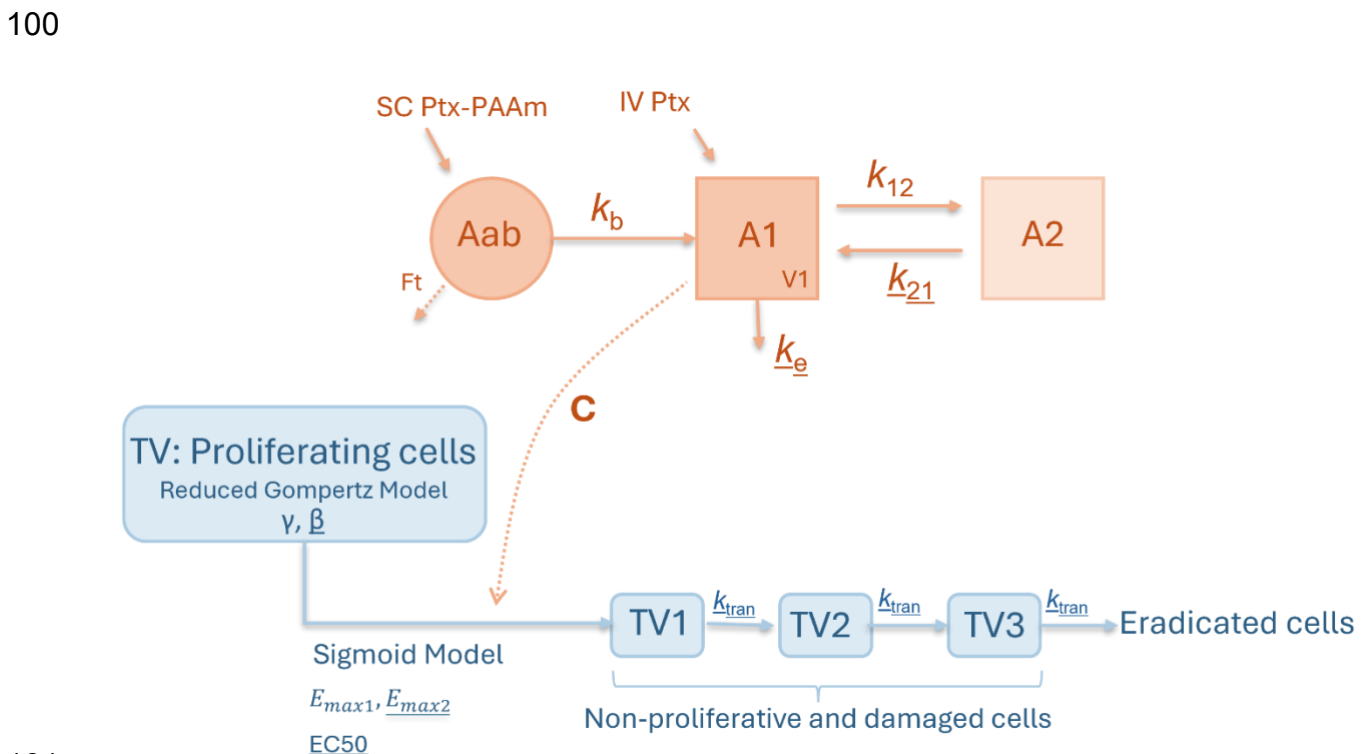


87

88 **Figure 1. Schematic representation of the methodology.** Using previously established PK/PD data,  
 89 a mathematical model was developed and trained a subset of the data (training set), then validated on  
 90 a separate set with a different dose. The model was subsequently used to simulate multiple dose  
 91 regimens *in silico*, allowing for the selection of a reduced number of model-driven schedule candidates.  
 92 Finally, the efficacy and toxicity of these candidates were evaluated *in vivo*.

93 **RESULTS**

94 The final structure of the PK/PD model is reported in Figure 2. It was developed  
 95 sequentially using separate pharmacokinetic and pharmacodynamic *in vivo* studies  
 96 from SC Ptx-PAAm in mice (see Materials and Methods). Multiple models were  
 97 considered during model development. The final equations and all population  
 98 parameter estimates are provided in the Supplementary Information (Equation S1 and  
 99 Table S1).



101  
 102 **Figure 2. Structure of the final PK/PD model.** In orange, the model structure of the two-compartment  
 103 PK model for Ptx-PAAm, with an additional depot compartment for SC administration. The output is the  
 104 free Ptx concentration (C), which acts as input in the PD model (in blue).

105 **Pharmacokinetic modeling**

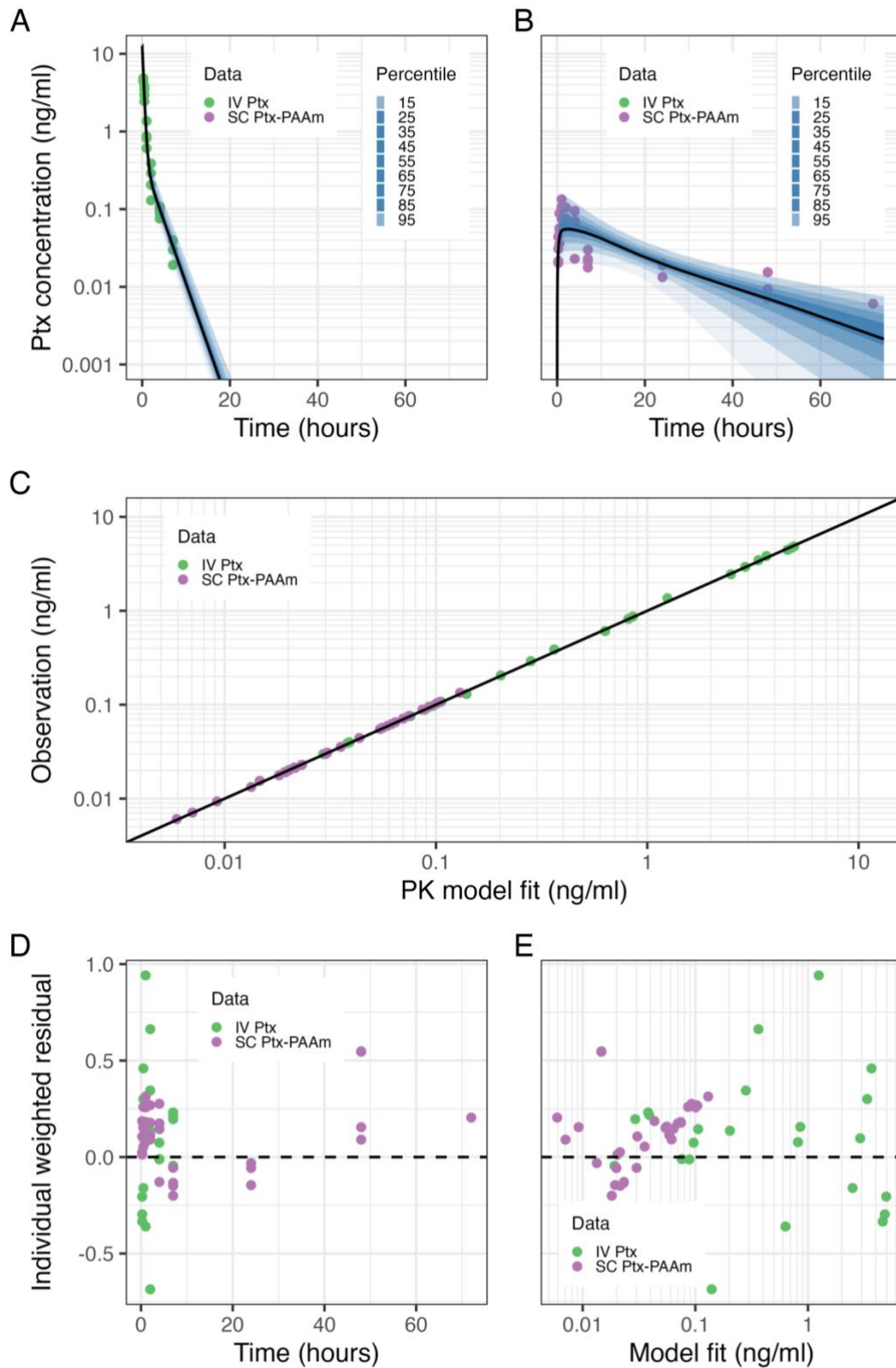
106 The structural model was gradually built using *in vivo* data from IV Ptx and SC Ptx-  
 107 PAAm treatment groups at 7 mg/kg with the following steps: (i) selecting the IV Ptx  
 108 structural model and identifying the population PK parameters; (ii) developing an  
 109 additional depot compartment for SC Ptx-PAAm and identifying specific parameters  
 110 while keeping the Ptx population parameters fixed, and (iii) identifying all the population  
 111 PK parameters simultaneously by combining the selected structural models. The final  
 112 structural model for IV Ptx PK was a linear two-compartment model with first-order

113 elimination (central  $A_1$  and peripheral  $A_2$ , exchange rates  $k_{12}$  and  $k_{21}$ , elimination rate  
114  $k_e$ , Figure 2). SC administration of Ptx-PAAm was modeled by a depot (absorption)  
115 compartment  $A_{ab}$  with bioavailability  $F_t$  and transfer rate to the central compartment  
116  $k_b$ .

117 Goodness-of-fit was validated by visual and numerical analysis (Figure 3 and  
118 Supplementary Information Table S1) and no misspecification (i.e., 0% outlier  
119 proportions) was observed (Figure 3C). Thus, PK parameters were obtained from the  
120 PK model for all treatment groups and robustness of convergence was confirmed. The  
121 estimated apparent bioavailability was found to be in the same range as that calculated  
122 during non-compartmental PK analysis [14] (i.e., 36% *versus* 28%, respectively), as  
123 were the AUCs (i.e., 5160 ng/mL/h *versus* 4631 ng/mL/h and 1350 ng/mL/h *versus*  
124 1299 ng/mL/h for IV Ptx and SC Ptx-PAAm, respectively). Therefore, the model was  
125 considered trustworthy, and it was used for further PK/PD modeling.

