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### 3D Feasibility of 2D RNA-RNA Interaction Paths by stepwise Folding Simulations

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#### Running Title: Stepwise simulation of RNA-RNA interaction paths

#### ABSTRACT

The structure of an RNA, and even more so its interactions with other RNAs, provide valuable information about its function. Secondary structure-based tools for RNA-RNA interaction prediction provide a quick way to identify possible interaction targets and structures. However, these tools ignore the effect of steric hindrance on the tertiary (3D) structure level, and do not consider whether a suitable folding pathway exists to form the interaction. As a consequence, these tools often predict interactions that are unrealistically long and could be formed (in three dimensions) only by going through highly entangled intermediates. Here, we present a computational pipeline to assess whether a proposed secondary (2D) structure interaction is sterically feasible and reachable along a plausible folding pathway. To this end we simulate the folding of a series of 3D structures along a given 2D folding path. To avoid the complexity of large scale atomic resolution simulations, our pipeline uses coarse-grained 3D modeling and breaks up the folding path into small steps, each corresponding to the extension of the interaction by one or two base pairs. We apply our pipeline to analyse RNA-RNA interaction

formation for three selected RNA-RNA complexes. We find that kissing hairpins, in contrast to interactions in the exterior loop, are difficult to extend and tend to get stuck at an interaction length of six base pairs. Our tool including source code, documentation, and sample data is available at [www.github.com/irenekb/RRI-3D](http://www.github.com/irenekb/RRI-3D).

**KEYWORDS:** RNA-RNA interaction, folding pathways, steric feasibility, coarse-grained folding simulation

## INTRODUCTION

A large part of the transcripts in organisms are non-coding RNAs (ncRNAs). They perform diverse functions as regulatory elements for essential cellular processes in all domains of life (Shabalina and Koonin, 2008; Waters and Storz, 2009). These RNA functions crucially depend on their structure as well as their interaction with other RNAs. Experimental studies of kinetics and folding pathways for RNA-RNA interactions are challenging and time consuming. Therefore, computational tools that model the formation of RNA-RNA interactions offer an appealing alternative for studying these interactions.

In many cases, the level of secondary (2D) structure is sufficient to understand the function of an RNA. Computationally efficient tools for predicting reasonably accurate RNA 2D structures, such as available in the ViennaRNA Package (Lorenz et al., 2011), are widely used. Further there are extensions to predict RNA-RNA interactions like RNAup (Mückstein et al., 2006), RNACofold (Bernhart et al., 2006), pairfold (Andronescu et al., 2005), NUPACK (Fornace et al., 2020), AccessFold (DiChiacchio et al., 2015) or IntaRNA (Mann et al., 2017). These prediction tools silently assume that any 2D structure can also be realized in three dimensions (3D). While uncritical for non-crossing single molecule structures, this assumption is no longer valid for RNA-RNA interactions. Consequently, 2D interaction prediction tools tend to “over-predict” interactions, disregarding that long interactions are often sterically infeasible. Even worse, they are often kinetically inaccessible, since the pathway towards the full interaction will be obstructed by steric effects. This lack of steric and kinetic considerations compromises the accuracy of conventional tools.

RNA 3D structure prediction remains a challenging and computationally demanding problem. However, available tools are well able to model smaller structural changes and to test whether 2D RNA-RNA interactions structure motifs are sterically feasible in 3D. We therefore designed a pipeline based on 3D prediction tools that breaks up the simulation into small steps to

shorten the simulation time. In the stepwise extension setup the required conformational change is small, making computations more efficient and less sensitive to limitations of 3D modeling tools. The approach mimics the formation pathway of RNA-RNA interactions and therefore tests whether the final state as well as intermediaries are sterically feasible, thus assuring that the final state is kinetically reachable. If the extension process stops due to steric hindrance, we can identify how long interactions can be formed (which is often shorter than predicted by 2D tools). Applying the pipeline to several interaction examples leads to insights into the types of feasible interaction structures, which in turn can be incorporated as constraints in 2D structure prediction methods or used as a post processing filter. Ideally, this will facilitate efficient larger scale screens on a 2D level, without sacrificing steric feasibility. In addition, the developed pipeline with all its features allows to investigate specific interactions and different scenarios of interaction formation in depth.

Concretely, we selected three known RNA-RNA interaction systems, where at least some experimental data is available, for further study: CopA–CopT, a well-studied antisense interaction (Kolb, Engdahl, et al.,2000; Kolb, Malmgren, et al., 2000); the HIV-1 dimerization initiation site (DIS) (Ennifar and Dumas,2006), for which a 3D structure is available; and the DsrA–*rpoS* small RNA – mRNA interaction (Wu et al., 2017).

- **CopA–CopT.** CopA is an antisense RNA that binds to its target CopT, which is part of the leader region of the *repA* mRNA, for plasmid replication control. The CopA–CopT interaction indirectly regulates the plasmid R1 replication by inhibition of the *RepA* translation. The CopA and CopT fragments used for our simulations and their initial binding at their complementary hairpins is shown in Fig. 1A. On the CopT side, the hairpin contains a YUNR motif that induces a U-turn structure that promotes the initial binding (Franch et al., 1999). This system consists of two almost perfectly complementary chains (supplemental Fig. S1). While 2D prediction tools, without hesitation, predict the full length duplex as thermodynamically most stable state, it is not at all obvious (see Kolb, Malmgren, et al., 2000) that this state is well accessible starting from an initial (kissing hairpin) seed contact of the RNAs.
- **HIV-1 DIS.** The HIV-1 dimerization initialization site is a strongly conserved feature in the 5'-untranslated region of the viral genome. Here, a slightly different experimental setup was used, since X-ray 3D structures are available. The 1ZCI (subtype F of the HIV-1 DIS) PDB structure shows a homodimer with each chain forming a 7 base pair helix enclosing a 9 nucleotides (nts) hairpin (Fig. 1D). The two hairpins interact to form a 6 base pair intermolecular helix. Even though the monomers are not perfectly self-complementary, 2D interaction prediction tools will predict an extended interaction, interrupted by two 2x1 interior loops, spanning the full length of the 23 nt fragment. For our simulation we chose

the 1ZCI structure as the starting point and tested whether a refolding into the extended interaction is possible

