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Magnetic resonance cholangiography: Current and future perspectives

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Summary

Magnetic resonance cholangiography (MRC) has become the standard of reference for imaging of the biliary ducts. The use of three dimensional (3D) sequences has resulted in improved spatial resolution with virtually isotropic voxel and improved signal/noise ratio. In addition to MRC images, 3D fat suppressed T1-weighted MR images should be systematically obtained to search for intrahepatic calculi.

MRC plays a major role in the diagnosis of cholangiocarcinoma and assessment of its resectability. With modern MR systems the performance of MR is basically the same that of CT for evaluation of arterial and portal vein extent. MRC is a key imaging modality for the diagnosis of primary sclerosing cholangitis. Different imaging patterns may be observed including multifocal intra and extrahepatic strictures alternating with slightly dilated ducts. Focal signal abnormality of the liver parenchyma and focal parenchymal atrophy represent the consequences of biliary duct obstruction on liver parenchyma. Diagnosis of biliary lithiasis is performed by combination of MRC and T1-weighted MR imaging. MRC can be performed for the diagnosis of secondary cholangitis including ascending cholangitis, ischemic cholangitis and IgG4-related sclerosing cholangitis.

Hepatobiliary contrast agents could be used for demonstrating the site of biliary duct leakage after surgery and for functional imaging. MR imaging can also be used to determine the prognosis of PSC. The inherent limitations of MRC of bile ducts are still the suboptimal spatial resolution for evaluation of distal intrahepatic biliary ducts.

Magnetic resonance cholangiography

Magnetic resonance cholangiography (MRC) has become the standard of reference as a technique for morphologically examining the biliary ducts. Endoscopic retrograde cholangiography (ERCP) was long considered the reference technique for diagnosing biliary duct diseases. However, ERCP is an invasive procedure associated with a risk of major complications, including pancreatitis, biliary sepsis, bleeding and perforation, and is no longer performed for diagnostic purposes. Ultrasound remains a sensitive examination for detecting intrahepatic calculi.,There are virtually no indications for computed tomography. Several papers have demonstrated the extremely high diagnostic accuracy of MRC in the detection of biliary duct stones and benign biliary strictures, as well as malignant lesions of the biliary tree (1, 2).

MRC

MRC with very heavily T2-weighted sequences exploits the combination of the high signal intensity of static fluids in the biliary tract and the low signal intensity of background tissues. MRC can be performed with both two-dimensional (2D) and three-dimensional (3D) sequences. When the first magnetic resonance cholangiography images were obtained in the beginning of the 1990s with the possibility of using fast spin echo sequences and simultaneous reading of several lines of the Fourier plane, they were the result of two-dimensional (2D) acquisitions (3). The principal advantage of these 2D sequences was a short acquisition time feasible within a single breath-hold, indicating that they are not very sensitive to motion artifacts. Furthermore, these 2D sequences do not require post-processing and can be interpreted immediately (4). However, these 2D sequences are associated with the risk of a partial volume effect because, by nature, the acquisition only concerns one slice plane.

3-D MRC

The use of three-dimensional (3D) sequences has resulted in significant advances in diagnostic performance. The main advantage of 3D isotropic MRCP is the use of thinner section source images, resulting in a virtually isotropic voxel, providing high resolution in all three spatial planes with an excellent signal/noise ratio, which allows optimal post-processing of image data to obtain maximum intensity projection (MIP) images and multiplanar reformatted (MPR) images. Therefore, 3D MRC combines the advantages of projectional

imaging with those of cross-sectional imaging. MIP global 3D images provide a spatial overview of the biliary tract anatomy, while thin or thick MPR images help visualize small abnormalities such as stones. However, it should be stressed that one should always analyze the thin section source images, and not rely exclusively on post-processed images (5).

With modern machines, 3D MRC seems to be clearly superior to 2D MRC, the only advantage of which is the ability to make dynamic acquisitions, which are only infrequently needed (6). In the majority of cases, 3D MRC is performed using native images acquired in the coronal plane.