126

127



128

129 **Figure 3. Population PK data and model.** Observations IV Ptx and SC Ptx-PAAm at 7 mg/kg are  
 130 represented by green and purple dots, respectively. (A-B) Prediction distributions from 500 simulations  
 131 allow us to compare the observations (dots) with the theoretical inter-animal distribution of the  
 132 predictions (blue areas). Black line represents the median over individuals. (C) Individual PK  
 133 observations versus model fits. The black line represents the  $y = x$  equation. Dotted black lines represent  
 134 the 95 % interval. (D-E) Scatter plots of the residuals between the observations and model fits.

## 135 **Pharmacodynamics modeling**

136 The efficacy of Ptx depends on its free concentration estimated by the PK model (C)  
137 (see Figure 2), assuming that Ptx damages tumor cells, eventually leading them to  
138 their elimination from the tumor volume after three consecutive damaged states  
139 (Simeoni model [19]). The model was refined using a sigmoid maximum drug effect  
140 function as well as a resistance model, allowing for greater efficacy for the first  
141 treatment ( $E_{max1}$ ) compared to subsequent treatments ( $E_{max2}$ )

142 The PD structural model was gradually built with the following steps: (i) untreated tumor  
143 growth models tested and calibrated with the negative control data (i.e., PAAm 60  
144 mg/kg eq. Ptx); (ii) efficacy of Ptx on tumor growth, and (iii) resistance to Ptx using two  
145 additional treatment groups (i.e., IV Ptx 15 mg/kg and SC Ptx-PAAm 15 mg/kg eq. Ptx).  
146 The final model is depicted in Figure 2 and its equations are reported in Equation S1.

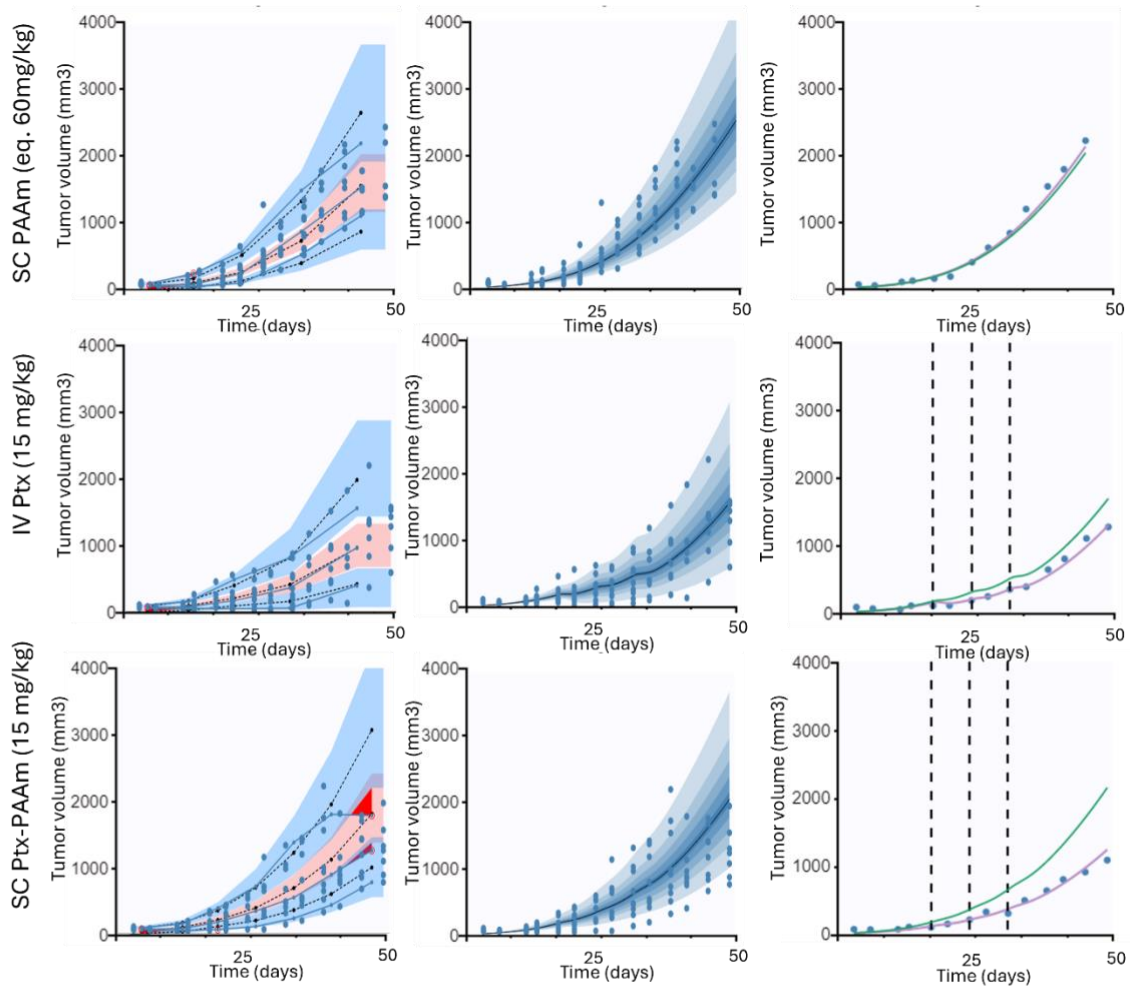
147 Based on goodness-of-fit and number of parameters, we selected the reduced  
148 Gompertz model as the most suitable model for untreated tumor growth, consistently  
149 with previous work [20]. Using the free Ptx concentration C outputted by the PK model  
150 as input of the PD efficacy model, the latter was first described using a Simeoni model  
151 [19]. It consists in three transit compartments representing damaged cells, unable to  
152 proliferate, but only removed from the tumor volume when reaching the last  
153 compartment (Figure 2). However, misspecifications in individual fits (Figure S1) were  
154 observed in 44% (i.e., 4 out of 9) and 11% (i.e., 1 out of 9) of individuals of IV Ptx 15  
155 mg/kg and SC Ptx-PAAm 15 mg/kg eq. Ptx, respectively, leading us to refine the  
156 model. We thus implemented an  $E_{max}$  model (i.e.,  $E = \frac{(E_{max} \cdot C)}{(EC50 + C)}$ ), that still yielded sub-  
157 optimal fits (Figure S1). The observed misspecification represented an overpredicted  
158 tumor growth after the first administration. We hypothesized that it could be due to a  
159 stronger anti-tumor effect for the first administration than in subsequent ones (i.e.,  
160 resistance to treatment). To model this resistance, we used two distinct  $E_{max1}$  and  
161  $E_{max2}$  values for the first and subsequent administrations, respectively, with  $E_{max1} >$   
162  $E_{max2}$  (Equation S1). This effectively improved the goodness-of-fit in the training set  
163 (Figures S1 and S2).

164 The robustness of the final model was supported by the narrow confidence intervals in  
165 the visual predictive checks (Figure 4A, left column) where no misspecification in the  
166 structural and statistical models was observed. For the SC Ptx-PAAm 15 mg/kg eq.

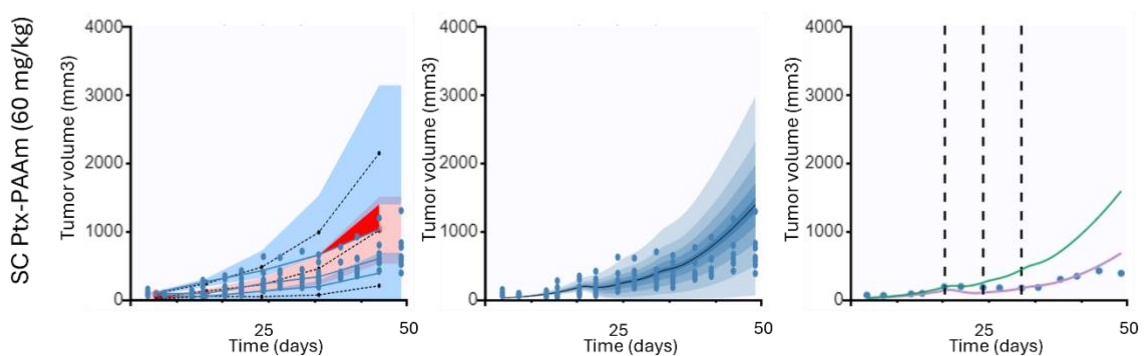
167 Ptx group, minor dropouts (i.e., outliers) were observed at later stages because of  
168 animal exclusion when tumor reached a large volume (i.e., 2000 mm<sup>3</sup>). The model  
169 could also capture inter-animal variability (Figure 4, middle column) as well as  
170 individual fits (Figure 4, right column) across untreated tumor growth and two  
171 formulations of Ptx (i.e., IV Ptx and SC Ptx-PAAm). In addition, parametric identifiability  
172 was good (Table S1), indicating that the training data was sufficient to calibrate the  
173 model.

174

A



B



176

177 **Figure 4. Diagnostic plots obtained from 500 simulations of the final PK/PD model on the training**  
 178 **(A) and test (B) data set.** VPCs (left column) assess goodness-of-fit for structural dynamics and inter-  
 179 animal variability. Dotted black lines represent the predicted percentiles. Blue and pink areas represent  
 180 the prediction interval. Blue dots represent observed data. Blue line represents the empirical percentiles.  
 181 Outliers are represented by the red areas. Prediction distributions (middle column) allow us to compare  
 182 the observations (blue dots) with the theoretical distribution of the predictions (blue areas). Black line  
 183 represents the median over individuals. Individual fits (right column), chosen randomly for each

184 treatment group. Dotted black lines represent dosing times. Purple and green lines represent individual  
185 and population fits, respectively. Blue dots represent observed data.

186

### 187 ***PK/PD model validation***

188 The SC Ptx-PAAm (60 mg/kg eq. Ptx) group was then used as an independent data to  
189 assess the model predictions. Fit-free predictions remained highly accurate at the  
190 individual level (Figure 4B and Figures S2), and captured inter-animal variability with  
191 only a slight overprediction at later time points (Figure 4B). This demonstrates the  
192 ability of the model to extrapolate to administration schedules not seen during training.

193 Once validated, we retrained the model on the entire data set (i.e., SC PAAm 60 mg/kg  
194 eq. Ptx as control group, IV Ptx 15 mg/kg, SC Ptx-PAAm 15 mg/kg eq. Ptx and SC Ptx-  
195 PAAm 60 mg/kg eq. Ptx) and used the resulting parameter estimates) for subsequent  
196 simulations (Table S2). Lower relative standard errors were observed (e.g., from 59.9  
197 % to 40.1 % for  $E_{max_1}$ ) (Tables S1 and S2), confirming the model refinement with  
198 more data. Of note, however, changes in the estimates of parameters  $E_{max_1}$ , (from  
199 6.85 to 15.48),  $E_{max_2}$  (from 2.51 to 13.8) and  $EC_{50}$  (from 156.1 to 462.7) were  
200 observed, due to correlations in the parameter estimates.