- **DsrA–*rpoS*.** As a more complex example we model the DsrA (downstream of *rcsA*) - *rpoS* interaction. DsrA is an Hfq-dependent small regulatory RNA in *Escherichia coli*. One of its targets is the *rpoS* mRNA, whose translation is upregulated upon interaction with DsrA. Different structures have been proposed for DsrA, but all include stable stem loop structures SL1 and SL3 at the 5' and 3' end. For the linker region (LR) and stem loop SL2, we consider 3 different structures corresponding to Fold-A and Fold-B from Wu et al. (2017) (Fig. 1 B), as well as the consensus structure from Rfam (Kalvari et al., 2020) (Fig. 1C). The ViennaRNA package (Lorenz et al., 2011) predicts the Rfam structure as minimum free energy (MFE), followed by Fold-B as a near optimal alternative structure. Since Wu et al. (2017) suggest that DsrA needs to refold from Fold-A to Fold-B in order to interact with *rpoS*, we use this model to analyse how interaction formation depends on starting structure and start site. To simplify the model and since little is known about the structure of *rpoS*, we model it as a 41 nts unstructured RNA.

**3D modeling tools.** Our approach is characterized by the use of **coarse-grained 3D prediction and stepwise 3D simulation**. To enable the three-dimensional embedding of 2D interaction paths in reasonable computation time, we make use of two (comparatively fast) 3D modeling tools. One of them, *Ernwin* (Kerpedjiev, Siederdisen, et al., 2015) is used to derive initial 3D structure sketches, while the other, *SimRNA* (Boniecki et al., 2015), is used to refine 3D structures, and simulate folding paths. Crucial for the feasibility of our entire approach, both of these tools feature structure abstraction and coarse graining (at different levels). Furthermore, we perform folding simulations only in iteration-limited steps to explore local structural neighborhoods. This keeps execution times low while improving control and reducing dependence on the exact details of *SimRNA*'s coarse-grained simulation.

*Ernwin* generates three-dimensional structures for a given secondary structure, applying a fragment assembly strategy on the level of loops and helices. It thus achieves very fast sampling, making it well suited to quickly sample candidate 3D structures in our approach.

*SimRNA* combines a knowledge based potential with Monte-Carlo simulation to sample slightly coarse-grained structures. In contrast to *Ernwin* it can predict completely novel structures,

since it is not restricted to a fragment library. Both tools allow translating their coarse-grained models back to atomic resolution. In the case of the `Ernwin` model these back-translated models often contain local gaps and clashes that can be improved by a refinement step using `SimRNA`. `SimRNA` does not require a fixed secondary structure as input, however — essential for our stepwise approach — one can add (soft) constraints that steer the simulation towards a secondary structure. In particular we use these soft constraints to specify the desired interaction base pairs. Soft constraints are implemented as an energy penalty in `SimRNA`, making all conformations that violate the constraint less likely. If a desired 2D structure is sterically impossible, `SimRNA` should not be able to fulfill the constraints. Thus, failure to fulfill the constraints is at least an indicator that a desired 2D structure cannot be embedded in 3D

## RESULTS

### Pipeline

Our pipeline starts from a given path for RNA-RNA interaction formation in 2D. Such a path is a sequence of secondary structures, starting with an initial interaction, where each structure introduces a small step towards a target interaction (see e.g. supplemental Fig. S1). Then, it systematically attempts to find possible three-dimensional explanations of the given path. Recall that not all 2D paths are expected to have (energetically and kinetically favorable) 3D support, such that the pipeline essentially tests 2D hypotheses. Operationally, the pipeline breaks up the computation into steps, each corresponding one steps of the 2D pathway. This avoids performing simulation of large structural changes which are computational expensive and unreliable. We describe the general working mechanism along with various options that allow the pipeline to cover diverse concrete application scenarios. To define the 2D path, one can either specify every 2D structure explicitly or let the path be generated systematically by extending an initial interaction towards its maximal bulge-free extensions or towards a given target structure; the latter possibly including bulges. The automatic extension can follow different schemes, alternatingly adding base pairs to the left

and right or simultaneously adding a base pair to the left and the right of the interaction. To allow opening and refolding of the intramolecular structure, automatic path generation can moreover keep a spacer around the growing interaction site free from intramolecular base pair constraints. The structures along the 2D pathways are later used as soft constraints in the *SimRNA* simulations.

As shown in Fig. 2 our pipeline is divided into the generation of a start structure **(s1)-(s4)** and the stepwise extension of the interaction site **(e1)-(e3)**:

### 1. Generation of a start structure

If a 3D start structure is provided (in PDB format), this step is omitted. Otherwise, 3D start structures are generated based on the sequence and an initial secondary structure.

**(s1)** A pool of coarse-grained start conformations is modelled using *Ernwin*.

**(s2)** The sampled conformations are clustered into  $n_{\text{cluster}}$  clusters based on their *Ernwin* fragments used. From each cluster a representative is selected as the structure with best energy.

**(s3)** For each of the  $n_{\text{cluster}}$  representatives  $n_{\text{run}}$  short *SimRNA* simulations are performed to refine the structure, ensuring that gaps are closed and clashes are resolved. Constraints are used to ensure that the secondary structure is conserved during this refinement.

**(s4)** From each of the  $n_{\text{cluster}} \times n_{\text{run}}$  *SimRNA* simulation we select one structure that must (i) exactly match the specified initial 2D structure and (ii) has lowest *SimRNA* energy. These selected structures serve as start points for the stepwise extension.

### 2. Stepwise Extension

We now perform a series of stepwise extensions towards the full length interaction, as described below. This procedure is performed independently for each of the start structures generated above.

- (e1)**  $n_{\text{sim}}$  short parallel *SimRNA* simulations (each of length  $n_{\text{step}}$ ) are performed with a secondary structure constraint designed to expand the interacting region. Structures from all  $n_{\text{sim}}$  simulations are pooled together.
- (e2)** From this pool of structures, the start structure for the next iteration is selected in a hierarchical fashion. To this end we compare the secondary structure of the *SimRNA* model with the desired structure as defined by the constraints used in **(e1)** via the base pair distance. The selection is done by (i) comparing only the interaction region, (ii) considering the structure of the whole complex, and (iii) using the *SimRNA* energy to break ties.
- (e3)** If for a simulation the interaction does not expand despite the forcing constraint potential, we conclude that the maximum sterically possible interaction has been reached for this specific run and it stops. If the desired target interaction has been reached after an extension step, the simulation terminates with success. Otherwise, we continue with the next step of our 2D pathway at **(e1)**.

