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Optimising criteria for manual smear review following automated blood count analysis: A machine learning approach

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Abstract. The complete blood count (CBC) performed by automated haematology analysers is the most common clinical procedure in the world. Used for health checkup, diagnosis and patient follow-up, the CBC impacts the majority of medical decisions. If the analysis does not fit an expected setting, the laboratory staff manually reviews a blood smear, which is highly time-consuming. Criteria for reviewing CBCs are based on international consensus guidelines and locally adjusted to account for laboratory resources and populations characteristics. Our objective is to provide a clinical laboratory decision support tool to identify which CBC variables are linked to an increased risk of abnormal manual smear and at which threshold values. Thus, we treat criteria adjustment as a feature selection problem. We propose a cost-sensitive Lasso-penalised additive logistic regression combined with stability selection, adapted to the peculiarities of data and context: class-imbalance, categorisation of continuous predictors, required stability and enhanced interpretability. Using simulated and real CBC data, we show that our proposal is competitive in terms of predictive performance (compared to deep neural networks) and model selection performance (provided that there is sufficient data in the neighbourhood of the true thresholds). The R code is publicly available as an open source project.

Keywords: Machine Learning for Healthcare Applications · Data mining · Feature selection · Interpretability · Categorisation of continuous variables · Lasso · GAM.

1 Introduction

The complete blood count (CBC) with leukocyte differential count obtained by automated haematology analysers is often included as part of a routine checkup. It is one of the most ordered laboratory tests used to monitor overall health,

medical condition or medical treatment and to help detect a variety of disorders. When the analysis does not fit an expected setting, the machine triggers a warning flag. Then, laboratory staff manually prepares and reviews a blood smear using a microscope. The International Consensus Group for Haematology Review published in 2005 criteria for reviewing CBCs [3]. In general, adjustments are needed to account for local populations characteristics and laboratory resources [21, 6, 15, 2]. While the manual technique is more effective identifying nuances in cell shapes, it incurs a substantial time and cost burden on laboratory staff. Also, it requires a high degree of technical skill. There is great interest in optimising human and financial resources (i.e. minimising the number of useless reviews) whilst ensuring the quality of patient care (i.e. minimising the number of omitted useful reviews).

1.1 Motivation example

The manual smear is also used as a quality control tool to evaluate and calibrate the automated haematology analysers. Routinely, all samples (with or without a warning flag) analysed in a given period of time are reviewed to evaluate the need for adjustments in criteria for manual smear review. As a secondary use of these large-scale data we propose to train machine learning algorithms.

CBCs and corresponding blood smear reviews for 10 000 patients were performed at the clinical laboratory of the Pontificia Universidad Catolica de Chile in 2016 in the framework of the quality control procedure. After excluding hospitalised patients and patients with a non-consensual smear result, a total of 9 594 data were available. The response variable, normal/abnormal smear, is imbalanced: only 7% of the smears were abnormal.

CBC data consisted in haemoglobin (g/dL), haematocrit (%), mean corpuscular haemoglobin ($pg/cell$), mean corpuscular volume (fL), erythrocytes ($10^6/\mu L$), red blood cell distribution width (%), platelets ($10^3/\mu L$), leukocytes ($10^3/\mu L$), immature granulocytes (%) and the leukocyte differential count which includes neutrophils, basophils, eosinophils, monocytes and lymphocytes ($10^3/\mu L$ and %). The presence or absence of alarms of suspected alterations of blood cells (binary), sex (binary) and age (years) were also reported.

1.2 Objective

Machine learning tools for decision support have already been applied in the field of haematology [20, 19, 17]. However, they are essentially limited to predict a given disease onset from CBC data. We aimed to provide a machine learning based-decision support tool for adjusting abnormal levels in the CBC tests for use at laboratory level. We treated criteria adjustment as a feature selection problem, thus the objective was to identify which CBC variables are linked to an increased risk of abnormal manual smear and at which threshold values.

