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## Explicit Robin-Neumann schemes for the coupling of incompressible fluids with thin-walled structures

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# Explicit Robin-Neumann schemes for the coupling of incompressible fluids with thin-walled structures 

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#### Abstract

We introduce a class of explicit coupling schemes for the numerical solution of fluid-structure interaction problems involving a viscous incompressible fluid and a general thinwalled structure (e.g., including damping and non-linear behavior). The fundamental ingredient in these methods is the (parameter free) explicit Robin interface condition for the fluid, which enables the fluid-solid splitting through appropriate extrapolations of the solid velocity and fluid stress on the interface. The resulting solution procedures are genuinely partitioned. Stability and error estimates are provided for all the variants (depending on the extrapolations), using energy arguments within a representative linear setting. In particular, we show that one of them yields added-mass free unconditional stability and optimal (firs-order) time accuracy. A comprehensive numerical study, involving different examples from the literature, supports the theory.


Key-words: fluid-structure interaction, incompressible fluid, non-linear shell, visco-elasticity, time-discretization, explicit coupling scheme, loosely coupled scheme, Robin-Neumann scheme, partitioned procedure, finite element method, error estimate.

[^1][^2]
## Schémas Robin-Neumann explicites pour le couplage d'un fluide incompressible avec une structure mince

Résumé : Cet article présente une famille de schémas numériques explicites qui permet de résoudre un problème d'interaction fluide-structure faisant intervenir un fluide visqueux incompressible et une structure mince (qui peut être amortie ou non linéaire). L'outil principal de ces méthodes réside dans une condition aux limites de type Robin pour le fluide (sans paramètre à ajuster), qui permet le découplage entre les deux sous-problèmes et fait intervenir une extrapolation de la vitesse du solide et des efforts du fluide. Le schéma qui en résulte est partitionné. L'article fournit des estimations d'énergie et d'erreur a priori qui permettent de montrer la stabilité et la convergence du schéma pour tous les ordres d'extrapolation lorsque le problème est linéaire. Plus précisément, on montre qu'une des variantes est à la fois inconditionnellement stable, insensible à l'effet de masse ajoutée et possède une précision en temps optimale (c'est-àdire d'ordre un). Ces résultats sont illustrés par de nombreux exemples numériques tirés de la littérature.

Mots-clés : interaction fluide-structure, fluide incompressible, coque non-linéaire, viscoélasticité, discrétisation en temps, schéma de couplage explicite, schéma faiblement couplé, schéma Robin-Neumann, algorithme partitionné, méthode des éléments finis, estimation d'erreur.

## 1 Introduction

The mechanical interaction of a deformable thin-walled structure with an incompressible fluid flow is a widespread multi-physics problem. Its numerical simulation is of major interest in many engineering fields: from sailing boats and parachutes, to heat exchanger tubes, sloshing dynamics in tanks and the biomechanics of blood and airflow (see, e.g., [43, 55, 49, 19, 44, 37]).

A priori, the most efficient way to solve these coupled problems is to consider an explicit coupling scheme, that only involves the solution of the fluid and of the structure once per time step, through explicit interface conditions. Clearly, the resulting solution procedure is genuinely partitioned, in the sense that it facilitates the (re-)use of independent fluid and solid solvers. This is particularly convenient for the coupling with general thin-solid models, since their discretization by finite elements is known to lead to ill-conditioned matrices which require specific solvers (see, e.g., [31]).

Unfortunately, for these coupled problems, the stability of standard (Dirichlet-Neumann) explicit coupling schemes is dictated by the amount of added-mass effect in the system, irrespectively of the discretization parameters. In particular, a large fluid/solid density ratio combined with a slender and lengthy geometry gives rise to unconditional numerical instability (see, e.g., $[12,30])$. This failure explains why explicit coupling schemes have been practically ruled out for the simulation of incompressible fluid-structure interaction problems and, in part, it has motivated the tremendous amount of work devoted to improve efficiency via alternative methods, based on the more computationally onerous implicit and semi-implicit coupling paradigms (see, e.g., $[42,33,36,26,18,17,25,52,3,40,2,34,32,16,48,45])$. Although remarkable progress has been made over the last decade, none of these approaches is able to guarantee stability and optimal accuracy by invoking the fluid and the solid solvers only once per time-step.

Explicit coupling schemes, circumventing the above infamous numerical instabilities, have only recently been proposed in the literature. In [8, 10], added-mass free stability is achieved through a specific Robin-Robin treatment of the interface coupling conditions, derived from the Nitsche interface method (see, e.g., [35, 46]) and a stabilization of the interface pressure fluctuations in time (weakly consistent interface compressibility). The price to pay is deterioration of the accuracy, which demands restrictive constraints on the discretization parameters (parabolic-CFL condition), unless enough defect-correction iterations are performed (see [10, 21]).

In the case of the coupling with a purely elastic (i.e., undamped) thin-solid model, added-mass free stability and optimal (first-order) accuracy are obtained with the Robin-Neumann explicit coupling schemes introduced in [23, 22]. In short, these methods are incremental displacementcorrection fractional-step schemes which introduce optimally consistent perturbations of the interface kinematic constraint. The non-incremental variant corresponds to the so-called kinematically coupled scheme, reported in [34], which is known to yield poor accuracy (see [23, 22]).

In this paper, we generalize the explicit Robin-Neumann schemes introduced in [23] to the case of the coupling with general thin-solid models, including physical dissipation and non-linear behavior. As regards the presence of damping effects in the solid, it should be noted that the cautious approach which consists in implicitly embedding this contribution within a nonstandard (semi-implicit) Robin condition for the fluid, as advocated in [34, 22, 7], yields a coupling scheme which is not explicit. Moreover, the resulting solution procedure is not partitioned, since the solid damping must be integrated within the fluid solver. In this work, we show that the whole visco-elastic contribution can be treated explicit in the interface Robin condition, without compromising stability and accuracy. In fact, the implicit treatment of the solid inertia is enough to guarantee (added-mass free) stability. For a linear coupled model problem, involving a viscoelastic thin-solid, we present a general stability and convergence analysis that covers the variants without extrapolation (non-incremental scheme) and with first- and second-order extrapolations
(incremental schemes). Extending the results of [23], sub-optimal time-convergence is expected for the variant without extrapolation, while optimal accuracy is obtained for the schemes with first- and second-order extrapolations. Interestingly, the stability analysis can be reshaped to derive, using energy arguments, a rather general result on the (added-mass free) convergence of the iterative procedures introduced in [2], for the partitioned solution of implicit coupling. The key argument consists in interpreting the explicit coupling schemes as single iterations of a parameter free Robin-Neumann iterative procedure.

Another remarkable feature of these schemes is that they admit an intrinsic explicit RobinNeumann formulation, which avoids the annoying extrapolations of the visco-elastic terms within the fluid. This is essential for the coupling with general thin-solid models, since the intrinsic Robin interface condition removes the ambiguity in the extrapolation of rotation unknowns (see, e.g., [13, Section 4.2.1]) and of non-linear terms. As a result, the resulting solution procedures are genuinely partitioned. A comprehensive list of numerical experiments, based on different fluid-structure interaction examples from the literature, supports all the above findings.

The paper is organized as follows. In Section 2, we present the linear continuous setting which will serve as model coupled problem. In Section 3 we present the Robin-Neumann explicit coupling schemes and their different formulations within a time semi-discrete framework. We also discuss the connections with the partitioned solution of implicit coupling. Section 4 is devoted to the stability and convergence analysis of the methods. In Section 5 we present the generalization of the schemes to the non-linear case. The numerical experiments are reported in Section 6. Finally, Section 7 draws some conclusions and a few lines for further investigation.

## 2 A linear model problem

Let $\Omega$ be a domain of $\mathbb{R}^{3}$ and $\partial \Omega=\Gamma^{\mathrm{d}} \cup \Gamma^{\mathrm{n}} \cup \Sigma$ a given partition of its boundary. In what follows, the symbol $\Sigma$ stands for the fluid-structure interface. We consider a low Reynolds regime and assume that the structure undergoes infinitesimal displacements. The fluid is described by the Stokes equations in $\Omega$, and the structure is assumed to behave as a linear thin-solid (e.g., plate, membrane or shell) represented by the $(d-1)$-manifold $\Sigma$. Our coupled model problem reads therefore as follows: find the fluid velocity $\boldsymbol{u}: \Omega^{\mathrm{f}} \times \mathbb{R}^{+} \rightarrow \mathbb{R}^{d}$, the fluid pressure $p: \Omega^{\mathrm{f}} \times \mathbb{R}^{+} \rightarrow \mathbb{R}$, the solid displacement $\boldsymbol{d}: \Sigma \times \mathbb{R}^{+} \rightarrow \mathbb{R}^{d}$ such that

$$
\begin{align*}
& \left\{\begin{array}{rlcc}
\rho^{\mathrm{f}} \partial_{t} \boldsymbol{u}-\operatorname{div} \boldsymbol{\sigma}(\boldsymbol{u}, p)=\mathbf{0} & \text { in } & \Omega, \\
\operatorname{div} \boldsymbol{u}=0 & \text { in } & \Omega, \\
\boldsymbol{u}=\mathbf{0} & \text { on } & \Gamma^{\mathrm{d}}, \\
\boldsymbol{\sigma}(\boldsymbol{u}, p) \boldsymbol{n}=\boldsymbol{f}^{\Gamma} & \text { on } & \Gamma^{\mathrm{n}},
\end{array}\right.  \tag{1}\\
& \left\{\begin{array}{rlrl}
\boldsymbol{u} & =\dot{\boldsymbol{d}} & & \text { on } \\
\Sigma, \\
\rho^{\mathrm{s}} \epsilon \partial_{t} \dot{\boldsymbol{d}}+\boldsymbol{L}^{\mathrm{e}} \boldsymbol{d}+\boldsymbol{L}^{\mathrm{v}} \dot{\boldsymbol{d}} & =-\boldsymbol{\sigma}(\boldsymbol{u}, p) \boldsymbol{n} \boldsymbol{n} & \text { on } & \Sigma, \\
\dot{\boldsymbol{d}} & =\partial_{t} \boldsymbol{d} & & \text { on } \\
\Sigma, \\
\boldsymbol{d} & =\mathbf{0} & & \text { on } \\
& \partial \Sigma,
\end{array}\right. \tag{2}
\end{align*}
$$

complemented with the initial conditions

$$
\boldsymbol{u}(0)=\boldsymbol{u}^{0}, \quad \boldsymbol{d}(0)=\boldsymbol{d}^{0}, \quad \dot{\boldsymbol{d}}(0)=\dot{\boldsymbol{d}}^{0}
$$

Here, $\rho^{\mathrm{f}}$ and $\rho^{\mathrm{s}}$ respectively denote the fluid and solid densities, $\epsilon$ the solid thickness and $\dot{\boldsymbol{d}}$ the solid velocity. The fluid Cauchy-stress tensor is given by

$$
\boldsymbol{\sigma}(\boldsymbol{u}, p) \stackrel{\text { def }}{=}-p \boldsymbol{I}+2 \mu \boldsymbol{\varepsilon}(\boldsymbol{u}), \quad \boldsymbol{\varepsilon}(\boldsymbol{u}) \stackrel{\text { def }}{=} \frac{1}{2}\left(\boldsymbol{\nabla} \boldsymbol{u}+\boldsymbol{\nabla} \boldsymbol{u}^{\mathrm{T}}\right),
$$

where $\mu$ stands for the fluid dynamic viscosity. The exterior unit-vector normal to $\partial \Omega$ is denoted by $\boldsymbol{n}$ and $\boldsymbol{f}^{\Gamma}$ represents a given surface force on $\Gamma^{\mathrm{n}}$. The strong formulation of the thin-solid elastic and viscous contributions are supposed to be given in terms of the surface differential operators $\boldsymbol{L}^{\mathrm{e}}$ and $\boldsymbol{L}^{\mathrm{v}}$, respectively.

The relations (2) $)_{1}$ and (2) $)_{2}$ enforce the kinematic and kinetic interface coupling conditions, respectively. It should be noted that the latter represents also the momentum equation of the structure. Though simplified, problem (1)-(2) features some of the main numerical issues that appear in complex nonlinear fluid-structure interaction problems involving an incompressible fluid (see, e.g., [12, 21]).

Remark 1 A widely used form of the viscous damping operator $\boldsymbol{L}^{\mathrm{v}}$ is given by the following expression:

$$
\begin{equation*}
\boldsymbol{L}^{\mathrm{v}} \dot{\boldsymbol{d}} \stackrel{\text { def }}{=} \alpha \rho^{\mathrm{s}} \epsilon \dot{\boldsymbol{d}}+\beta \boldsymbol{L}^{\mathrm{e}} \dot{\boldsymbol{d}} \tag{3}
\end{equation*}
$$

which corresponds to the Rayleigh damping (see, e.g., [39]), where $\alpha, \beta>0$ are given parameters. $\diamond$

We conclude this section with a discussion on the thin-solid equation (2) 2 $_{2}$. Examples of thin-walled solid models entering the abstract form of (2) $)_{2}$ are "rotation-free" models (see [13, Section 4.2]), such as plate models and shell models derived under the Kirchhoff-Love kinematical assumption (the so-called membrane-bending shell models). General shell models involving rotation unknowns, such as the basic shell model derived in [13, Section 4.2.1], can also be considered. In this case, the relations (2) have to be replaced by

$$
\left\{\begin{align*}
\boldsymbol{u} & =\dot{\boldsymbol{d}} & & \text { on } \Sigma,  \tag{4}\\
\rho^{\mathrm{s}} \epsilon \partial_{t} \dot{\boldsymbol{d}}+\boldsymbol{L}_{\boldsymbol{d}}^{\mathrm{e}}(\boldsymbol{d}, \boldsymbol{\theta})+\boldsymbol{L}_{\boldsymbol{d}}^{\mathrm{v}}(\dot{\boldsymbol{d}}, \dot{\boldsymbol{\theta}}) & =-\boldsymbol{\sigma}(\boldsymbol{u}, p) \boldsymbol{n} & & \text { on } \quad \Sigma, \\
\boldsymbol{L}_{\boldsymbol{\theta}}^{\mathrm{e}}(\boldsymbol{d}, \boldsymbol{\theta})+\boldsymbol{L}_{\boldsymbol{\theta}}^{\mathrm{v}}(\dot{\boldsymbol{d}}, \dot{\boldsymbol{\theta}}) & =\mathbf{0} & & \text { on } \Sigma, \\
\dot{\boldsymbol{d}}=\partial_{t} \boldsymbol{d}, \dot{\boldsymbol{\theta}} & =\partial_{t} \boldsymbol{\theta} & & \text { on } \Sigma, \\
\boldsymbol{d}=\boldsymbol{\theta} & =\mathbf{0} & & \text { on } \quad \partial \Sigma,
\end{align*}\right.
$$

where the surface vector $\boldsymbol{\theta}: \Sigma \times \mathbb{R}^{+} \rightarrow \mathbb{R}^{3}$ (satisfying the Reissner-Mindlin kinematical assumption) describes the rotation around de normal to the mid-surface. The elastic and viscous contributions are now given in terms of the surface operators $\left(\boldsymbol{L}_{\boldsymbol{d}}^{\mathrm{e}}, \boldsymbol{L}_{\boldsymbol{\theta}}^{\mathrm{e}}\right)$ and $\left(\boldsymbol{L}_{\boldsymbol{d}}^{\mathrm{v}}, \boldsymbol{L}_{\boldsymbol{\theta}}^{\mathrm{v}}\right)$. In particular, the quasi-static relation $(4)_{3}$ represents the additional equation for the rotations.

It should be noted that the kinematic and kinetic interface coupling (4) 1,2 are enforced only in terms of the mid-surface displacement. This approach, which amounts to neglect the effect of the thickness of the shell across the interface, is a widespread modeling assumption when coupling thin-solids with three-dimensional materials (see, e.g., [14]).

For the sake of clarity, we will consider (1)-(2) as model problem for the derivation of the explicit coupling schemes in Section 3. We briefly discuss their extension to the case of the coupling with the general shell model (4) in Remarks 6 and 7 . The stability and convergence analysis reported in Section 4 focuses entirely on the linear coupled problem (1)-(2). In Section 6, numerical results are presented in the case of the coupling with (2), (4) and a non-linear version of (4) (see Section 5).

## 3 Robin-Neumann methods

A fundamental feature of the coupled problem (1)-(2) is the underlying Robin consistency of the interface coupling (2) $)_{1,2}$. Indeed, by inserting (2) into $(2)_{2}$ we get the expression

$$
\begin{equation*}
\boldsymbol{\sigma}(\boldsymbol{u}, p) \boldsymbol{n}+\rho^{\mathrm{s}} \epsilon \partial_{t} \boldsymbol{u}=-\boldsymbol{L}^{\mathrm{e}} \boldsymbol{d}-\boldsymbol{L}^{\mathrm{v}} \dot{\boldsymbol{d}} \quad \text { on } \quad \Sigma \tag{5}
\end{equation*}
$$

which yields a Robin-like interface condition for the fluid (see, e.g., [47, 34]). Thus, instead of formulating the fluid-solid time-splitting from the original Dirichlet-Neumann coupling $(2)_{1}$ and $(2)_{2}$ (see, e.g., $[12,30]$ ), we consider the Robin-Neumann interface conditions given by (5) and $(2)_{2}$. The benefits of this approach are threefold:

- the implicit treatment of the solid inertial term in (5) guarantees (added-mass free) stability;
- the explicit treatment of the solid viscoelastic terms in (5) enables the full fluid-solid splitting without compromising stability;
- the resulting schemes are genuine partitioned methods with an intrinsic explicit RobinNeumann pattern (e.g., independent of the extrapolations of the right-hand side of (5)).