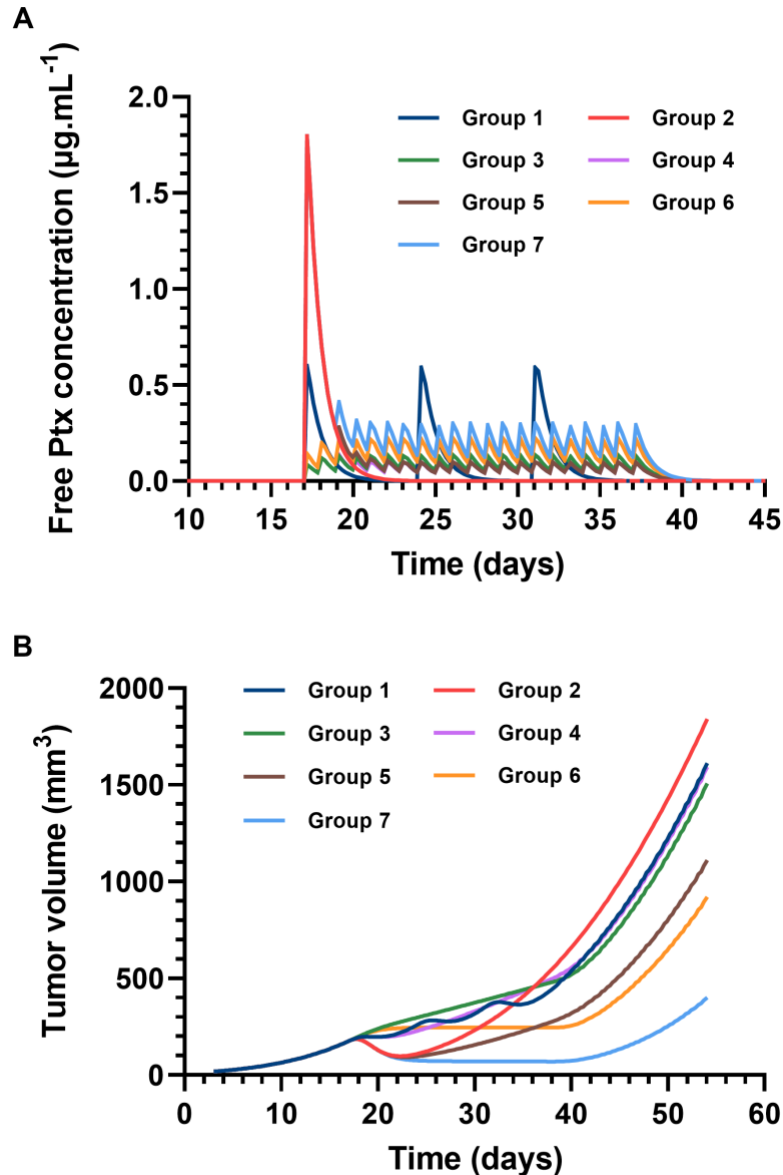
### 201 ***In silico exploration of dosing schedules***

202 Simulations of the PK/PD model were conducted to explore a wide range of potential  
203 dosing schedules, using a study design involving 10 mice per group over 54 days.  
204 Seven of these dosing schedules were selected based on their safety and anticancer  
205 efficacy (Table 1). Group 1 was the benchmark reference, already evaluated in a  
206 previous work [14]. It consisted of equally dosed administrations once a week, for three  
207 weeks (total dose 180 mg/kg eq. Ptx). Pharmacokinetic simulations suggested that  
208 the total Ptx dose over 21 days could be safely tripled from 180 mg/kg to 540 mg/kg  
209 eq. Ptx. Indeed, the maximum observed concentration  $C_{max}$  for SC Ptx-PAAm 180  
210 mg/kg eq. Ptx administration was lower than the previously measured  $C_{max}$  for IV Ptx  
211 7 mg/kg administration (i.e., 1.7  $\mu\text{g/mL}$  from Figure 5A Group 2, *versus* 4.7  $\mu\text{g/mL}$  from  
212 [14]). The maximum single dose ever administered for SC Ptx-PAAm is 180 mg/kg eq.  
213 Ptx [14]. Therefore, any regimen involving a single dose exceeding this threshold was  
214 disregarded, and a minimal washout period of 48 h was imposed between successive  
215 administrations. PK/PD simulations revealed that, for a same total dose of 180 mg/kg

216 (Groups 1, 2 and 3), single administration (Group 2) led to a significantly greater  
 217 efficacy compared to both daily (Group 3) and weekly (Group 1) dosing regimens  
 218 (Figure 5B). This better efficacy lasted for 15 days, after which weekly and finally, daily  
 219 administration (i.e., metronomic therapy [7]) took over. Since the *in silico* analysis  
 220 above suggested a possible resistance to Ptx after the first administration, the interest  
 221 of a loading dose followed by a maintenance dose (i.e., daily administration following  
 222 the loading dose) (Group 4) was investigated and resulted in slightly weaker efficacy  
 223 than daily administration (Figure 5B). Similar results were observed at a higher total  
 224 dose (300 mg/kg) between Groups 5 (loading dose + maintenance treatment) and 6  
 225 (daily administration). Interestingly, a daily dose of 14.3 mg/kg (Group 6) was found  
 226 to efficiently control tumor growth (i.e., tumor growth plateaued in Figure 5B),  
 227 suggesting a minimum effective daily dose. Building upon this, we administered a total  
 228 dose of 540 mg/kg, composed of a loading dose of 180 mg/kg and maintenance dose  
 229 of 19 mg/kg eq. Ptx (Group 7). This regimen resulted in the best results, with an initial  
 230 tumor regression followed by a long-lasting tumor growth suppression (Figure 5B).

231 **Table 1. Simulated treatment groups.** For all groups, standard treatment or loading dose started 17  
 232 days after tumor inoculation and lasted for 21 days. If the group received a loading dose, *maintenance*  
 233 treatment started 48 h later (i.e., 19 days after tumor inoculation) and was administered daily.

Treatment group	Total dose (mg/kg)	Loading dose (mg/kg)	Treatment dose (mg/kg)	Maintenance treatment (mg/kg)	Number of administrations
Group 1	180	-	60	-	3
Group 2	180	-	180	-	1
Group 3	180	-	8.57	-	21
Group 4	180	60	-	6.32	1+19
Group 5	300	180	-	6.32	1+19
Group 6	300	-	14.29	-	21
Group 7	540	180	-	19	1+19



234

235 **Figure 5. Pharmacokinetic and pharmacodynamic simulations.** Pharmacokinetic (A) and  
 236 pharmacodynamic (B) model predictions of simulated treatment Groups 1-7. The loading/initial doses  
 237 for Groups 2, 5 and 7 are overlaid.

238

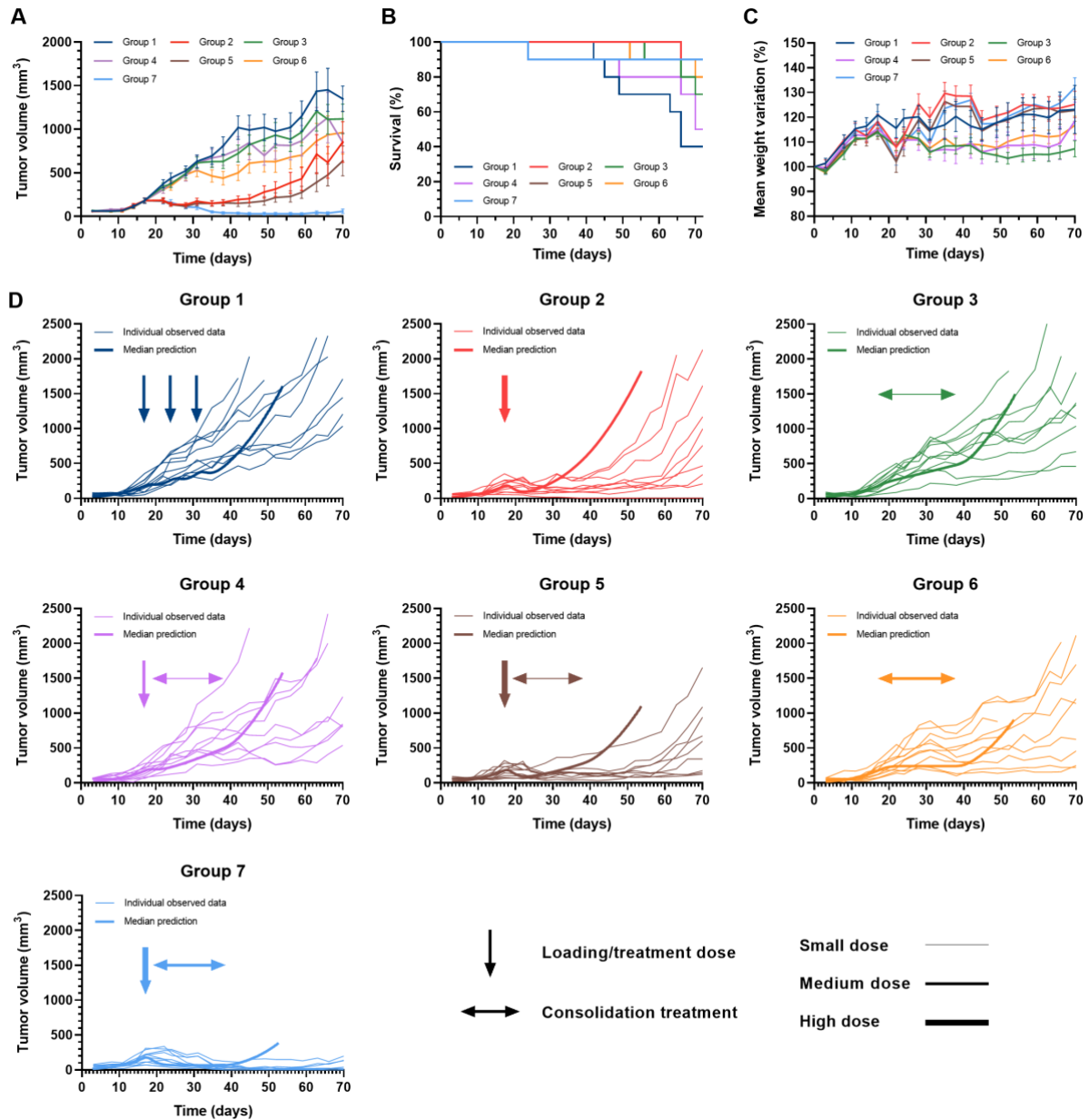
239 ***In vivo validation of dosing schedules***