Our proposal is based on cost-sensitive Lasso-penalised additive logistic regression, which represents a trade-off between predictive performance and interpretability. Cost-sensitive learning and data sampling are the main methods

in imbalanced binary classification [12, 7]. The first is a better choice for large sample sizes. Weighting individuals' contributions to account for the degree of imbalance is one of the simplest cost-sensitive approaches. Categorisation of continuous variables, though not recommended, is usual in clinical studies since the analysis and results interpretation are greatly simplified. Thus, we considered additive functions to belong to the space of piece-wise constant functions. On the other hand, the natural sparsity encouraged by the Lasso penalty is combined with a stability selection procedure to enhance model stability.

2 Related work

When no prior knowledge is available to guide the choice of the categories, continuous variables are typically categorised into quantiles. Also, additive models fitted by cubic splines are used as an exploratory data analysis tool [4]. Instead of using piece-wise cubic polynomials which are next transformed into constant functions, we propose to use directly piece-wise constant polynomials. A crucial question is how to select the optimal number and/or location of threshold values. That could be viewed as a variable selection problem. Indeed, once the basis functions have been set, we have moved from a non-linear to a linear space, so that a variable selection methods for linear settings can be used. Standard variable selection procedures have already been applied [4, 13], but only when very few quantitative predictors have to be categorised. Yet, CBC data consist in more than twenty blood cell measurements.

Penalised methods leading to parsimonious models, such as the Lasso [9], have emerged as convenient alternative approaches. Extensions to parsimonious additive models have been proposed based on a reformulation of the estimation problem in terms of group Lasso [1], sparse group Lasso, overlapping group Lasso, or fused Lasso [16]. Several R packages have been developed, e.g. COSSO, GAMBoost, SAM, GAMSEL, hgam, MSGGLasso, FLAM [16]. However, these packages are limited in their capability to support the logistic model or a mixture of qualitative and quantitative predictors or piece-wise constant basis functions or to handle large data sets.

3 Method

Let $(X_1, \dots, X_p, Y)$ be a random vector with Y a binary variable, coded 0 for normal and 1 for abnormal blood smears. Let $\{(X_{i1}, \dots, X_{ip}, Y_i)\}_{i=1}^n$ be an i.i.d. sample of size n and $\{(x_{i1}, \dots, x_{ip}, y_i)\}_{i=1}^n$ a realization of the sample. Let us note $\mathbf{x}_j = (x_{1j}, \dots, x_{nj})^\top$ the vectors of size $n \times 1$. Consider the additive logistic model in terms of the logit function:

$$\text{logit}(P(Y_i = 1|x_{i1}, \dots, x_{ip})) = \ln \frac{P(Y_i = 1|x_{i1}, \dots, x_{ip})}{1 - P(Y_i = 1|x_{i1}, \dots, x_{ip})} = \beta_0 + \sum_{j=1}^p f_j(x_{ij}) , \quad (1)$$

where f_j are unknown univariate real (centred) functions and β_0 is the unknown intercept.

Let $\{\chi_j^k(\mathbf{x}_j)\}_{k=1}^{p_j}$ be a fixed basis of functions and denote $\boldsymbol{\chi}_j^k = \chi_j^k(\mathbf{x}_j)$. Any f_j can be expanded in terms of these basis functions: $f_j(\mathbf{x}_j) = \sum_{k=1}^{p_j} \beta_j^k \chi_j^k$ where $\{\beta_j^k\}_{k=1}^{p_j}$ are unknown parameters. By considering the block matrix $(\boldsymbol{\chi}_1, \dots, \boldsymbol{\chi}_p)^\top$ and vector $\boldsymbol{\beta} = (\boldsymbol{\beta}_1, \dots, \boldsymbol{\beta}_p)^\top$, we can write: $f_j(\mathbf{x}_j) = \boldsymbol{\chi}_j \boldsymbol{\beta}_j$. Consider now the particular case of piece-wise constant polynomials: $\chi_{ij}^k = 1$ if $x_{ij} > q_j^k$ and 0 otherwise, with q_j^k the k -th value of a collection of K_j fixed values, e.g. the ordered percentiles of X_j .

