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# Long multi-stage training for a motor-impaired user in a BCI competition

Federica Turi\*, Maureen Clerc and Théodore Papadopoulo

Université Côte d'Azur, Inria, France Correspondence\*: 2004 Route des Lucioles, 06902 Valbonne, France turi.fed@gmail.com

#### 2 ABSTRACT

3 In a Mental Imagery Brain-Computer Interface the user has to perform a specific mental task that generates electroencephalography (EEG) components, which can be translated in commands to control a BCI system. The development of a high-performance MI-BCI requires a long training, lasting several weeks or months, in order to improve the ability of the user to manage his/her 6 7 mental tasks. This works aims to present the design of a MI-BCI combining mental imaginary and cognitive tasks for a severely motor impaired user, involved in the BCI race of the Cybathlon 9 event, a competition of people with severe motor disability. In the BCI-race, the user becomes a pilot in a virtual race game against up to three other pilots, in which each pilot has to control 10 his/her virtual car by his/her mental tasks. We present all the procedures followed to realize 11 an effective MI-BCI, from the user's first contact with a BCI technology to actually controlling a 12 video-game through her EEG. We defined a multi-stage user-centered training protocol in order 13 14 to successfully control a BCI, even in a stressful situation, such as that of a competition. We put a specific focus on the human aspects that influenced the long training phase of the system and the participation to the competition.

17 Keywords: Brain-Computer Interface (BCI), Mental Imagery, MI-BCI, event-related desynchronization (ERD), event-related synchronization (ERS), long training, impaired subject, BCI competition, Cybathlon

#### 1 INTRODUCTION

- 19 Mental-Imagery based Brain-Computer Interfaces (MI-BCIs) control an external device by specific EEG
- 20 components generated by mental imagery tasks performed by the user (Pfurtscheller and Neuper, 2001).
- 21 Sensorimotor rhythms (SMRs) modulate the power of the ongoing EEG signal over sensorimotor areas (i.e.
- 22 mu-rhythm and beta-rhythm) (Yuan and He, 2014). They occur during mental imagery tasks, such as mental
- 23 arithmetic or mental rotation (Faradji et al., 2009) and motor imagery (Neuper et al., 2006). This modulation
- 24 of power in given frequency bands and spatial locations can be used to identify the mental task that caused
- 25 this change in the brain rhythms. The power decrease is called an event-related desynchronization (ERD),
- 26 while a power increase is called event-related synchronization (ERS) (Pfurtscheller and Da Silva, 1999).
- 27 There are many applications which use MI-BCIs, such as neurorehabilitation (Van Dokkum et al., 2015),
- 28 control of external devices (Cincotti et al., 2008), virtual reality (Leeb et al., 2007) and gaming (Kauhanen
- 29 et al., 2007). However, there are some limitations affecting the diffusion of such systems in real life setups.
- 30 Among them there is the high intra- and inter-subject variability, preventing their common use in daily
- 31 life (Saha and Baumert, 2019). The experimental setting, the psychological state and neurophysiological

parameters all have an influence on the SMRs, which thus vary over time and across subjects, affecting the performance of MI-BCI systems. Another important parameter impacted by this variability is the 33 design of a MI-BCI for an impaired subject. The system necessarily requires a definition phase in order 34 to find the tasks most adapted to the subject, considering his/her neurological response but also his/her 35 possibility to carry out specific tasks and then a training is fundamental to use the SMR-based BCI system. 36 Moreover, to further improve the skill of modulating sensorimotor rhythms (Wolpaw and Wolpaw, 2012), a 37 substantial training is required. Nevertheless, the basic mechanism of SMR learning is not clear. Many 38 studies investigated on the motor learning process that promote plasticity in the sensorimotor networks 39 and improve both motor and perceptual skills (Ostry and Gribble, 2016) proving that BCI skill acquisition 40 effectively allows to improve the BCI performance also in impaired subjects. Yet, subject-specific training 41 sessions may be required because the induction of plasticity varies significantly across subjects (Saha and 42 Baumert, 2019). 43

