# **Collision avoidance in older adults**

R. Grundberg<sup>1</sup>, M. Cinelli<sup>1</sup>, S. Bourgaize<sup>1</sup>, A. Crétual<sup>2</sup>, AH. Olivier<sup>2</sup>









<sup>1</sup> Department of Kinesiology & Phys. Ed, Wilfrid Laurier University, Waterloo, Canada <sup>2</sup> Univ Rennes, Inria, M2S - EA 7470, F-35000 Rennes, France anne-helene.olivier@univ-rennes2.fr



#### Context

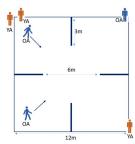
- Every year, 1 in 3 older adults are likely to fall at least once [1]
- Many falls occurs while walking [2] where an individual needs to adapt to environmental hazards
- Studies with older adults interacting within an environment:
  - Difficulties in estimating time-to-arrival of vehicles [3]
  - Larger critical ratio, more variability in door aperture task [4]
  - Larger clearance distance when avoiding a moving object [5]
- Walker-walker collision avoidance findings:
  - Actions are mutually solved [6]
  - Motion adaptation depends on future risk of collision [2] and crossing order [7]
  - Crossing order early determined and unchanged [7]
  - Higher risk of collision in older adults if dual task [8]

# Aim and Hypothesis

- Aim: study person-person collision avoidance behaviours in Older Adults (OA) in comparison to Young Adults (YA) walkers
- Hypothesis: OA will have delayed visuomotor processing leading to "risky" adaptations in a collision avoidance task

### Methods

- 18 OA (65-74 years old) and 18 YA (18-30 years old)
- 687 collision avoidance trials: 2 participants walked towards a goal with orthogonal crossing trajectories.
- 3 types of interaction: OA/OA, YA/YA and OA/YA





- - Initial Minimum Predicted Distance [6] (MPD) threshold for motion adaptation
  - Inversions of crossing order
  - Clearance distance when adaptation occurs
  - Contributions to avoid the collision based on MPD [7]

# Results and Discussion

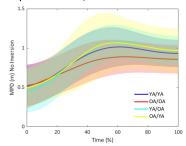
- No collision occurred, OA & YA were able to act appropriately
- Larger threshold needed to trigger avoidance when OA is second in crossing order, possibly due to visuomotor delays
- More crossing inversions with OA second, poor visuomotor

Smaller clearance distance in OA/OA, "risky" behaviours

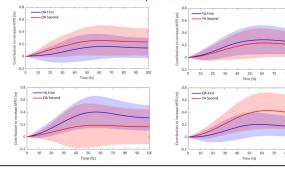
Condition	OA/OA	YA /YA	OA/YA*	YA/OA**
Threshold for adaptation (m)	1.12	1.01	1.06	1.12
Crossing order inversion (%)	25	13.8	12.7	23
Median Clearance distance (m)	0.79	0.93	0.93	0.89

\*OA crossed first and YA second, \*\* YA crossed first and OA second

- MPD evolution (trials without inversion)
  - Similar and correct avoidance strategies in OA
  - Under-adaptation in OA/OA



When OA and YA interact, YA avoids more



### **Conclusions**

- OA have similar strategies than YA to avoid a collision
- But OA appear to have visuomotor processing deficits leading to "risky" avoidance behaviours
- Future works: investigate the role of social aspects vs. motion difference in YA/OA interactions using VR

# **Acknowledgements**

This work has been funded by Inria associated team BEAR and Mitacs Globalink

[2] Berg WP, Alessio HM, Mills EM, Tong C. Circumstances and consequences of falls in independent community-dwelling olde

[2] de g. wr., dessor ins., minis un., con-easter and consequences or hans in independent community-determined adults. Age Ageing, 1997; 26(4), 2013. Functional declines as predictors of risky street-crossing decisions in older pedestrians. Acid. Anal. Press. 93, 135–143.

[4] Hackney, A. L., & Cinelli, M. E. (2011). Action strategies of older adults walking through apertures. Gait & posture, 33(4) [5] Gérin-Lajole, M., Richards, C. L., & McFadyen, B. I. (2006). The circumvention of obstacles during walking in different environmental contexts: a comparison between older and younger adults. Gait & posture, 24(3). 364-369.
[6] Olivier et al. (2012). Minimal predicted distance: A common metric for collision avoidance during pairwise interactions between walkers. Gait & posture, 36(3). [7] Olivier et al. (2013). Collision avoidance between two walkers: Role-dependent strategies. Gait & posture, 38(4)

[8] Silva, W. S., McFadyen, B., Fung, J., & Lamontagne, A. (2019). Effects of age on obstacle avoidance while walking and deciphering text versus audio phone messages. Gerontology, 1-13.