We consider the problem of estimating a high-dimensional additive model using sparse methods. The number of candidate explanatory variables could be large but only a small set of them contribute to the response. In addition, the relationships between explanatory variables and the outcome are possibly non linear. Through the logistic likelihood function, we can write the weighted penalised optimisation problem:

$$\max_{\boldsymbol{\beta}} \left\{ \sum_{i=1}^n \omega_i \ln \frac{e^{y_i \sum_{j=1}^p \boldsymbol{\chi}_{ij} \boldsymbol{\beta}_j}}{1 + e^{\sum_{j=1}^p \boldsymbol{\chi}_{ij} \boldsymbol{\beta}_j}} - \lambda \|\boldsymbol{\beta}\|_1 \right\}, \quad (2)$$

where to simplify, the intercept is omitted, $\lambda > 0$ controls the amount of regularisation, the weights $\omega_i = \omega > 1$ if $y_i = 1$ and 1 if $y_i = 0$ are used to account for the degree of imbalance in the minority class. Indeed, when facing with an imbalanced learning problem, a simple strategy consists in weighting individuals' contributions to the likelihood function [12, 7].

3.1 Practical implementation

The lasso estimator $\hat{\boldsymbol{\beta}}$ that maximises (2) depends on λ and ω . When the primary goal of the study is prediction, K-fold cross-validation (e.g. based on the area under the receiver operating characteristic curve - ROC AUC) is routinely applied to estimate λ . When the primary goal is to infer the set of truly relevant variables, the combination of cross-validation with stability selection [14] is a better option [23]. The stability selection procedure calculates the empirical selection probability for each χ_j^k , that we use as a continuous measure of the stability associated to the Lasso estimates.

Class weighting can be determined on the basis of expert judgement, using the inverse of the empirical class distribution in the learning data, or evaluating a performance criterion on a grid of ω -values with test data. We applied the following heuristic as a previous step: we determined a grid of ω -values around the inverse of the observed class distribution, the optimal value of ω was that maximising the cross-validated ROC AUC under the constraint that recall cannot be inferior to a given fixed value (to be determined by laboratory clinicians, 0.85 here).

To avoid overoptimistic results, we implement cross-validation with stratified folds (i.e. each fold contains roughly the same proportion of abnormal smears as in the whole sample) and using weights only in the training step [11].

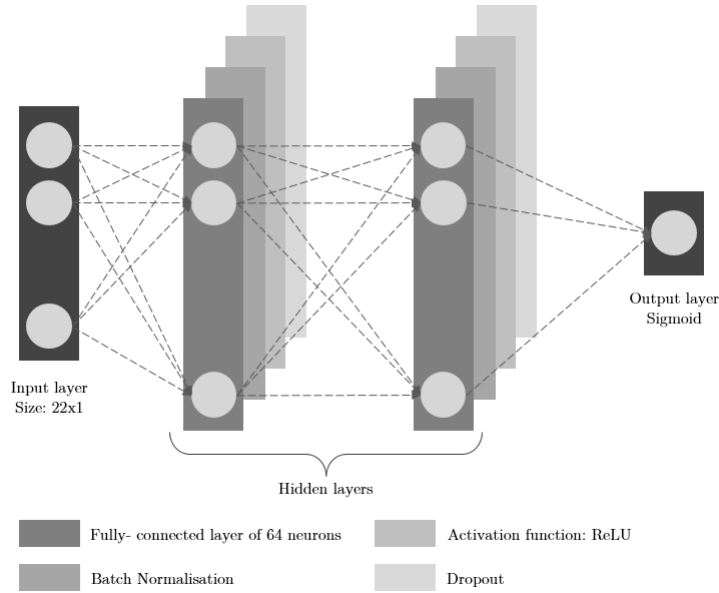


Fig. 1. Retained NN architecture.