Complementary sequences

MR imaging of biliary diseases is not restricted to MRC (7). Unlike T2-weighted sequences, which can be considered optional if the magnetic resonance cholangiography study is of good quality, the T1-weighted sequence is absolutely essential for assessing biliary diseases when searching for intrahepatic calculi. Indeed, the majority of intrahepatic calculi produce T1-weighted hyperintensity, likely due to the presence of hemoglobin degradation products. It is recommended that T1-weighted sequences obtained during 3D acquisition with fat saturation be used to suppress the fat signal intensity present within the hilum of the liver.

Contrast agents are not strictly mandatory during biliary duct MR imaging. However, intravenous injection of a gadolinium chelate is currently used in patients with biliary neoplastic obstruction (8). In addition, negative oral contrast agents can be usefully employed to reduce the brightness of the gastric and intestinal fluids in order to enhance the visualization of the biliary tree and pancreatic ducts (9). At our institution, we use the ingestion of pineapple juice, which is very effective for reducing the signal from digestive structures on T2-weighted images because of the high concentration of manganese, which decreases the signal intensity of the fluid contained within the small bowel (10).

Biliary diseases

Cholangiocarcinoma

MR imaging plays a major role in the diagnosis of cholangiocarcinoma and the assessment of its resectability (Figure 1). Contrast-enhanced MR imaging with MR cholangiography is particularly useful to accurately assess the extent of ductal involvement (11). MRC can accurately evaluate the site of the obstruction and the nature of the stricture. Malignant strictures usually appear as marked irregular strictures with significant proximal bile duct

dilatation. Localized hepatic parenchymal atrophy is commonly observed in combination with biliary duct dilatation (12). Presently, CT scanning is still commonly performed to evaluate the extent of arterial and portal venous invasion. However, with modern MR systems, the performance of MR is basically the same as that of CT. In addition, MRC can be valuable in the evaluation of and therapeutic planning for patients with biliary-enteric anastomoses (13, 14).

Primary sclerosing cholangitis

Primary sclerosing cholangitis (PSC) is a rare chronic cholestatic liver disease with an incidence rate of 0.77 per 100,000 person-years (15-17). Although the natural course may vary from one patient to another, PSC is often progressive, leading to biliary cirrhosis and its complications. A diagnosis of PSC is made in patients with cholestasis that is not otherwise explained, when MRC shows multifocal strictures and segmental dilatations and when possible causes of secondary sclerosing cholangitis (especially IgG4-associated cholangitis) have been excluded (18).

The features on MRC include multifocal intra- and extrahepatic bile ducts with moderate or severe strictures alternating with slightly dilated ducts. The MRC findings in patients with PSC are markedly variable. Different imaging patterns may be observed, probably related to the stage of the disease process and to the pattern of disease. Early in the course of the disease, randomly distributed, short, diffuse intrahepatic strictures alternating with normal or slightly dilated segments are observed. Contrast-enhanced T1-weighted images may demonstrate biliary wall thickening and mural contrast enhancement of the biliary ducts related to the inflammatory process (Figure 2). As the fibrosing process worsens, the strictures increase and the ducts become obliterated. Focal signal abnormalities of the liver parenchyma on T2- and diffusion-weighted images suggesting cholestasis, inflammation and fibrosis are observed. Consequently, focal parenchymal atrophy is observed (Figure 3). However, the natural history of PSC is complex (19). The disease may remain stable with minimal biliary abnormalities over a period of years, or may show rapid worsening of biliary stenoses with marked parenchymal abnormalities. Other MRC features include webs, diverticula and stones (20). A web is a focal, 1-2 mm-thick area of incomplete circumferential narrowing; a diverticulum is a focal saccular dilatation of the bile duct. Such diverticula are now easily demonstrated with MRC. Primary pigmented stones secondary to bile stasis are demonstrated as focal areas of high signal intensity. Cholangiocarcinoma occurs in 10%-15% of patients with PSC and has a poor prognosis. The tumor is usually located in the common hepatic duct or at the bifurcation. The MRC features that suggest malignant degeneration include the rapid progression of strictures and marked ductal dilatation proximal to strictures. However, a diagnosis of cholangiocarcinoma associated with PSC is difficult, as the inflammatory process may simulate cholangiocarcinoma (21).