Our work was focused on the design of a MI-BCI combining mental imagery and cognitive tasks for a 44 severely motor impaired user, in preparation for the  $2^{nd}$  edition of the Cybathlon BCI race event, during 45 a practice competition, the BCI Series, which took place as a satellite event preceding the BCI Graz 46 conference in September 2019. The Cybathlon (Riener, 2016) is an international competition for people 47 with severe motor disability who, equipped with assistive technology, compete in different events, such 48 49 as the BCI race. In the BCI race, the user of the system becomes a pilot in a virtual race against up to three other pilots, in which each pilot controls his/her virtual car by his/her mental tasks. The virtual car is 50 controlled on the race track through four different commands (go straight, turn right, turn left and switch 51 on the lights). By default, the car moves at constant speed on the track. A wrong control command sent by 52 the BCI system is sanctioned by a reduction in speed, making the vehicle proceed slower on the track. 53

In this paper, we present the sequence of procedures we followed to realize an effective MI-BCI, from the 54 selection of the pilot to the actual control of the video-game in the BCI Cybathlon series, with a particular 55 focus on the long training phase. We defined a multi-stage user-centered training protocol in order to 56 successfully control a BCI, even in a stressful situation, such as that of a competition.

#### 2 PILOT SELECTION

Pilot selection started by asking Dr. Mariane Bruno of the Pasteur University Hospital in Nice, France, to present to us some of her patients with the disabilities listed by the Cybathlon competition, who would 59 be both motivated and physically able to sustain the competition and its constraints (a long training, plus 60 traveling to the competition site). Three motor-impaired women entered in this selection process. The 61 selection process itself consisted in a few sessions of the Graz BCI protocol (Pfurtscheller and Neuper, 62 2001) as implemented in OpenViBE (Renard et al., 2010). This protocol tests the ability of the subject to 63 achieve left and right hand motor imagery. The data was collected at the hospital in two half-day sessions 64 and the signals were further analyzed offline using time-frequency plots to check visually that there was 65 some signal to discriminate between the tasks. 66

- One subject was excluded due to high spastic muscular activity, which generated too much artefactual 67 EMG signal. Based on those data, two subjects were contacted to go further and have more training 68 sessions, but one of them finally withdrew, because training for the competition appeared too strenuous. 69 All further training was done with the only remaining subject, our pilot.
- 70
- Our pilot is a 32 year-old woman, with a neurodegenerative disease since the age of 7. She has no 71 72 cognitive disability but severe motor disabilities. Moreover, she participated to different sports competitions

- 73 for disabled people but did not have any experience with BCI. She has quite a competitive spirit, which is
- 74 important to keep the motivation and sustain the long training sessions that we organized in the 3 months
- 75 before the Graz Cybathlon event.

#### 3 TRAINING PROTOCOL

- 76 To efficiently train our pilot, we deployed a multi-stage training strategy, that consisted in an investigation
- 77 phase to determine the subject-dependent specific mental and cognitive tasks, followed by a training phase
- 78 using those specific tasks.