240 The 7 selected treatment groups (Table 1) were subsequently tested *in vivo* on MCF-  
 241 7 tumor-bearing mice (Figure 6A-C). They exhibited significant differences in tumor  
 242 size following treatment (day 52,  $p < 0.0001$ , one-way ANOVA). The simulation-based  
 243 predictions showed remarkable agreement with the experimental observations, across  
 244 all groups except for the high-dose treatments (180 mg/kg; Groups 2 and 5), which  
 245 showed greater efficacy than predicted. This is likely due to possible nonlinear PK of  
 246 Ptx-PAAm at this dose range. Because the Ptx-PAAm formulation does not contain

247 Cremophor EL (the standard Ptx excipient, known to contribute to nonlinear PK of  
248 Taxol [21]), we initially assumed a linear PK. However, these results suggest that this  
249 assumption may not hold, which could be explained by the fact that the PK model was  
250 developed at a lower dose (7 mg/kg). Drug exposure might be prolonged in the  
251 experimental data, leading to slower regrowth than simulated.

252

253 When assessing the anticancer activity of each group, at the same total dose, Group  
254 2 outperformed Groups 1, 3 and 4, thus strengthening the interest of a high loading  
255 dose (tumor volumes at 52 days:  $315 \pm 269 \text{ mm}^3$  versus  $978 \pm 384 \text{ mm}^3$ ,  $p = 0.0036$ ,  
256  $932 \pm 458 \text{ mm}^3$ ,  $p = 0.0025$ , and  $819 \pm 465 \text{ mm}^3$ ,  $p = 0.04$ , respectively, Tukey's tests).  
257 Similar results were observed at higher total dose between Groups 5 (loading dose +  
258 maintenance treatment) and 6 (daily administration) with end tumor volumes of  $217 \pm$   
259  $161 \text{ mm}^3$ , and  $630 \pm 384 \text{ mm}^3$ , respectively ( $p = 0.15$ , Tukey's test). As predicted by  
260 the model, a higher loading dose (Group 5: 180 mg/kg, vs. Group 4: 60 mg/kg) resulted  
261 in not only a stronger initial response but also a more sustained efficacy (Figure 6D).  
262 Tumor volumes after 52 days were  $819 \pm 465 \text{ mm}^3$  and  $217 \pm 161 \text{ mm}^3$ , respectively,  
263  $p = 0.0023$ , t-test and  $p = 0.0093$ , Tukey's test). Also, in line with the model predictions,  
264 increasing the maintenance dose from 6.3 mg/kg (Group 5) to 19 mg/kg (Group 7)  
265 resulted in greater and more durable efficacy, lasting up to 30 days after treatment  
266 termination (Figure 6D). The difference in tumor volumes after 52 days were  
267 substantial ( $217 \pm 161 \text{ mm}^3$  vs.  $31 \pm 46 \text{ mm}^3$ , respectively), although not significant  
268 when controlling for multiple hypothesis testing ( $p = 0.9$ , Tukey's test). Survival was  
269 found to be higher for all model-driven schedules (i.e., Groups 2 to 7) compared to the  
270 standard schedule (Group 1) (Figure 6B). The safety constraints accounted for in the  
271 model resulted in good treatment tolerance (no weight loss observed in any group,  
272 Figure 6C).



273

274 **Figure 6. *In vivo* results and model validation.** (A) Tumor growth (means  $\pm$  SD, n = 10 per group).  
 275 (B) Overall survival. Groups 5 and 7 are perfectly overlaid and meet Group 2 at the end of experiment.  
 276 (C) Relative body weight change of mice as a function of time after SC Ptx-PAAm injection following  
 277 specific scheduling. The values are expressed as the means  $\pm$  SD (n = 10). (D) Median prediction (thick  
 278 line) simulated with Simulx® software [22] over 54 days and individual observations (thin lines) of tumor  
 279 growth for all treatment groups. The treatment groups have been schematized using arrows whose  
 280 thickness is proportional to the dose with 3 levels (small, medium and high dose). Horizontal arrows  
 281 represent daily administration (maintenance treatment).

282

283

284

285

## 286 DISCUSSION

287 In this study we demonstrated that combining *in vivo* and *in silico* modeling can  
288 successfully guide the design of optimized dosing schedules for nanocarrier-based  
289 chemotherapies, here applied to a subcutaneously administered polymer prodrug of  
290 paclitaxel (Ptx-PAAm). We developed and validated a mechanistic model of the  
291 pharmacokinetics and antitumor efficacy of SC Ptx-PAAm, trained on *in vivo* data and  
292 prospectively tested on independent datasets. Simulations revealed that a regimen  
293 combining a high loading dose followed by a daily maintenance dose achieved the  
294 highest efficacy, with a 60% complete response rate and no observed toxicity. These  
295 predictions were validated *in vivo*, confirming the model's ability to improve therapeutic  
296 outcomes over standard regimens.

297

298 A previous experimental study on water-soluble Ptx-PAAm polymer prodrugs not only  
299 showed that it could be safely administered subcutaneously, but also that the sustained  
300 release of Ptx (i.e., longer half-life,  $T_{max}$  and mean residence time associated with lower  
301  $C_{max}$ ) could lead to greater anticancer efficacy [14]. Other examples of Ptx-polymer  
302 conjugates previously developed, such as Ptx-polyglutamic acid conjugates, showed  
303 similar results after IV administration in preclinical studies [23]. However, further  
304 development was halted after failing to show an improvement in patient survival in  
305 Phase III trials [24], despite improved treatment convenience and reduced toxicities.  
306 All studies conducted to date on Ptx-polyglutamic acid conjugates have followed the  
307 traditional MTD paradigm [25], omitting the investigation of more refined schedules  
308 such as metronomic therapy [26,27]. This highlights the need for more rational, data-  
309 driven development strategies that account for the unique kinetics of these  
310 compounds.

311 While nanocarrier drug delivery systems have been widely studied for their potential to  
312 improve solubility, bioavailability, and tumor accumulation of chemotherapeutic agents,  
313 the optimization of their dosing regimens remains largely empirical. The majority of  
314 previous studies in the field have focused either on physicochemical design [28] or on  
315 demonstrating improved biodistribution profiles in preclinical models [9,11], without  
316 directly addressing the impact of altered PK on treatment efficacy over time.  
317 Importantly, most regimens for nanocarriers are still derived from conventional MTD-

318 based schedules initially developed for free drugs with rapid clearance and high  
319 systemic toxicity [25].

320 Mathematical modeling offers a powerful alternative to guide rational treatment design,  
321 but its application to nanocarrier systems, and especially polymer prodrugs, remains  
322 limited. Notably, prior PK/PD models in oncology have focused on free drugs [29–31]  
323 or liposomal formulations [13,32], often without validation beyond the PK profile. A  
324 recent modeling study involving gemcitabine and nab-Ptx proposed optimal schedules  
325 based on xenograft data [12], but did not prospectively validate these *in silico*  
326 predictions. To our knowledge, our study is the first to develop and prospectively  
327 validate a fully integrated PK/PD model for a nanocarrier-based chemotherapy,  
328 demonstrating its predictive power *in vivo* and its ability to inform new, more effective  
329 treatment strategies.

330 In addition, our work builds upon and extends earlier efforts in metronomic  
331 chemotherapy [7,26,33], and model-based optimization of anticancer regimens [8,34],  
332 by integrating mechanistic modeling with high-quality preclinical datasets and  
333 leveraging the flexibility and versatility of SC administration. Importantly, the SC route,  
334 despite its potential for improved patient comfort, cost reduction, and reduced hospital  
335 burden, has remained underexplored for vesicant chemotherapies like Ptx. The use of  
336 polymer prodrugs such as Ptx-PAAm enables this transition, and our model provides  
337 a rational framework to optimize SC regimens tailored to the altered kinetics and  
338 dynamics of such systems.

339

340 In this sense, our study makes several key contributions. It establishes a validated  
341 framework for using PK/PD modeling to design optimized schedules for polymer  
342 prodrugs, with clear experimental confirmation. The model integrates the complex  
343 kinetics of SC absorption, systemic release of free Ptx, and tumor growth inhibition,  
344 including the modeling of acquired resistance after the first administration, an aspect  
345 rarely addressed in preclinical PK/PD studies.

346 We also showed that the bioavailability and slower release kinetics of SC Ptx-PAAm  
347 allow for higher cumulative doses (up to 540 mg/kg eq. Ptx) without exceeding the  $C_{max}$   
348 of IV Ptx at 7 mg/kg [14], effectively shifting the therapeutic window. This has major  
349 implications for clinical translation, especially for drugs limited by their toxicity profiles

350 when given intravenously. On the pharmacodynamics side, our modeling approach  
351 revealed differential efficacy between the first and subsequent administrations. This  
352 identification of drug resistance was modeled by two different  $E_{max}$  values, with  
353  $E_{max1} > E_{max2}$ .

354 Therefore, we demonstrated that model-informed scheduling could substantially  
355 improve therapeutic outcomes. Simulation of PK profiles allowed the identification of  
356 safe dosing regimens of SC Ptx-PAAm, with higher cumulative dose. Among them,  
357 Group 7 even achieved near-complete tumor suppression and improved survival,  
358 without inducing weight loss or other observable signs of toxicity. This aligns with prior  
359 reports on the benefit of metronomic-like strategies [27,35], but also highlights the  
360 added value of a loading dose to overcome early resistance, a novel finding in the  
361 context of SC polymer prodrugs.

362 Lastly, our methodology can be viewed as a form of preclinical "digital twin", allowing  
363 the simulation and testing of numerous treatment strategies prior to animal  
364 experimentation. This contributes to the refinement and reduction of animal use, in line  
365 with the 3Rs principle [36,37], and represents a significant step toward the digitization  
366 of preclinical oncology.