We developed a simple R function to construct features based on percentiles for each variable. Equation (2) and ROC AUC cross-validation can be resolved by calling the R glmnet package [8]. Another R function allows to visualise the Lasso estimates and corresponding selection probabilities represented by a light to dark gradient of grey.

4 Evaluation

The purpose of this evaluation was manifold, we aimed to answer the following questions:

- Is the predictive performance of our model comparable to that of powerful models such as deep neural networks (NN), which explore a larger nonlinear feature space?
- Is our procedure able to detect relevant predictors and relevant thresholds?
- Could our procedure provide sound and informative findings?

To answer these questions we used real CBC data which also served as the core of a simulation study.

4.1 Predictive performance: Lasso VS NN

We developed a NN (Fig. 1). The 22 predictor variables were the input variables and it returned the probability of abnormal smear as output. Continuous

variables were previously standardised and non-linearly transformed into the network. To account for class imbalance, we adopted again the weighting strategy [10]. The NN was trained in 100 epochs using cross entropy as loss function. Other options were evaluated but only the architecture providing the best performance is presented. The NN model was implemented in Python with Keras.

We split the real data into 20 stratified folds. We iteratively fitted the weighted logistic Lasso and NN with the data from 19 folds and calculated precision, recall, specificity, ROC AUC and the area under the precision-recall curve (PR AUC) on the remainder fold. The weight ω was set to 20 for both of the methods.

4.2 Detection of relevant predictors and thresholds

We performed a simulation study: the input data matrix and the features $\mathbf{x}_j$, were those defined by the original CBC data, ensuring the same structure. Y was generated from the features, assuming the logistic model. We considered 4 scenarios. In scenarios #1 and #2, among 19 blood cell measurements, two were relevant. They showed low correlation. In scenarios #3 and #4, five predictors were relevant. They showed moderate to high correlation between them and low correlation with all the other variables.

One β_j^k per relevant variable was non-zero (all set to 1.4). They were chosen such that thresholds were located: at the extreme percentiles (in #1 and #4), where observations are sparse or at not-extreme percentiles (in #2 and #3), where observations are frequent. β_0 was calibrated such that 7% of smears were abnormal.

For each scenario, Y was generated 100 times, then selection probabilities were estimated by the Lasso with stability selection.

4.3 Applicability of the procedure

Finally, we illustrate how the proposed procedure could help laboratory clinicians to make decisions about fine-tuning abnormal levels. The Lasso estimates are graphically presented. A light to dark gradient of grey represent the selection probability estimated from stability selection: the more the estimation is dark, the more stable the results are. Clinicians could explore at which values the data show a probable change in the risk of abnormal smear compared to the recommended threshold values and thus adjust the local criteria.

5 Results

Figures (2)-(3) present predictive performance results of the Lasso compared to Deep neural network. NN presented very high recall values and performed slightly better than the Lasso. Inversely, the Lasso presented the best precision and specificity values. As a consequence, ROC and PR AUC were comparable and high in both cases. The consensus criterion led to inferior results in terms of precision and recall.