#### 79 3.1 Investigation phase

- The investigation phase is fundamental to define the most suitable MI tasks for the subject. Indeed, the
- 81 mental tasks must fulfill three criteria: the subject must be able to perform each task and be comfortable with
- 82 it, the individual mental task must produce a recognizable brain pattern and it must not cause undesirable
- 83 side effects, like spasms, discomfort or stress (Schwarz et al., 2016).
- We collected data over several sessions in one month, from the middle of June to the middle of July
- 85 2019. This phase took time because this experience was new both for the user, who had never used a BCI
- 86 system before, and for our team. Indeed, it was the first time we worked with a disabled person, which
- 87 obviously requires specific attention. Therefore, a preliminary phase was necessary to create collaborative
- 88 relationship between the team and the user, to allow the user to become more familiar with the hardware
- 89 and also to allow the team to understand how to effectively manage this type of experience, defining a
- 90 suitable experimental protocol (Lotte et al., 2013; Schwarz et al., 2016; Perdikis et al., 2018).
- 91 The experiments took place in a room located in the pilot's living center "Centre René Labreuille" in Le
- 92 Cannet, France. During each session, the EEG signal of the subject was recorded from a ANT-Waveguard
- 93 cap with a Refa8 amplifier (512 Hz sampling rate). To lower the impedance between the electrodes and
- 94 the subject's skin below 10 k $\Omega$ , a conductive gel was applied to the ground (FPz) and to the 13 electrodes
- 95 placed in positions F7, Fz, F3, F4, F8, T7, C3, Cz, C4, T8, P3, P4, Pz. Two EMG electrodes were placed
- on the user's hands to check for the presence of involuntary movements. The following MI tasks were
- 97 tested:
- MI of right hand (RH): close and open right hand, simulating the clamping movement.
- MI of left hand (LH): close and open left hand, simulating the clamping movement.
- Language (LAN): imagination of words that begin with a specific letter.
- Auditory (MUS): imagining singing a song.
- MI of both feet: move both feet.
- Calculus: imagination of incrementally summing numbers.
- No control (NC): relax.
- 105 The tasks were combined in different experimental paradigms, that were tried, in random order, during
- the first three sessions (S01, S02 and S03). The subject had to perform the mental tasks following the
- 107 experimental paradigm that generally consisted in the combination of one or two control tasks interleaved
- 108 by a no control task. In the no control task (NC), the user was asked not to engage in any MI task, but
- 109 to achieve a relaxed state while gazing at a fixation cross on the screen. An example of an investigation
- 110 paradigm is detailed in Figure 1. We tried different intervals between tasks in order to identify the interval
- 111 combination that created more prominent brain responses. The paradigm was repeated 10 times in each



**Figure 1.** Example of an experimental paradigm applied in the investigation phase. We tested different time intervals of 5 s of tasks and 10 s of rest, 3 s/5 s, 3 s/10 s in order to determine the time interval that elicited prominent brain patterns.

- 112 run. Then, to identify the brain pattern of each task, we computed time-frequency plots to perform the
- 113 event-related (de)synchronization (ERD/ERS) analysis.
- To create an efficient and adaptive BCI system, the selection criteria of the four tasks are: being the most
- 115 distinguishable on the EEG and the easiest to realize for our pilot. For instance, some tasks such as the
- 116 calculus created a lot of stress for the subject, the feet and left hand MI were also really complicated for
- 117 our subject and were consequently considered as unsuitable tasks at this stage.
- Finally, at the end of this investigation phase, the mental tasks suitable for our pilot were RH, MUS, LAN.
- 119 These tasks provided a specific brain pattern in the pilot's EEG, as it can be seen on the ERD/ERS maps in
- 120 Figure 2, and the subject was comfortable performing them. In addition these three MI tasks, NC task was
- 121 considered as the fourth task suitable for our pilot.

#### 3.2 Training phase

- The objective of the training phase was to train the subject to perform the mental tasks selected in the investigation phase. In this phase, the pilot had to perform many MI tasks without any feedback, aiming
- both at improving her ability to manage the tasks and at creating the training set to calibrate the BCI
- 126 classifier.

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- 127 The data were collected with the same hardware described in the previous investigation phase (see
- 128 Figure 3). The sessions took place once a week from the middle of June to the end of August 2019 for a
- 129 total of 8 sessions.
- 130 At the beginning (sessions S04 and S05), the experimental protocol consisted in 5 runs with the
- 131 combination of 4 commands, but the subject reported that it was hard because it required a lot of
- 132 concentration. Therefore, from sessions S06 to S07, the protocol consisted in 4 runs (RH-NC, RH-MUS-NC,
- 133 RH-LAN-NC and RH-MUS-LAN-NC) and we collected 10 trials per task and run.
- In the last sessions, we tried to reintroduce the LH motor imagery task. Indeed, the subject at this
- 135 moment improved her control on the RH task and we wanted to test whether or not the control of LH task
- would also have improved. Hence, from sessions S08 to S13, the protocol consisted in 5 consecutive runs
- 137 (RH-MUS-NC, RH-LA-NC, RH-MUS-LA-NC, RH-LH-NC and RH-LH-LAN-NC). The objective was
- 138 to find the 4-class combination with the highest performance. An illustration of the 4-class experimental
- 139 paradigm is exemplified in Figure 4, where the control task is represented by a small icon (an arrow
- 140 pointing to the right, a music score, ...) superimposed on images extracted from the game. These images
- 141 were selected to show the moment at which the subject would have to perform the task, in order to get the
- subject accustomed to perform the right task at the right moment.
- In order to detect the ERD and ERS in the EEG associated to the individual mental tasks, the EEG signal
- was bandpass filtered in 6 different frequency bands (8–12 Hz, 16–20 Hz, 20–24 Hz, 28–32 Hz, 32–36 Hz,