### 3.1 Explicit coupling schemes

In what follows, the parameter $\tau>0$ denotes the time-step length, $t_{n} \stackrel{\text { def }}{=} n \tau$, for $n \in \mathbb{N}$, and

$$
\partial_{\tau} x^{n} \stackrel{\text { def }}{=} \frac{1}{\tau}\left(x^{n}-x^{n-1}\right)
$$

stands for the first-order backward difference. The approximation of (1)-(2) is split into two sequential sub-steps:

1. solve for the fluid with a semi-implicit time-discretization of (5), that is, the solid inertia is treated implicitly whereas the viscoelastic contribution is treated explicitly via extrapolation. This yields the following explicit Robin condition for the fluid:

$$
\begin{equation*}
\boldsymbol{\sigma}\left(\boldsymbol{u}^{n}, p^{n}\right) \boldsymbol{n}+\frac{\rho^{\mathrm{s}} \epsilon}{\tau} \boldsymbol{u}^{n}=\frac{\rho^{\mathrm{s}} \epsilon}{\tau} \dot{\boldsymbol{d}}^{n-1}-\boldsymbol{L}^{\mathrm{e}} \boldsymbol{d}^{\star}-\boldsymbol{L}^{\mathrm{v}} \dot{\boldsymbol{d}}^{\star} \quad \text { on } \quad \Sigma, \tag{6}
\end{equation*}
$$

where

$$
\left(\boldsymbol{d}^{\star}, \dot{\boldsymbol{d}}^{\star}\right)=\left\{\begin{array}{l}
\mathbf{0} \\
\left(\boldsymbol{d}^{n-1}, \dot{\boldsymbol{d}}^{n-1}\right) \\
\left(2 \boldsymbol{d}^{n-1}-\boldsymbol{d}^{n-2}, 2 \dot{\boldsymbol{d}}^{n-1}-\dot{\boldsymbol{d}}^{n-2}\right)
\end{array}\right.
$$

stand for the zeroth-, first- and second-order displacement-velocity extrapolations, respectively;
2. solve for the solid "Neumann problem" (i.e., fluid stresses are transferred to the solid):

$$
\begin{equation*}
\rho^{\mathrm{s}} \epsilon \partial_{\tau} \dot{\boldsymbol{d}}^{n}+\boldsymbol{L}^{\mathrm{e}} \boldsymbol{d}^{n}+\boldsymbol{L}^{\mathrm{v}} \dot{\boldsymbol{d}}^{n}=-\boldsymbol{\sigma}\left(\boldsymbol{u}^{n}, p^{n}\right) \boldsymbol{n} \quad \text { on } \quad \Sigma . \tag{7}
\end{equation*}
$$

The resulting schemes enable the uncoupled sequential time-marching of the fluid and the solid (explicit coupling scheme), as detailed in Algorithm 1.

Remark 2 In the case of the coupling with an undamped thin-solid model (i.e., without the viscous dissipation $\boldsymbol{L}^{\mathrm{v}} \dot{\boldsymbol{d}}^{n}$ in (2) $)_{2}$, Algorithm 1 yields the explicit coupling schemes introduced in [23]. $\diamond$

```
Algorithm 1 Explicit Robin-Neumann schemes (time semi-discrete)
    1. Fluid step: find \(\boldsymbol{u}^{n}: \Omega^{\mathrm{f}} \times \mathbb{R}^{+} \rightarrow \mathbb{R}^{3}\) and \(p^{n}: \Omega^{\mathrm{f}} \times \mathbb{R}^{+} \rightarrow \mathbb{R}\) such that
\[
\left\{\begin{array}{rll}
\rho^{\mathrm{f}} \partial_{\tau} \boldsymbol{u}^{n}-\operatorname{div} \boldsymbol{\sigma}\left(\boldsymbol{u}^{n}, p^{n}\right)=\mathbf{0} & \text { in } & \Omega,  \tag{8}\\
\operatorname{div} \boldsymbol{u}^{n}=0 & \text { in } & \Omega, \\
\boldsymbol{u}^{n}=\mathbf{0} & \text { on } & \Gamma^{\mathrm{d}}, \\
\boldsymbol{\sigma}\left(\boldsymbol{u}^{n}, p^{n}\right) \boldsymbol{n}=\boldsymbol{f}^{\Gamma} & \text { on } & \Gamma^{\mathrm{n}}, \\
\boldsymbol{\sigma}\left(\boldsymbol{u}^{n}, p^{n}\right) \boldsymbol{n}+\frac{\rho^{\mathrm{s}} \epsilon}{\tau} \boldsymbol{u}^{n}=\frac{\rho^{\mathrm{s}} \epsilon}{\tau} \dot{\boldsymbol{d}}^{n-1}-\boldsymbol{L}^{\mathrm{e}} \boldsymbol{d}^{\star}-\boldsymbol{L}^{\mathrm{v}} \dot{\boldsymbol{d}}^{\star} & \text { on } & \Sigma .
\end{array}\right.
\]
```

2. Solid step: find $\boldsymbol{d}^{n}: \Sigma \times \mathbb{R}^{+} \rightarrow \mathbb{R}^{3}$ such that

$$
\left\{\begin{array}{rlrl}
\rho^{\mathrm{s}} \epsilon \partial_{\tau} \dot{\boldsymbol{d}}^{n}+\boldsymbol{L}^{\mathrm{e}} \boldsymbol{d}^{n}+\boldsymbol{L}^{\mathrm{v}} \dot{\boldsymbol{d}}^{n} & =-\boldsymbol{\sigma}\left(\boldsymbol{u}^{n}, p^{n}\right) \boldsymbol{n} & & \text { on } \quad \Sigma,  \tag{9}\\
\dot{\boldsymbol{d}}^{n} & =\partial_{\tau} \boldsymbol{d}^{n} & & \text { on } \Sigma, \\
\boldsymbol{d}^{n} & =\mathbf{0} & & \text { on }
\end{array} \partial \Sigma .\right.
$$

Remark 3 Explicit coupling schemes have been traditionally referred in the literature as weakly or loosely coupled (see, e.g., [20] and the references therein). Nevertheless, we prefer to avoid this appellation since, as highlighted thereafter, it can lead to misinterpretation. Even though Algorithm 1 has a computational complexity similar to a standard Dirichlet-Neumann weakly coupled scheme, in essence, it is a strongly-weakly coupled scheme (or semi-implicit coupling scheme), in the spirit of [24, 25]. Indeed, the strong (or implicit) part of the coupling involves the solid inertia contribution, appearing in the left-hand side of (6), whereas the weak (or explicit) coupling is given by the extrapolation of the solid visco-elastic contributions. The crucial point is that, since we consider a thin-solid model for the structure, the strongly coupled part of the scheme is fully embedded into the fluid sub-step (8), through the explicit Robin condition (6) which, in fine, makes the coupling scheme explicit. $\diamond$

Remark 4 The implicit treatment of the solid-damping, as advocated in [34] without displacement extrapolation, yields the following non-standard boundary condition for the fluid (see [22]):

$$
\begin{equation*}
\boldsymbol{\sigma}\left(\boldsymbol{u}^{n}, p^{n}\right) \boldsymbol{n}+\frac{\rho^{\mathrm{s}} \epsilon}{\tau} \boldsymbol{u}^{n}+\boldsymbol{L}^{\mathrm{v}} \boldsymbol{u}^{n}=\frac{\rho^{\mathrm{s}} \epsilon}{\tau} \dot{\boldsymbol{d}}^{n-1}-\boldsymbol{L}^{\mathrm{e}} \boldsymbol{d}^{\star} \quad \text { on } \quad \Sigma \tag{10}
\end{equation*}
$$

It should be noted that, in contrast to (6), the relation (10) leads to a coupling scheme which is neither explicit nor partitioned. In particular, for a simple Rayleigh modeling of the damping (see Remark 1), solving the fluid with the interface condition (10) has a computational complexity similar to the monolithic solution of a fully implicit scheme.

Remark 5 The fluid substep (8) and, particularly, the interface condition (6) have clear connections with the time-stepping procedures traditionally used in the Immersed Boundary Method (see, e.g., [50, 5]), which also treat explicitly the solid elastic contributions. The key difference with respected to Algorithm 1 concerns the solid sub-step (9), which in the Immersed Boundary Method simply reduces to the displacement-velocity relation

$$
\boldsymbol{d}^{n}=\boldsymbol{d}^{n-1}+\left.\tau \boldsymbol{u}^{n}\right|_{\Sigma}
$$

In other words, the structure solver is never called. The price to pay is a restrictive CFL-like condition, which demands very small time-steps in practice (see, e.g., [5, Lemma 7.3] and [56]). $\diamond$

Remark 6 In the case of the coupling with the general shell model (4), the interface Robin consistency (5) becomes

$$
\boldsymbol{\sigma}(\boldsymbol{u}, p) \boldsymbol{n}+\rho^{\mathrm{s}} \epsilon \partial_{t} \boldsymbol{u}=-\boldsymbol{L}_{\boldsymbol{d}}^{\mathrm{e}}(\boldsymbol{d}, \boldsymbol{\theta})-\boldsymbol{L}_{\boldsymbol{d}}^{\mathrm{v}}(\dot{\boldsymbol{d}}, \dot{\boldsymbol{\theta}}) \quad \text { on } \quad \Sigma .
$$

Hence, in the first step of Algorithm 1, the explicit interface condition (8) ${ }_{5}$ has to be replaced by

$$
\begin{equation*}
\boldsymbol{\sigma}\left(\boldsymbol{u}^{n}, p^{n}\right) \boldsymbol{n}+\frac{\rho^{\mathrm{s}} \epsilon}{\tau} \boldsymbol{u}^{n}=\frac{\rho^{\mathrm{s}} \epsilon}{\tau} \dot{\boldsymbol{d}}^{n-1}-\boldsymbol{L}_{\boldsymbol{d}}^{\mathrm{e}}\left(\boldsymbol{d}^{\star}, \boldsymbol{\theta}^{\star}\right)-\boldsymbol{L}_{\boldsymbol{d}}^{\mathrm{v}}\left(\dot{\boldsymbol{d}}^{\star}, \dot{\boldsymbol{\theta}}^{\star}\right) \quad \text { on } \quad \Sigma, \tag{11}
\end{equation*}
$$

with obvious notation for the extrapolations $\boldsymbol{\theta}^{\star}$ and $\dot{\boldsymbol{\theta}}^{\star}$. In the second step, we simply need to replace (9) by

$$
\left\{\begin{array}{rlrl}
\rho^{\mathrm{s}} \epsilon \partial_{\tau} \dot{\boldsymbol{d}}^{n}+\boldsymbol{L}_{\boldsymbol{d}}^{\mathrm{e}}\left(\boldsymbol{d}^{n}, \boldsymbol{\theta}^{n}\right)+\boldsymbol{L}_{\boldsymbol{d}}^{\mathrm{v}}\left(\dot{\boldsymbol{d}}^{n}, \dot{\boldsymbol{\theta}}^{n}\right) & =-\boldsymbol{\sigma}\left(\boldsymbol{u}^{n}, p^{n}\right) \boldsymbol{n} & & \text { on } \Sigma,  \tag{12}\\
\boldsymbol{L}_{\boldsymbol{\theta}}^{\mathrm{e}}\left(\boldsymbol{d}^{n}, \boldsymbol{\theta}^{n}\right)+\boldsymbol{L}_{\boldsymbol{\theta}}^{\mathrm{v}}\left(\dot{\boldsymbol{d}}^{n}, \dot{\boldsymbol{\theta}}^{n}\right) & =\mathbf{0} & & \text { on } \Sigma, \\
\dot{\boldsymbol{d}}^{n}=\partial_{\tau} \boldsymbol{d}^{n}, \dot{\boldsymbol{\theta}}^{n} & =\partial_{\tau} \boldsymbol{\theta}^{n} & & \text { on } \Sigma, \\
\boldsymbol{d}^{n}=\boldsymbol{\theta}^{n} & =\mathbf{0} & & \text { on } \\
& \partial \Sigma,
\end{array}\right.
$$

which corresponds to the implicit first-order time-discretization of the general thin-solid model $(4)_{2-5} . \diamond$

We conclude this section by introducing an interesting alternative formulation of Algorithm 1 which does not require the extrapolation of the viscoelastic contributions in the fluid Robin-step, that is, without the term $-\boldsymbol{L}^{\mathrm{e}} \boldsymbol{d}^{\star}-\boldsymbol{L}^{\mathrm{e}} \dot{\boldsymbol{d}}^{\star}$ in (8). The main idea consists in noting that, from (7) we have

$$
\begin{equation*}
\boldsymbol{L}^{\mathrm{e}} \boldsymbol{d}^{\star}+\boldsymbol{L}^{\vee} \dot{\boldsymbol{d}}^{\star}=-\rho^{\mathrm{s}} \epsilon \partial_{\tau} \dot{\boldsymbol{d}}^{\star}-\boldsymbol{\sigma}\left(\boldsymbol{u}^{\star}, p^{\star}\right) \boldsymbol{n} \quad \text { on } \quad \Sigma, \tag{13}
\end{equation*}
$$

for $n \geq 2$ if $\boldsymbol{d}^{\star}=\boldsymbol{d}^{n-1}$ and $n \geq 3$ if $\boldsymbol{d}^{\star}=2 \boldsymbol{d}^{n-1}-\boldsymbol{d}^{n-2}$, with obvious notation for $\boldsymbol{u}^{\star}$ and $p^{\star}$. Hence, by inserting (13) into (6) we get the alternative explicit Robin interface condition

$$
\begin{equation*}
\boldsymbol{\sigma}\left(\boldsymbol{u}^{n}, p^{n}\right) \boldsymbol{n}+\frac{\rho^{\mathrm{s}} \epsilon}{\tau} \boldsymbol{u}^{n}=\frac{\rho^{\mathrm{s}} \epsilon}{\tau}\left(\dot{\boldsymbol{d}}^{n-1}+\tau \partial_{\tau} \dot{\boldsymbol{d}}^{\star}\right)+\boldsymbol{\sigma}\left(\boldsymbol{u}^{\star}, p^{\star}\right) \boldsymbol{n} \quad \text { on } \quad \Sigma . \tag{14}
\end{equation*}
$$

As a result, the interface Robin-Neumann splitting given by (6) and (7) can be reformulated, equivalently, in terms of (14) and (7). A salient feature of this new formulation is its intrinsic character, in the sense that (14) does not depend on the structure of the solid operator. The corresponding time-marching scheme is detailed in Algorithm 2.

| $\boldsymbol{d}^{\star}, \dot{\boldsymbol{d}}^{\star}$ | $\dot{\boldsymbol{d}}^{n-1}+\tau \partial_{\tau} \dot{\boldsymbol{d}}^{\star}$ | $\boldsymbol{\sigma}\left(\boldsymbol{u}^{\star}, p^{\star}\right) \boldsymbol{n}$ |
| :---: | :---: | :---: |
| no-extrap. | $\dot{\boldsymbol{d}}^{n-1}$ | $\mathbf{0}$ |
| 1st-order | $2 \dot{\boldsymbol{d}}^{n-1}-\dot{\boldsymbol{d}}^{n-2}$ | $\boldsymbol{\sigma}\left(\boldsymbol{u}^{n-1}, p^{n-1}\right) \boldsymbol{n}$ |
| 2nd-order | $3 \dot{\boldsymbol{d}}^{n-1}-3 \dot{\boldsymbol{d}}^{n-2}+\dot{\boldsymbol{d}}^{n-3}$ | $2 \boldsymbol{\sigma}\left(\boldsymbol{u}^{n-1}, p^{n-1}\right) \boldsymbol{n}-\boldsymbol{\sigma}\left(\boldsymbol{u}^{n-2}, p^{n-2}\right) \boldsymbol{n}$ |

Table 1: Correspondence between the solid displacement and velocity extrapolations in (6) and the resulting extrapolations of the solid velocity and the fluid stress in (14).

```
Algorithm 2 Explicit Robin-Neumann schemes (intrinsic formulation)
    1. Fluid step: find \(\boldsymbol{u}^{n}: \Omega^{\mathrm{f}} \times \mathbb{R}^{+} \rightarrow \mathbb{R}^{d}\) and \(p^{n}: \Omega^{\mathrm{f}} \times \mathbb{R}^{+} \rightarrow \mathbb{R}\) such that
\[
\left\{\begin{aligned}
\rho^{\mathrm{f}} \partial_{\tau} \boldsymbol{u}^{n}-\operatorname{div} \boldsymbol{\sigma}\left(\boldsymbol{u}^{n}, p^{n}\right)=\mathbf{0} & \text { in } \Omega, \\
\operatorname{div} \boldsymbol{u}^{n}=0 & \text { in } \Omega, \\
\boldsymbol{u}^{n}=\mathbf{0} & \text { on } \Gamma^{\mathrm{d}}, \\
\boldsymbol{\sigma}\left(\boldsymbol{u}^{n}, p^{n}\right) \boldsymbol{n}=\boldsymbol{f}^{\Gamma} & \text { on } \Gamma^{\mathrm{n}}, \\
\boldsymbol{\sigma}\left(\boldsymbol{u}^{n}, p^{n}\right) \boldsymbol{n}+\frac{\rho^{\mathrm{s}} \epsilon}{\tau} \boldsymbol{u}^{n}=\frac{\rho^{\mathrm{s}} \epsilon}{\tau}\left(\dot{\boldsymbol{d}}^{n-1}+\tau \partial_{\tau} \dot{\boldsymbol{d}}^{\star}\right)+\boldsymbol{\sigma}\left(\boldsymbol{u}^{\star}, p^{\star}\right) \boldsymbol{n} & \text { on } \quad \Sigma .
\end{aligned}\right.
\]
```

2. Solid step: find $\boldsymbol{d}^{n}: \Sigma \times \mathbb{R}^{+} \rightarrow \mathbb{R}^{d}$ such that

$$
\left\{\begin{aligned}
\rho^{\mathrm{s}} \epsilon \partial_{\tau} \dot{\boldsymbol{d}}^{n}+\boldsymbol{L}^{\mathrm{e}} \boldsymbol{d}^{n}+\boldsymbol{L}^{\mathrm{v}} \dot{\boldsymbol{d}}^{n} & =-\boldsymbol{\sigma}\left(\boldsymbol{u}^{n}, p^{n}\right) \boldsymbol{n} & & \text { on } \quad \Sigma, \\
\dot{\boldsymbol{d}}^{n} & =\partial_{\tau} \boldsymbol{d}^{n} & & \text { on } \Sigma, \\
\boldsymbol{d}^{n} & =\mathbf{0} & & \text { on } \partial \Sigma
\end{aligned}\right.
$$

The interface relation (14) is no more than an explicit time discretization of the following Robin condition:

$$
\begin{equation*}
\boldsymbol{\sigma}(\boldsymbol{u}, p) \boldsymbol{n}+\frac{\rho^{\mathrm{s}} \epsilon}{\tau} \boldsymbol{u}=\frac{\rho^{\mathrm{s}} \epsilon}{\tau} \dot{\boldsymbol{d}}+\boldsymbol{\sigma}(\boldsymbol{u}, p) \boldsymbol{n} \quad \text { on } \quad \Sigma \tag{15}
\end{equation*}
$$

which is equivalent to the kinematic constraint $(2)_{1}$. Therefore, the explicit Robin condition (14) is consistent with $(2)_{1}$. As shown in Table 1, the extrapolation of the solid velocity has one order of accuracy higher than the resulting extrapolation of the fluid stress. This compensates the $\mathcal{O}\left(\tau^{-1}\right)$ scaling of the Robin coefficient in (15).