367

368 Despite its strengths, this work has several limitations. First, the model was developed  
369 and validated in a single xenograft model (MCF-7), which, although well-established,  
370 does not reflect the full heterogeneity of breast cancers, nor of other tumor types. It  
371 also lacks immune components due to the use of immunodeficient mice. Future  
372 developments should test the generalizability of the model across tumor types and  
373 immunocompetent models [27].

374 Second, although we included resistance as a decrease in efficacy after the first  
375 administration, its mechanistic basis was not investigated. We hypothesize that after  
376 the first administration the most sensitive cells died more rapidly, leaving only room for  
377 the proliferation of resistant cells. Indeed, it has been recently shown in a 3D ovarian  
378 cancer *in vitro* model that there is a maximum concentration (i.e., single dose 25 nM  
379 Ptx *versus* four weekly doses 10 nM Ptx) that should not be exceeded in order to avoid  
380 the proliferation of resistant cells [35]. However, the detailed mechanistic basis of  
381 resistance was not investigated. Understanding whether this resistance arises from

382 pharmacological tolerance, tumor adaptation, or microenvironmental factors would  
383 help design even more robust strategies. Additionally, resistance mechanisms may  
384 differ in human tumors, limiting the extrapolation of the current findings.

385 Finally, the current model does not incorporate variability in tumor burden, drug  
386 exposure, or sensitivity across individuals, beyond random effects on model  
387 parameters. Incorporating patient-level covariates in future translational models could  
388 pave the way toward personalized scheduling strategies.

389

390 Nevertheless, our results provide a strong rationale for the use of model-driven  
391 strategies in the development of nanocarrier-based chemotherapies. A natural next  
392 step would be to extend this approach to other drugs, tumor types, and *in vivo* models.  
393 This would test the broader applicability of the digital twin framework and support its  
394 use in early-phase drug development pipelines.

395 Another perspective lies in coupling this modeling approach with toxicity prediction  
396 models or physiologically-based-PK models of organ toxicity. While it captured efficacy  
397 well, toxicity was not explicitly modeled beyond weight monitoring. Although no weight  
398 loss was observed, more sensitive markers (e.g., neurotoxicity) would allow a better  
399 characterization of the therapeutic window [38]. This would enable true efficacy-toxicity  
400 optimization and support rational design of phase I/II studies.

401 Furthermore, as SC administration becomes increasingly feasible for oncologic  
402 therapies [15,17], optimization of SC regimens may significantly improve the  
403 accessibility and convenience of cancer care. This aligns with broader trends in  
404 personalized medicine, where the scheduling, dosing, and route of administration are  
405 adapted to the individual patient and drug properties.

406 Finally, this work contributes to the growing interest in using digital twins for oncology,  
407 not only at the patient level, but also in preclinical development [39,40]. Such  
408 frameworks offer a new paradigm for reducing costs, accelerating timelines, and  
409 improving success rates of translational research in oncology.

410

411

## 412 CONCLUSION

413 In this work, we have developed a PK/PD model that covers a wide range of  
414 therapeutic regimens of a recently-developed subcutaneously-administered water-  
415 soluble polymer prodrug for cancer therapy, chosen as a nanocarrier drug delivery  
416 system proof-of-concept and, most importantly, that allows prediction of its *in vivo*  
417 performances and thus optimization of its anticancer efficacy. Among the different  
418 administration schedules, a loading dose of 180 mg/kg followed 48 h later by daily  
419 administration of 19 mg/kg for 19 days was found to be the most efficient one, with a  
420 complete response of 60% in breast cancer bearing mice.

421 To the best of our knowledge, this work represents the first example of experimental  
422 PK/PD model for nanocarrier drug delivery systems whose predictions of anticancer  
423 efficacy are validated *in vivo*. This approach could save a lot of time, reduce costs and,  
424 above all, considerably reduce animal experimentation by efficiently refining the  
425 administration scheme, which is of key importance in the context of the 3Rs principles  
426 (Replacement, Reduction and Refinement).

427 Importantly, this work provides strong evidence that this PK/PD model could be used  
428 as an accurate, forward-looking tool for predicting and optimizing the therapeutic  
429 efficacy of nanocarrier drug delivery systems administered via the SC route, which is  
430 receiving increasing attention in the field of nanomedicine.

## MATERIALS AND METHODS

### *Materials*

Azobisisobutyronitrile (98%, AIBN) was purchased from Sigma-Aldrich and recrystallized from ethanol. Acrylamide (> 99%, AAm) was purchased from Sigma-Aldrich and recrystallized from chloroform. Cyano-4-[(dodecylsulfanylthiocarbonyl)sulfanyl]pentanoic acid (97%, CDSPA), 1-(3-dimethylaminopropyl)-3-ethylcarbodiimide hydrochloride (> 97%, EDC.HCl) and 4-dimethylaminopyridine (98%, DMAP) were purchased from Sigma-Aldrich and used as received. Paclitaxel (Ptx) was purchased from Carbosynth. Deuterated DMSO (DMSO- $d_6$ ) was obtained from Eurisotop. Anhydrous dichloromethane (DCM) was purchased from Sigma-Aldrich.

### **Analytical methods**

#### *Nuclear magnetic resonance (NMR) spectroscopy*

NMR spectroscopy was performed in 5 mm diameter tubes in DMSO- $d_6$  at 25 °C.  $^1\text{H}$ -NMR spectroscopy was performed on a Bruker Avance 300 spectrometer at 300 MHz and on a Bruker Avance 400 at 400 MHz. The chemical shift scale was calibrated based on the internal solvent signals ( $\delta = 2.50$  ppm for DMSO- $d_6$ ).  $^{13}\text{C}$ -NMR spectroscopy was performed on a Bruker Avance 400 at 100 MHz. Data were processed with MestReNova 14.0.0 software.

#### *Size exclusion chromatography (SEC)*

SEC was performed at 60 °C using two columns in series from Agilent Technologies (PL PolarGel-M, 300 × 7.5 mm; bead diameter 8  $\mu\text{m}$ ; molar mass range 1 000–500 000  $\text{g}\cdot\text{mol}^{-1}$ ) preceded by a guard column from Agilent Technologies (PL PolarGel-M, 7.5 × 50 mm; bead diameter 8  $\mu\text{m}$ ) and a triple detection system (Viscotek TDA/GPCmax from Malvern) with a differential refractive index detector, low and right-angle light scattering detectors and a differential viscometer detector. The eluent was DMSO with 100 mM lithium bromide (LiBr) and 0.4 wt % of 2,6-di-*tert*-butyl-4-methylphenol (BHT) as a flowrate marker at a flow rate of 0.7  $\text{mL}\cdot\text{min}^{-1}$ . The system was calibrated using pullulan standards (peak molar masses,  $M_p = 180\text{--}1\,450\,000$

g.mol<sup>-1</sup>) from Agilent Technologies. This allowed the determination of the number-average molar mass ( $M_n$ ), the weight-average molar mass ( $M_w$ ) and the dispersity ( $\mathcal{D} = M_w/M_n$ ). All samples were filtered over 0.22  $\mu\text{m}$  Nylon filters prior to injection. Data was collected and processed with OmniSEC 4.0 software.

### *Mass spectrometry*

Mass spectra were recorded with a Bruker Esquire-LC instrument. High-resolution mass spectra (ESI) were recorded on an ESI/TOF (LCT, Waters) LC-spectrometer.

## **Synthesis procedures**

### *Synthesis of Ptx-CDSPA RAFT agent*

In a 25 mL round-bottom flask, CDSPA 1.17 mmol, 0.472 g), DMAP (1.46 mmol, 0.168 g) and EDC.HCl (1.46 mmol, 0.280 g) were dissolved in anhydrous dichloromethane (2.5 mL). The mixture was sonicated in an ultrasonic bath for 15 min. A solution of Ptx 1.17 mmol, 0.999 g) in DCM (2 mL) was added dropwise at 0 °C. The reaction mixture was stirred for another 22 h at room temperature. 30 mL ethyl acetate (EtOAc) was added into the flask and the reaction medium was then transferred into a separating funnel, from which the product was extracted by 2 x 30 mL NaHCO<sub>3</sub> aqueous solution. The organic phase was dried over MgSO<sub>4</sub>. The residue was purified by flash chromatography (SiO<sub>2</sub>, from DCM/EtOAc = 10/1 to DCM/EtOAc = 2/3, v/v). 0.667 g 0.538 mmol) of Ptx-CDSP was obtained as yellow powder. Yield = 46 %

<sup>1</sup>H NMR (400 MHz, DMSO):  $\delta$  (ppm): 8.86 (d, 1H), 7.99–7.86 (p, 4H), 7.73–7.34 (m, 10H), 7.21 (m, 1H), 6.28 (s, 1H), 6.12 (d, 1H), 5.89 (t, 1H), 5.40 (t, 2H), 4.88 (t, 2H), 4.67 (s, 1H), 4.58 (t, 1H), 4.14–3.97 (m, 3H), 3.61 (d, 1H), 2.22 (s, 3H), 2.10 (s, 3H), 1.78 (s, 3H), 1.50 (s, 3H), 1.01 (s, 6H).

<sup>13</sup>C NMR (75 MHz, CDCl<sub>3</sub>):  $\delta$  (ppm): 216.82, 203.72, 171.13, 170.67, 169.80, 167.88, 167.01, 142.58, 136.78, 133.64, 133.51, 132.92, 132.03, 130.22, 129.23, 129.16, 128.72, 128.58, 127.14, 126.52, 84.44, 81.09, 79.14, 76.42, 75.58, 75.14, 74.65, 72.10, 72.01, 58.53, 52.80, 46.28, 45.62, 43.18, 39.24, 37.13, 35.55, 33.62, 31.88, 29.59, 29.52, 29.39, 29.30, 29.04, 28.91, 27.65, 26.81, 24.80, 24.74, 22.71, 22.66, 22.09, 20.78, 14.79, 14.09, 9.60.

High-resolution mass spectrometry (ESI<sup>+</sup>):  $m/z = [M+H^+]$ . Calculation = 1238.4877, found = 1239.4950.