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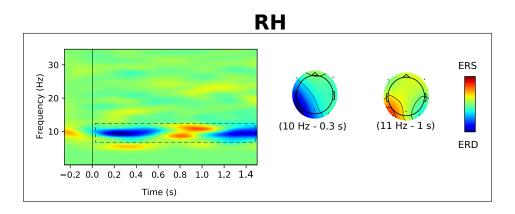
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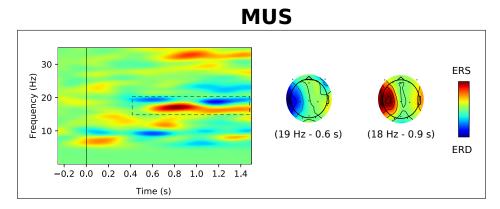
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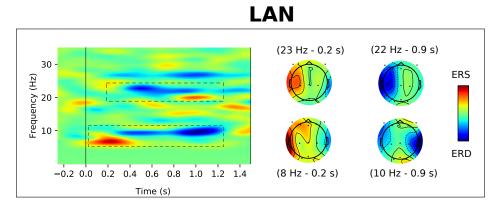


Figure 2. Average ERD/ERS maps calculated for MI of right hand (RH), auditory imagination (MUS) and word association (LAN). For each task, the pattern of activation is recognizable by dashed boxes in the frequency-time plot and the scalp topographies indicate the distributions of ERD/ERS at specific times and frequencies.

145 36–40 Hz). The ERD/ERS appear around 0.5 s after the beginning or the end of the mental task and last between 2 and 3 seconds. Therefore, we considered epochs of 2.5 s from the mental imagery onset, with steps of 0.5 s, in order to build a BCI system that reacts as fast as possible to the pilot's intent during the online game. A feature vector was constructed by computing the average power in each frequency band in two successive windows, so that to capture both ERD and ERS events. This feature vector was provided to a LDA classifier to classify the different tasks, for each task 400 samples have been considered. The LDA classifier was trained using 70% of the band-power features as training set, the remaining 30% data were used as a validation set.

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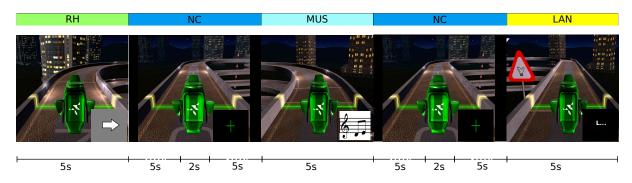
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**Figure 3.** Experimental setup of the MI-BCI system. The pilot is wearing the EEG cap and EMG electrodes are placed on her hands.



**Figure 4.** Experimental 4-class paradigm applied in the training phase. The user had to perform each control task (RH, MUS, LAN) for 5 s. Each task was associated to an image made by combining the task icon with an image extracted from the game at the proper time instant. The rest interval, corresponded to the no control task (NC), has a total duration of 12 s. After 5 s of this rest interval, a green cross appeared on the screen for 2 s to improve the concentration of the pilot.