Remark 7 In the case of the coupling with the general shell model (4), we can also eliminate the extrapolations in the right-hand side of (11), by applying the same argument than above to $(12)_{1}$. This yields the same interface condition (14) for the fluid. As a result, in Algorithm 2 we only need to replace the second step by (12). This clearly demonstrates the intrinsic nature of the explicit Robin interface condition (14) and, in return, the partitioned features of Algorithm 2. $\diamond$

### 3.2 Iterative partitioned solution of implicit coupling

Algorithm 2 can be interpreted as a single iteration (with appropriate initializations) of a RobinNeumann method for the partitioned solution of the following implicit coupling scheme:

$$
\begin{align*}
& \left\{\begin{aligned}
\rho^{\mathrm{f}} \partial_{\tau} \boldsymbol{u}^{n}-\operatorname{div} \boldsymbol{\sigma}\left(\boldsymbol{u}^{n}, p^{n}\right)=\mathbf{0} & \text { in } \Omega, \\
\operatorname{div} \boldsymbol{u}^{n}=0 & \text { in } \Omega, \\
\boldsymbol{u}^{n}=\mathbf{0} & \text { on } \Gamma^{\mathrm{d}},
\end{aligned}\right.  \tag{16}\\
& \left\{\begin{aligned}
\boldsymbol{\sigma}\left(\boldsymbol{u}^{n}, p^{n}\right) \boldsymbol{n}=\boldsymbol{f}^{\Gamma} & \text { on } \Gamma^{\mathrm{n}},
\end{aligned}\right.  \tag{17}\\
& \left\{\begin{aligned}
\boldsymbol{u}^{n} & =\dot{\boldsymbol{d}}^{n} \\
\rho^{\mathrm{s}} \epsilon \partial_{\tau} \dot{\boldsymbol{d}}^{n}+\boldsymbol{L}^{\mathrm{e}} \boldsymbol{d}^{n}+\boldsymbol{L}^{\mathrm{v}} \dot{\boldsymbol{d}}^{n} & =-\boldsymbol{\sigma}\left(\boldsymbol{u}^{n}, p^{n}\right) \boldsymbol{n} \\
\dot{\boldsymbol{d}}^{n} & \text { on } \Sigma, \\
\dot{\partial}_{\tau} \boldsymbol{d}^{n} & \text { on } \Sigma, \\
\boldsymbol{d}^{n} & =\mathbf{0}
\end{aligned}\right. \\
& \text { on } \partial \Sigma .
\end{align*}
$$

The corresponding Robin-Neumann iterations are detailed in Algorithm 3, with the initializa-

$$
\begin{align*}
& \text { Algorithm } 3 \text { Partitioned Robin-Neumann iterations } \\
& \text { 1. Initialize } \dot{\boldsymbol{d}}_{0} \text { and } \boldsymbol{\sigma}\left(\boldsymbol{u}_{0}, p_{0}\right) \boldsymbol{n} \text {. } \\
& \text { 2. For } k=1, \ldots \text { until convergence: } \\
& \text { - Fluid step: } \\
& \left\{\begin{array}{rlll}
\frac{\rho^{\mathrm{f}}}{\tau}\left(\boldsymbol{u}_{k}-\boldsymbol{u}^{n-1}\right)-\boldsymbol{\operatorname { d i v } \boldsymbol { \sigma } ( \boldsymbol { u } _ { k } , p _ { k } ) = \mathbf { 0 }} & \text { in } & \Omega, \\
\operatorname{div} \boldsymbol{u}_{k}=0 & \text { in } & \Omega, \\
\boldsymbol{u}_{k}=\mathbf{0} & \text { on } & \Gamma^{\mathrm{d}}, \\
\boldsymbol{\sigma}\left(\boldsymbol{u}_{k}, p_{k}\right) \boldsymbol{n}=\boldsymbol{f}^{\Gamma} & \text { on } & \Gamma^{\mathrm{n}}, \\
\boldsymbol{\sigma}\left(\boldsymbol{u}_{k}, p_{k}\right) \boldsymbol{n}+\frac{\rho^{\mathrm{s}} \epsilon}{\tau} \boldsymbol{u}_{k}=\frac{\rho^{\mathrm{s}} \epsilon}{\tau} \dot{\boldsymbol{d}}_{k-1}+\boldsymbol{\sigma}\left(\boldsymbol{u}_{k-1}, p_{k-1}\right) \boldsymbol{n} & \text { on } & \Sigma .
\end{array}\right. \tag{18}
\end{align*}
$$

- Solid step:

$$
\left\{\begin{array}{l}
\frac{\rho^{\mathrm{s}} \epsilon}{\tau}\left(\dot{\boldsymbol{d}}_{k}-\dot{\boldsymbol{d}}^{n-1}\right)+\boldsymbol{L}^{\mathrm{e}} \boldsymbol{d}_{k}+\boldsymbol{L}^{\mathrm{v}} \dot{\boldsymbol{d}}_{k}=-\boldsymbol{\sigma}\left(\boldsymbol{u}_{k}, p_{k}\right) \boldsymbol{n} \quad \text { on } \quad \Sigma,  \tag{19}\\
\dot{\boldsymbol{d}_{k}}=\frac{1}{\tau}\left(\boldsymbol{d}_{k}-\boldsymbol{d}^{n-1}\right)
\end{array}\right.
$$

tions of $\dot{\boldsymbol{d}}_{0}$ and $\boldsymbol{\sigma}\left(\boldsymbol{u}_{0}, p_{0}\right) \boldsymbol{n}$ given by Table 1 (second and third columns, respectively). This kind of iterative solution procedures has been introduced in [2], as added-mass free alternatives to the standard Dirichlet-Neumann iterations. It should be noted that the Robin coefficient

$$
\begin{equation*}
\frac{\rho^{\mathrm{s}} \epsilon}{\tau} \tag{20}
\end{equation*}
$$

involved in (18), has no free parameter and differs from the one originally proposed in [2]. In fact, only inertial effects are present in (20) since Algorithm 2 treats explicit the whole viscoelastic contribution of the structure, as usual in explicit coupling schemes.

As we shall see in Section 4.5, the energy stability analysis of Algorithm 2 yields new insights on the convergence properties of Algorithm 3.

## 4 Stability and convergence analysis

This section is devoted to the stability and convergence analysis of the explicit Robin-Neumann schemes introduced in the previous section (after finite element discretization in space). In what follows, the symbols $\lesssim$ and $\gtrsim$ will indicate inequalities up to a multiplicative constant (independent of the physical and discretization parameters).

### 4.1 Notation and weak formulation

In what follows, we will consider the usual Sobolev spaces $H^{m}(\omega)(m \geq 0)$, with norm $\|\cdot\|_{m, \omega}$. The closed subspaces $H_{0}^{1}(\omega)$, of functions in $H^{1}(\omega)$ with zero trace on $\partial \omega$, and $L_{0}^{2}(\omega)$, of functions in $L^{2}(\omega)$ with zero mean in $\omega$, will also be used. The scalar product in $L^{2}(\omega)$ is denoted by $(\cdot, \cdot)_{\omega}$ and its norm by $\|\cdot\|_{0, \omega}$. In order to ease the notation, we set $(\cdot, \cdot) \stackrel{\text { def }}{=}(\cdot, \cdot)_{\Omega}$. We consider the fluid velocity and pressure functional spaces

$$
\boldsymbol{V} \stackrel{\text { def }}{=}\left\{\boldsymbol{v} \in\left[H^{1}(\Omega)\right]^{3} /\left.\boldsymbol{v}\right|_{\Gamma^{d}}=\mathbf{0}\right\}, \quad \boldsymbol{V}_{\Sigma} \stackrel{\text { def }}{=}\left\{\boldsymbol{v} \in \boldsymbol{V} /\left.\boldsymbol{v}\right|_{\Sigma}=\mathbf{0}\right\}
$$

and $Q \stackrel{\text { def }}{=} L^{2}(\Omega)$, equipped with the norms

$$
\|\boldsymbol{v}\|_{\boldsymbol{V}} \stackrel{\text { def }}{=}\left\|\mu^{\frac{1}{2}} \boldsymbol{\nabla} \boldsymbol{v}\right\|_{0, \Omega}, \quad\|q\|_{Q}=\left\|\mu^{-\frac{1}{2}} q\right\|_{0, \Omega} .
$$

The space $\boldsymbol{W} \subset\left[H_{0}^{1}(\Sigma)\right]^{3}$ stands for the space of admissible displacements. At last, the following bi-linear and linear forms $a: \boldsymbol{V} \times \boldsymbol{V} \rightarrow \mathbb{R}, b: Q \times \boldsymbol{V} \rightarrow \mathbb{R}$ and $l: \boldsymbol{V} \rightarrow \mathbb{R}$, given by

$$
a(\boldsymbol{u}, \boldsymbol{v}) \stackrel{\text { def }}{=} 2 \mu(\boldsymbol{\varepsilon}(\boldsymbol{u}), \boldsymbol{\varepsilon}(\boldsymbol{v})), \quad b(q, \boldsymbol{v}) \stackrel{\text { def }}{=}-(q, \operatorname{div} \boldsymbol{v}), \quad l(v) \stackrel{\text { def }}{=}\left(\boldsymbol{f}^{\Gamma}, \boldsymbol{v}\right)_{\Gamma^{\mathrm{n}}}
$$

will be used.
The strong formulation of the thin-solid viscoelastic contributions is supposed to be given in terms of densely defined, self-adjoint and unbounded linear operators

$$
\boldsymbol{L}^{\mathrm{e}}: \boldsymbol{D}^{\mathrm{e}} \subset\left[L^{2}(\Sigma)\right]^{3} \rightarrow\left[L^{2}(\Sigma)\right]^{3}, \quad \boldsymbol{L}^{\mathrm{v}}: \boldsymbol{D}^{\mathrm{v}} \subset\left[L^{2}(\Sigma)\right]^{3} \rightarrow\left[L^{2}(\Sigma)\right]^{3},
$$

and we define two bilinear forms $a^{\mathrm{e}}$ and $a^{\mathrm{v}}$ by

$$
\begin{equation*}
a^{\mathrm{e}}(\boldsymbol{d}, \boldsymbol{w})=\left(\boldsymbol{L}^{\mathrm{e}} \boldsymbol{d}, \boldsymbol{w}\right)_{\Sigma}, \quad a^{\mathrm{v}}(\dot{\boldsymbol{d}}, \boldsymbol{w})=\left(\boldsymbol{L}^{\mathrm{v}} \dot{\boldsymbol{d}}, \boldsymbol{w}\right)_{\Sigma} \tag{21}
\end{equation*}
$$

for all $\boldsymbol{d} \in \boldsymbol{D}^{\mathrm{e}}, \dot{\boldsymbol{d}} \in \boldsymbol{D}^{\mathrm{v}}$ and $\boldsymbol{w} \in \boldsymbol{W}$. We further assume that $a^{\mathrm{e}}$ and $a^{\mathrm{v}}$ are inner-products into $\boldsymbol{W}$ and that, endowed with the inner-product $a^{\mathrm{e}}, \boldsymbol{W}$ is a Hilbert space. We set

$$
\|\boldsymbol{w}\|_{\mathrm{e}} \stackrel{\text { def }}{=}\left(a^{\mathrm{e}}(\boldsymbol{w}, \boldsymbol{w})\right)^{\frac{1}{2}}, \quad\|\boldsymbol{w}\|_{\mathrm{v}} \stackrel{\text { def }}{=}\left(a^{\mathrm{v}}(\boldsymbol{w}, \boldsymbol{w})\right)^{\frac{1}{2}}
$$

and we assume that the following continuity estimate holds

$$
\|\boldsymbol{w}\|_{\mathrm{e}}^{2} \leq \beta^{\mathrm{e}}\|\boldsymbol{w}\|_{1, \Sigma}^{2}
$$

for all $\boldsymbol{w} \in \boldsymbol{W}$, and where $\beta^{\text {e }}$ is a positive constant.

The weak form of the linear coupled problem (1)-(2) reads as follows: find

$$
(\boldsymbol{u}(t), p(t), \boldsymbol{d}(t), \dot{\boldsymbol{d}}(t)) \in \boldsymbol{V} \times Q \times \boldsymbol{W} \times \boldsymbol{W}
$$

such that

$$
\left\{\begin{array}{l}
\left.\boldsymbol{u}\right|_{\Sigma}=\dot{\boldsymbol{d}}  \tag{22}\\
\rho^{\mathrm{f}}\left(\partial_{t} \boldsymbol{u}, \boldsymbol{v}\right)+a(\boldsymbol{u}, \boldsymbol{v})+b(p, \boldsymbol{v})-b(q, \boldsymbol{u}) \\
\quad+\rho^{\mathrm{s}} \epsilon\left(\partial_{t} \dot{\boldsymbol{d}}, \boldsymbol{w}\right)_{\Sigma}+a^{\mathrm{e}}(\boldsymbol{d}, \boldsymbol{w})+a^{\mathrm{v}}(\dot{\boldsymbol{d}}, \boldsymbol{w})=l(\boldsymbol{v}) \\
\dot{\boldsymbol{d}=\partial_{t} \boldsymbol{d}}
\end{array}\right.
$$

for all $(\boldsymbol{v}, q, \boldsymbol{w}) \in \boldsymbol{V} \times Q \times \boldsymbol{W}$ with $\left.\boldsymbol{v}\right|_{\Sigma}=\boldsymbol{w}$.

### 4.2 Space discretization: fully discrete schemes

Let $\left\{\mathcal{T}_{h}\right\}_{0<h \leq 1}$ be a family of quasi-uniform triangulations of $\Omega$. The subscript $h \in(0,1]$ refers to the level of refinement of the triangulation. In what follows, we let $X_{h}$ and $M_{h}$ denote, respectively, the standard spaces of continuous and (possibly) discontinuous piecewise polynomial functions of degree $k \geq 1$ and $l \geq 0(k-1 \leq l \leq k)$ :

$$
\begin{aligned}
& X_{h} \stackrel{\text { def }}{=}\left\{v_{h} \in C^{0}(\bar{\Omega}) / v_{h \mid K} \in \mathbb{P}_{k}(K) \quad \forall K \in \mathcal{T}_{h}\right\}, \\
& M_{h} \stackrel{\text { def }}{=}\left\{q_{h} \in Q / q_{h \mid K} \in \mathbb{P}_{l}(K) \quad \forall K \in \mathcal{T}_{h}\right\}
\end{aligned}
$$

For the approximation of the fluid velocity we will consider the space $\boldsymbol{V}_{h} \stackrel{\text { def }}{=}\left[X_{h}\right]^{d} \cap \boldsymbol{V}$ and for the pressure we will use either $Q_{h} \stackrel{\text { def }}{=} M_{h}$ or $Q_{h} \stackrel{\text { def }}{=} M_{h} \cap C^{0}(\bar{\Omega})$. Whenever the considered velocity/pressure pair fails to satisfy the standard inf-sup condition, we consider a symmetric pressure stabilization method (see [9, 23]), given in terms of a positive and symmetric bi-linear form $s_{h}: Q_{h} \times Q_{h} \rightarrow \mathbb{R}$.

$$
\begin{align*}
& \text { Algorithm } 4 \text { Explicit Robin-Neumann schemes (fully discrete) } \\
& \text { 1. Fluid step: Find }\left(\boldsymbol{u}_{h}^{n}, p_{h}^{n}\right) \in \boldsymbol{V}_{h} \times Q_{h} \text { such that } \\
& \qquad\left\{\begin{array}{l}
\rho^{\mathrm{f}}\left(\partial_{\tau} \boldsymbol{u}_{h}^{n}, \boldsymbol{v}_{h}\right)+a\left(\boldsymbol{u}_{h}^{n}, \boldsymbol{v}_{h}\right)+b\left(p_{h}^{n}, \boldsymbol{v}_{h}\right)-b\left(q_{h}, \boldsymbol{u}_{h}^{n}\right)+s_{h}\left(p_{h}, q_{h}\right) \\
+\frac{\rho^{\mathrm{s}} \epsilon}{\tau}\left(\boldsymbol{u}_{h}^{n}, \boldsymbol{v}_{h}\right)_{\Sigma}=l\left(\boldsymbol{v}_{h}^{\mathrm{f}}\right)+\frac{\rho^{\mathrm{s}} \epsilon}{\tau}\left(\dot{\boldsymbol{d}}_{h}^{n-1}, \boldsymbol{v}_{h}\right)_{\Sigma}-a^{\mathrm{e}}\left(\boldsymbol{d}_{h}^{\star}, \boldsymbol{v}_{h}\right)-a^{\mathrm{v}}\left(\dot{\boldsymbol{d}}_{h}^{\star}, \boldsymbol{v}_{h}\right)
\end{array}\right. \tag{23}
\end{align*}
$$

for all $\left(\boldsymbol{v}_{h}, q_{h}\right) \in \boldsymbol{V}_{h} \times Q_{h}$ with $\left.\boldsymbol{v}_{h}\right|_{\Sigma} \in \boldsymbol{W}_{h}$.
2. Solid step: Find $\left(\dot{\boldsymbol{d}}_{h}^{n}, \boldsymbol{d}_{h}^{n}\right) \in \boldsymbol{W}_{h} \times \boldsymbol{W}_{h}$, such that

$$
\left\{\begin{array}{l}
\dot{\boldsymbol{d}}_{h}^{n}=\partial_{\tau} \boldsymbol{d}_{h}^{n},  \tag{24}\\
\rho^{\mathrm{s}} \epsilon\left(\partial_{\tau} \dot{\boldsymbol{d}}_{h}^{n}, \boldsymbol{w}_{h}\right)_{\Sigma}+a^{\mathrm{e}}\left(\boldsymbol{d}_{h}^{n}, \boldsymbol{w}_{h}\right)+a^{\mathrm{v}}\left(\dot{\boldsymbol{d}}_{h}^{n}, \boldsymbol{w}_{h}\right) \\
\quad=-\rho^{\mathrm{f}}\left(\partial_{\tau} \boldsymbol{u}_{h}^{n}, \mathcal{L}_{h} \boldsymbol{w}_{h}\right)-a\left(\boldsymbol{u}_{h}^{n}, \mathcal{L}_{h} \boldsymbol{w}_{h}\right)-b\left(p_{h}^{n}, \mathcal{L}_{h} \boldsymbol{w}_{h}\right)
\end{array}\right.
$$

for all $\boldsymbol{w}_{h} \in \boldsymbol{W}_{h}$.