Biliary lithiasis

The accuracy of MRC in the evaluation of bile duct stones is high (22). Stones appear as dark filling defects of variable shape within the biliary tree or gallbladder. An evaluation of thin section source images is mandatory. Possible pitfalls include air bubbles, blood clots or hypertrophy of the sphincter of Oddi that mimics biliary duct stones (23). However, high signal intensity is observed on T1-weighted MR images in biliary duct stones and allows a definite diagnosis (24-26).

Secondary cholangitis

Secondary sclerosing cholangitis has imaging features similar to those of PSC; however, this syndrome refers to sclerosing cholangitis that results from a known pathological process or injury (Table 1). Ascending cholangitis is related to bacterial contamination of the biliary system, usually with Gram-negative enteric bacteria. Bile duct strictures, stones and papillary stenosis are the most common causes of ascending cholangitis. Biliary obstruction causes biliary stasis and suppurative cholangitis. Liver abscesses and sepsis can occur when necrosis of the bile duct wall occurs. The role of MRC is to demonstrate the cause of bile duct obstruction. The main MRC features of ascending cholangitis are bile ducts strictures, which are commonly localized in continuation with stones and biliary abscesses (27).

Ischemia-induced biliary ducts lesions are recognized as ischemic cholangitis. Injury of the biliary epithelium occurs when the arterial supply is altered at either the level of the main hepatic artery or at the peribiliary capillary plexus. The MRC findings include multifocal bile ducts lesions. The predominant site of involvement is the confluence of intrahepatic ducts (28). Hyperintensity on T1-weighted MR images, the so-called "cast syndrome", which is related to necrosis of the epithelium, is frequently observed (29). After liver transplantation, bile duct strictures may occur because of iatrogenic injury, hepatic arterial thrombosis or stenosis, or chronic rejection. Ischemic injury can also occur after injury to the vascular supply during biliary or pancreatic surgery. Hepatic arterial infusion of chemotherapeutic agents has also been demonstrated to be a cause of ischemic cholangitis.

IgG4-related sclerosing cholangitis is commonly associated with autoimmune pancreatitis (present in up to 80% of cases) and other IgG4 related diseases (30). Both intrahepatic and extrahepatic bile ducts can be involved, with the lower common bile duct being the most common area of involvement. Multifocal intrahepatic or upper extrahepatic bile duct strictures or bile duct thickening mimicking PSC may be present (Figure 4a). Therefore, differential diagnosis with PSC is difficult (16). Significant improvement is observed with corticosteroids (Figure 4b). The main MRC features of IgG4-related sclerosing cholangitis are multifocal central bile duct strictures, which are frequently associated with main pancreatic duct involvement (31).

Perspectives

There is increasing interest in the use of hepatobiliary contrast agents, such as mangafodipir trisodium (Teslascan, Nycomed, Oslo, Norway), gadoxetic disodium acid (Primovist, Schering co., Berlin, Germany) or gadobenate dimeglumine (MultiHance, Bracco, Milan, Italy) (32). These agents, which are administered intravenously, are excreted primarily through the biliary system. The direct visualization of the biliary tree using these contrast agents allows for a functional evaluation. Presently, such contrast media are mainly used in cases of post-surgery biliary duct leakage to demonstrate the site of leak (33). However, such contrast media could also be used for functional imaging (32).

At present, sub-segmental intrahepatic ducts are still sub-optimally demonstrated on MRC. Therefore, several authors have proposed the administration of pharmacological agents to contract the sphincter of Oddi to increase the pressure and distention of the biliary and pancreatic ducts to improve biliary duct visualization. The use of morphine or fentanyl, both of which can produce contraction of the sphincter of Oddi, has been proposed (34, 35). Similarly, secretin has been proposed to stimulate pancreatic fluid secretion and increase the tone of the sphincter of Oddi to produce a mild dilation of the main and secondary ducts (36, 37).