A multi-class confusion matrix was computed to assess the performance reached by each task for the different experimental paradigms. In particular, to analyze the performance of the individual tasks per session, we considered the F-score (Eq. 1), that is a statistical measure to evaluate the test's accuracy considering both the precision and the recall. *Precision* is the number of True Positives (TP) divided by all positive predictions (TP+FP) returned by the classifier, and *recall* is the number of True Positives (TP) divided by the number of all samples that should have been identified as positive (TP+FN). F-score is more suitable for multi-class problems than the overall accuracy because it is not dependent on True Negatives (TN), that can overestimate the performance of the system (Sokolova and Lapalme, 2009).

$$F\text{-}score = 2 \cdot \frac{precision \cdot recall}{precision + recall} \tag{1}$$

Figure 5 shows the F-score achieved by the individual tasks across sessions. As a general remark, it can be noticed that, independently of the experimental paradigm, the user could better manage the NC task than the RH, MUS and LAN ones. Indeed, the F-score of the NC task (across all sessions and paradigms) was always above 0.8. This is a nice property as straight lines, which were associated to NC, tend to dominate in the race circuits.

We can furthermore notice that the performance reached in runs with 3 classes is generally more stable than the one obtained with 4 classes. Indeed, if we consider the 3-class paradigm RH-MUS-NC, the subject

- 168 was able to manage all the three tasks across sessions. On the contrary, if we consider the 4-class paradigm
- 169 RH-MUS-LAN-NC, the user managed better the NC and LAN tasks than the RH and MUS. This trend
- 170 perfectly reflects the difficulty of the subject to perform runs with 4 tasks, as she declared. This is the
- 171 reason why we designed the progressive training protocol detailed previously, in order to gradually manage
- 172 4-task control without requiring too much concentration and effort.
- 173 This strategy allowed the pilot to improve the classification performance for the 4-class combination
- 174 RH-MUS-LAN-NC. Indeed, as shown in the fourth plot of Figure 5, we can notice an average improvement
- 175 of performance from sessions S08 to S11 for the tasks RH and MUS, that the subject managed with
- 176 difficulty at the beginning of the training.
- Finally, to evaluate the 4-class combination, the confusion matrix across sessions S08 to S13 were
- 178 computed (see Figure 6). The results reached with the RH-MUS-LAN-NC are clearly better as shown by
- 179 the better contrasted diagonal. Indeed, the RH-LH-LAN-NC paradigm not only displays a poor detection
- 180 of the LH task, but also seems to induce some disturbance in the RH-NC discrimination. Accuracies are
- also reported to compare the classification among the 4-class combinations. It is computed as the sum of
- the correctly identified classes (TP+TN) over the all the classified classes (TP+TN+FP+FN). In our four
- 183 classes case, it is the sum of the diagonal terms of the confusion matrix divided by sum all its terms. The
- 184 results show a difference of 5 % between the two paradigms, with an accuracy value equal to 53 % for
- 185 RH-MUS-LAN-NC and 48 % for RH-LH-LAN-NC.
- 186 Therefore, the RH-MUS-LAN-NC paradigm which reached the highest performance was selected as
- 187 the paradigm to apply in our closed-loop gaming BCI. Finally, the user agreed on this choice because
- 188 she declared to be much more comfortable with the RH-MUS-LAN-NC combination than with the
- 189 RH-LH-LAN-NC one
- 190 3.2.1 Closed-loop BCI game
- 191 Figure 7 shows an illustration of the closed-loop BCI game. Basically, the EEG signal is acquired from
- 192 the 13 channels (the same as in the training phase) and is bandpass filtered. In parallel, the EMG signal is
- 193 processed in order to detect possible hand movement artifacts. Epochs corresponding to EMG artifacts are
- 194 removed. Then, each retained epoch is tested for eye blink artifacts. EMG and EEG artifact rejection is
- 195 detailed in the following paragraph. Each processed epoch provides a feature vector which is classified by
- 196 the LDA classifier trained using the training dataset. Finally, the classification outputs are mapped to the
- the LEFT classifier trained using the training dutaset. I many, the classification outputs are mapped to the
- 197 video-game commands. In particular NC task was applied to move the car along the straight portions of the
- 198 race track, RH task to turn the car right, MUS task to turn the car left and LAN task to switch on the lights.
- 199 Software difficulties were encountered in our initial implementation which made the BCI system unstable
- after a few minutes because of an excessive memory consumption which induced unsustainable latencies.
- 201 As these difficulties arose only with the Windows operating system, we decided to run the BCI system
- 202 on a Linux OS instead. But as the EEG acquisition software required a driver only available on Windows
- 203 OS, we had to rely on two computers keeping a Windows computer to acquire the EEG and EMG signals.
- 204 The two computers were linked using a TCP/IP connection. This required some network hardware and
- 205 configuration, which added significant complexity to our system (and brought additional stress to our team
- 206 during the live event in Graz). In the end, everything worked as expected, but much time which could have
- 200 during the five event in Graz). In the end, everything worked as expected, but much time which could have
- 207 been better devoted to training the pilot in situ was lost. We learned the lesson that an effective BCI system
- 208 must also be simple to setup, and are now working towards that goal.