The raw output of our pipeline is a large number of *SimRNA* trajectories that are available for further analysis. In order to facilitate the analysis of the large number of sampled 3D structures, each 3D structure is translated back into a 2D structure, i.e. a list of base pairs, including non-canonical base pairs recognized by the *SimRNA\_trafl2pdb* tool. The main output of the RRI-3D pipeline are tab-separated files with statistics on these 2D structures. A more detailed description of pipeline output is available in the supplemental List 1 and the GitHub project page at [www.github.com/irenekb/RRI-3D](http://www.github.com/irenekb/RRI-3D).

## Simulation results for model systems

### CopA–CopT

We used the start conformation proposed in Kolb, Malmgren, et al. (2000), consisting of the two stem structures with three defined interaction base pairs (bps) as interaction start. From the initial *Ernwin* simulations, we derived  $n_{\text{cluster}} = 10$  clusters and started the extension



simulation with  $n_{\text{run}}$  and  $n_{\text{sim}} = 5$ . The stepwise extension part of the pipeline (**e1-e3**) was repeated 3 times with different  $n_{\text{step}}$  (5000, 10000, 100000). In the course of the stepwise extension, both intra- and inter-molecular pairs from the corresponding structure in the 2D path (Fig. 3A and Fig. S1) were used as *SimRNA* soft constraints as well as in the selection process. Adding intra-molecular constraints is helpful to avoid helix ends opening during the simulation and focuses on exploring the dynamics of the interaction region. Additionally, two different stop criteria (e3) were compared. In the first setting I, the pipeline stops, as soon as the simulation was not able to further extend the interaction as a perfect helix. In the second setting II, the pipeline continues if the interaction region can be extended, even at the expense of interruptions such as bulges or small interior loops. The latter procedure allows flexibility within the interacting region and thus can proceed to longer interactions. Detailed descriptions of the simulation parameters, including the settings for the examples presented here, are available on the RRI-3D website. All starting structures contained an initial interaction of 3 bp, however, the structures of the 10 clusters generated by *Ernwin* differed considerably (see e.g. Fig. 3B). Especially for short *SimRNA* simulations ( $n_{\text{step}} = 5000, 10000$ ), the starting cluster strongly affected the ability to extend the interaction site. While for some start clusters a 6 bps interaction formed spontaneously within the very first *SimRNA* simulation, others did not reach the 6 bp stage at all unless  $n_{\text{step}}$  was increased. Results for shortest ( $n_{\text{step}} = 5000$ ) *SimRNA* simulations are shown in Fig. 3C and supplemental Fig. S2A.

Pipeline runs with  $n_{\text{step}} = 5000$  or 10000 *SimRNA* steps hardly differ (supplemental Fig. S2B). Long *SimRNA* simulations with  $n_{\text{step}} = 100000$ , allow nearly every cluster to extend to 6 bps continuous interaction (Fig. 4A). In setting I some runs even reach 7–8 bps interaction length, however this only happens when the *SimRNA* constraint has already been extended to 11–13 inter-molecular base pairs. Indeed, all structures with more than 6 bps interaction exhibit very high constraint penalties, see supplemental Fig. S2C. This suggests that an interaction length of 6 bps presents an optimum that can only be overcome by very strong constraints and indicates that quite some effort is needed for further folding. Setting II, i.e. with loops and

bulges within the interaction region, allows the formation of longer interactions. While the interacting region could contain up to 13 bps (with a peak at 12 bps), no uninterrupted helices longer than 8 bps were observed (Fig. 4B). The results of our simulations are consistent with the CopA–CopT pathway proposed by Kolb, Malmgren, et al. (2000), in which an interior loop is formed in the interaction site in order to allow longer interaction. Even in this setting, most runs terminate at an interaction length of 6 bps. Again, longer interaction regions require more base pair constraints (13–23 bps) and thus stronger constraints (supplemental Fig. S3). Moreover, the relative orientation of the CopA and CopT stems can influence how easily interactions can be extended, see supplemental Fig. S4. An analysis of the *SimRNA* energies (supplemental Fig. S3) shows that 6 bps conformations are energetically favorable with small constraint violation energies, while longer interactions exhibit higher constraint energies. Moreover, conformations with interacting regions longer than 6 bps have consistently worse energies, indicating that these structures could be the results of strong constraints, rather than naturally forming conformations.

## HIV 1 DIS

Since the full extended interaction target of the HIV-1 DIS segment includes two loops, we specify start and end conformation for our pipeline. The enclosing intramolecular helices were left unconstrained (see supplemental Fig. S5 for the full 2D path). Instead of using *Ernwin*, we started from the 1ZCI PDB structure (and thus have  $n_{\text{cluster}} = 1$ ), but increased  $n_{\text{run}}$  and  $n_{\text{sim}}$  to 10 in order increase 3D structure diversity. With the previously used settings for *SimRNA* simulations ( $n_{\text{step}} = 10000$  or  $100000$ ) we were unable to extend the initial 6 bps kissing interaction. We conjecture three causes: the interaction length of 6 bps appears to be especially stable for kissing hairpins; the interior loop needs to be bridged in order to reach longer interactions (Fig. 1D); and the PDB-structure provides a particularly good initial 3D fold. We therefore performed additional pipeline runs with extremely long *SimRNA* simulations of  $n_{\text{step}} = 1$  million and two different expansion modes were compared. In setting I, each extension