The discrete space for the solid displacement and velocity is chosen as the trace space

$$
\boldsymbol{W}_{h} \stackrel{\text { def }}{=}\left\{\left.\boldsymbol{v}_{h}\right|_{\Sigma} / \boldsymbol{v}_{h} \in \boldsymbol{V}_{h}\right\} \cap \boldsymbol{W}
$$

Hence, the fluid and solid space discretizations match at the interface. At last, we introduce the standard fluid-sided discrete lifting operator $\mathcal{L}_{h}: \boldsymbol{W}_{h} \rightarrow \boldsymbol{V}_{h}$, such that, for all $\boldsymbol{w}_{h} \in \boldsymbol{W}_{h}$, $\left.\left(\mathcal{L}_{h} \boldsymbol{w}_{h}\right)\right|_{\Sigma}=\boldsymbol{w}_{h}$ and $\mathcal{L}_{h} \boldsymbol{w}_{h}$ vanishes in all nodal values whose support is out of the interface.

After finite element discretization in space, the fully discrete versions of Algorithms 1 and 2 are detailed in Algorithms 4 and 5, respectively. In particular, it is worth noting that fluid stresses on the interface are evaluated in a consistent fashion, as variational residuals, in terms of the discrete lifting operator $\mathcal{L}_{h}$.

```
Algorithm 5 Explicit Robin-Neumann scheme (intrinsic formulation)
1. Fluid step: Find \(\left(\boldsymbol{u}_{h}^{n}, p_{h}^{n}\right) \in \boldsymbol{V}^{f} \times Q_{h}\) such that
\[
\left\{\begin{array}{l}
\rho^{\mathrm{f}}\left(\partial_{\tau} \boldsymbol{u}_{h}^{n}, \boldsymbol{v}_{h}\right)+a\left(\boldsymbol{u}_{h}^{n}, \boldsymbol{v}_{h}\right)+b\left(p_{h}^{n}, \boldsymbol{v}_{h}\right)-b\left(q_{h}, \boldsymbol{u}_{h}^{n}\right)+s_{h}\left(p_{h}, q_{h}\right) \\
\quad+\frac{\rho^{\mathrm{s}} \epsilon}{\tau}\left(\boldsymbol{u}_{h}^{n}, \boldsymbol{v}_{h}\right)_{\Sigma}=\frac{\rho^{\mathrm{s}} \epsilon}{\tau}\left(\dot{\boldsymbol{d}}_{h}^{n-1}+\tau \partial_{\tau} \dot{\boldsymbol{d}}_{h}^{\star}, \boldsymbol{v}_{h}\right)_{\Sigma} \\
\quad+\rho^{\mathrm{f}}\left(\partial_{\tau} \boldsymbol{u}_{h}^{\star}, \mathcal{L}_{h} \boldsymbol{v}_{h}\right)_{\Omega^{\mathrm{f}}}+a\left(\boldsymbol{u}_{h}^{\star}, \mathcal{L}_{h} \boldsymbol{v}_{h}\right)+b\left(p_{h}^{\star}, \mathcal{L}_{h} \boldsymbol{v}_{h}\right)+l\left(\boldsymbol{v}_{h}\right)
\end{array}\right.
\]
```

for all $\left(\boldsymbol{v}_{h}, q_{h}\right) \in \boldsymbol{V}_{h} \times Q_{h}$ with $\left.\boldsymbol{v}_{h}\right|_{\Sigma} \in \boldsymbol{W}_{h}$.
2. Solid step: Find $\left(\dot{\boldsymbol{d}}_{h}^{n}, \boldsymbol{d}_{h}^{n}\right) \in \boldsymbol{W}_{h} \times \boldsymbol{W}_{h}$, such that

$$
\left\{\begin{array}{l}
\dot{\boldsymbol{d}}_{h}^{n}=\partial_{\tau} \boldsymbol{d}_{h}^{n} \\
\rho^{\mathrm{s}} \epsilon\left(\partial_{\tau} \dot{\boldsymbol{d}}_{h}^{n}, \boldsymbol{w}_{h}\right)_{\Sigma}+a^{\mathrm{e}}\left(\boldsymbol{d}_{h}^{n}, \boldsymbol{w}_{h}\right)+a^{\mathrm{v}}\left(\dot{\boldsymbol{d}}_{h}^{n}, \boldsymbol{w}_{h}\right) \\
\quad=-\rho^{\mathrm{f}}\left(\partial_{\tau} \boldsymbol{u}_{h}^{n}, \mathcal{L}_{h} \boldsymbol{w}_{h}\right)-a\left(\boldsymbol{u}_{h}^{n}, \mathcal{L}_{h} \boldsymbol{w}_{h}\right)-b\left(p_{h}^{n}, \mathcal{L}_{h} \boldsymbol{w}_{h}\right)
\end{array}\right.
$$

for all $\boldsymbol{w}_{h} \in \boldsymbol{W}_{h}$.

### 4.3 Kinematic perturbation of implicit coupling

In what follows, we shall make use of discrete reconstructions, $\boldsymbol{L}_{h}^{\mathrm{e}}: \boldsymbol{W} \rightarrow \boldsymbol{W}_{h}$ and $\boldsymbol{L}_{h}^{\mathrm{v}}: \boldsymbol{W} \rightarrow$ $\boldsymbol{W}_{h}$, of the elastic and viscous solid operators, defined by the relations

$$
\begin{equation*}
\left(\boldsymbol{L}_{h}^{\mathrm{e}} \boldsymbol{w}, \boldsymbol{w}_{h}\right)_{\Sigma}=a^{\mathrm{e}}\left(\boldsymbol{w}, \boldsymbol{w}_{h}\right), \quad\left(\boldsymbol{L}_{h}^{\mathrm{v}} \boldsymbol{w}, \boldsymbol{w}_{h}\right)_{\Sigma}=a^{\mathrm{v}}\left(\boldsymbol{w}, \boldsymbol{w}_{h}\right) \tag{25}
\end{equation*}
$$

for all $\left(\boldsymbol{w}, \boldsymbol{w}_{h}\right) \in \boldsymbol{W} \times \boldsymbol{W}_{h}$.
A salient feature of Algorithms 4 and 5 is that they can be interpreted as kinematic perturbations of an underlying implicit coupling scheme. Indeed, taking $\left(\boldsymbol{v}_{h}, q_{h}\right)=\left(-\mathcal{L}_{h} \boldsymbol{w}_{h}, 0\right)$ in (23) and adding the resulting expression to (24) yields

$$
\begin{equation*}
\frac{\rho^{\mathrm{s}} \epsilon}{\tau}\left(\dot{\boldsymbol{d}}_{h}^{n}-\boldsymbol{u}_{h}^{n}, \boldsymbol{w}_{h}\right)_{\Sigma}+a^{\mathrm{e}}\left(\boldsymbol{d}_{h}^{n}-\boldsymbol{d}_{h}^{\star}, \boldsymbol{w}_{h}\right)+a^{\mathrm{v}}\left(\dot{\boldsymbol{d}}_{h}^{n}-\dot{\boldsymbol{d}}_{h}^{\star}, \boldsymbol{w}_{h}\right)=0 \tag{26}
\end{equation*}
$$

for all $\boldsymbol{w}_{h} \in \boldsymbol{W}_{h}$. Hence, owing to (25), we get

$$
\begin{equation*}
\left.\boldsymbol{u}_{h}^{n}\right|_{\Sigma}=\dot{\boldsymbol{d}}_{h}^{n}+\frac{\tau}{\rho^{\mathrm{s}} \epsilon}\left(\boldsymbol{L}_{h}^{\mathrm{e}}\left(\boldsymbol{d}_{h}^{n}-\boldsymbol{d}_{h}^{\star}\right)+\boldsymbol{L}_{h}^{\mathrm{v}}\left(\dot{\boldsymbol{d}}_{h}^{n}-\dot{\boldsymbol{d}}_{h}^{\star}\right)\right) . \tag{27}
\end{equation*}
$$

In addition, by taking $\left.\boldsymbol{v}_{h}\right|_{\Sigma}=\boldsymbol{w}_{h}$ in (23) and by adding the resulting expression to (26) we get

$$
\begin{align*}
& \rho^{\mathrm{f}}\left(\partial_{\tau} \boldsymbol{u}_{h}^{n}, \boldsymbol{v}_{h}\right)+a\left(\boldsymbol{u}_{h}^{n}, \boldsymbol{v}_{h}\right)+b\left(p_{h}^{n}, \boldsymbol{v}_{h}\right)-b\left(q_{h}, \boldsymbol{u}_{h}^{n}\right)+s_{h}\left(p_{h}^{n}, q_{h}\right)  \tag{28}\\
& \quad+\rho^{\mathrm{s}} \epsilon\left(\partial_{\tau} \dot{\boldsymbol{d}}_{h}^{n}, \boldsymbol{w}_{h}\right)_{\Sigma}+a^{\mathrm{e}}\left(\boldsymbol{d}_{h}^{n}, \boldsymbol{w}_{h}\right)+a^{\mathrm{v}}\left(\dot{\boldsymbol{d}}_{h}^{n}, \boldsymbol{w}_{h}\right)=l\left(\boldsymbol{v}_{h}\right)
\end{align*}
$$

for all $\left(\boldsymbol{v}_{h}, q_{h}, \boldsymbol{w}_{h}\right) \in \boldsymbol{V}_{h} \times Q_{h} \times \boldsymbol{W}_{h}$ with $\left.\boldsymbol{v}_{h}\right|_{\Sigma}=\boldsymbol{w}_{h}$. It should be noted that (27) and (28) are nothing but an implicit time-discretization of (22) with a perturbed kinematic constraint, the perturbation being given by

$$
\begin{equation*}
\frac{\tau}{\rho^{\mathrm{s}} \epsilon}\left(\boldsymbol{L}_{h}^{\mathrm{e}}\left(\boldsymbol{d}_{h}^{n}-\boldsymbol{d}_{h}^{\star}\right)+\boldsymbol{L}_{h}^{\mathrm{v}}\left(\dot{\boldsymbol{d}}_{h}^{n}-\dot{\boldsymbol{d}}_{h}^{\star}\right)\right) . \tag{29}
\end{equation*}
$$

Therefore, in order to asses the stability and accuracy of Algorithms 4 and 5 we only need to investigate how (29) affects the stability and accuracy of the underlying implicit coupling scheme. This will be the topic of Sections 4.4 and 4.6, respectively.

### 4.4 A priori energy estimates

We define the total discrete energy, $E_{h}^{n}$, and dissipation, $D_{h}^{n}$, at time-step $t_{n}$ by

$$
\begin{aligned}
& E_{h}^{n} \stackrel{\text { def }}{=} \rho^{\mathrm{f}}\left\|\boldsymbol{u}_{h}^{n}\right\|_{0}^{2}+\rho^{\mathrm{s}} \epsilon\left\|\dot{\boldsymbol{d}}_{h}^{n}\right\|_{0, \Sigma}^{2}+\left\|\boldsymbol{d}_{h}^{n}\right\|_{\mathrm{e}}^{2} \\
& D_{h}^{n} \stackrel{\text { def }}{=} \rho^{\mathrm{f}}\left\|\boldsymbol{u}_{h}^{n}-\boldsymbol{u}_{h}^{n-1}\right\|_{0}^{2}+\tau\left\|\boldsymbol{u}_{h}^{n}\right\|_{\boldsymbol{V}}^{2}+\tau\left|p_{h}^{n}\right|_{s_{h}}^{2}+\rho^{\mathrm{s}} \epsilon\left\|\dot{\boldsymbol{d}}_{h}^{n}-\dot{\boldsymbol{d}}_{h}^{n-1}\right\|_{0, \Sigma}^{2} \\
& \quad+\left\|\boldsymbol{d}_{h}^{n}-\boldsymbol{d}_{h}^{n-1}\right\|_{\mathrm{e}}^{2}+\tau\left\|\dot{\boldsymbol{d}}_{h}^{n}\right\|_{\mathrm{V}}^{2}
\end{aligned}
$$

where $\left|p_{h}^{n}\right|_{s_{h}} \stackrel{\text { def }}{=}\left(s_{h}\left(p_{h}^{n}, p_{h}^{n}\right)\right)^{\frac{1}{2}}$. The following result states the energy stability of the explicit Robin-Neumann schemes given by Algorithm 4 (or 5).

Theorem 1 Assume that $\boldsymbol{f}^{\Gamma}=\mathbf{0}$ (free system) and let the sequence

$$
\left\{\left(\boldsymbol{u}_{h}^{n}, p_{h}^{n}, \boldsymbol{d}_{h}^{n}, \dot{\boldsymbol{d}}_{h}^{n}\right)\right\}_{n \geq 1}
$$

be given by Algorithm 4 (or 5). The following a priori energy estimates hold:

- Without extrapolation $\left(\boldsymbol{d}_{h}^{\star}, \dot{\boldsymbol{d}}_{h}^{\star}\right)=(\mathbf{0}, \mathbf{0})$ :

$$
\begin{equation*}
E_{h}^{n}+\sum_{m=1}^{n} D_{h}^{m} \lesssim E_{h}^{0} \tag{30}
\end{equation*}
$$

for $n \geq 1$.

- First-order extrapolation $\left(\boldsymbol{d}_{h}^{\star}, \dot{\boldsymbol{d}}_{h}^{\star}\right)=\left(\boldsymbol{d}_{h}^{n-1}, \dot{\boldsymbol{d}}_{h}^{n-1}\right)$ :

$$
\begin{equation*}
E_{h}^{n}+\sum_{m=1}^{n} D_{h}^{m} \lesssim E_{h}^{0}+\tau^{2}\left\|\dot{\boldsymbol{d}}_{h}^{0}\right\|_{\mathrm{e}}^{2}+\frac{\tau^{2}}{\rho^{\mathrm{s}} \epsilon}\left\|\boldsymbol{L}_{h}^{\mathrm{e}} \boldsymbol{d}_{h}^{0}+\boldsymbol{L}_{h}^{\mathrm{v}} \dot{\boldsymbol{d}}_{h}^{0}\right\|_{0, \Sigma}^{2} \tag{31}
\end{equation*}
$$

for $n \geq 1$.

- Second-order extrapolation $\left(\boldsymbol{d}_{h}^{\star}, \dot{\boldsymbol{d}}_{h}^{\star}\right)=\left(2 \boldsymbol{d}_{h}^{n-1}-\boldsymbol{d}_{h}^{n-2}, 2 \dot{\boldsymbol{d}}_{h}^{n-1}-\dot{\boldsymbol{d}}_{h}^{n-2}\right)$ :

$$
\begin{align*}
E_{h}^{n}+\sum_{m=1}^{n} D_{h}^{m} \lesssim \exp \left(\frac{t_{n} \gamma}{1-\tau \gamma}\right)( & E_{h}^{0}+\tau\left\|\dot{\boldsymbol{d}}_{h}^{0}-\dot{\boldsymbol{d}}_{h}^{-1}\right\|_{\mathrm{v}}^{2}+\alpha \tau^{3}\left\|\dot{\boldsymbol{d}}_{h}^{0}\right\|_{\mathrm{e}}^{2}  \tag{32}\\
& \left.+\frac{\beta \tau^{3}}{\rho^{\mathrm{s}} \epsilon}\left\|\boldsymbol{L}_{h}^{\mathrm{e}} \dot{\boldsymbol{d}}_{h}^{0}\right\|_{0, \Sigma}^{2}\right)
\end{align*}
$$

for $n \geq 1$, provided that (3) and the following conditions

$$
\left\{\begin{array}{r}
\alpha^{2} \tau^{2}+\beta^{2} \tau^{2} \frac{\left(\omega^{\mathrm{e}}\right)^{4}}{h^{4}} \leq \frac{\delta}{4}  \tag{33}\\
\frac{\tau^{5}\left(\omega^{\mathrm{e}}\right)^{6}}{h^{6}}+2 \alpha \frac{\tau^{2}\left(\omega^{\mathrm{e}}\right)^{2}}{h^{2}}+2 \beta \tau^{2} \frac{\left(\omega^{\mathrm{e}}\right)^{4}}{h^{4}} \leq \frac{\gamma}{2} \\
\tau \gamma<1
\end{array}\right.
$$

hold, where $\omega^{\mathrm{e}} \stackrel{\text { def }}{=} C_{\mathrm{inv}} \sqrt{\beta^{\mathrm{e}} /\left(\rho^{\mathrm{s}} \epsilon\right)}$, $C_{\mathrm{inv}}$ denotes the constant of an inverse estimate, $0 \leq$ $\delta \leq 1$ and $\gamma>0$.