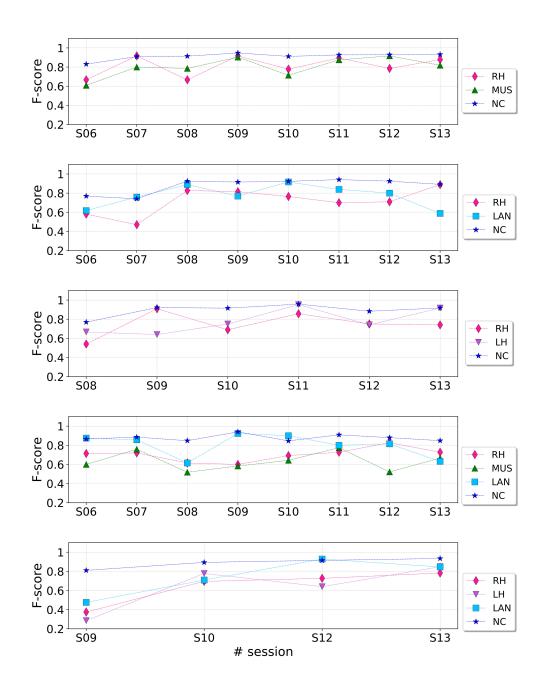


Figure 5. F-score values reached by each training paradigm across sessions.

#### 3.2.2 Artifact rejection framework

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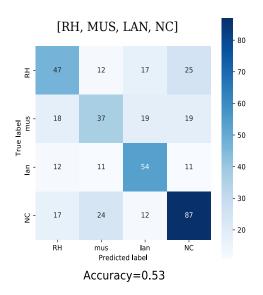
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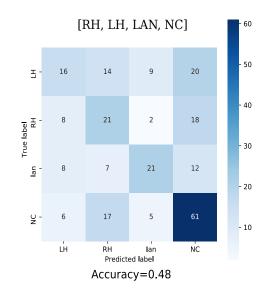
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To follow the Cybathlon BCI race regulations, we deployed an artifact rejection framework into the BCI system that includes both electromyogram (EMG) artifact rejection and eye-blink artifact rejection. The artifact rejection subsystem detects eye-blinks and/or EMG artifacts on the signals and prevents the BCI system to send any control command to the pilot's virtual car for a predefined time interval.

For the EMG artifact rejection, two adhesive surface electrode pairs were placed on both pilot's hands between the thumb and index fingers. We adopted this configuration because the only motor tasks achievable





**Figure 6.** Confusion matrix of the two 4-class paradigms tested during the training phase, from sessions S08 to S13. Each confusion matrix reports the absolute values (numbers in black) and relative percentages (color scale) to evaluate the performance of the LDA classifier. All values on the diagonal represent the correctly classified trials. At the bottom the overall classification accuracy is given.

by the user were to close and open both hands, as in a clamping movement. These motor tasks were the real movements corresponding respectively to the RH and LH tasks.

The subject did two acquisitions, in which she performed voluntary hand movements at regular intervals in order to define an EMG threshold  $T_{EMG}$ . The EMG rejection algorithm was defined to reject epochs for which the average EMG signal amplitude exceeds by two standard deviations the threshold  $T_{EMG}$ , Thus no command can be sent to the game during such epochs.