step elongates the interaction region by one bp in both directions (symmetric), see supplemental Figure S5A for the given constraints and 5A for the results. In setting II we extend only in one direction until the maximum extent is reached (asymmetric), see supplemental Fig. S5B and Fig. 5B. With these extremely long *SimRNA* simulations, 2 out of 10 runs were able to form an extended duplex for both settings. In both settings two intermediates with an interaction length of 8 bps (especially in setting I) and around 12 bps can be observed. After the second intermediate state the enclosing helices unfold completely and the full length interaction is formed spontaneously. A notable difference between the two settings is that for setting I the simulation passes through intermediates with very high constraint energies (i.e. many unsatisfied base pairing constraints), see supplemental Fig. S5. At interaction length 12, the enclosing stem has shrunk to 3-4 bp length and further extension leads to complete unfolding of the enclosing stem. This unfolding of the remaining enclosing stem corresponds to the final energy barrier, after which the extended duplex can be reached. Looking at the *SimRNA* energies (supplemental Figure S5) and stem lengths, we observe that the second intermediate state has its energy minimum at an interaction length of 12 and a remaining enclosing stem of 3–4 bps. This seems to be the minimum length at which the enclosing stem remains stable. With the next extension it unfolds completely, allowing to reach the full extended duplex by a downhill walk on the energy landscape.

Note, however, that even with these setting 8 out of 10 runs remain trapped close to the 6 bp state. Moreover, the PDB structure contains only a 23 nts long fragment of the HIV genome and therefore a shortened enclosing helix, which would be even harder to unfold in the context of the full genome.

### **DsrA-*rpoS***

We selected the interaction between DsrA and *rpoS* as an example with different interaction formation scenarios that can be investigated with our pipeline. IntaRNA, a thermodynamics based 2D interaction prediction tool, predicted an extended interaction, depicted in the lower half of Fig. 6 (see also Wu et al., 2017). Specifically, we compared three different possible

intramolecular start structures of DsrA (Fig. 1) as well as the influence of the initial contact point. Based on `RRIkInDP` (Waldl et al., 2023), the energy landscape (see heatmap in Fig. 6) of all possible intermediate interactions was computed in 2D. This provided three favorable start interaction sites with high accessibility which we selected for modeling using our 3D pipeline:

(i) in the SL1 loop (Fold-A only), (ii) at the start of LR (all three conformations) and (iii) in the bulge of SL2 in Fold-A (respectively the end of LR in Fold-B). As for CopA–CopT we ran our pipeline with  $n_{\text{cluster}} = 10$ ,  $n_{\text{run}} = 5$ , and three different simulation lengths  $n_{\text{step}} = 5000$ , 10000 and 100000. In total we tested six combinations of initial contact and starting structure, see Figure 1B and C. The corresponding 2D pathways used for `SimRNA` constraints are shown in supplemental Figures S7, S8, S10 and S9. 2D projections of representative folding paths for each scenario are also marked in the energy landscape, Fig. 6.

Out of the three start points, the hairpin of SL1 is clearly the worst. The 3 bp initial interaction spontaneously extends to 6 bp length. However, all simulations terminated without fully unfolding the SL1 stem. Even with increasing number of constraints almost no interaction length  $>8$  are sampled, see supplemental Figure S11. This was somewhat expected from the energy barrier seen in the 2D landscape.

Simulations starting in LR quickly extend in 3' direction over the whole linker region, regardless whether Fold-A (supplemental Fig. S13) or Fold-B (supplemental Fig. S14) is assumed. When starting in Fold-A the interaction unwinds the lower part of SL2, suggesting that a re-folding into Fold-B would eventually happen. Even though the constraints are extended symmetrically in both directions, the observed interaction region grows much more quickly in 3' direction, while less than 10% of runs manage to extend into SL1. For the `Rfam` structure, our initial contact is wedged in between SL1 and SL2. Since SL2 is much weaker, we used a 2D path that extends towards SL2, supplemental Fig. S10. The simulations manage to partially unfold SL2 (supplemental Fig. S15). Even though this version of SL2 consists of weak AU and GU

pairs, it slows down interaction formation due to its length. 19 out of initially 50 simulations manage to at least dissolve the 6 bp helix until the bulge.

Starting with SL2 as start site, Fold-B (supplemental Fig. S12B) has a slight advantage compared to Fold-A (supplemental Fig. S12A), since avoids opening the additional 3 bps of SL2. However, the fraction of simulations that extend all the way to SL1 is almost the same. Only a single simulation manages to extend slightly into SL1.

In comparison, our simulations suggest that optimal interaction formation should start within the LR of Fold-A or Fold-B. In contrast to Wu et al. (2017), we find that starting in Fold-A works almost equally well as starting in Fold-B and may even trigger refolding into Fold-B. The  $R_{fam}$  structure offers fewer highly accessible start points in LR and additionally interaction formation is slower. In all cases SL1 was too stable to be dissolved during our simulations. However, once a stable interaction has been formed within the LR region, the DsrA–*rpoS* complex will not dissolve and could eventually extend beyond SL1 on a timescale beyond what is covered in our simulations.

## DISCUSSION

Our presented approach enables detailed studies of potential 2D folding pathways for the formation of RNA–RNA interactions in 3D. To overcome the typically extreme computational cost of 3D structure prediction, we employ coarse-grained 3D simulations and, moreover, construct interactions step-by-step in a series of length-limited simulation runs. Following a predefined 2D path of secondary structures, each step corresponds to an elementary extension of the interaction by one or two base pairs. This allows us to simulate large structural changes that are inaccessible for atom-level simulations such as molecular dynamics. Moreover, it allows to perform a sufficiently large number ( $n_{cluster} \times n_{run} \times n_{sim}$ ) of independent simulations in order to sample diverse starting conformations and alternative pathways. As an example, a typical CopA–CopT simulation with  $n_{cluster} = 10$ ,  $n_{run} = 5$ ,  $n_{sim} = 5$ ,  $n_{step} = 10000$  took about 19 hours using up to 10 cores.