Proof 1 See A.
Theorem 1 yields the unconditionally energy stability of the proposed explicit Robin-Neumann schemes without extrapolations and with the first-order extrapolations. Moreover, the energy estimates (30) and (31) are derived without any major assumption on the solid damping operator $\boldsymbol{L}^{\mathrm{v}}$, only symmetric and positiveness are required for the corresponding bi-linear form (21). In the case of a Rayleigh modeling of the solid damping (3), the variant with second-order extrapolations is energy stable, provided that the CFL-like conditions (33) are satisfied.

It should be noted that all these variants are energy stable, irrespectively of the amount of added-mass effect in the system. This demonstrates that the implicit treatment of the solid inertial term in (5) is enough to guarantee added-mass free stability.

Remark 8 In the case of the coupling with an undamped thin-solid model (i.e., $\boldsymbol{L}^{\mathrm{v}}=\mathbf{0}$ ), Theorem 1 yields the energy estimates reported in [23, Section 4]. In particular, for the second-order extrapolations, the relations (33) simply reduce to the 6/5-CFL condition

$$
\begin{equation*}
\tau\left(\omega^{\mathrm{e}}\right)^{\frac{6}{5}} \lesssim \gamma h^{\frac{6}{5}}, \quad \tau \gamma<1 \tag{34}
\end{equation*}
$$

derived in [23, Theorem 1]. $\diamond$
Remark 9 The nature of the stability condition (33) depends on the Rayleigh coefficient $\beta$ involved in (3). For $\beta=0$, the relations (33) are fulfilled under a $6 / 5$-CFL condition $\tau=\mathcal{O}\left(h^{\frac{6}{5}}\right)$, while a parabolic-CFL constraint $\tau=\mathcal{O}\left(h^{2}\right)$ is required for $\beta>0$. $\diamond$

Remark 10 By considering appropriate discrete Ritz-projections of the solid initial data (see Section 4.6), the right-hand side of (31) can be uniformly bounded with respect to $h$, that is,

$$
\left\|\dot{\boldsymbol{d}}_{h}^{0}\right\|_{\mathrm{e}} \lesssim\left\|\dot{\boldsymbol{d}}^{0}\right\|_{\mathrm{e}}, \quad\left\|\boldsymbol{L}_{h}^{\mathrm{e}} \boldsymbol{d}_{h}^{0}+\boldsymbol{L}_{h}^{\mathrm{v}} \dot{\boldsymbol{d}}_{h}^{0}\right\|_{0, \Sigma} \lesssim\left\|\boldsymbol{L}^{\mathrm{e}} \boldsymbol{d}^{0}+\boldsymbol{L}^{\mathrm{v}} \dot{\boldsymbol{d}}^{0}\right\|_{0, \Sigma}
$$

which guarantees the unconditional stability of the scheme.

### 4.5 Convergence of the iterative solution procedure

A salient feature the arguments involved in the energy based stability analysis of Section 4.4 is that they can be reshaped to prove the convergence of Algorithm 3 towards the implicit coupling solution (16)-(17). This result is stated in the next theorem where, for the sake of simplicity, we have considered only the time semi-discrete version of the methods.

Theorem 2 For $n \geq 1$, let $\left(\boldsymbol{u}^{n}, p^{n}, \dot{\boldsymbol{d}}^{n}, \boldsymbol{d}^{n}\right)$ be given by (16)-(17) and

$$
\left\{\left(\boldsymbol{u}_{k}, p_{k}, \dot{\boldsymbol{d}}_{k}, \boldsymbol{d}_{k}\right)\right\}_{k \geq 1}
$$

be the sequence of approximations given by Algorithm 3. Then, the following estimate holds

$$
\begin{align*}
& \sum_{k=1}^{\infty}\left(\rho^{\mathrm{f}}\left\|\boldsymbol{u}_{k}-\boldsymbol{u}^{n}\right\|_{0, \Omega}^{2}+\rho^{\mathrm{s}} \epsilon\left\|\dot{\boldsymbol{d}}_{k}-\dot{\boldsymbol{d}}^{n}\right\|_{0, \Sigma}^{2}+\left\|\boldsymbol{d}_{k}-\boldsymbol{d}^{n}\right\|_{\mathrm{e}}^{2}\right) \\
& \lesssim\left\|\boldsymbol{d}_{0}-\boldsymbol{d}^{n}\right\|_{\mathrm{e}}^{2}+\tau\left\|\dot{\boldsymbol{d}}_{0}-\dot{\boldsymbol{d}}^{n}\right\|_{\mathrm{v}}^{2}+\frac{\tau^{2}}{\rho^{\mathrm{s}} \epsilon}\left\|\boldsymbol{L}^{\mathrm{e}}\left(\boldsymbol{d}_{0}-\boldsymbol{d}^{n}\right)+\boldsymbol{L}^{\mathrm{v}}\left(\dot{\boldsymbol{d}}_{0}-\dot{\boldsymbol{d}}^{n}\right)\right\|_{0, \Sigma}^{2} \tag{35}
\end{align*}
$$

In particular, we have

$$
\lim _{k \rightarrow \infty}\left(\left\|\boldsymbol{u}_{k}-\boldsymbol{u}^{n}\right\|_{0, \Omega}+\left\|\dot{\boldsymbol{d}}_{k}-\dot{\boldsymbol{d}}^{n}\right\|_{0, \Sigma}+\left\|\boldsymbol{d}_{k}-\boldsymbol{d}^{n}\right\|_{e}\right)=0
$$

Proof 2 See $B$.
To the best of our knowledge, the result stated in Theorem 2 is the first which guarantees the convergence of a Robin-Neumann iterative procedure towards the implicit coupling solution (16)(17). In fact, so far the convergence of these methods has been addressed in further simplified models using modal analysis (see, e.g., [2]). A second valuable consequence of Theorem 2 is that the pure inertial character of the Robin coefficient (20) is enough to guarantee the convergence of the iterations.

### 4.6 A priori error estimates

In what follows, we shall make use of the Riesz projectors $\boldsymbol{\pi}_{h}^{\mathrm{e}}: \boldsymbol{W} \rightarrow \boldsymbol{W}_{h}$ and $\boldsymbol{\pi}_{h}^{\mathrm{v}}: \boldsymbol{W} \rightarrow \boldsymbol{W}_{h}$ associated to the inner-products $a^{\mathrm{e}}$ and $a^{\mathrm{v}}$ given by (21). Thus, for all $\boldsymbol{w} \in \boldsymbol{W}, \boldsymbol{\pi}_{h}^{\mathrm{e}} \boldsymbol{w} \in \boldsymbol{W}_{h}$ and $\boldsymbol{\pi}_{h}^{\mathrm{v}} \boldsymbol{w} \in \boldsymbol{W}_{h}$ are respectively defined by the relations

$$
\begin{equation*}
a^{\mathrm{e}}\left(\boldsymbol{w}-\boldsymbol{\pi}_{h}^{\mathrm{e}} \boldsymbol{w}, \boldsymbol{w}_{h}\right)=0, \quad a^{\mathrm{v}}\left(\boldsymbol{w}-\boldsymbol{\pi}_{h}^{\mathrm{v}} \boldsymbol{w}, \boldsymbol{w}_{h}\right)=0 \tag{36}
\end{equation*}
$$

for all $\boldsymbol{w}_{h} \in \boldsymbol{W}_{h}$. We assume that the following error estimates hold

$$
\begin{array}{r}
\left\|\boldsymbol{w}-\boldsymbol{\pi}_{h}^{\mathrm{e}} \boldsymbol{w}\right\|_{\mathrm{e}} \lesssim h^{k}\left(\beta^{\mathrm{e}}\right)^{\frac{1}{2}}\|\boldsymbol{w}\|_{k+1, \Sigma}, \\
\left\|\boldsymbol{w}-\boldsymbol{\pi}_{h}^{\mathrm{v}} \boldsymbol{w}\right\|_{0}+h\left\|\boldsymbol{w}-\boldsymbol{\pi}_{h}^{\mathrm{v}} \boldsymbol{w}\right\|_{1, \Sigma} \lesssim h^{k+1}\|\boldsymbol{w}\|_{k+1, \Sigma} \tag{37}
\end{array}
$$

for all $\boldsymbol{w} \in\left[H^{k+1}(\Sigma)\right]^{3} \cap \boldsymbol{W}$. For the fluid velocity, we consider the Stokes-like operator $\left(\boldsymbol{P}_{h}, R_{h}\right)$ : $\boldsymbol{V} \rightarrow \boldsymbol{V}_{h} \times Q_{h}$ defined, for all $\boldsymbol{v} \in \boldsymbol{V}$, by

$$
\left\{\begin{array}{l}
\left.\boldsymbol{P}_{h} \boldsymbol{v}\right|_{\Sigma}=\left.\boldsymbol{\pi}_{h}^{\mathrm{v}} \boldsymbol{v}\right|_{\Sigma} \\
a\left(\boldsymbol{P}_{h} \boldsymbol{v}, \boldsymbol{v}_{h}\right)+b\left(R_{h} \boldsymbol{v}, \boldsymbol{v}_{h}\right)=a\left(\boldsymbol{v}, \boldsymbol{v}_{h}\right) \quad \forall \boldsymbol{v}_{h} \in \boldsymbol{V}_{\Sigma, h} \\
b\left(q_{h}, R_{h} \boldsymbol{v}\right)=s_{h}\left(q_{h}, R_{h} \boldsymbol{v}\right) \quad \forall q_{h} \in Q_{h}
\end{array}\right.
$$

We assume that the following approximation properties hold for $\boldsymbol{P}_{h}$ (see [23, Lemma 3]):

$$
\begin{align*}
& \left\|\boldsymbol{v}-\boldsymbol{P}_{h} \boldsymbol{v}\right\|_{\boldsymbol{V}}+\left|R_{h} \boldsymbol{v}\right|_{s_{h}} \lesssim \mu^{\frac{1}{2}} h^{k}\|\boldsymbol{v}\|_{k+1, \Omega}  \tag{38}\\
& \left\|\boldsymbol{v}-\boldsymbol{P}_{h} \boldsymbol{v}\right\|_{0, \Omega} \lesssim h^{k+1}\left(c_{\mu} \mu^{\frac{1}{2}}\|\boldsymbol{v}\|_{k+1, \Omega}+\tilde{c}_{\mu}\|\boldsymbol{v}\|_{k+1, \Sigma}\right)
\end{align*}
$$

for all $\boldsymbol{v} \in\left[H^{k+1}(\Omega)\right]^{d}$ with $\left.\boldsymbol{v}\right|_{\Sigma} \in\left[H^{k+1}(\Sigma)\right]^{d}$ and $\operatorname{div} \boldsymbol{v}=0$. The symbols $c_{\mu}$ and $\tilde{c}_{\mu}$ denote positive constants depending only on $\Omega$ and $\mu$.

Remark 11 The estimates (38) hold for inf-sup compatible velocity/pressure approximations (with $s_{h}=0$ ) or under suitable assumptions on the symmetric stabilization operator $s_{h}$ (see [23, Section 3.1.1]). In particular, the consistency of $s_{h}$ is said to be of order $\tilde{l} \in\{l, l+1\}$ if there exits a projection operator $\Pi_{h}: Q \rightarrow Q_{h}$ such that

$$
\begin{align*}
\left|\Pi_{h} q\right|_{s_{h}} & \lesssim \mu^{-\frac{1}{2}} h^{\tilde{l}}\|q\|_{\tilde{l}, \Omega} \quad \forall q \in H^{\tilde{l}}(\Omega) \\
\left\|q-\Pi_{h} q\right\|_{Q} & \lesssim \mu^{-\frac{1}{2}} h^{l+1}\|q\|_{l+1, \Omega} \quad \forall q \in H^{l+1}(\Omega) . \tag{39}
\end{align*}
$$

Examples of such stabilization operators are discussed in [9]. We can mention, for instance, the methods reported in [15, 4, 11] which are optimal for arbitrary polynomial order, or the method introduced in [6] which is optimal for piecewise affine approximations.

We assume that the exact solution of problem (22) has the following regularity, for a given final time $T>\tau$ :

$$
\begin{align*}
\boldsymbol{u} & \in\left[H^{1}\left(0, T ; H^{k+1}(\Omega)\right)\right]^{3},\left.\quad \boldsymbol{u}\right|_{\Sigma} \in\left[H^{1}\left(0, T ; H^{k+1}(\Sigma)\right)\right]^{3}, \\
\partial_{t t} \boldsymbol{u} & \in\left[L^{2}\left(0, T ; L^{2}(\Omega)\right)\right],\left.\quad \partial_{t t} \boldsymbol{u}\right|_{\Sigma} \in\left[L^{2}\left(0, T ; L^{2}(\Sigma)\right)\right]^{3},  \tag{40}\\
p & \in C^{0}\left([0, T] ; H^{\tilde{l}}(\Omega)\right),
\end{align*}
$$

and

- Without extrapolation $\left(\boldsymbol{d}_{h}^{\star}, \dot{\boldsymbol{d}}_{h}^{\star}\right)=(\mathbf{0}, \mathbf{0})$ :

$$
\begin{equation*}
\boldsymbol{L}^{\mathrm{e}} \boldsymbol{d}+\boldsymbol{L}^{\mathrm{v}} \dot{\boldsymbol{d}} \in\left[C^{0}\left([0, T] ; L^{2}(\Sigma)\right)\right]^{3} \tag{41}
\end{equation*}
$$

- First-order extrapolation $\left(\boldsymbol{d}_{h}^{\star}, \dot{\boldsymbol{d}}_{h}^{\star}\right)=\left(\boldsymbol{d}_{h}^{n-1}, \dot{\boldsymbol{d}}_{h}^{n-1}\right)$ :

$$
\begin{equation*}
\boldsymbol{L}^{\mathrm{e}} \boldsymbol{d}+\boldsymbol{L}^{\mathrm{v}} \dot{\boldsymbol{d}} \in\left[H^{1}\left(0, T ; L^{2}(\Sigma)\right)\right]^{3} \tag{42}
\end{equation*}
$$

- Second-order extrapolation $\left(\boldsymbol{d}_{h}^{\star}, \dot{\boldsymbol{d}}_{h}^{\star}\right)=\left(2 \boldsymbol{d}_{h}^{n-1}-\boldsymbol{d}_{h}^{n-2}, 2 \dot{\boldsymbol{d}}_{h}^{n-1}-\dot{\boldsymbol{d}}_{h}^{n-2}\right)$ :

$$
\begin{equation*}
\boldsymbol{L}^{\mathrm{e}} \boldsymbol{d}+\boldsymbol{L}^{\mathrm{v}} \dot{\boldsymbol{d}} \in\left[H^{2}\left(0, T ; L^{2}(\Sigma)\right)\right]^{3} \tag{43}
\end{equation*}
$$

In (40), the symbol $\tilde{l} \in\{l, l+1\}$ denotes the consistency order of $s_{h}$ (see Remark 11). We take $\tilde{l}=l$ in the case of inf-sup compatible velocity/pressure approximations.

At last, we define the energy-norm of the error, at the time step $t_{n}$, as

$$
\begin{aligned}
& \mathcal{E}_{h}^{n} \stackrel{\text { def }}{=}\left(\rho^{\mathrm{f}}\right)^{\frac{1}{2}}\left\|\boldsymbol{u}\left(t_{n}\right)-\boldsymbol{u}_{h}^{n}\right\|_{0, \Omega}+\left(\sum_{m=1}^{n} \tau\left\|\boldsymbol{u}\left(t_{m}\right)-\boldsymbol{u}_{h}^{m}\right\|_{\boldsymbol{V}}^{2}\right)^{\frac{1}{2}}+\left(\sum_{m=1}^{n} \tau\left|p_{h}^{m}\right|_{s_{h}}^{2}\right)^{\frac{1}{2}} \\
&+\left(\rho^{\mathrm{s}} \epsilon\right)^{\frac{1}{2}}\left\|\dot{\boldsymbol{d}}\left(t_{n}\right)-\dot{\boldsymbol{d}}_{h}^{n}\right\|_{0, \Sigma}+\left\|\boldsymbol{d}\left(t_{n}\right)-\boldsymbol{d}_{h}^{n}\right\|_{\mathrm{e}}+\left(\sum_{m=1}^{n} \tau\left\|\dot{\boldsymbol{d}}\left(t_{m}\right)-\dot{\boldsymbol{d}}_{h}^{m}\right\|_{\mathrm{v}}^{2}\right)^{\frac{1}{2}} .
\end{aligned}
$$

The following result states an priori error estimate for the fully discrete explicit Robin-Neumann schemes introduced in Section 4.2.

Theorem 3 Let $(\boldsymbol{u}, p, \boldsymbol{d}, \dot{\boldsymbol{d}})$ be the solution of the coupled problem (22) and $\left\{\left(\boldsymbol{u}_{h}^{n}, p_{h}^{n}, \boldsymbol{d}_{h}^{n}, \dot{\boldsymbol{d}}_{h}^{n}\right)\right\}_{n \geq 1}$ be the discrete solution given by Algorithm 4 (or 5) with initial data

$$
\left(\boldsymbol{u}_{h}^{0}, \boldsymbol{d}_{h}^{0}, \dot{\boldsymbol{d}}_{h}^{0}\right)=\left(\boldsymbol{P}_{h} \boldsymbol{u}^{0}, \boldsymbol{\pi}_{h}^{\mathrm{e}} \boldsymbol{d}^{0}, \boldsymbol{\pi}_{h}^{\mathrm{v}} \dot{\boldsymbol{d}}^{0}\right)
$$

Suppose that (37)-(39) hold and that the exact solution has the regularity (40)-(43). For the second-order extrapolation we assume, in addition, that the stability condition (33) holds. Then, we have the following error estimates, for $n \geq 1$ such as $n \tau<T$ :

$$
\mathcal{E}_{h}^{n} \lesssim c_{1} h^{k}+c_{2} h^{\tilde{l}}+c_{3} \tau+\left\{\begin{array}{lr}
c_{4} \tau^{\frac{1}{2}} & \text { without extrapolation },  \tag{44}\\
c_{5} \tau & \text { with first-order extrapolation }, \\
c_{6} \tau^{2} & \text { with second-order extrapolation. }
\end{array}\right.
$$

Here, the symbols $\left\{c_{i}\right\}_{i=1}^{6}$ denote positive constants independent of $h$ and $\tau$, but which depend on the physical parameters and on the regularity of $(\boldsymbol{u}, p, \boldsymbol{d}, \dot{\boldsymbol{d}})$.