As noted above, PSC has a markedly variable evolution. In some cases, the biliary disease remains stable over several years, with minimal or moderate biliary abnormalities. On the other hand, rapid and marked worsening of biliary stenoses with hepatic parenchymal alterations and secondary biliary cirrhosis with portal hypertension may be observed in other

patients. Recently, Ruiz et al. proposed two simple radiological scores, the so-called ANALI scores (depending on gadolinium administration) that provided accurate information on the risk of radiological progression. These are two MRI progression risk scores, based on the combination of predictive radiological features (the score without gadolinium administration = 1 x dilatation of intrahepatic bile ducts + 2 x dysmorphy + 1 x portal hypertension and the score with gadolinium administration = 1 x dysmorphy + 1 x parenchymal enhancement heterogeneity). These scores were associated with radiological progression, with an area under the curve of 80 and 83% +/- 4% (38).

The recent improvements in both contrast and spatial resolution allow the evaluation of the arterial and portal vessels with performance comparable to that of a CT scan. An accurate evaluation of both the hepatic artery and portal vein is mandatory to analyze the involvement of vascular structures, especially in cases of cholangiocarcinoma. Therefore, it is likely that MR imaging with MRC will become a "one-stop-shop" for the diagnosis and evaluation of cholangiocarcinoma.

At present, MRC is not commonly performed before laparoscopic cholecystectomy. However, in view of the uncommon, but potentially dramatic, complications related to surgery-induced biliary duct injury, MRC could be performed to depict biliary anatomical variations, which may make a patient prone to surgical complications (39) (Figure 5). However, cost-effectiveness of such diagnostic procedure should be evaluated

Conclusion

The inherent limitations of MRI and MRC of the bile ducts are still the suboptimal spatial resolution. A precise examination of the distal bile ducts is still not possible and is the last remaining limitation of MRC. In the next few years, the role of MRC will further expand due to the availability of faster sequences, 3D imaging, specific contrast agents and functional studies. Finally, the recent introduction of 3 Tesla magnets will likely provide an increased spatial resolution, further improving the performance of MRC.

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Figure legends

Figure 1: Hilar cholangiocarcinoma. a) MRCP demonstrates the biliary duct dilatation, lower end

of tumor (arrow) is well demonstrated. b) After gadolinium injection tumor lesion (arrow) is well

seen in front of portal vein bifurcation.

Figure 2: Primary sclerosing cholangitis. In this inflammatory pattern only moderate stenoses are

observed throughout the intrahepatic biliary ducts (a). After gadolinium enhancement peribiliary

enhancement (arrows) is well demonstrated.

Figure 3: Primary sclerosing cholangitis. In this severe pattern multiple marked stenoses are

observed. Marked atrophy of right lobe is observed on the MRCP (a) and T2-weighted MR images

(b).

Figure 4: IgG4-related sclerosing cholangitis: multiple marked central stenoses are observed

(a) which resolved after steroid therapy (b).

Figure 5: Different patterns of biliary leaks after cholecystectomy. a) Biliary leak fromanterior

right biliary channel (arrow). b) Biliary leak from so-called Luschka channels (arrow) (B: biloma).