In contrast to models that only consider secondary structure, this allows us to identify likely obstacles in the folding path due to steric hindrance. A paradigmatic example is the interaction ('kissing') between two hairpins as in the case of CopA–CopT. In this case, due to the perfect complementarity, secondary structure tools would typically extend any initial contact up to the full duplex, completely neglecting steric effects. Radically changing the picture, our pipeline reveals that extending the interaction beyond the six base pair stage becomes increasingly difficult; or even impossible while maintaining perfect stacking: rarely, we observed kissing hairpin interactions of more than eight base pairs; all of them contained bulges or small interior loops, presumably in order to relieve strain. This is consistent with the structures proposed by Kolb, Malmgren, et al. (2000) on the basis of mutation and probing experiments. We find similar behavior for the HIV-DIS interaction, which also forms a kissing hairpin. In this case a few simulations reach a full duplex, but this is only possible because we simulate a short fragment of the HIV genome and thus the enclosing helix is short enough to completely unfold. A more complex example is represented by the DsrA–*rpoS* interaction, where we show that our approach can be used to compare different scenarios of interaction formation, such as starting from different monomer structures or different initial contact points. Our observation that kissing hairpins are difficult to extend into long interactions is consistent with the fact that there are almost no known natural kissing hairpin structures (including those in pseudoknots) with more than 6 inter-molecular pairs. Using a modified `Forgi` script (Thiel et al., 2019) and the non redundant 3D structure set of Leontis and Zirbel (2012), we found that among the genus 1 kissing hairpin pseudoknots defined by Reidys et al. (2011), out of 44 pseudoknots only the group II intron (PDB 3IGI by Toor et al., 2009) with an interaction length of 7 bps is longer, but this occurs between a hairpin loop and an interior loop. We note that the pipeline can also be used to test the 3D feasibility of pseudoknots predicted on the basis of secondary structure, as done in Gosavi et al. (2022).

An attractive future application of our pipeline would be to post-process and evaluate conventional secondary structure based interaction predictions. Here, an RNA targeting screen as performed by fast 2D tools like `RISearch2` (Alkan et al., 2017) could be scrutinized

for 3D steric feasibility by our pipeline. Adding to this idea, insights from example systems can be used to flag 2D based predictions that call for further investigation. In particular, predictions relying on long (>6 bps) inter-molecular helices within stable intramolecular structure should be contested. Conversely, long interactions are uncritical, even favorable in exterior loops. Finally, our findings motivate the future improvement of 2D-based tools by incorporating 3D features (e.g. context-dependent length restrictions) or even tighter integration with 3D modeling.

### **SUPPLEMENTAL MATERIAL**

Supplemental material is available for this article.

### **AVAILABILITY**

Python source code for our pipeline including documentation, as well as data and scripts to analyze the three example systems are available at:

<https://github.com/irenekb/RRI-3D>

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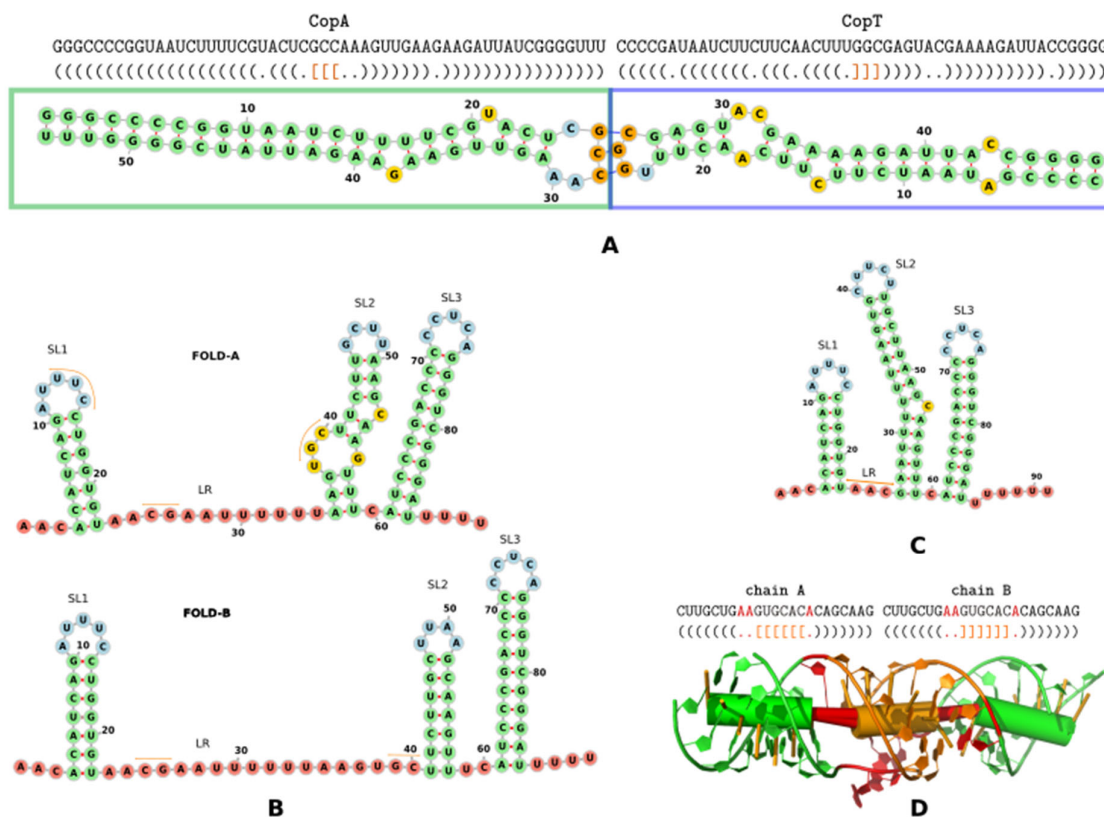