### *Synthesis of Ptx-PAAm*

Ptx-PAAm polymer prodrugs were synthesized by the “*drug initiated*” method from Ptx-CDSPA as a RAFT agent, as published elsewhere, with some modifications [41]. AIBN (0.0107 mmol, 1.75 mg), Ptx-CDSPA (0.0533 mmol, 66.1 mg), AAm (0.018 mol, 1.303 g) and DMSO (10 mL) were added in a 25 ml glass vial which was with argon balloon to bubble the solvent. After 20 minutes, the vial was immersed into a 70 °C-preheated oil bath. After 24 h stirring, the crude product was precipitated three times in cold methanol. Then the polymer was solubilized in deionized water and left in a 2 KDa Spectra/por 1 dialysis bag for dialysis for 3 days to remove unreacted monomers. The dialysis water was changed twice per day. Then the content of the dialysis bag was freeze-dried to give the Ptx-PAAm polymer prodrug as a white and spongy solid. The synthesis was repeated 19 times in a reproducible manner, to achieve a sufficient quantity for the efficacy study.  $M_{n,SEC}$  (pullulan std.) =  $23050 \pm 1530$  g/mol<sup>-1</sup>,  $D$  =  $1.15 \pm 0.05$ , total mass = 21.1 g (n = 19).

### ***Data for model development***

All data used to build the model come from previously published work, resulting from *in vivo* comparative studies between SC Ptx-PAAm (labelled P3e for Ptx-*ester-4-cyano-4-[(dodecylsulfanylthiocarbonyl)sulfanyl]pentanoic acid*) and IV Ptx (i.e., Taxol) [41]. PK and efficacy studies were conducted according to the European rules (86/609/EEC and 2010/ 63/EU) and the Principles of Laboratory Animal Care and legislation in force in France (Decree No. 2013-118 as of February 1, 2013) and obtained experimental approval from the Ethical Committee C2EA-26 (Comité d'éthique en expérimentation animale de l'IRCIV, Authorization number APAFIS#7756) and the Institutional Animal Care and Use Committee of Oncodesign (Oncomet) approved by French authorities (CNREEA agreement N° 91), respectively. Briefly, for the PK study, two treatment groups of IV Ptx and SC Ptx-PAAm at 7mg/kg eq. Ptx were administered to 72 seven-week-old female BALB/c OlaHsd mice (~22 g; Envigo, France) and blood was collected at 0.25, 0.5, 1, 2, 4, 7, 24, 48, and 72 h and analyzed by LC-MS/MS. PK values below the limit of quantification (0,005 µg/mL) were

considered as censored observations. For the efficacy study, 52 six- to eight-week-old female BALB/c nude mice were inoculated with  $10 \times 10^6$  MCF-7 cells. Q7Dx3 treatment began 17 days after inoculation and was administered as follows: (i) SC PAAm at 1520 mg/kg (negative control); (ii) SC Ptx-PAAm at 15 mg/kg (eq. Ptx); (iii) SC Ptx-PAAm at 60 mg/kg (eq. Ptx); and (iv) IV Ptx at 15 mg/kg. Tumor volume was measured twice weekly with a caliper and estimated using the following formula:  $\text{volume} = (\text{length} \times \text{width}^2)/2$ .

### ***Pharmacokinetic modeling***

A PK model including administration as IV Ptx or SC Ptx-PAAm at 7 mg/kg eq. Ptx was developed using the nonlinear mixed-effects modeling statistical framework [42].

One-, two-, and three-compartment models with linear or mixed elimination were tested for Ptx-PAAm [29–31]. The absorption phase was modeled using first-order absorption rates with or without a lag time. All equations are given in Table S3. For all models, we set the time of administration  $t_0 = 0$  and the amount of Ptx in the main compartment  $A_0 = 0$ . A proportional error best described the data. Because the *in vivo* data came from a non-longitudinal study (i.e., animals were sacrificed at each time point), we could not distinguish the intra-individual error from the residual error. Therefore, the standard deviation of the proportional error model was manually tested and set to 10%. Apparent bioavailability of SC Ptx-PAAm ( $F_t$ ) was first implemented in the model as a free parameter following a logit normal distribution and subsequently fixed to its estimated value (36%).

### ***Pharmacodynamic modeling***

Multiple pharmacodynamic models were tested against the data for the following processes (see Table S3):

- (i) Untreated tumor growth for which several models were tested and calibrated with the negative control data (i.e., PAAm 60 mg/kg eq.): Exponential, Power Law, Logistic, Gompertz and Reduced Gompertz models [20]. For all models, the number of tumor cells inoculated at time  $t_0 = 0$  was  $10^7$ . Therefore we fixed

the initial volume  $TV_0 = 10 \text{ mm}^3$  in the whole dataset [43]. We set  $t_0$  and  $TV_0$  as initial conditions of the equations.

- (ii) Effect of Ptx on cancer cells for which several models were simultaneously tested and calibrated using PD data (i.e., PAAm 60 mg/kg eq. acting as control , IV Ptx 15 mg/kg and SC Ptx-PAAm 15 mg/kg eq. Ptx): Simeoni, Norton Simon, Log Kill and threshold killing models.
- (iii) Resistance to Ptx.

The error model was described using the Combined 2 function from Monolix® software [44], where  $y = f + \sqrt{a^2 + b^2(f^c)^2}\varepsilon$ . The function  $g$  is a combination of a constant term and a term proportional to the structural model ( $g = bf^c$ ), and the additional parameters are  $\xi=(a,b)$  and  $c$  is fixed at 1.

### **Mixed-effects statistical modeling**

Denoting by  $M$  a (PK or PD) structural model, longitudinal observations  $y_j^i$  at time  $t_j^i$  in animal  $i$  with parameters  $\theta^i$  were assumed to follow the observation model:

$$y_j^i = M(t_j^i; \theta^i) + \varepsilon_j^i,$$

where  $\varepsilon_j^i \sim \mathcal{N}(0, \sigma_j^i)$  is a Gaussian-distributed error model. Its structure was tested between additive ( $\sigma_j^i = a, \forall i, j$ ), proportional ( $\sigma_j^i = bM(t_j^i)$ ) and combined ( $\sigma_j^i = a + bM(t_j^i)$ ). To describe inter-animal variability, some individual parameters  $\theta^i$  were assumed to follow log-normal distributions:

$$\ln(\theta^i) = \ln(\theta_{pop}) + \eta^i, \quad \eta^i \sim \mathcal{N}(0, \omega^2)$$

with population-level parameters  $\theta_{pop}$  and  $\omega$ . The other individual parameters were assumed constant in the population (no random effects, see Table S1). Estimation of these was performed using the stochastic approximation of expectation maximization algorithm implemented in the Monolix software [44,45].

### **PK/PD model validation**

Model selection was based on goodness-of-fit numerical criteria such as values of the OFV (i.e., -2 log likelihood) for nested models or, alternatively, the Akaike information

criteria (AIC), alternatively. Graphical criteria such as Visual Predictive Checks (VPC), individual fits and observations *versus* population or individual predictions were also used. In addition, parametric identifiability was assessed using relative standard errors (RSE) computed from the Fisher information matrix by the Monolix® software [44]. RSEs were considered acceptable if under 30% or 50% for  $\theta_{pop}$  (fixed effects) and  $\omega$  (random effects), respectively. Robustness of the convergence was assessed using sensitivity test on all initial parameters of the model.

The PK/PD model was calibrated using the PAAm acting as control (60 mg/kg eq.), IV Ptx (15 mg/kg) and SC Ptx-PAAm (15 mg/kg eq. Ptx) treatment groups (i.e., training data set). It was then evaluated for its ability to predict the SC Ptx-PAAm 60 mg/kg (eq. Ptx) group (i.e., test data set).

### ***In silico scheduling exploration***

Both training and test data sets were implemented on the final PK/PD model for scheduling exploration. Multiple dosing regimens were explored using the Simulx software [22]. Concentrations and tumor growth were simulated in 10 animals weighing 22 grams each. The simulated treatment regimens are described in Table 1. Briefly, different total dose regimens were simulated for SC Ptx-PAAm (180 mg/kg, 300 mg/kg and 540 mg/kg Ptx eq.), administered once, weekly, or daily, for 21 days, starting 17 days after tumor inoculation. In addition, we tested the effect of a loading dose of 60 mg/kg Ptx or 180 mg/kg Ptx eq., (previously determined as the MTD [41]), followed by a 48 hour washout period prior to daily administrations. Simulations were performed for 54 days.

### ***In vivo scheduling validation***

All the above simulated treatment groups (Table 1) were further tested *in vivo*.

### ***Ethical Protocol***

Animal housing and experimental procedures were conducted according to the French and European Regulations and the National Research Council Guide for the Care and Use of Laboratory Animals. The animal facility was authorized by the French authorities (Dijon: Agreement N° C 21 231 011 EA). All animal procedures (including surgery, anesthesia and euthanasia as applicable) used in the current study

(230454/ACT1 MCF-7 SC/Ethical protocol: 2022-03 ONCO SC) were validated by the Institutional Animal Care and Use Committee of Oncodesign Services (Oncomet) approved by French authorities [CNREEA agreement N° 91 (Oncodesign Services)].

### ***Efficacy study***

The study was performed on 70 Balb/c Nude mice of 6-8 weeks at reception.  $10^7$  human breast cancer cells in 200  $\mu$ L of RPMI 1640 medium (i.e., MCF-7) were inoculated into the right flank of the mice, 24-72H after a whole-body irradiation with a gamma-source (2 Gy (Nude mice),  $^{60}\text{Co}$ , BioMep, France). 17 days after tumor inoculation, the mice were randomly divided into seven treatment groups of ten mice each, all receiving SC Ptx-PAAm (Table 1). Tumor volume measurements were performed twice a week, using caliper and the following formula:  $Volume = \frac{(length \cdot width^2)}{2}$  and compared for treatment efficacy on Day 52, using analysis of variance (ANOVA) with multiple comparison (Tukey's test). Animal well-being was checked daily, and when Humane Endpoint was reached, mice were euthanized by overdose of gas anesthesia (isoflurane) followed by cervical dislocation.

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## **AUTHOR CONTRIBUTIONS**

J.N conceived the project and obtained funding. S.B and J.N designed the study. A.R, R.L and S.M carried out the simulations. J.C. synthesized the polymer prodrugs. J.N, S.B, A.R, R.L and S.M contributed to the interpretation of the results. A.R took the lead in writing the paper with close supervision from S.B and J.N and input from all the authors.

## **COMPETING INTEREST**

The authors declare no competing interest.