The objective of the eye-blink artifact rejection was to detect the eye blinking on the EEG signals. In order not to overload the pilot with sensors, the EOG artifact rejection subsystem detects the presence of eye blinks on the frontal EEG electrodes F3 and F4, close to the left and right eyes. Artifact rejection was performed processing the EEG signals in the 8–12 Hz frequency band, in which the eye blinks of our subject was most prominent. For each epoch, the means and standard deviations of the F3 and F4 electrodes were computed. Time samples corresponding to instants in which the amplitude of F3 (respectively F4) was not in the range of the mean plus or minus three standard deviations of F3 (respectively F4) were discarded from the computation of the power features.

#### 3.3 Cybathlon BCI series

The Cybathlon BCI series event took place in Graz in September 2019. This BCI race offered the opportunity to showcase our research and development and gave the pilot an experience of a competition, in preparation for the Cybathlon 2020 event. Six international teams participated to this event and all teams had previously participated to Cybathlon 2016, except for NITRO 1 and NITRO-2 (our team). The race followed exactly the same rules as the Cybathlon BCI race. The pilots were competing together at most four at a time.

The criterion for winning the game was to complete the track in the shortest possible time, not exceeding 4 minutes (in which case, the distance along the track was used to rank pilots). The competition consisted in two phases: qualifications and finals. Two qualification races of three pilots were organized: the four first pilots in the qualification ranking took part to the final race A, the last two to the final race B.

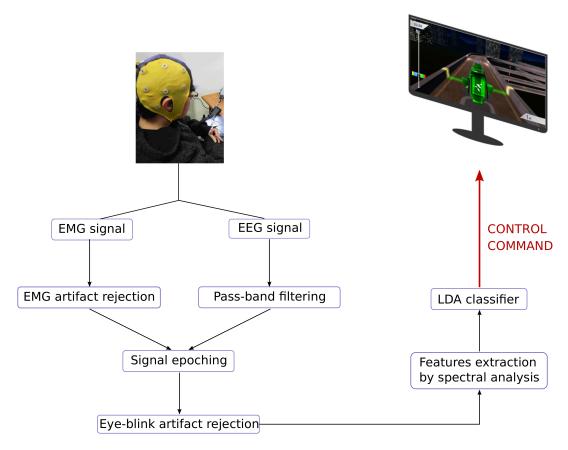
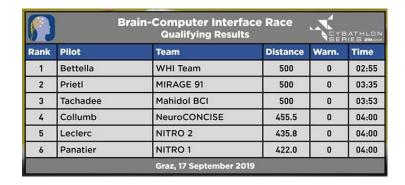


Figure 7. Outline of the closed-loop BCI system.

The official results of the Cybathlon BCI series are shown in Figure 8. One pilot was disqualified during the final race. The pilots who reached the first and the second place finished the whole track with a very good timing. We reached the fifth position during the qualifier race and the last position during the final race.

Nevertheless, the Graz experience was really useful for the future improvement of the system. We had the possibility to test our system in real life conditions, we understood the limits of our system and on what we need to work on to become more competitive for the Cybathlon race. In particular, our complicated setup of two computers connected through a network was clearly a difficulty. Because of it, we spent most of the test day trying to resolve network issues that arose in the context of the competition environment, so we had no time to train our pilot the day before the competition. Even on the day of the competition, passing the Tech-check (a test to see whether each team system is able to communicate with the game infrastructure) proved to be difficult and was achieved at the last minute. On the positive side, once we ruled out the network problems, our system proved functional and stable during the whole race, contrary to some other teams which experienced some problems and had to redo a qualification run to obtain their final result. Another success is that even if our pilot finished last, she led the race in both the qualification and final races till the last few seconds. Most probably, this is related to a concentration problem as the race took place in a crowded amphitheater with a lot of cheering for the pilots, especially around the race end and our pilot had not been trained in such an atmosphere.



Brain-Computer Interface Race Ranking CYBATHLON					
Rank	Pilot	Team	Race	Distance	Time
1	Francesco Bettella	WHI Team	Α	500.0	03:03
2	Pascal Prietl	MIRAGE 91	Α	500.0	03:49
3	Owen Collumb	NeuroCONCISE	Α	386.6	04:00
4	Kriangkrai Tachadee	Mahidol BCI	Α	99.9	00:57
5	Wilfried Panatier	NITRO 1	В	399.8	04:00
6	Karine Leclerc	NITRO 2	В	390.5	04:00

Figure 8. Cybathlon BCI series ranking.