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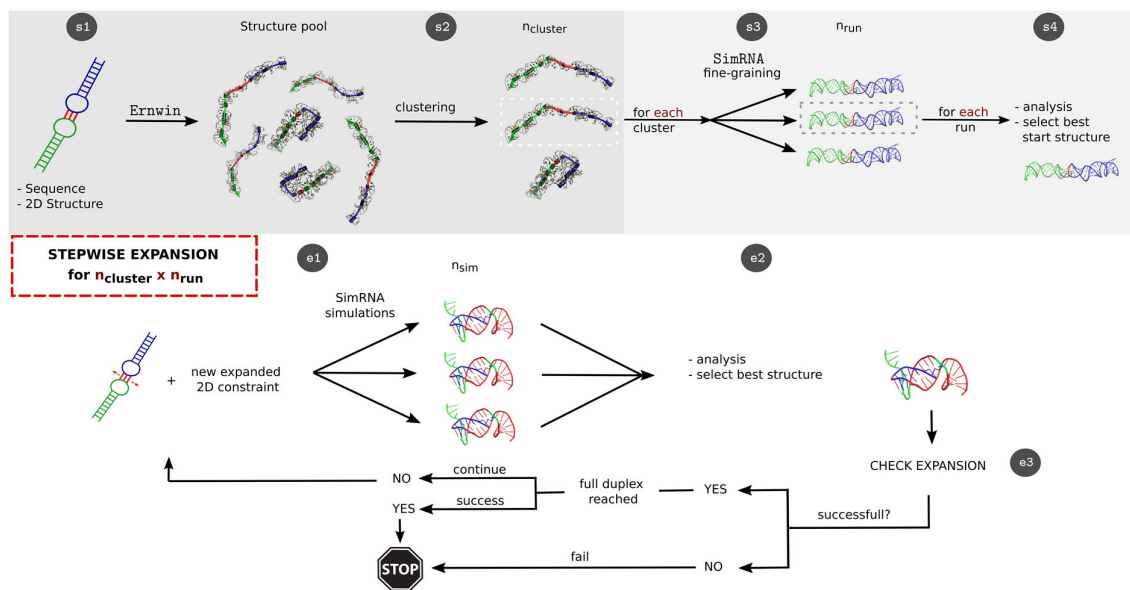


## FIGURES

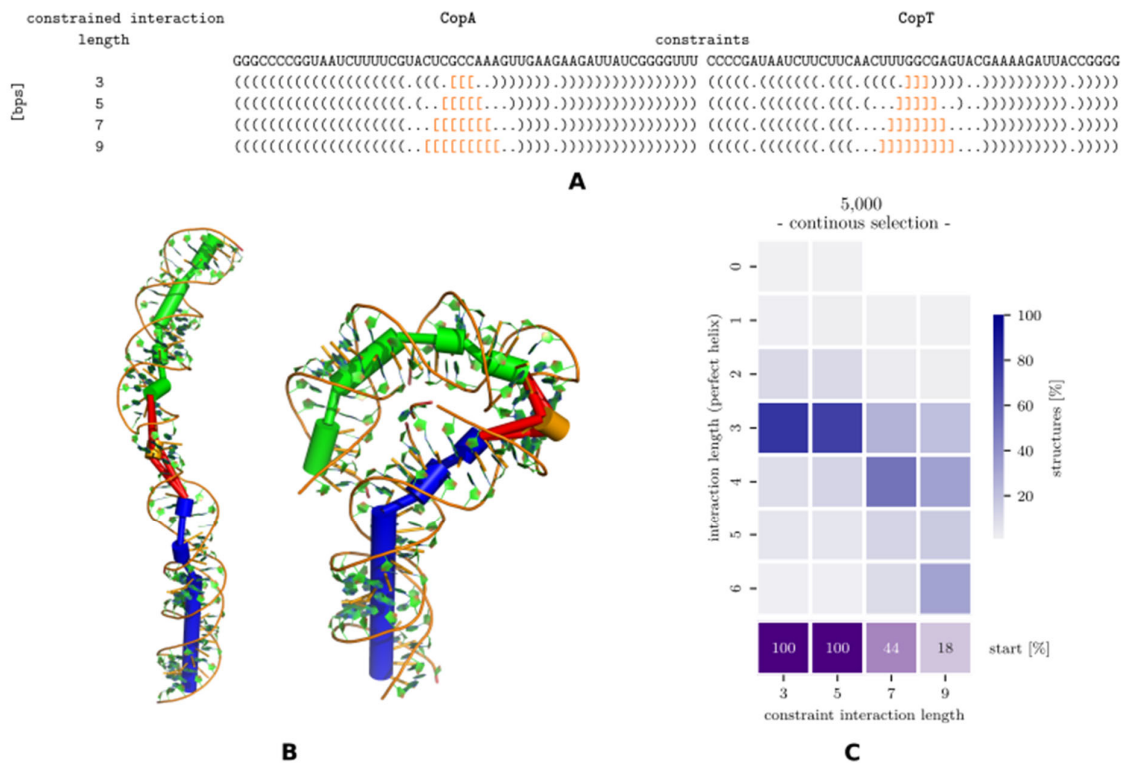


**FIGURE 1:** (A) Sequence and secondary structure representation of the 54 nts part of CopA (green box) and the corresponding 47 nts CopT (blue box) counterpart used in our simulation study. The three central residues of the hairpins (CCG/GGC) are the initial interaction site (marked in orange). (B) Fold-A and Fold-B of DsrA from Wu et al. (2017) in 2D structure representation. We label the stem loops SL1–SL3 and the linker region (LR) between SL1 and SL2. Fold-B opens the entire region from SL1 up to C40. (C) 2D DsrA consensus structure representation based on Rfam and predicted by the ViennaRNA package. The orange lines in (B) and (C) mark potential initial sites used later. (D) Sequence and dot-bracket representation of the HIV-1 DIS stem loop interaction with the 6 nts kissing hairpin interaction marked in orange and the conserved, unbounded, non-complementary nts are marked in red. The 3D representation below (visualized with P<sub>Y</sub>MOL (Schrödinger, LLC, 2022)) represents both: the individual nucleotides and the associated secondary structure in Erwin-style, represented as cylinders. Thus, the green cylinders stand for the respective intramolecular