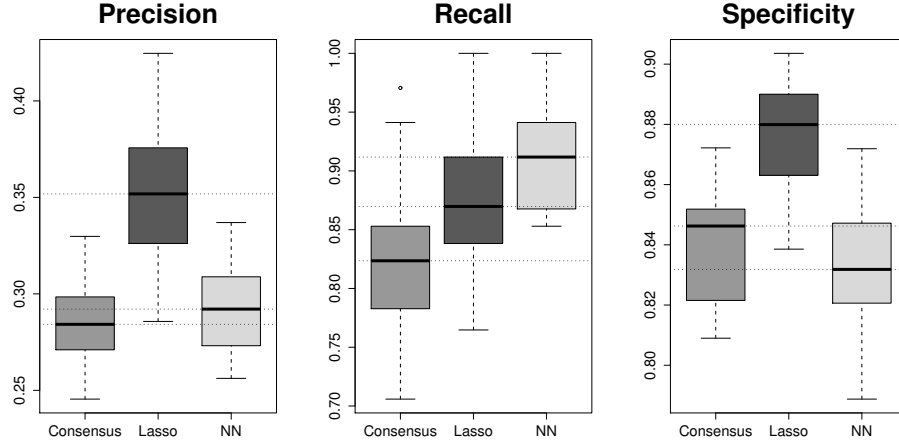


Fig. 2. Predictive performance. The boxplots represent distributions over the 20 validations sets from real CBC data. Dashed horizontal lines are plotted at median values.

Table (1) shows simulation study results. When the true features were correlated and located at the extreme percentiles (#4), targets were often missed. The five true values were correctly identified in 14%-57% of the cases. Indeed, the relevant predictors, being redundant, may not be simultaneously selected. When the true thresholds have to be learn from sparse observations but relevant predictors are not correlated, neither among themselves nor with noisy variables (#1), the true values were correctly identified in 52%-68% of the cases. In scenarios #2 and #3, relevant predictors were very frequently selected (more than 90% on average). Interestingly, values surrounding the true thresholds are more often selected than distant values. This could explain that the true threshold is not selected more often than about 90%. Noisy variables were rarely selected.

Figure (4) shows Lasso estimates in terms of variation of OR. By convention, we choose the reference category as the one with lowest coefficient estimate. The variations of OR can thus be interpreted as OR increments. The selection probability estimated from stability selection is represented by the intensity of

Table 1. Selection probability (%) obtained by stability selection combined with the Lasso in the four scenario simulations. Values correspond to the range of mean probabilities (over 100 simulations) for relevant and irrelevant predictors and thresholds.

Predictors and thresholds	Scenarios			
	#1	#2	#3	#4
Relevant	52%-68%	90%-91%	91%-92%	14%-57%
Noisy	1%-15%	0%-3%	0%-11%	0%-4%

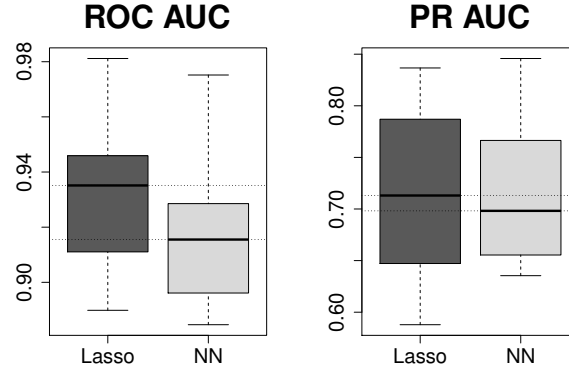


Fig. 3. Predictive performance. The boxplots represent distributions over the 20 validations sets from real CBC data. Dashed horizontal lines are plotted at median values.

the grey colour. Green lines (with arrows indicating the direction) indicate new thresholds suggested by the Lasso estimates.

The consensus recommendation (in blue) is sometimes close to those suggested by the Lasso, e.g. mean corpuscular volume, or this seems to be enough, given the incertitude around the lasso estimates, e.g. neutrophils as counts and the superior threshold of lymphocytes as counts. Other times, the Lasso estimates suggest thresholds more conservative (i.e. leading to more smear reviews) than those of the consensus, e.g. haemoglobin, mean corpuscular haemoglobin, platelets, red blood cell distribution width and basophils as counts (for the later, the recommended threshold is greater than the observed values). In addition, a threshold seems to be relevant in some cases in which no recommendation exists, e.g. immature granulocytes, lymphocytes as percentage and the inferior limit of lymphocytes as counts. Inversely, some consensus thresholds seems to be useless, e.g. monocytes as counts and the inferior thresholds of leukocytes.