Proof 3 See $C$.
Some observations are in order. Theorem 3 shows that, for regular enough solutions, the proposed explicit Robin-Neumann schemes converge to the solution of (1)-(2). The last term of (44) represents the truncation error introduced by the Robin-Neumann splitting, that is, the time-consistency of the kinematic perturbation (29). For the variant without extrapolation, the error estimate (44) predicts a sub-optimal $\mathcal{O}\left(\tau^{\frac{1}{2}}\right)$ time-convergence rate in the energy-norm. This is due to the low-order consistency of the perturbation (29) in the case $\left(\boldsymbol{d}_{h}^{\star}, \dot{\boldsymbol{d}}_{h}^{\star}\right)=\mathbf{0}$. On the contrary, for the variants with extrapolation the consistency of the perturbations (29) scale as $\mathcal{O}(\tau)$ and $\mathcal{O}\left(\tau^{2}\right)$, respectively. An overall optimal convergence-rate $\mathcal{O}\left(h^{k}+h^{\tilde{l}}+\tau\right)$ is hence recovered. It is worth noting, in particular, that the explicit Robin-Neumann scheme with firstorder extrapolation yields optimal accuracy with no restrictions on the discretization parameters nor on the polynomial order.

Remark 12 In the case of the coupling with an undamped thin-solid model (i.e., $\boldsymbol{L}^{\mathrm{v}}=\mathbf{0}$ ), Theorem 3 provides the error estimates reported in [23, Section 5]. $\diamond$

## 5 Formulation in the non-linear case

In this section we extend the explicit Robin-Neumann paradigm of Section 3.1 to the case of a nonlinear fluid-structure problem, involving a viscous incompressible fluid and thin-walled structure. The fluid is described by the incompressible Navier-Stokes equations in moving domains (ALE formalism) and the structure by a general non-linear thin-solid model (see, e.g., [13]).

### 5.1 The non-linear coupled problem

Let $\Omega \cup \Sigma$ be a reference configuration of the system. The current configuration of the fluid domain, $\Omega(t)$, is parametrized by the ALE map $\mathcal{A} \stackrel{\text { def }}{=} \boldsymbol{I}_{\Omega}+\boldsymbol{d}^{\mathrm{f}}$ as $\Omega(t)=\mathcal{A}(\Omega, t)$, where $\boldsymbol{d}^{\mathrm{f}}$ : $\Omega \times \mathbb{R}^{+} \rightarrow \mathbb{R}^{d}$ stands for the displacement of the fluid domain. In practice, $\boldsymbol{d}^{f}=\operatorname{Ext}\left(\left.\boldsymbol{d}\right|_{\Sigma}\right)$, where $\operatorname{Ext}(\cdot)$ denotes any reasonable lifting operator from the (reference) interface $\Sigma$ into the (reference) fluid domain $\Omega$. For instance, an harmonic lifting operator is used in the numerical experiments reported in Section 6.

The non-linear fluid-structure problem under consideration reads as follows: Find the fluid domain displacement $\boldsymbol{d}^{\mathrm{f}}: \Omega \times \mathbb{R}^{+} \rightarrow \mathbb{R}^{d}$, the fluid velocity $\boldsymbol{u}: \Omega \times \mathbb{R}^{+} \rightarrow \mathbb{R}^{d}$, the fluid pressure
$p: \Omega \times \mathbb{R}^{+} \rightarrow \mathbb{R}^{d}$ the solid displacement $\boldsymbol{d}: \Sigma \times \mathbb{R}^{+} \rightarrow \mathbb{R}^{d}$ and the surface vector field $\boldsymbol{\theta}:$ $\Sigma \times \mathbb{R}^{+} \rightarrow \mathbb{R}^{3}$ such that
where $\left.\partial_{t}\right|_{\mathcal{A}}$ represents the ALE time derivative, $\boldsymbol{F} \stackrel{\text { def }}{=} \boldsymbol{\nabla} \mathcal{A}$ the fluid domain gradient of deformation and $J \stackrel{\text { def }}{=} \operatorname{det} \boldsymbol{F}$ the Jacobian. The surface elastic and viscous operators, $\left(\boldsymbol{L}_{\boldsymbol{d}}^{\mathrm{e}}, \boldsymbol{L}_{\boldsymbol{\theta}}^{\mathrm{e}}\right)$ and $\left(\boldsymbol{L}_{\boldsymbol{d}}^{\mathrm{v}}, \boldsymbol{L}_{\boldsymbol{\theta}}^{\mathrm{v}}\right)$, can be non-linear. As usual, a field defined in the reference fluid domain, $\Omega$, is evaluated in the current fluid domain, $\Omega(t)$, by composition with $\mathcal{A}^{-1}(\cdot, t)$.

### 5.2 Explicit Robin-Neumann schemes

Following the initial argument of Section 3, the interface Robin consistency of the coupled problem (45)-(46) is given by the relation

$$
J \boldsymbol{\sigma}(\boldsymbol{u}, p) \boldsymbol{F}^{-\mathrm{T}} \boldsymbol{n}+\rho^{\mathrm{s}} \epsilon \partial_{t} \boldsymbol{u}=-\boldsymbol{L}_{\boldsymbol{d}}^{\mathrm{e}}(\boldsymbol{d}, \boldsymbol{\theta})-\boldsymbol{L}_{\boldsymbol{d}}^{\mathrm{v}}(\dot{\boldsymbol{d}}, \dot{\boldsymbol{\theta}}) \quad \text { on } \quad \Sigma .
$$

Nevertheless, in order to avoid the extrapolation of the visco-elastic non-linear terms in the righthand side, we instead consider the non-linear counterpart of the alternative condition given by (15), that is,

$$
\begin{equation*}
J \boldsymbol{\sigma}(\boldsymbol{u}, p) \boldsymbol{F}^{-\mathrm{T}} \boldsymbol{n}+\frac{\rho^{\mathrm{s}} \epsilon}{\tau} \boldsymbol{u}=\frac{\rho^{\mathrm{s}} \epsilon}{\tau} \dot{\boldsymbol{d}}+J \boldsymbol{\sigma}(\boldsymbol{u}, p) \boldsymbol{F}^{-\mathrm{T}} \boldsymbol{n} \quad \text { on } \quad \Sigma, \tag{47}
\end{equation*}
$$

which motivates the following intrinsic explicit Robin condition for the fluid

$$
\begin{equation*}
J^{n} \boldsymbol{\sigma}\left(\boldsymbol{u}^{n}, p^{n}\right)\left(\boldsymbol{F}^{n}\right)^{-\mathrm{T}} \boldsymbol{n}+\frac{\rho^{\mathrm{s}} \epsilon}{\tau} \boldsymbol{u}^{n}=\frac{\rho^{\mathrm{s}} \epsilon}{\tau}\left(\dot{\boldsymbol{d}}^{n-1}+\tau \partial_{\tau} \dot{\boldsymbol{d}}^{\star}\right)+\boldsymbol{t}^{\star} \quad \text { on } \quad \Sigma, \tag{48}
\end{equation*}
$$

where $\dot{\boldsymbol{d}}^{\star}=\mathbf{0}, \dot{\boldsymbol{d}}^{n-1}, 2 \dot{\boldsymbol{d}}^{n-1}+\dot{\boldsymbol{d}}^{n-2}$ and

$$
\boldsymbol{t}^{\star}=\left\{\begin{array}{l}
\mathbf{0},  \tag{49}\\
J^{n-1} \boldsymbol{\sigma}\left(\boldsymbol{u}^{n-1}, p^{n-1}\right)\left(\boldsymbol{F}^{n-1}\right)^{-\mathrm{T}} \boldsymbol{n}, \\
2 J^{n-1} \boldsymbol{\sigma}\left(\boldsymbol{u}^{n-1}, p^{n-1}\right)\left(\boldsymbol{F}^{n-1}\right)^{-\mathrm{T}} \boldsymbol{n}-J^{n-2} \boldsymbol{\sigma}\left(\boldsymbol{u}^{n-2}, p^{n-2}\right)\left(\boldsymbol{F}^{n-2}\right)^{-\mathrm{T}} \boldsymbol{n},
\end{array}\right.
$$

stands, respectively, for zeroth-, first- or second-order extrapolations of the solid velocity, $\dot{\boldsymbol{d}}$, and of the interface fluid stress in the reference configuration, $J \boldsymbol{\sigma}(\boldsymbol{u}, p) \boldsymbol{F}^{-\mathrm{T}} \boldsymbol{n}$. The explicit Robin condition (48) corresponds to the non-linear counterpart of (14). The resulting explicit coupling schemes are detailed in Algorithm 6.

```
Algorithm 6 Explicit Robin-Neumann schemes (non-linear problems)
1. Fluid domain update:
\[
\boldsymbol{d}^{\mathrm{f}, n}=\operatorname{Ext}\left(\left.\boldsymbol{d}^{n-1}\right|_{\Sigma}\right), \quad \boldsymbol{w}^{n}=\partial_{\tau} \boldsymbol{d}^{\mathrm{f}, n}, \quad \mathcal{A}^{n} \stackrel{\text { def }}{=} \boldsymbol{I}_{\Omega}+\boldsymbol{d}^{\mathrm{f}, n}, \quad \Omega^{n} \stackrel{\text { def }}{=} \mathcal{A}^{n}(\Omega) .
\]
```

2. Fluid step: find $\boldsymbol{u}^{n}: \Omega^{\mathrm{f}} \times \mathbb{R}^{+} \rightarrow \mathbb{R}^{3}$ and $p^{n}: \Omega^{\mathrm{f}} \times \mathbb{R}^{+} \rightarrow \mathbb{R}$ such that

$$
\left\{\begin{array}{rlll}
\rho^{\mathrm{f}} \partial_{\tau} \mid \mathcal{A} \boldsymbol{u}^{n}+\rho^{\mathrm{f}}\left(\boldsymbol{u}^{n-1}-\boldsymbol{w}^{n}\right) \cdot \boldsymbol{\nabla} \boldsymbol{u}^{n}-\boldsymbol{\nabla} \cdot \boldsymbol{\sigma}\left(\boldsymbol{u}^{n}, p^{n}\right)=\mathbf{0}, & \text { in } & \Omega^{n}, \\
\operatorname{div} \boldsymbol{u}^{n}=0 & \text { in } & \Omega^{n}, \\
\boldsymbol{u}^{n}=\mathbf{0} & \text { on } & \Gamma^{\mathrm{d}}, \\
\boldsymbol{\sigma}\left(\boldsymbol{u}^{n}, p^{n}\right) \boldsymbol{n}=\boldsymbol{f}^{\Gamma} & \text { on } & \Gamma^{\mathrm{n}}, \\
J^{n} \boldsymbol{\sigma}\left(\boldsymbol{u}^{n}, p^{n}\right)\left(\boldsymbol{F}^{n}\right)^{-\mathrm{T}} \boldsymbol{n}+\frac{\rho^{\mathrm{s}} \epsilon}{\tau} \boldsymbol{u}^{n}=\frac{\rho^{\mathrm{s}} \epsilon}{\tau}\left(\dot{\boldsymbol{d}}^{n-1}+\tau \partial_{\tau} \dot{\boldsymbol{d}}^{\star}\right)+\boldsymbol{t}^{*} & \text { on } & \Sigma,
\end{array}\right.
$$

with the fluid stress extrapolations $\boldsymbol{t}^{\star}$ given by (49).
3. Solid step: find $\boldsymbol{d}^{n}: \Sigma \times \mathbb{R}^{+} \rightarrow \mathbb{R}^{3}$ and $\boldsymbol{\theta}^{n}: \Sigma \times \mathbb{R}^{+} \rightarrow \mathbb{R}^{3}$ such that

$$
\left\{\begin{array}{rlrl}
\rho^{\mathrm{s}} \epsilon \partial_{\tau} \dot{\boldsymbol{d}}^{n}+\boldsymbol{L}_{\boldsymbol{d}}^{\mathrm{e}}\left(\boldsymbol{d}^{n}, \boldsymbol{\theta}^{n}\right)+\boldsymbol{L}_{\boldsymbol{d}}^{\mathrm{v}}\left(\dot{\boldsymbol{d}}^{n}, \dot{\boldsymbol{\theta}}^{n}\right) & =-J^{n} \boldsymbol{\sigma}\left(\boldsymbol{u}^{n}, p^{n}\right)\left(\boldsymbol{F}^{n}\right)^{-\mathrm{T}} \boldsymbol{n} & & \text { on } \\
\boldsymbol{L}_{\boldsymbol{\theta}}^{\mathrm{e}}\left(\boldsymbol{d}^{n}, \boldsymbol{\theta}^{n}\right)+\boldsymbol{L}_{\boldsymbol{\theta}}^{\mathrm{v}}\left(\dot{\boldsymbol{d}}^{n}, \dot{\boldsymbol{\theta}}^{n}\right) & =\mathbf{0} & & \text { on } \Sigma, \\
\dot{\boldsymbol{d}}=\partial_{\tau} \boldsymbol{d}^{n}, \quad \dot{\boldsymbol{\theta}}^{n} & =\partial_{\tau} \boldsymbol{\theta}^{n} & & \text { on } \Sigma, \\
\boldsymbol{d}^{n}=\boldsymbol{\theta}^{n} & =\mathbf{0} & & \text { on }
\end{array} \quad \partial \Sigma .\right.
$$

It should be noted that the geometrical quantities involved in (48) and (49) do not need any specific treatment and appear because the interface relation (47) is formulated in the reference configuration. In practice, the interface fluid stresses are consistently evaluated as variational residuals in the deformed configurations, while the solid inertial contributions are integrated in the reference configuration. These hybrid characteristics of the explicit Robin condition (48) are handled in a natural manner by the ALE formalism.

## 6 Numerical experiments

In order to assess the behavior and robustness of the explicit Robin-Neumann schemes, we have considered a number of fluid-structure interaction examples from the literature. Section 6.1 presents a convergence study in 2D, using the the linear model problem (1)-(2). Numerical results with 3D geometries and non-linear models (45)-(46) are reported in the subsequent Sections 6.26.5.

### 6.1 Convergence study in a two-dimensional test-case

The first example simulates a pressure wave propagation within a compliant channel in 2D (see, e.g., [34, 23]). We couple the Stokes equations with a damped generalized string model. More
precisely, in (2) we take

$$
\boldsymbol{d}=\binom{0}{\boldsymbol{d}_{y}}, \quad \boldsymbol{L}^{\mathrm{e}} \boldsymbol{d}=\binom{0}{-\lambda_{1} \partial_{x x} \boldsymbol{d}_{y}+\lambda_{0} \boldsymbol{d}_{y}}, \quad \boldsymbol{L}^{\mathrm{v}} \dot{\boldsymbol{d}}=\binom{0}{\alpha \rho^{\mathrm{s}} \in \dot{\boldsymbol{d}}_{y}-\beta \lambda_{1} \partial_{x x} \dot{\boldsymbol{d}}_{y}},
$$

with

$$
\lambda_{1} \stackrel{\text { def }}{=} \frac{E \epsilon}{2(1+\nu)}, \quad \lambda_{0} \stackrel{\text { def }}{=} \frac{E \epsilon}{R^{2}\left(1-\nu^{2}\right)} .
$$

As usual, here $E$ denotes the Young modulus and $\nu$ the Poisson ratio of the solid. All the quantities will be given in the CGS system. The fluid domain and the fluid-solid interface are, respectively, $\Omega=[0, L] \times[0, R], \quad \Sigma=[0, L] \times\{R\}$, with $L=6$ and $R=0.5$. At $x=0$ we impose



Figure 1: Snapshots of the fluid pressure and solid displacement at $t=0.005,0.01,0.015$ (from top to bottom). Algorithm 5 with first-order extrapolation, $\tau=10^{-4}$ and $h=0.05$.
a sinusoidal pressure of maximal amplitude $2 \cdot 10^{4}$ during $5 \cdot 10^{-3}$ seconds, corresponding to half a period. Zero pressure is enforced at $x=6$ and a symmetry condition is applied on the lower wall $y=0$. The solid is clamped at its extremities, $x=0, L$. The fluid physical parameters are given by

$$
\rho^{\mathrm{f}}=1.0, \quad \mu=0.035,
$$

while for the solid we have

$$
\begin{equation*}
\rho^{\mathrm{s}}=1.1, \quad \epsilon=0.1, \quad E=0.75 \times 10^{6}, \quad \nu=0.5, \quad \alpha=1, \quad \beta=10^{-3} . \tag{50}
\end{equation*}
$$

Continuous piece-wise affine approximations are considered for both the fluid and the structure, with the symmetric pressure stabilization method introduced in [6]. We have reported in


Figure 2: Time-convergence history of the displacement at $t=0.015$, with $h=\mathcal{O}(\tau)$.


Figure 3: Comparison of the solid displacements at $t=0.015$ for different levels of $(\tau, h)$ refinement, given by (51) with $i=0, \ldots, 3$.

Figure 1 a few snapshots of the pressure and displacement fields obtained using Algorithm 5 with
the first-order extrapolation, $\tau=10^{-4}$ and $h=0.05$. All the computations have been performed with FreeFem ++ [51]. The numerical solution remains stable, as predicted by Theorem 1, and a propagating pressure-wave is observed.