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## SUPPLEMENTARY DATA

**Equation S1.** PK/PD Model.  $C$  = free concentration of paclitaxel ( $\mu\text{g/mL}$ ),  $A$  = amount of Ptx ( $\mu\text{g}$ ),  $V$  = volume of distribution (mL),  $k_b$  = absorption rate constant,  $k_{xy}$  = distribution rate constant from compartment  $x$  to compartment  $y$  and  $k_e$  = elimination rate.  $TV$  = tumor volume ( $\text{mm}^3$ ),  $G(TV)$  = growth term (reduced Gompertz),  $\gamma$  = population-level reduced-Gompertz parameter [20],  $TV_0$  = initial tumor volume,  $\beta$  = individual Gompertz parameter of exponential decrease of the specific growth rate (day<sup>-1</sup>),  $E$  = Ptx potency, limited to a sigmoid maximal effect (i.e.,  $E_{max}$ ), larger at the first administration (i.e.,  $E_{max1}$ ) and  $k_{tran}$  = first-order rate constant of transit between damaged cells compartments  $TV_i$ .

$$\frac{dA_{ab}}{dt} = -k_b \cdot A_{ab}$$

$$\frac{dA_1}{dt} = k_b \cdot A_{ab} - k_e \cdot A_1 - k_{12} \cdot A_1 + k_{21} \cdot A_2$$

$$\frac{dA_2}{dt} = k_{12} \cdot A_1 - k_{21} \cdot A_2$$

$$C = \frac{A_1}{V}$$

Pharmacokinetics

$$G(TV) = (\beta \cdot \gamma) - \beta \cdot \log\left(\frac{TV}{TV_0}\right) \cdot TV$$

$$\frac{dTV}{dt} = G(TV) - E(C) \cdot TV$$

$$\frac{dTV_1}{dt} = E \cdot TV - k_{tran} \cdot TV_1$$

$$\frac{dTV_2}{dt} = k_{tran} \cdot (TV_1 - TV_2)$$

$$\frac{dTV_3}{dt} = k_{tran} \cdot (TV_2 - TV_3)$$

$$TV = TV + TV_1 + TV_2 + TV_3$$

Pharmacodynamics

If treatment cure = 1:

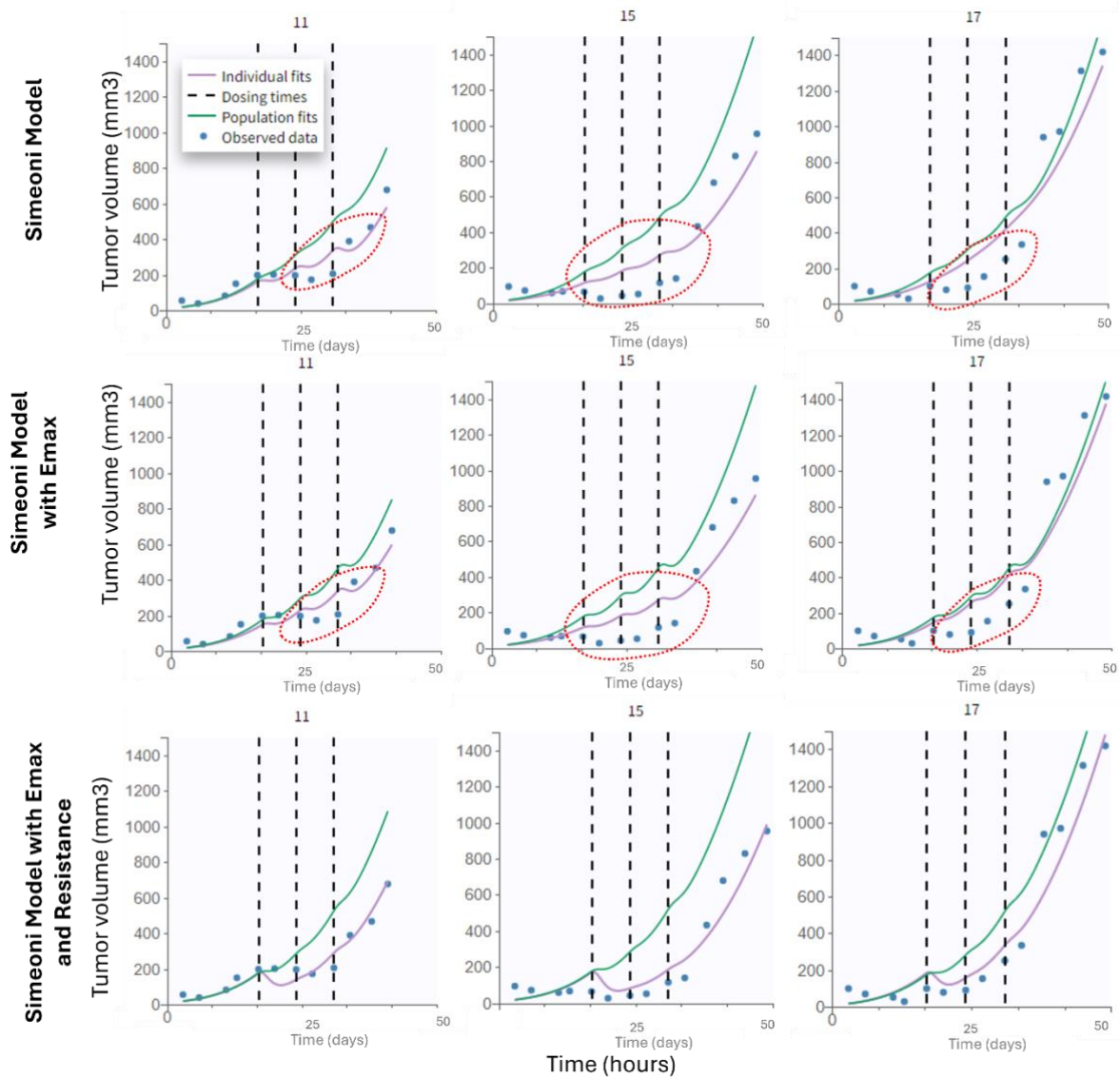
$$E(C) = \frac{(E_{max1} \cdot C)}{(EC50 + C)}$$

Else:

$$E(C) = \frac{(E_{max2} \cdot C)}{(EC50 + C)}$$

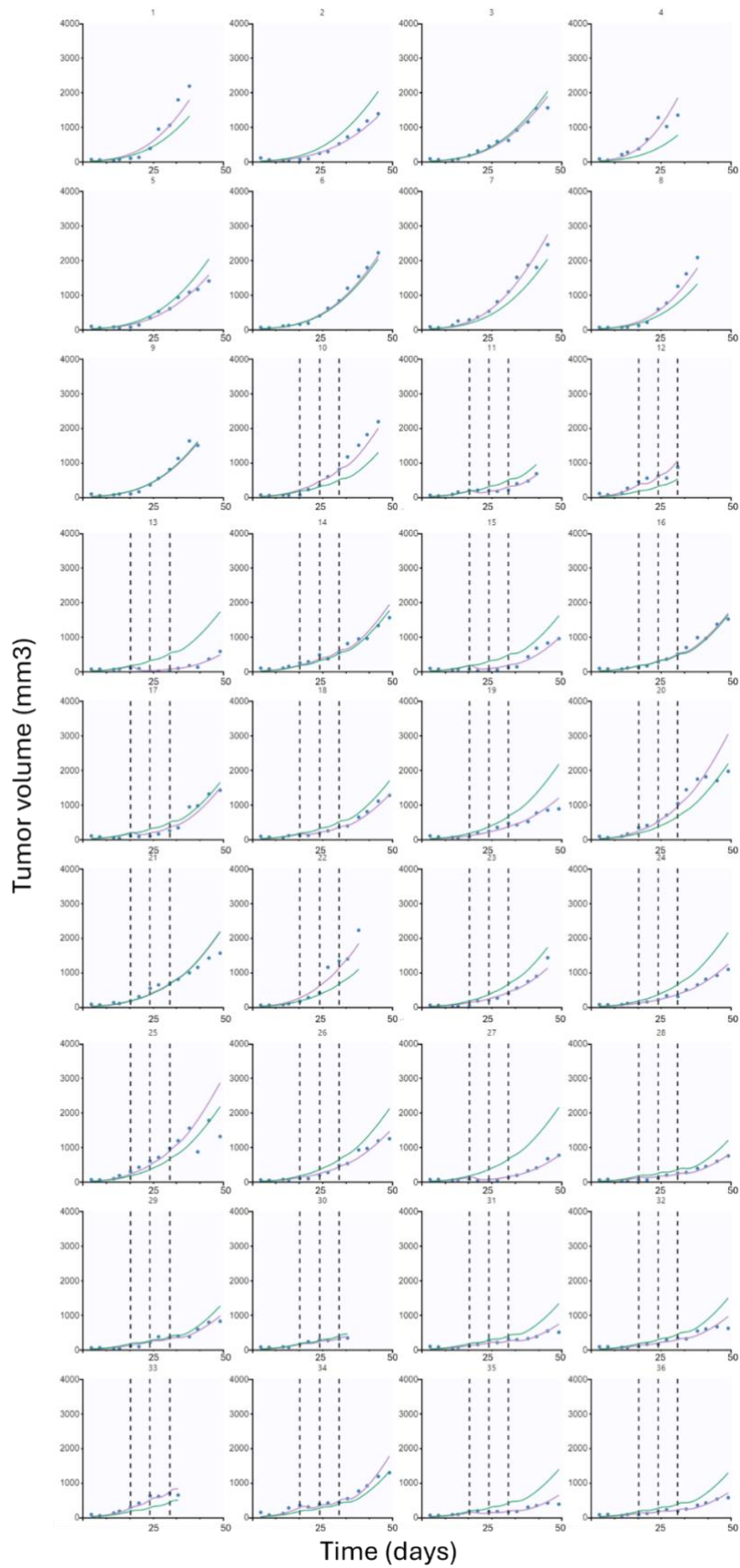
**Table S1.** Final PK and PD parameter estimates for IV Ptx and SC Ptx-PAAm implementing the PD training data set only (i.e., SC PAAm acting 60 mg/kg eq. as control, IV Ptx 15 mg/kg and SC Ptx-PAAm 15 mg/kg). RSE (Relative standard error) is a measure of the precision of the parameter estimates, expressed as coefficient of variation (CV%);  $\Omega$  is the standard deviation estimated to describe inter-animal variability using Monolix® software.