Finally, we also learned a lot on the human side of the race. Airplane travel, local accommodations and land transport, while having been planned thoroughly and well in advance, were a source of stress for several pilots. We had to find solutions on the fly for several transportation or usual daily life issues.

#### 3.4 Discussion and perspectives

The long training phase and the BCI series in Graz provided us an enriching experience to understand the limits of our current BCI system. We identified several factors that influence the usability and the performance of our system and how these can be improved in the future.

We would like to underline that we had only three months to design the system, adapt it as best as possible to the pilot and train her, which is not a very long period for the preparation to this type of competition.

We did a long phase of training but could only train her to control the game itself for a few sessions (2 or 3) before the competition. For sure, learning to use the system and learning to "play" are two different tasks and therefore imply different levels of concentration. For instance, on the day of the competition, we noticed that during the last minutes, our pilot had more difficulties to stay concentrated. Concentration skills during the game could have been improved if we had had more time to train the pilot with the game. The version of the game that was provided to teams at the time was not providing expected labels, thus data collected while using the game could not be used as training data. Consequently, pure game training time was limited.

There were many factors that influenced the stress condition of the pilot, impacting her ability to concentrate and consequently her performance. For instance, during both investigation and training phases, the acquisition took place in a standard room in a living center, as mentioned before. The room was not equipped for EEG experiments and not shielded for external sounds, consequently many times the training sessions were disturbed by external sounds that distracted the subject. Moreover, the whole training phase took place in summer and therefore in very hot and humid conditions, this condition decreased the pilot's concentration time-span mainly because of the inconvenience and discomfort of having to wear an EEG cap with gel during a heat wave.

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Also, during the BCI series in Graz, many factors influenced her stress, such as competition stress, travel 284 and others logistic problems. In fact, this experience highlighted the problems faced by disabled people, 285 particularly in terms of logistics (adapted transport and infrastructure) and special needs (lifts, wheelchairs, 286 adapted taxis and toilets, etc.). It also led us to realize the stakes of the organization of such an event. 287

Another factor that probably induced an increase of the overall stress of the pilot was the presence of many people and of noise during the competition. Indeed, the competition took place in an amphitheater room and each pilot was positioned in front of the public, and during the competition a person commented the race, whereas during all the training period, we tried to keep environmental disturbances as low as possible.

In the BCI series in Graz, we noticed a great deal of variability between pilots. For example, residual 293 motor abilities were highly variable from one pilot to another. Some pilots were able to fully use their arms, others could not move at all, some disabilities were congenital while others were recent. It is challenging to 295 create a system that can be adapted to all situations. This confirms the importance of personalizing BCI 296 systems, to tackle the needs of each user in any situation, such as a competition or real life.

The participation to this competition was a really exciting challenge and provided us a very informative 298 experience in the development of a BCI for a disabled person. We understand that the role of the user is 299 300 fundamental in a SMR-BCI system, confirming the need to develop user-centered systems in particular for disabled people that present different needs, based also on their disabilities. 301

After the BCI series, there were many aspects that we would have liked to improve in our system. On the 302 human side, training the pilot to play the game with external disturbance (noise, and a cheering public) and 303 improve her concentration capability would help her to maintain her maximum performance up till the end of the track. It would have also been productive to allow the pilots to train against each other in order to 305 simulate real competitions. On the system side, we need to simplify our setup and remove the use of two 306 computers linked by a network. 307

#### CONCLUSIONS

In this work, we deployed a MI-BCI system for a motor impaired user in the context of a BCI-game 308 competition. A special focus was put on the long multi-stage training necessary to obtain an effective 309 system. We presented and discussed our strategy to design an experimental user-centered experimental 310 protocol. Moreover, we highlighted that the emotional state of the user directly impacts the performance of 311 the system, in particular in a live competition. 312

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