In order to highlight the $h$-uniformity of the convergence in time, we have refined both in time and in space at the same rate, with the following set of discrete parameters:

$$
\begin{equation*}
(\tau, h) \in\left\{2^{-i}\left(5 \cdot 10^{-4}, 0.1\right)\right\}_{i=0}^{4} . \tag{51}
\end{equation*}
$$

A reference solution has been generated using a fully implicit scheme with a high space-time grid resolution ( $h=3.125 \times 10^{-3}, \tau=10^{-6}$ ). Figure 2 reports the corresponding time-convergence history of the solid displacement at time $t=0.015$, in the relative elastic energy-norm, for the proposed explicit Robin-Neumann schemes (with and without extrapolation) and the implicit scheme. The explicit Robin-Neumann schemes with first- and second-order extrapolation yield an overall $\mathcal{O}(\tau)$ optimal accuracy, while a sub-optimal $\mathcal{O}\left(\tau^{\frac{1}{2}}\right)$ rate is observed without extrapolation. Thus, in agreement with the error estimates provided by Theorem 3. The impact of the suboptimal rate is clearly visible in Figure 3, where we have displayed the interface displacements associated to Figure 2 (first four points of each curve). For comparison purposes, the reference displacement is also shown. Observe that, even with the smallest time-steps sizes (e.g., Figure $3(d)$ ), the Robin-Neumann scheme without extrapolation provides a rather poor approximation. On the contrary, the extrapolated variants are able to retrieve the accuracy of the implicit coupling scheme. In the case of the coupling with an undamped structure (i.e., with $\alpha=\beta=0$ in (50)), a similar behavior was observed in [23].

### 6.2 Pressure wave propagation in a straight tube

The second example is the three-dimensional test-case proposed in [28] (see also [29, Chapter 12]). The fluid domain is a straight tube of radius $R=0.5$ and of length $L=5$. All the units are given in the CGS system. The fluid is governed by the incompressible Navier-Stokes equations in ALE formism, discretized in space with $\mathbb{Q}_{1} / \mathbb{Q}_{1}$ finite elements and a SUPG/PSPG stabilized formulation. The vessel wall is described by the linear shell model (4) (we refer to [13, Section 4.2.1] for the details), discretized in space by quadrilateral MITC4 shell elements (see [13, Section 8.2.1]). The fluid physical parameters are given by

$$
\rho^{\mathrm{f}}=1.0, \quad \mu=0.035
$$

while for the solid we have

$$
\rho^{\mathrm{s}}=1.2, \quad \epsilon=0.1, \quad E=3 \times 10^{6}, \quad \nu=0.5 .
$$

We will consider the case of both a Rayleigh solid damping, viz.,

$$
\boldsymbol{L}_{\boldsymbol{d}}^{\mathrm{v}}(\dot{\boldsymbol{d}}, \dot{\boldsymbol{\theta}})=\alpha \rho^{\mathrm{s}} \epsilon \dot{\boldsymbol{d}}+\beta \boldsymbol{L}_{\boldsymbol{d}}^{\mathrm{e}}(\dot{\boldsymbol{d}}, \dot{\boldsymbol{\theta}}), \quad \boldsymbol{L}_{\boldsymbol{\theta}}^{\mathrm{v}}(\dot{\boldsymbol{d}}, \dot{\boldsymbol{\theta}})=\beta \boldsymbol{L}_{\boldsymbol{\theta}}^{\mathrm{e}}(\dot{\boldsymbol{d}}, \dot{\boldsymbol{\theta}}),
$$

with $\alpha=1, \beta=10^{-3}$, and an undamped solid $(\alpha=\beta=0)$.
The overall system is initially at rest. During the time-interval $\left[0,5 \cdot 10^{-3}\right]$, an over pressure of $1.3332 \times 10^{4}$ is imposed on the inlet boundary. The simulations are carried out over 150 time-steps of length $\tau=10^{-4}$. Figure 4 shows the fluid pressure and the solid deformation (amplified by a factor 10) at different time instants obtained with Algorithm 6 and the first-order extrapolation, $\tau=10^{-4}$. A stable pressure wave propagation is observed. The impact of the solid damping is also clearly visible.

For comparison purposes, Figure 5 reports the interface mid-point displacement magnitudes obtained with Algorithm 6 and the implicit coupling scheme. Once more, the Robin-Neumann


Figure 4: Snapshots of the fluid pressure $t=0.005,0.01,0.015$ (from top to bottom). Algorithm 6 with first-order extrapolation, $\tau=10^{-4}$. Left: Shell model without damping $(\alpha=\beta=0)$. Right: Shell model with damping ( $\alpha=1, \beta=10^{-3}$ ).



Figure 5: Comparison of the implicit and Robin-Neuman explicit coupling schemes: interface mid-point displacement magnitude vs. time. Left: Shell model without damping ( $\alpha=\beta=0$ ). Right: Shell model with damping ( $\alpha=1, \beta=10^{-3}$ ).
scheme without extrapolation provides a very poor approximation, while the extrapolated variants are able to retrieve the accuracy of the implicit coupling scheme. It is worth noting that the solid damping has a rather limited impact on the numerical solution without extrapolation.


Figure 6: Comparison of the implicit and Robin-Neuman explicit coupling schemes: out-flow vs. time. Left: Shell model without damping $(\alpha=\beta=0)$. Right: Shell model with damping ( $\alpha=1$, $\beta=10^{-3}$ ).

This suggests that the artificial dissipation of the scheme (due to its $\mathcal{O}\left(\tau^{\frac{1}{2}}\right)$ loss in accuracy) is at least of the same order than the physical dissipation considered in the solid. Similar conclusions can be inferred from Figure 6, which reports the out-flows obtained with the different schemes.

### 6.3 Blood flow in an abdominal aortic aneurysm

We consider the numerical example presented in [53, 1] using an in vitro aneurysm geometry. The fluid computational domain is the idealized abdominal aortic aneurysm given in Figure 7 (left). We refer to $[53,54]$ for the details. The whole compliant wall has a uniform thickness of 0.17 and length of 22.95 . All the units are given in the CGS system. The fluid is governed by the



Figure 7: Aneurysm geometry (left) and in-flow rate data (right)
incompressible Navier-Stokes equations in ALE formism, discretized in space with $\mathbb{Q}_{1} / \mathbb{Q}_{1}$ finite elements and a SUPG/PSPG stabilized formulation. The vessel wall is described by the linear shell model (4), discretized in space by quadrilateral MITC4 shell elements. The fluid physical parameters are given by

$$
\rho^{\mathrm{f}}=1.0, \quad \mu=0.035
$$

while for the solid we have

$$
\rho^{\mathrm{s}}=1.2, \quad \epsilon=0.1, \quad E=3 \times 10^{6}, \quad \nu=0.5, \quad \alpha=1, \quad \beta=10^{-3} .
$$

The overall system is initially at rest. An in-flow rate corresponding to a cardiac cycle, see Figure 7 (right), is imposed on the inlet boundary. A resistive-like boundary condition is prescribed on the outlet boundary, the value of the resistance being $R_{\text {out }}=6 \times 10^{2}$.


Figure 8: Snapshots of the fluid velocity $t=0.084,0.168,0.336,0.672$ (from left to right and top to bottom). Algorithm 6 with first-order extrapolation, $\tau=4.2 \cdot 10^{-4}$.


Figure 9: Comparison of the implicit and Robin-Neuman explicit coupling schemes: Left: Interface displacement. Right: Out-flow.

We have simulated 2000 time-steps of size $\tau=4.2 \times 10^{-4} \mathrm{~s}$, which corresponds to a full cardiac cycle. Figure 8 shows the fluid velocity and the solid deformation at different time instants obtained with Algorithm 6 and the first-order extrapolation. For comparison purposes, Figure 9 reports the interface mid-point displacement magnitudes and out-flow obtained with

Algorithm 6 and the implicit coupling scheme. The Robin-Neumann schemes with first- and second-order extrapolation provide numerical solutions close to the implicit coupling scheme. The superior accuracy of the higher order kinematic perturbation introduced by the secondorder extrapolation is clearly visible. At last, the Robin-Neumann scheme without extrapolation yields an extremely poor approximation. Once more, this illustrates the striking impact of the $\mathcal{O}\left(\tau^{\frac{1}{2}}\right)$-loss on the accuracy of the scheme without extrapolation.

### 6.4 Driven cavity with flexible bottom

We consider the classical shear-driven cavity problem with a flexible bottom (see, e.g., [30]). The fluid domain is the unit square $\Omega=[0,1] \times[0,1]$ with the fluid-solid interface on the lower boundary $\Sigma=[0,1] \times\{0\}$. All the units are given in the SI system. The overall system is initially at rest and an oscillating shear velocity profile is imposed on the upper boundary

$$
\boldsymbol{u}(t)=\binom{1-\cos (0.4 \pi t)}{0} \quad \text { on } \quad[0,1] \times\{1\}
$$

A non-slip condition is enforced on the portions $\{0,1\} \times[0,0.9]$ of the lateral cavity walls. The


Figure 10: Snapshots of the fluid velocity $t=3.5,8,14,21$ (from left to right and top to bottom). Algorithm 6 with first-order extrapolation, $\tau=0.1$.
system is described by the non-linear coupled problem (45)-(46), with a non-linear shell model


Figure 11: Comparison of the implicit and Robin-Neuman explicit coupling schemes: interface mid-point displacement magnitude vs. time.
and a Saint Venant-Kirchhoff constitutive law (see [13]). The fluid equations are discretized in space with $\mathbb{Q}_{1} / \mathbb{Q}_{1}$ finite elements and a SUPG/PSPG stabilized formulation. Quadrilateral MITC4 shell elements are considered for the structure. The fluid physical parameters are given by

$$
\rho^{\mathrm{f}}=1.0, \quad \mu=0.01
$$

while for the solid (undamped) we have

$$
\rho^{\mathrm{s}}=250, \quad \epsilon=0.002, \quad E=250, \quad \nu=0
$$

The simulations are performed in three-dimensions, by imposing symmetry conditions along the extrusion direction, and carried out over 800 time-steps of size $\tau=0.1$. Figure 10 shows the fluid velocity and the solid deformation at different time instants obtained with Algorithm 6 and the first-order extrapolation.

For comparison purposes, Figure 11 reports the interface mid-point displacement magnitudes obtained with Algorithm 6 and the implicit coupling scheme. Once again, the superior accuracy of the Robin-Neumann schemes with first- and second-order extrapolation is noticeable.

### 6.5 Damped structural instability

The last example considers a bended fluid domain surrounded by two thin structures with different stiffness, as proposed in [41]. Both structures are fixed on their extremities. A constant parabolic velocity profile is prescribed on the left and right inflow boundaries, with maximal magnitudes 1 and 1.1, respectively (to avoid perfect symmetry). All the units are given in the SI system. Zero velocity is enforced on the remaining fluid boundaries. The fluid is loaded with the volume force

$$
\boldsymbol{f}=\left[\begin{array}{c}
0 \\
-1
\end{array}\right]
$$

As in the previous example, the system is described by the non-linear coupled problem (45)-(46), with a non-linear shell model and a Saint Venant-Kirchhoff constitutive law. We consider also the same spatial discretization. The fluid physical parameters are given by

$$
\rho^{\mathrm{f}}=1.0, \quad \mu=9
$$



Figure 12: Snapshots of the fluid pressure $t=0.5,1,1.5,2,2.5,3,3.5,4$ (from left to right and top to bottom). Algorithm 6 with first-order extrapolation.
while for the top and bottom (undamped) structures we have

$$
\rho^{\mathrm{s}}=500, \quad \epsilon=0.1, \quad E_{\mathrm{top}}=9 \cdot 10^{5}, \quad E_{\mathrm{bottom}}=9 \cdot 10^{8} \quad \nu=0.3 .
$$

The simulations are performed in three-dimensions by imposing symmetry conditions along the extrusion direction.

A salient difficulty of this ballon-type problem is that it cannot be solved via standard Dirichlet-Neumann procedures, since the interface solid velocity does not necessarily satisfy the


Figure 13: Comparison of the implicit and Robin-Neuman explicit coupling schemes: interface mid-point displacement magnitude of the bottom structure vs. time.
compatibility condition enforced by the incompressibility of the fluid (unless directly prescribed in the structure [41]). The explicit Robin-Neumann coupling schemes given by Algorithm 6 get rid of this issue without any extra adjustment. Indeed, the consistent perturbation of the kinematic coupling induced by the Robin-Neumann interface conditions removes the constraint on the interface solid velocity.

In Figure 12 we have reported the fluid velocity magnitude snapshots and the solid deformations at different time instants, obtained with Algorithm 6 (first-order extrapolation) and time-step length of $\tau=0.005$. As in [41], the deformation is first mainly visible in the upper (more flexible) structure and then, when the fluid pressure reaches a critical value, the lower structure buckles.

Figure 13 reports the interface mid-point displacement magnitude of the bottom structure obtained with Algorithm 6 and the different extrapolations. The poor accuracy of the scheme without extrapolation is striking: the lower order perturbation of the kinematic coupling yields an excess of mass-loss across the interface which prevents the buckling. On the contrary, the variants with the first- and second-order extrapolations give practically the same result and accurately predict the collapse of the bottom structure.

## 7 Conclusion

We have introduced and analyzed a class of explicit Robin-Neumann schemes for the coupling of a viscous incompressible fluid and a general thin-walled structure (including damping and non-linear behavior). The basis of these methods is the underlying Robin consistency of the interface coupling. This has motivated an intrinsic explicit Robin interface condition for the fluid, involving a certain implicit treatment of the solid inertia and appropriate extrapolations of the solid velocity and interface fluid stress. The former guarantees added-mass free stability (Theorem 1) while the later enables full fluid-solid splitting (i.e., explicit coupling) in a genuinely partitioned fashion. The methods have been interpreted as single iterations, with appropriate initializations, of a (parameter free) Robin-Neumann iterative solution procedure of implicit coupling. Links between the convergence of these iterations (Theorem 2) and the stability of
the proposed explicit coupling schemes have been stablished. The error analysis (Theorem 3) has shown that the variants with extrapolation (incremental schemes) yield an optimal first time-accuracy in the energy-norm, while a sub-optimal convergence rate is expected without extrapolation (non-incremental scheme).

A comprehensive list of numerical tests from the literature confirmed these findings, and indicate that the proposed methods provide a simple and robust approach to the explicit coupling of fluid-structure interaction problems, involving an incompressible fluid and a thin-walled structure.

Extensions of this work can explore various directions. We can address, for instance, the case of the coupling thick-walled structural models (a preliminary study in this direction can be found in [27]) and the development of second-order time-accurate schemes. A further valuable extension is to consider the case of unfitted fluid-solid meshes. Finally, ongoing work focuses on the combination of the present explicit coupling paradigm with a fractional-step time-marching in the fluid (fully decoupled state computation).

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## A Proof of Theorem 1

We proceed by extending the arguments reported in [23, Section 4]. Using (27), we take ( $\left.\boldsymbol{v}_{h}, q_{h}\right)=$ $\tau\left(\boldsymbol{u}_{h}^{n}, p_{h}^{n}\right)$ and

$$
\boldsymbol{w}_{h}=\tau \dot{\boldsymbol{d}}_{h}^{n}+\frac{\tau^{2}}{\rho^{\mathrm{s}} \epsilon}\left(\boldsymbol{L}_{h}^{\mathrm{e}}\left(\boldsymbol{d}_{h}^{n}-\boldsymbol{d}_{h}^{\star}\right)+\boldsymbol{L}_{h}^{\mathrm{v}}\left(\dot{\boldsymbol{d}}_{h}^{n}-\dot{\boldsymbol{d}}_{h}^{\star}\right)\right)
$$

as test functions in (28). Thus, since $\boldsymbol{f}^{\Gamma}=\mathbf{0}$, we get the following discrete energy equation

$$
\begin{align*}
& \frac{\rho^{\mathrm{f}}}{2}\left(\tau \partial_{\tau}\left\|\boldsymbol{u}_{h}^{n}\right\|_{0, \Omega}^{2}+\left\|\boldsymbol{u}_{h}^{n}-\boldsymbol{u}_{h}^{n-1}\right\|_{0, \Omega}^{2}\right)+2 \mu \tau\left\|\boldsymbol{\varepsilon}\left(\boldsymbol{u}_{h}^{n}\right)\right\|_{0, \Omega}^{2}+\tau\left|p_{h}^{n}\right|_{s_{h}}^{2} \\
&+\frac{\rho^{s} \epsilon}{2}\left(\tau \partial_{\tau}\left\|\dot{\boldsymbol{d}}_{h}^{n}\right\|_{0, \Sigma}^{2}\right.\left.+\left\|\dot{\boldsymbol{d}}_{h}^{n}-\dot{\boldsymbol{d}}_{h}^{n-1}\right\|_{0, \Sigma}^{2}\right)+\frac{1}{2}\left(\tau \partial_{\tau}\left\|\boldsymbol{d}_{h}^{n}\right\|_{\mathrm{e}}^{2}+\left\|\boldsymbol{d}_{h}^{n}-\boldsymbol{d}_{h}^{n-1}\right\|_{\mathrm{e}}^{2}\right) \\
&+\tau\left\|\dot{\boldsymbol{d}}_{h}^{n}\right\|_{\mathrm{v}}^{2}+\underbrace{\tau^{2}\left(\partial_{\tau} \dot{\boldsymbol{d}}_{h}^{n}, \boldsymbol{L}_{h}^{\mathrm{e}}\left(\boldsymbol{d}_{h}^{n}-\boldsymbol{d}_{h}^{\star}\right)+\boldsymbol{L}_{h}^{v}\left(\dot{\boldsymbol{d}}_{h}^{n}-\dot{\boldsymbol{d}}_{h}^{\star}\right)\right)_{\Sigma}}_{T_{1}} \\
&+\underbrace{\frac{\tau^{2}}{\rho^{s} \epsilon}\left(\boldsymbol{L}_{h}^{\mathrm{e}} \boldsymbol{d}_{h}^{n}+\boldsymbol{L}_{h}^{\mathrm{v}} \boldsymbol{d}_{h}^{n}, \boldsymbol{L}_{h}^{\mathrm{e}}\left(\boldsymbol{d}_{h}^{n}-\boldsymbol{d}_{h}^{\star}\right)+\boldsymbol{L}_{h}^{v}\left(\dot{\boldsymbol{d}}_{h}^{n}-\dot{\boldsymbol{d}}_{h}^{\star}\right)\right)_{\Sigma}}_{T_{2}}=0 . \tag{52}
\end{align*}
$$