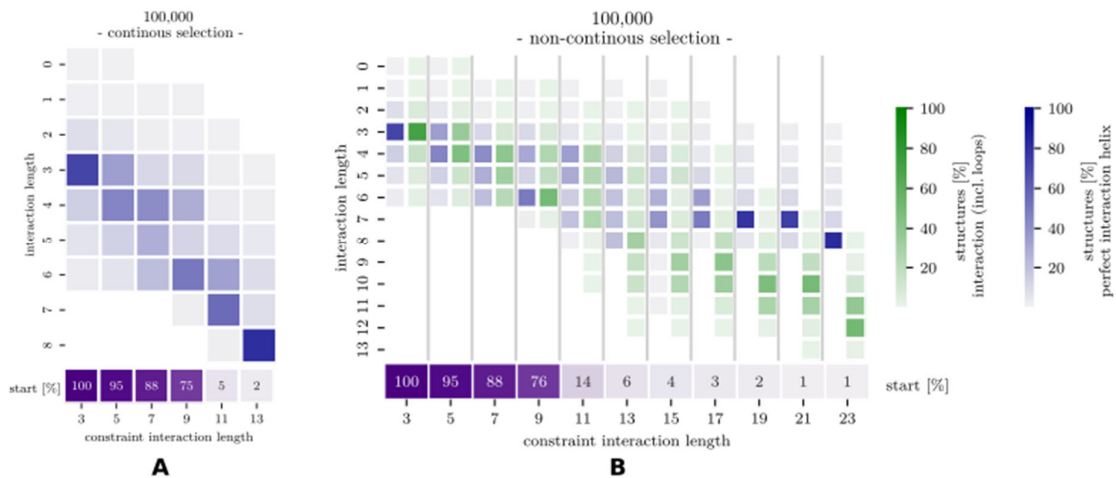
stem in each chain, the orange one for the interaction and the small red ones for the unbounded nts. All 2D representations in this figure are generated with *forna* (Kerpedjiev, Hammer, et al., 2015)



**FIGURE 2:** Graphical representation of the developed pipeline: An initial interaction is extended until the full duplex, a predefined target interaction is reached or an extension of the interaction side is no longer possible due to steric and kinetic effects. **(s1)** Starting from a sequence and the corresponding secondary structure, 3D models are sampled using Ernwin and subsequently clustered **(s2)**, yielding one representative per cluster. **(s3)** each of these cluster representatives is relaxed in  $n_{run}$  independent SimRNA simulations. **(s4)** each simulation is analysed and a best structure selected. Each of these  $n_{cluster} \times n_{run}$  structures forms the start point for a stepwise expansion. In the first step **(e1)**  $n_{sim}$  parallel, constrained SimRNA runs are performed. **(e2)** From the pooled structures the start structure for the next extension step is elected based on hierarchic 2D and 3D criteria. At the checkpoint **(e3)** we test whether the interaction region could indeed be expanded and terminate unsuccessful runs.

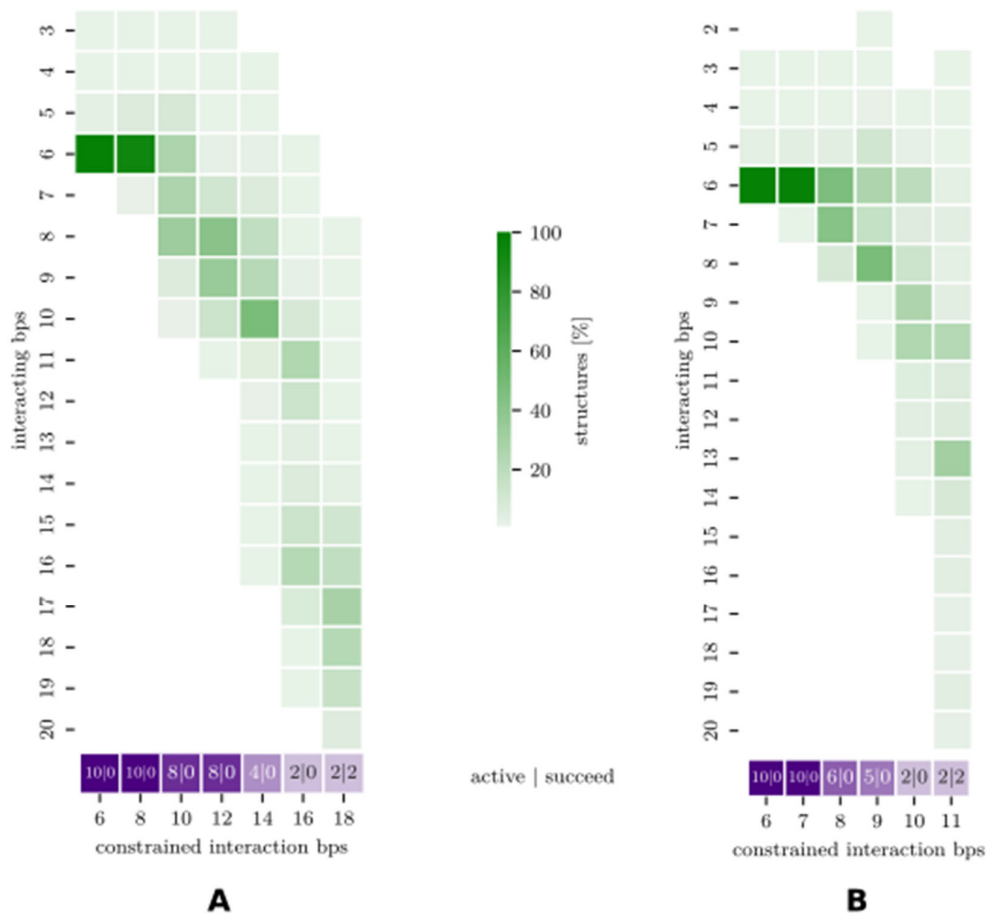


**FIGURE 3: (A)** CopA–CopT sequence and the dot-bracket representation (interaction in orange) of the constrained 2D path (full 2D path in Fig. S1). **(B)** Two representative starting clusters with very different 3D conformations. CopA shown in green, CopT in blue, and interaction region in orange. **(C)** Summary of simulation results for  $n_{\text{step}} = 5000$ : Each column of the heatmap represents one extension step (defined by the length of the interaction constraint). Each column shows the histogram of observed interaction lengths (blue color gradient). In the first two extension steps most structures retain the initial interaction length of 3 bps. 6bps interactions become prevalent in the last extension step. The last row (purple) reports, for every extension step, the percentage of the (originally) 50 runs that successfully extended in all previous steps (i.e. passed checkpoint **(e3)**) and are still active. Thus, in the second extension step (constraint length 5) only 44% of runs manage to extend the interaction and proceed to the next extension step (7 bps). Only 18% of the runs reach the final extension step (9 bps), and none of these extends even further.