The presence of a machine alarm as well as mean corpuscular volume higher than $106 fL$ appear to be stable strong predictors of abnormal smear. Red blood cell distribution width-CV higher than 16% and lymphocytes higher than 51% appears to be strongly associated with the presence of abnormal smear. In the case of lymphocytes this association is stronger and stable for values higher than 71%.

6 Discussion

In this paper we propose an machine learning tool to fine-tune abnormal levels in the CBC tests from data routinely produced in the internal laboratory quality control. This procedure, tailored to the particularities of the data, represents a non-linear baseline for a variety of tasks and could be of high importance for resource constrained environments. Offsetting imbalance by a weight appears to be an intuitive solution. In addition, the automatic choice of variables, as well as

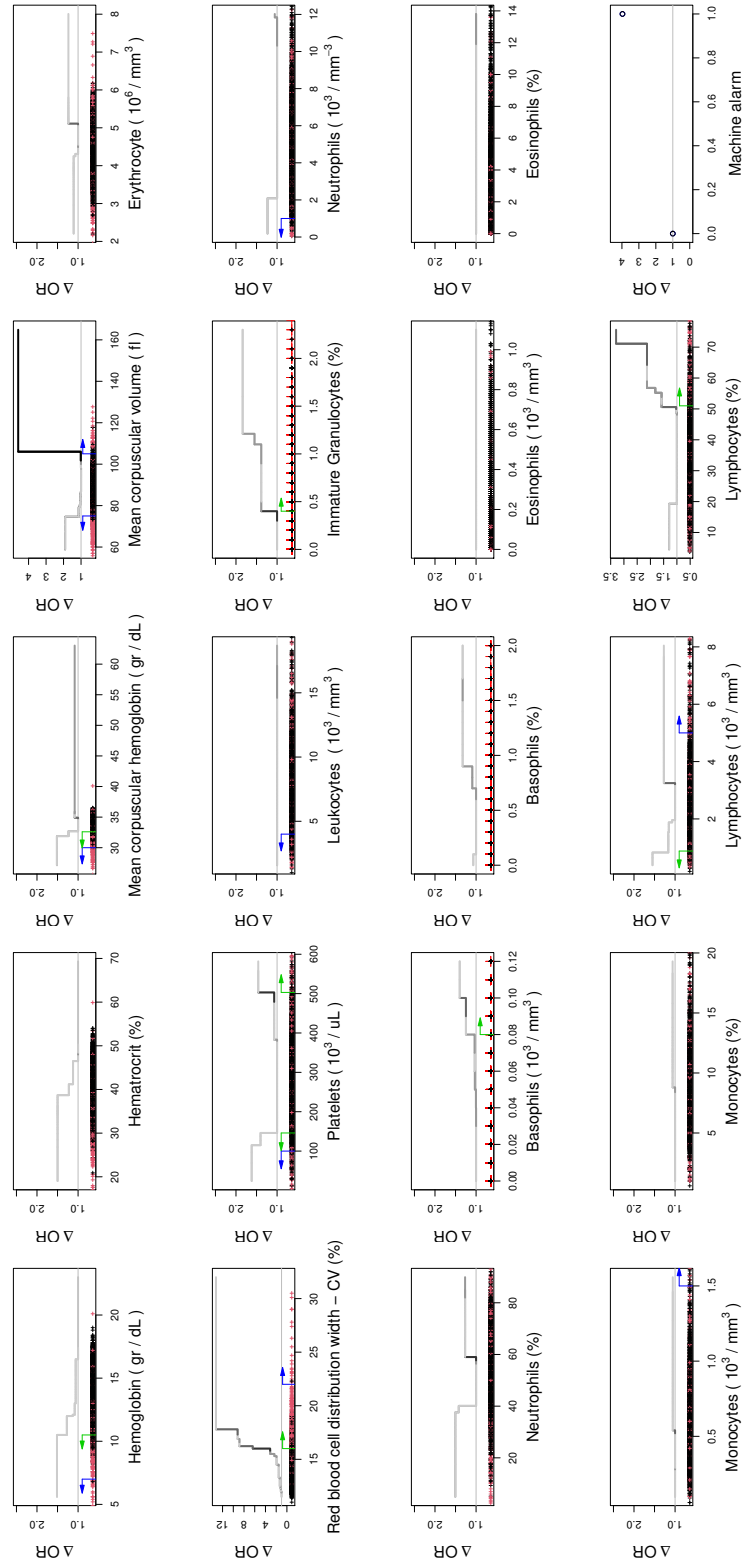


Fig. 4. Lasso estimates of the real CBC data in terms of variation of the OR. The light to dark gradient of grey indicates the selection probability estimated by stability selection: the darker, the more stable. Normal observations are indicated in black and the abnormal ones in red. The recommended thresholds [3] are indicated by blue lines). Green lines indicate new thresholds suggested by the Lasso estimates.

their functional form, can be managed by additive models with a penalty encouraging sparsity. Indeed, this corresponds to automatising the common practice of categorisation in the biomedical field. On the other hand, the practical implementation is simplified since standard efficient R packages that resolve the plain Lasso could be applied. Our proposal is close to existing approaches [1, 16]. Nevertheless, by choosing the piece-wise constant function basis, that conveniently categorises CBC data, interpretation, estimation, and computational issues are substantially simplified. This simplicity allows us to consider the extension to more complex models as a perspective, for instance, by including pairwise interactions between blood cell measures and age and sex.

As expected, deep neural network outperformed the Lasso in terms of recall. Indeed, the Lasso explores a reduced feature space compared to neural networks. Both approaches showed high values, though (the median (SD) recall values were 0.91 (0.04) and 0.87 (0.06) for deep neural network and the Lasso, respectively). This is all the more important since errors inherent to the subjectivity of manual blood smear tend to be biased: in case of doubt, the result of the worst case is assumed. Thus, a fraction of manual smears labelled as abnormal may actually be normal, potentially inflating false negative results. The Lasso presented the best precision and specificity. The weighting may have a greater impact on the neural network to the detriment of its specificity and its precision (by overestimating positives). The consensus criterion led to inferior results in terms of both, precision and recall.