PARAMETER	ESTIMATE	RSE %
<b>FIXED EFFECT</b>		
<b>V1 (mL)</b>	10.73	5.82
<b>K<sub>12</sub> (h<sup>-1</sup>)</b>	0.65	12.8
<b>K<sub>21</sub> (h<sup>-1</sup>)</b>	0.51	0.0852
<b>K<sub>e</sub> (h<sup>-1</sup>)</b>	2.76	0.134
<b>K<sub>b</sub> (h<sup>-1</sup>)</b>	0.047	13.5
<b><math>\gamma</math></b>	7.17	5.25
<b><math>\beta</math> (h<sup>-1</sup>)</b>	0.0013	10.3
<b>Ktran (h<sup>-1</sup>)</b>	0.05	0.681
<b><math>E_{max1}</math> (h<sup>-1</sup>)</b>	6.85	59.9
<b><math>E_{max2}</math> (h<sup>-1</sup>)</b>	2.51	0.753
<b>EC50 (<math>\mu\text{g/mL}</math>)</b>	156.1	1.22
<b>STANDARD DEVIATION OF THE RANDOM EFFECT</b>		
<b><math>\Omega V1</math></b>	0.26	19.4
<b><math>\Omega K_{12}</math></b>	0.21	37
<b><math>\Omega K_b</math></b>	0.57	19.9
<b><math>\Omega \beta</math></b>	0.14	24.5
<b><math>\Omega E_{max1}</math></b>	1.54	41.3



**Figure S1.** Representation of Individual curves of IV Ptx group for three individuals chosen randomly for Simeoni Model (top row), Simeoni with  $E_{max}$  Model (middle row) and Simeoni with  $E_{max}$  and resistance Model (bottom row) models. Misspecifications were circled in red. Purple and green lines represent individual and population fits, respectively. Dotted black lines represent the dosing time of Ptx treatments and observations are represented with blue dots.





**Figure S2.** Representation of Individual fit with the final Model of PAAm 60 mg/kg eq. control group (Individual 1-9), IV Ptx group (Individual 10-18), SC Ptx-PAAm 15 mg/kg group (Individual 19-27) and SC Ptx-PAAm 60 mg/kg group (Individual 28-36). Purple and green lines represent individual and

population fits, respectively. Dotted black lines represent the dosing time of Ptx treatments and observations are represented with blue dots.

**Table S2.** Final PK and PD parameter estimates for IV Ptx and SC Ptx-PAAm implementing all available data (i.e., SC PAAm acting 60 mg/kg eq. as control, IV Ptx 15 mg/kg, SC Ptx-PAAm 15 mg/kg and SC Ptx-PAAm 60 mg/kg). RSE (Relative standard error) is a measure of the precision of the parameter estimates, expressed as coefficient of variation (CV%);  $\Omega$  is the standard deviation estimated to describe inter-animal variability using Monolix® software.

PARAMETER (UNITS)	ESTIMATE	RSE %
<b>FIXED EFFECT</b>		
<b>V1 (mL)</b>	10.73	5.82
<b>K<sub>12</sub> (h<sup>-1</sup>)</b>	0.65	12.8
<b>K<sub>21</sub> (h<sup>-1</sup>)</b>	0.51	0.0852
<b>K<sub>e</sub> (h<sup>-1</sup>)</b>	2.76	0.134
<b>K<sub>b</sub> (h<sup>-1</sup>)</b>	0.047	13.5
<b><math>\gamma</math></b>	7.17	5.25
<b><math>\beta</math> (h<sup>-1</sup>)</b>	0.0013	10.3
<b>Ktran (h<sup>-1</sup>)</b>	0.05	0.402
<b>E<sub>max1</sub> (h<sup>-1</sup>)</b>	15.48	40.1
<b>E<sub>max2</sub> (h<sup>-1</sup>)</b>	13.8	3.51
<b>EC50 (<math>\mu\text{g/mL}</math>)</b>	462.7	1.16
<b>STANDARD DEVIATION OF THE RANDOM EFFECT</b>		
<b><math>\Omega\text{V1}</math></b>	0.26	19.4
<b><math>\Omega\text{K}_{12}</math></b>	0.21	37
<b><math>\Omega\text{K}_b</math></b>	0.57	19.9
<b><math>\Omega\text{K}_\beta</math></b>	0.14	24.5

**Table S3.** Summary of all the PK and PD models tested. PK = Pharmacokinetics, D = dose ( $\mu\text{g/mL}$ ),  $A_i$  = amount of drug in compartment i ( $\mu\text{g}$ ), C = free concentration of Ptx in the central compartment ( $\mu\text{g/mL}$ ) =  $A_i / V$ , V = volume of distribution (mL),  $V_m$  = maximum elimination rate (mL/h),  $k_m$  = Michaelis-Menten constant ( $\mu\text{g}$ ),  $k_{ij}$  = distribution rate constant from compartment i to compartment j (1/h),  $k_e$  = elimination rate constant (1/h),  $k_a$  = absorption rate constant (1/h),  $T_{lag}$  = lag time (h), TV = tumor volume ( $\text{mm}^3$ ),  $TV_0$  = initial tumor volume (i.e.,  $10 \text{ mm}^3$ , because 10 millions of cells were first inoculated), t = time (h), RE = random effect, G = growth term (= one untreated tumor growth model), ive = initial value of the estimates before identification.

Model Name	Model purpose	Equation	Comments	Ref
IV - One compartment model - linear elimination	PK	$\frac{dA_1}{dt} = -k_e \cdot A_1$	$t_0 = 0$ $A_{1-0} = \frac{D}{V}$	[46]
IV - Two compartment model - linear elimination	PK	$\frac{dA_1}{dt} = -k_e \cdot A_1 - k_{12} \cdot A_1 + k_{21} \cdot A_2$ $\frac{dA_2}{dt} = k_{12} \cdot A_1 - k_{21} \cdot A_2$	$t_0 = 0$ $A_{1-0} = \frac{D}{V}$ $A_{2-0} = 0$	[46]
IV - Three compartment model - linear elimination	PK	$\frac{dA_1}{dt} = -k_e \cdot A_1 - k_{12} \cdot A_1 + k_{21} \cdot A_2 - k_{13} \cdot A_1 + k_{31} \cdot A_3$ $\frac{dA_2}{dt} = k_{12} \cdot A_1 - k_{21} \cdot A_2$ $\frac{dA_3}{dt} = k_{13} \cdot A_1 - k_{31} \cdot A_3$	$t_0 = 0$ $A_{1-0} = \frac{D}{V}$ $A_{2-0} = 0$ $A_{3-0} = 0$	[46]
IV - Two compartment model - nonlinear elimination	PK	$\frac{dA_1}{dt} = -\frac{V_m}{K_m + A_1} \cdot A_1 - k_{12} \cdot A_1 + k_{21} \cdot A_2$ $\frac{dA_2}{dt} = k_{12} \cdot A_1 - k_{21} \cdot A_2$	$t_0 = 0$ $A_{1-0} = \frac{D}{V}$ $A_{2-0} = 0$	[46]
Two compartment model - linear - elimination - lag time	PK	$\frac{dA_1}{dt}(t) = -k_e \cdot A_1(t - T_{lag}) - k_{12} \cdot A_1(t - T_{lag}) + k_{21} \cdot A_2(t)$ $\frac{dA_2}{dt}(t) = k_{12} \cdot A_1(t) - k_{21} \cdot A_2(t)$	$t_0 = 0$ $A_1(t < 0) = 0$ $A_{1-0} = \frac{D}{V}$ $A_{2-0} = 0$	[46]
SC - Two compartment	PK	$\frac{dA_a}{dt} = -k_a \cdot A_a$	$t_0 = 0$ $A_{a-0} = 0$ $A_{1-0} = 0$	[46]

<b>nt model - linear elimination</b>		$\frac{dA_1}{dt} = k_a \cdot A_a - k_e \cdot A_1 - k_{12} \cdot A_1 + k_{21} \cdot A_2$ $\frac{dA_2}{dt} = k_{12} \cdot A_1 - k_{21} \cdot A_2$	$A_{2_0} = 0$	
<b>Exponential</b>	Untreated tumor growth	$\frac{dTV}{dt} = \lambda \cdot TV$	$TV_0 = 10$	[47]
<b>Power Law</b>	Untreated tumor growth	$\frac{dTV}{dt} = \alpha \cdot TV^\gamma$	$TV_0 = 10$	[48]
<b>Logistic</b>	Untreated tumor growth	$\frac{dTV}{dt} = \lambda \cdot TV \cdot \left(1 - \frac{TV}{TV_{max}}\right)$	$TV_0 = 10$	[49]
<b>Gompertz</b>	Untreated tumor growth	$\frac{dTV}{dt} = \alpha \cdot \exp(-\beta \cdot t) \cdot TV$	$TV_0 = 10$	[50]
<b>Reduced Gompertz</b>	Untreated tumor growth	$\frac{dTV}{dt} = (\beta \cdot \gamma) - \beta \cdot \log\left(\frac{TV}{TV_0}\right) \cdot TV$	$TV_0 = 10$	[20]
<b>Simeoni</b>	Drug effect	$\frac{dTV_1}{dt} = G - k_{tran} \cdot C \cdot TV_1$ $\frac{dTV_2}{dt} = k_{tran} \cdot C \cdot TV_1 - k_{tran} \cdot TV_2$ $\frac{dTV_3}{dt} = k_{tran} \cdot (TV_2 - TV_3)$ $\frac{dTV_4}{dt} = k_{tran} \cdot (TV_3 - TV_4)$	$TV = TV_1 + TV_2 + TV_3 + TV_4$ $TV_0 = 10$ $TV_{1_0} = 0$ $TV_{2_0} = 0$ $TV_{3_0} = 0$	[19]
<b>Norton Simon</b>	Drug effect	$\frac{dTV}{dt} = G - (e \cdot C \cdot e^{(-\beta \cdot \gamma \cdot t)} TV)$	$TV_0 = 10$	[51]
<b>Log Kill</b>	Drug effect	$\frac{dTV}{dt} = G - e \cdot C \cdot TV$	$TV_0 = 10$	[52]
<b>Threshold killing</b>	Drug effect	if $C < C_{min}$ : $\frac{dTV}{dt} = G$ else: $\frac{dTV}{dt} = G - (e \cdot (C - C_{min}) \cdot TV)$	$TV_0 = 10$	[34]