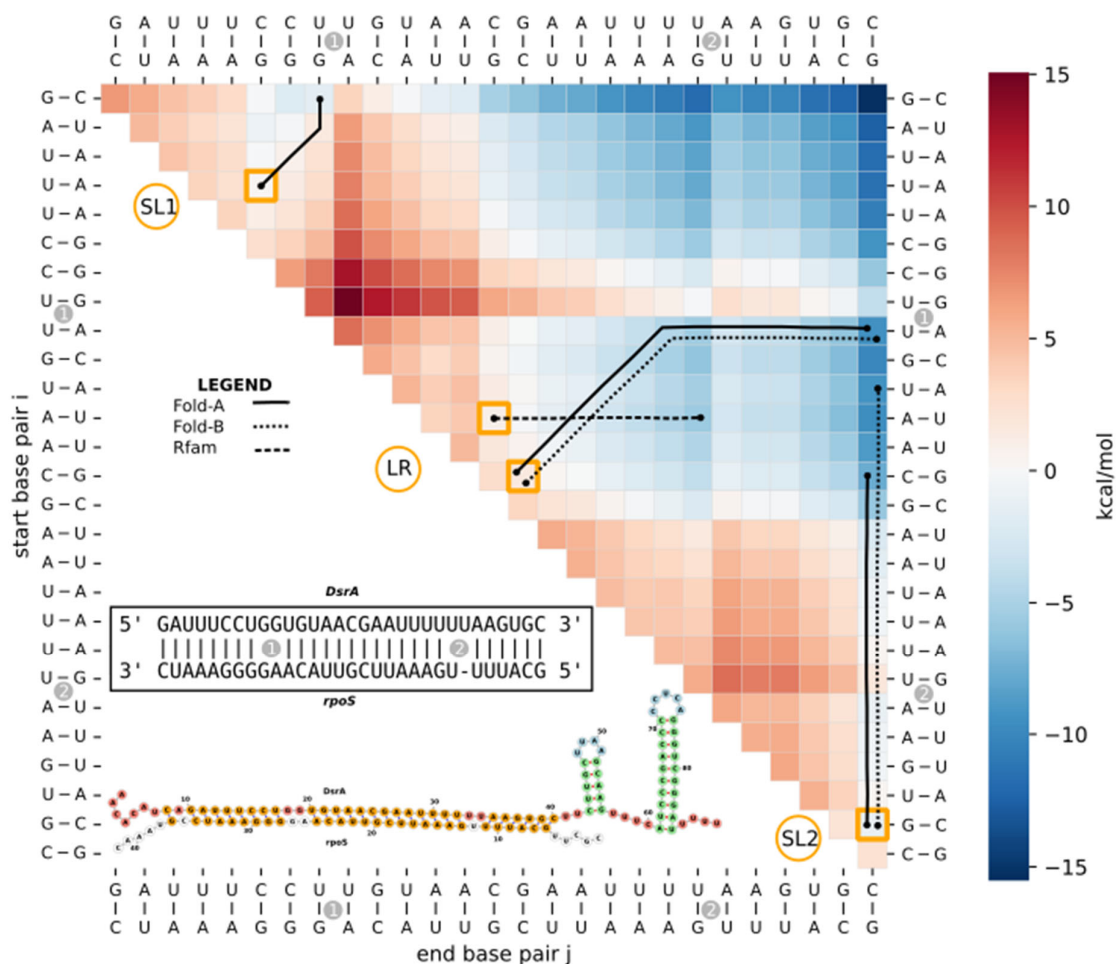


**FIGURE 4:** Distribution of CopA–CopT interaction lengths for two different pipeline settings and long SimRNA runs ( $n_{\text{step}} = 100000$ ), see Fig. 3 for description. **(A)** Setting I, extensions form perfect helices. **(B)** Setting II, with loops in the interaction region allowed. Histograms are shown for perfect interaction helices (blue), as well as interactions with loops (green).





**FIGURE 5: (A)** Setting I. Symmetric interaction extension of the HIV-1 DIS interaction site with  $n_{\text{step}} = 1$  million\$. Each column shows the histogram (green) of interaction lengths including loops (y-axis) at the corresponding constrained interaction length in bps (x-axis). For every elongation step (corresponding to a number of constrained interaction base pairs), the purple box reports firstly the number of still active runs (from a total of 10); and secondly, the number of runs that successfully reach the full duplex. **(B)** Setting II with an asymmetric interaction extension.



**Figure 6:** Interaction of DsrA–*rpoS* in *E. coli* as direct path energy landscape following *RRKinDP* (Waldl et al., 2023) and comparison of different formation scenarios. *RRKinDP*, a novel 2D structure based tool for studying RNA-RNA interaction formation on direct paths, was used to generate the energy landscape of structures along folding pathways from a first interaction base pair to the full DsrA–*rpoS* interaction.

To study interaction formation *RRKinDP* considers intermediate interactions formed by consecutive interaction base pairs. Each intermediate interaction is therefore defined by the first and last interaction pair. For visualization, intermediate states can therefore be arranged in an upper triangular matrix, indexed by two enclosing pairs on the x- and y-axis. Each cell of the matrix represents an intermediate interaction, with minimal interactions consisting of a single base pair on the diagonal and the full, maximal length, interaction in the upper right

corner. Cell colors depict the free energy  $\Delta G$  on a red-to-blue scale. For details see Waldl et al. (2023).

The predicted 2D interaction for DsrA–*rpoS* appears in the lower left triangle, presented in two ways: the interaction site above, with interior loops marked as (1) and (2), and a 2D representation of the complete interaction complex below. Using the energy landscape, we identified three energetically favorable start sites (highlighted in orange): within the loop of the first stem loop (SL1), within the linker region (LR), and within the bulge of the second stem loop (SL2), as shown in Figure 1. From these sites, we generated direct folding paths in 2D, which were subsequently embedded in 3D using the RRI-3D pipeline. The resulting 3D pathways were projected back into 2D and are depicted as black lines within the heatmap. In the path, moving diagonally corresponds to extending the interaction on both sides, while moving up or to the right extends the interaction by one base pair on the left or right, respectively. Different linestyles represent different initial folds of the DsrA SL2 structure (see legend and Fig. 1).



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