AUC scores, balancing recall and precision/specificity, were comparable for NN and the Lasso. By means of recall and specificity, ROC AUC accounts for both true positives and true negatives, while PR AUC focuses on positives i.e. the minority class. Thus, PR AUC is recommended for predictive performance evaluation in imbalanced classification [18]. However ROC AUC is well-established in biomedical and other disciplines since easier to interpret [5]. We used ROC and PR AUC for evaluation but only ROC AUC to tune hyperparameters. A future perspective is the exploration of the PR AUC for hyperparameter tuning.

A wide variety of methods whose non-linearity/complexity lies somewhere between Deep neural networks and logistic regression exists. However, our goal was not to find the best prediction method, but to show that the proposed simple approach doesn't imply an important deterioration of the predictive performance.

The simulation study showed that our procedure was able to detect true thresholds with high probability provided that enough data are available in the thresholds' neighbourhood. On the other hand, the conclusions arisen from the visualisation of Lasso estimates and their relative importance are sound and relevant for a particular clinical laboratory [22]. They generalise neither to other machines nor to other populations. However, the procedure itself appears to be an useful tool for decision support at laboratory-level. Our R code to implement it is publicly available on request from the corresponding author.

More standard measures of uncertainty are confidence intervals and p-values. Some R packages allow to compute these measures for high-dimensional data

with binary response. However, we failed to use them with our CBC data. Alternatively, we implemented resampling-based percentile confidence intervals. Nevertheless, their coverage rate was poor and thus we don't recommend their use.

From the perspective of an extended decision-making tool, it would be interesting to provide a deeper analysis of errors, for example using as outcome the agreement/disagreement between manual smear and CBC results according to the locally fine-tuned thresholds. This approach would allow to directly deal with the question of how to decrease laboratory burden by reducing useless microscopic reviews.

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