Table 1

Causes of secondary sclerosing cholangitis

Biliary lithiasis

Ascending cholangitis

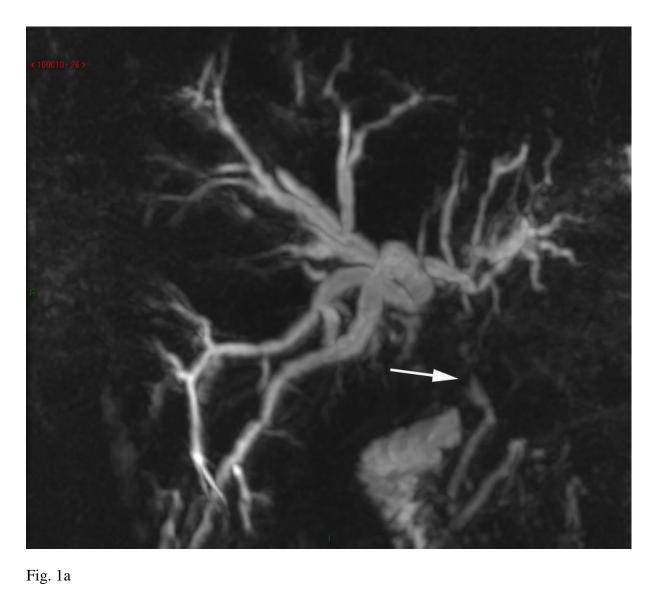
Ischemic cholangitis

Intra-arterial chemotherapy

IgG4-associated cholangitis

Eosinophilic cholangitis

Histiocytosis



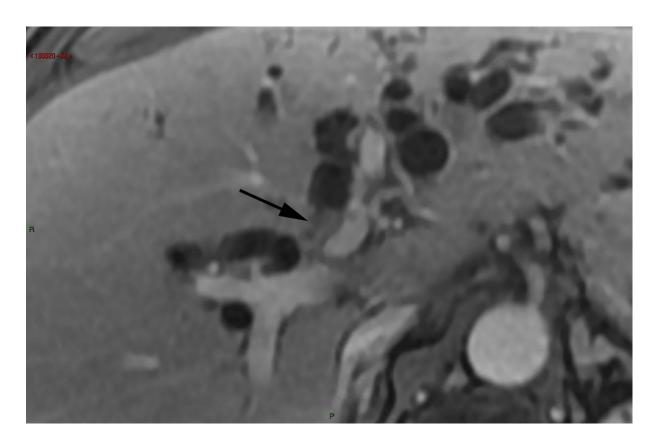


Fig. 1b

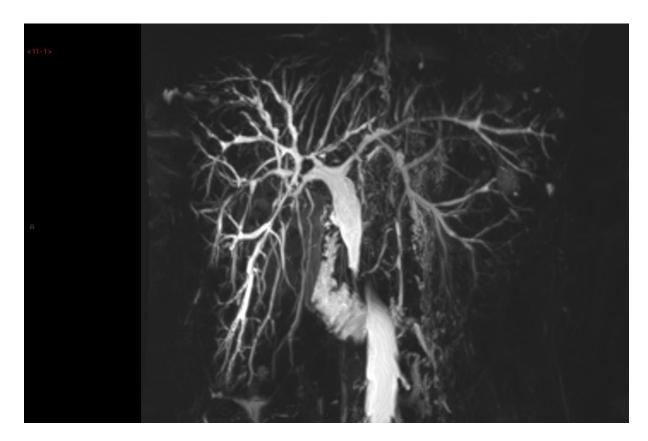


Figure 2a

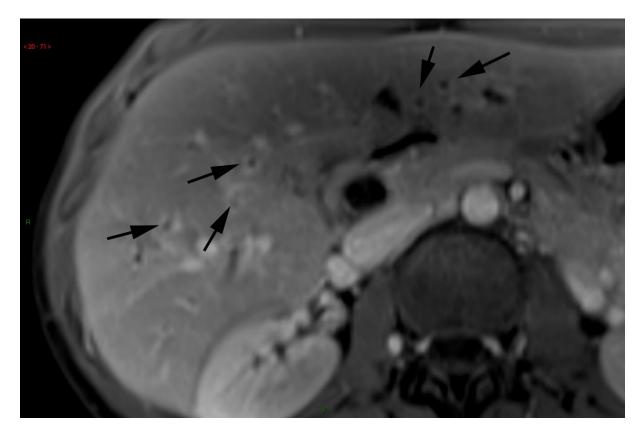


Figure 2b

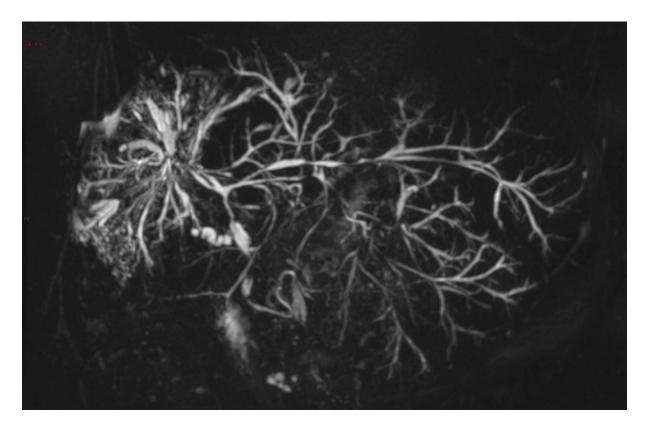


Figure 3a

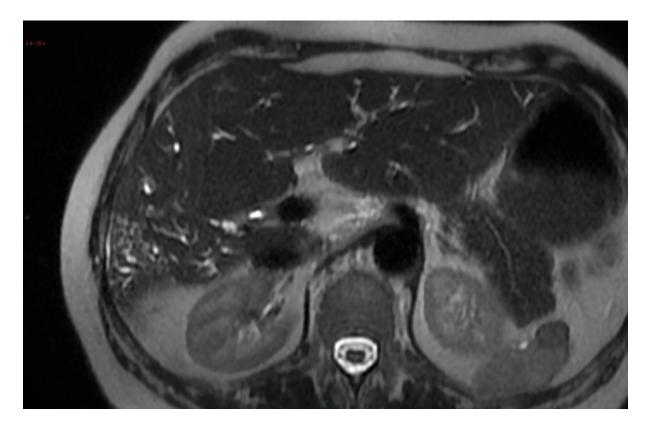


Figure 3b

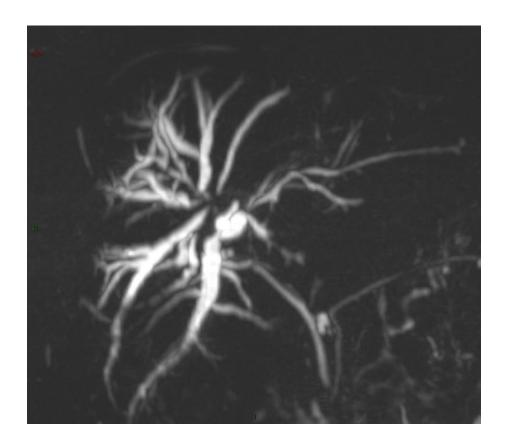


Figure 4a

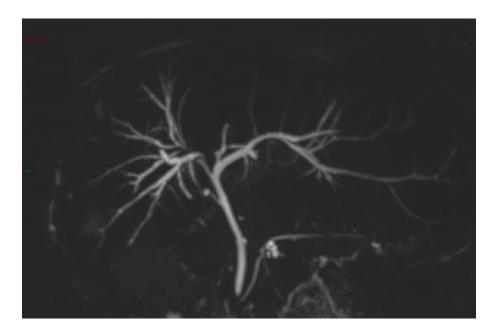


Figure 4b

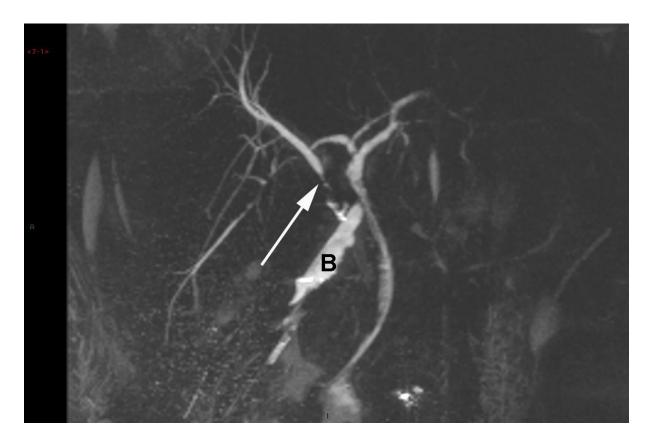


Figure 5a



Figure 5b