To complete the proof, we only need to control the terms $T_{1}$ and $T_{2}$. It should be noted that these are introduce by the perturbed kinematic condition (27). We proceed by treating each case separately, depending on the extrapolation $\left(\boldsymbol{d}_{h}^{\star}, \dot{\boldsymbol{d}}_{h}^{\star}\right)$.
(i) Without extrapolation: $\left(\boldsymbol{d}_{h}^{\star}, \dot{\boldsymbol{d}}_{h}^{\star}\right)=(\mathbf{0}, \mathbf{0})$. In this case, using Young's inequality, we have

$$
T_{1}+T_{2} \geq-\frac{\rho^{\mathrm{s}} \epsilon}{3}\left\|\dot{\boldsymbol{d}}_{h}^{n}-\dot{\boldsymbol{d}}_{h}^{n-1}\right\|_{0, \Sigma}^{2}+\frac{\tau^{2}}{4 \rho^{\mathrm{s}} \epsilon}\left\|\boldsymbol{L}_{h}^{\mathrm{e}} \boldsymbol{d}_{h}^{n}+\boldsymbol{L}_{h}^{\mathrm{v}} \dot{\boldsymbol{d}}_{h}^{n}\right\|_{0, \Sigma}^{2}
$$

Hence, the estimate (30) follows by inserting this expression into (52), using Korn's inequality and summing over $m=1, \ldots, n$.
(ii) First-order extrapolation: $\left(\boldsymbol{d}_{h}^{\star}, \dot{\boldsymbol{d}}_{h}^{\star}\right)=\left(\boldsymbol{d}_{h}^{n-1}, \dot{\boldsymbol{d}}_{h}^{n-1}\right)$. In this case we have

$$
T_{1}=\frac{\tau^{2}}{2}\left(\tau \partial_{\tau}\left\|\dot{\boldsymbol{d}}_{h}^{n}\right\|_{\mathrm{e}}^{2}+\left\|\dot{\boldsymbol{d}}_{h}^{n}-\dot{\boldsymbol{d}}_{h}^{n-1}\right\|_{\mathrm{e}}^{2}\right)+\tau\left\|\dot{\boldsymbol{d}}_{h}^{n}-\dot{\boldsymbol{d}}_{h}^{n-1}\right\|_{\mathrm{v}}^{2}
$$

and

$$
T_{2}=\frac{\tau^{2}}{2 \rho^{\mathrm{s}} \epsilon}\left(\tau \partial_{\tau}\left\|\boldsymbol{L}_{h}^{\mathrm{e}} \boldsymbol{d}_{h}^{n}+\boldsymbol{L}_{h}^{\mathrm{v}} \dot{\boldsymbol{d}}_{h}^{n}\right\|_{0, \Sigma}^{2}+\left\|\boldsymbol{L}_{h}^{\mathrm{e}}\left(\boldsymbol{d}_{h}^{n}-\boldsymbol{d}_{h}^{n-1}\right)+\boldsymbol{L}_{h}^{\mathrm{v}}\left(\dot{\boldsymbol{d}}_{h}^{n}-\dot{\boldsymbol{d}}_{h}^{n-1}\right)\right\|_{0, \Sigma}^{2}\right)
$$

Once again, the estimate (31) is obtained by inserting this expression into (52), using Korn's inequality and summing over $m=1, \ldots, n$.
(iii) Second-order extrapolation: $\left(\boldsymbol{d}_{h}^{\star}, \dot{\boldsymbol{d}}_{h}^{\star}\right)=\left(2 \boldsymbol{d}_{h}^{n-1}-\boldsymbol{d}_{h}^{n-2}, 2 \dot{\boldsymbol{d}}_{h}^{n-1}-\dot{\boldsymbol{d}}_{h}^{n-2}\right)$. In this case, we need the following estimates:

$$
\begin{align*}
\left\|\boldsymbol{w}_{h}\right\|_{\mathrm{e}}^{2} & \leq \frac{\beta^{\mathrm{e}} C_{\mathrm{inv}}^{2}}{h^{2}}\left\|\boldsymbol{w}_{h}\right\|_{0, \Sigma}^{2}  \tag{53}\\
\left\|\boldsymbol{L}_{h}^{\mathrm{e}} \boldsymbol{w}_{h}\right\|_{\mathrm{e}} & \leq \frac{\beta^{\mathrm{e}} C_{\mathrm{inv}}^{2}}{h^{2}}\left\|\boldsymbol{w}_{h}\right\|_{\mathrm{e}}  \tag{54}\\
\left\|\boldsymbol{L}_{h}^{\mathrm{e}} \boldsymbol{w}_{h}\right\|_{0, \Sigma} & \leq \frac{\left(\beta^{\mathrm{e}}\right)^{\frac{1}{2}} C_{\mathrm{inv}}}{h}\left\|\boldsymbol{w}_{h}\right\|_{\mathrm{e}}  \tag{55}\\
\left\|\boldsymbol{L}_{h}^{\mathrm{e}} \boldsymbol{w}_{h}\right\|_{\mathrm{v}} & \leq \frac{\beta^{\mathrm{e}} C_{\mathrm{inv}}^{2}}{h^{2}}\left\|\boldsymbol{w}_{h}\right\|_{\mathrm{v}} \tag{56}
\end{align*}
$$

for all $\boldsymbol{w}_{h} \in \boldsymbol{W}_{h}$ and with $C_{\text {inv }}>0$ the constant of an inverse estimate. Details on the derivation of (53)-(55) are given in [23, Lemma 1], while (56) is a direct consequence of (3) and (53)-(55). For term $T_{1}$ in (52) we simply have

$$
\begin{align*}
T_{1}= & \tau\left(\dot{\boldsymbol{d}}_{h}^{n}-\dot{\boldsymbol{d}}_{h}^{n-1}, \boldsymbol{L}^{\mathrm{e}}\left(\boldsymbol{d}_{h}^{n}-2 \boldsymbol{d}_{h}^{n-1}+\boldsymbol{d}_{h}^{n-2}\right)\right)_{\Sigma} \\
& +\tau\left(\dot{\boldsymbol{d}}_{h}^{n}-\dot{\boldsymbol{d}}_{h}^{n-1}, \boldsymbol{L}^{\mathrm{v}}\left(\dot{\boldsymbol{d}}_{h}^{n}-2 \dot{\boldsymbol{d}}_{h}^{n-1}+\dot{\boldsymbol{d}}_{h}^{n-2}\right)\right)_{\Sigma}  \tag{57}\\
= & \tau^{2}\left\|\dot{\boldsymbol{d}}_{h}^{n}-\dot{\boldsymbol{d}}_{h}^{n-1}\right\|_{\mathrm{e}}^{2}+\frac{\tau}{2}\left(\tau \partial_{\tau}\left\|\dot{\boldsymbol{d}}_{h}^{n}-\dot{\boldsymbol{d}}_{h}^{n-1}\right\|_{\mathrm{v}}^{2}+\left\|\dot{\boldsymbol{d}}_{h}^{n}-2 \dot{\boldsymbol{d}}_{h}^{n-1}+\dot{\boldsymbol{d}}_{h}^{n-2}\right\|_{\mathrm{v}}^{2}\right) .
\end{align*}
$$

Term $T_{2}$ is split as follows

$$
\begin{align*}
T_{2}= & \underbrace{\frac{\tau^{2}}{\rho^{\mathrm{s}} \epsilon}\left(\boldsymbol{L}_{h}^{\mathrm{v}} \dot{\boldsymbol{d}}_{h}^{n}, \boldsymbol{L}_{h}^{\mathrm{e}}\left(\boldsymbol{d}_{h}^{n}-2 \boldsymbol{d}_{h}^{n-1}+\boldsymbol{d}_{h}^{n-2}\right)\right)_{\Sigma}}_{T_{2,1}} \\
& +\underbrace{\frac{\tau^{2}}{\rho^{\mathrm{s}} \epsilon}\left(\boldsymbol{L}_{h}^{\mathrm{e}} \boldsymbol{d}_{h}^{n}, \boldsymbol{L}_{h}^{\mathrm{e}}\left(\boldsymbol{d}_{h}^{n}-2 \boldsymbol{d}_{h}^{n-1}+\boldsymbol{d}_{h}^{n-2}\right)\right)_{\Sigma}}_{T_{2,2}}  \tag{58}\\
& +\underbrace{\frac{\tau^{2}}{\rho^{\mathrm{s}} \epsilon}\left(\boldsymbol{L}_{h}^{\mathrm{e}} \boldsymbol{d}_{h}^{n}+\boldsymbol{L}_{h}^{\mathrm{v}} \dot{\boldsymbol{d}}_{h}^{n}, \boldsymbol{L}_{h}^{\mathrm{v}}\left(\dot{\boldsymbol{d}}_{h}^{n}-2 \dot{\boldsymbol{d}}_{h}^{n-1}+\dot{\boldsymbol{d}}_{h}^{n-2}\right)\right)_{\Sigma}}_{T_{2,3}}
\end{align*}
$$

and we estimate each term separately. Using (3), for the first term we have

$$
\begin{align*}
T_{2,1}= & \alpha \tau^{3}\left(\dot{\boldsymbol{d}}_{h}^{n}, \boldsymbol{L}_{h}^{\mathrm{e}}\left(\dot{\boldsymbol{d}}_{h}^{n}-\dot{\boldsymbol{d}}_{h}^{n-1}\right)\right)_{\Sigma}+\frac{\beta \tau^{3}}{\rho^{\mathrm{s}} \epsilon}\left(\boldsymbol{L}_{h}^{\mathrm{e}} \dot{\boldsymbol{d}}_{h}^{n}, \boldsymbol{L}_{h}^{\mathrm{e}}\left(\dot{\boldsymbol{d}}_{h}^{n}-\dot{\boldsymbol{d}}_{h}^{n-1}\right)\right)_{\Sigma} \\
= & \frac{\alpha \tau^{3}}{2}\left(\tau \partial_{\tau}\left\|\dot{\boldsymbol{d}}_{h}^{n}\right\|_{\mathrm{e}}^{2}+\left\|\dot{\boldsymbol{d}}_{h}^{n}-\dot{\boldsymbol{d}}_{h}^{n-1}\right\|_{\mathrm{e}}^{2}\right)  \tag{59}\\
& +\frac{\beta \tau^{3}}{2 \rho^{\mathrm{s}} \epsilon}\left(\tau \partial_{\tau}\left\|\boldsymbol{L}_{h}^{\mathrm{e}} \dot{\boldsymbol{d}}_{h}^{n}\right\|_{0, \Sigma}^{2}+\left\|\boldsymbol{L}_{h}^{\mathrm{e}}\left(\dot{\boldsymbol{d}}_{h}^{n}-\dot{\boldsymbol{d}}_{h}^{n-1}\right)\right\|_{0, \Sigma}^{2}\right) .
\end{align*}
$$

The second term is treated as in [23, Page 38] using (53) and (54), which yields

$$
\begin{align*}
T_{2,2} & \geq-\frac{\tau^{3}}{\rho^{\mathrm{s}} \epsilon}\left\|\boldsymbol{L}_{h}^{\mathrm{e}} \boldsymbol{d}_{h}^{n}\right\|_{\mathrm{e}}\left\|\dot{\boldsymbol{d}}_{h}^{n}-\dot{\boldsymbol{d}}_{h}^{n-1}\right\|_{\mathrm{e}} \\
& \geq-\frac{\tau^{3}}{\rho^{\mathrm{s}} \epsilon} \frac{\left(\beta^{\mathrm{e}}\right)^{\frac{1}{2}} C_{\mathrm{inv}}}{h}\left\|\boldsymbol{L}_{h}^{\mathrm{e}} \boldsymbol{d}_{h}^{n}\right\|_{\mathrm{e}}\left\|\dot{\boldsymbol{d}}_{h}^{n}-\dot{\boldsymbol{d}}_{h}^{n-1}\right\|_{0, \Sigma} \\
& \geq-\frac{\tau^{3}}{\left(\rho^{\mathrm{s}} \epsilon\right)^{\frac{3}{2}}} \frac{\left(\beta^{\mathrm{e}}\right)^{\frac{3}{2}}}{h^{3}} C_{\mathrm{inv}}^{3}\left\|\boldsymbol{d}_{h}^{n}\right\|_{\mathrm{e}}\left(\rho^{\mathrm{s}} \epsilon\right)^{\frac{1}{2}}\left\|\dot{\boldsymbol{d}}_{h}^{n}-\dot{\boldsymbol{d}}_{h}^{n-1}\right\|_{0, \Sigma}  \tag{60}\\
& \geq-\tau^{6} \frac{\left(\omega^{\mathrm{e}}\right)^{6}}{h^{6}}\left\|\boldsymbol{d}_{h}^{n}\right\|_{\mathrm{e}}^{2}-\frac{\rho^{\mathrm{s}} \epsilon}{4}\left\|\dot{\boldsymbol{d}}_{h}^{n}-\dot{\boldsymbol{d}}_{h}^{n-1}\right\|_{0, \Sigma}^{2}
\end{align*}
$$

where we have used the notation $\omega^{\mathrm{e}} \stackrel{\text { def }}{=} C_{\mathrm{inv}} \sqrt{\beta^{\mathrm{e}} /\left(\rho^{\mathrm{s}} \epsilon\right)}$. For the last term, we first use relation (3) to obtain

$$
\begin{aligned}
T_{2,3} \geq & -\frac{\tau^{2}}{\rho^{\mathrm{s}} \epsilon}\left\|\boldsymbol{L}_{h}^{\mathrm{e}} \boldsymbol{d}_{h}^{n}+\boldsymbol{L}_{h}^{\mathrm{v}} \dot{\boldsymbol{d}}_{h}^{n}\right\|_{\mathrm{v}}\left\|\dot{\boldsymbol{d}}_{h}^{n}-2 \dot{\boldsymbol{d}}_{h}^{n-1}+\dot{\boldsymbol{d}}_{h}^{n-2}\right\|_{\mathrm{v}} \\
\geq & -\frac{\tau^{3}}{\left(\rho^{\mathrm{s}} \epsilon\right)^{2}}\left\|\boldsymbol{L}_{h}^{\mathrm{e}} \boldsymbol{d}_{h}^{n}+\boldsymbol{L}_{h}^{\mathrm{v}} \dot{\boldsymbol{d}}_{h}^{n}\right\|_{\mathrm{v}}^{2}-\frac{\tau}{4}\left\|\dot{\boldsymbol{d}}_{h}^{n}-2 \dot{\boldsymbol{d}}_{h}^{n-1}+\dot{\boldsymbol{d}}_{h}^{n-2}\right\|_{\mathrm{v}}^{2} \\
\geq & -\frac{2 \tau^{3}}{\left(\rho^{\mathrm{s}} \epsilon\right)^{2}}\left\|\boldsymbol{L}_{h}^{\mathrm{e}} \boldsymbol{d}_{h}^{n}\right\|_{\mathrm{v}}^{2}+\frac{2 \tau^{3}}{\left(\rho^{\mathrm{s}} \epsilon\right)^{2}}\left\|\boldsymbol{L}_{h}^{\mathrm{v}} \dot{\boldsymbol{d}}_{h}^{n}\right\|_{\mathrm{v}}^{2}-\frac{\tau}{4}\left\|\dot{\boldsymbol{d}}_{h}^{n}-2 \dot{\boldsymbol{d}}_{h}^{n-1}+\dot{\boldsymbol{d}}_{h}^{n-2}\right\|_{\mathrm{v}}^{2} \\
\geq & -\frac{2 \tau^{3}}{\rho^{\mathrm{s}} \epsilon}\left(\alpha\left\|\boldsymbol{L}_{h}^{\mathrm{e}} \boldsymbol{d}_{h}^{n}\right\|_{0, \Sigma}^{2}+\frac{\beta}{\rho^{\mathrm{s}} \epsilon}\left\|\boldsymbol{L}_{h}^{\mathrm{e}} \boldsymbol{d}_{h}^{n}\right\|_{\mathrm{e}}^{2}\right) \\
& -4 \tau^{3}\left(\alpha^{2}\left\|\dot{\boldsymbol{d}}_{h}^{n}\right\|_{\mathrm{v}}^{2}+\frac{\beta^{2}}{\left(\rho^{\mathrm{s}} \epsilon\right)^{2}}\left\|\boldsymbol{L}_{h}^{\mathrm{e}} \dot{\boldsymbol{d}}_{h}^{n}\right\|_{\mathrm{v}}^{2}\right)-\frac{\tau}{4}\left\|\dot{\boldsymbol{d}}_{h}^{n}-2 \dot{\boldsymbol{d}}_{h}^{n-1}+\dot{\boldsymbol{d}}_{h}^{n-2}\right\|_{\mathrm{v}}^{2}
\end{aligned}
$$

Then, using (54)-(56), we get

$$
\begin{align*}
T_{2,3} \geq & -\frac{2 \tau^{3}\left(\omega^{\mathrm{e}}\right)^{2}}{h^{2}}\left(\alpha+\frac{\beta^{2}\left(\omega^{\mathrm{e}}\right)^{2}}{h^{2}}\right)\left\|\boldsymbol{d}_{h}^{n}\right\|_{\mathrm{e}}^{2} \\
& -4 \tau^{3}\left(\alpha^{2}+\frac{\beta^{2}\left(\omega^{\mathrm{e}}\right)^{4}}{h^{4}}\right)\left\|\dot{\boldsymbol{d}}_{h}^{n}\right\|_{\mathrm{v}}^{2}-\frac{\tau}{4}\left\|\dot{\boldsymbol{d}}_{h}^{n}-2 \dot{\boldsymbol{d}}_{h}^{n-1}+\dot{\boldsymbol{d}}_{h}^{n-2}\right\|_{\mathrm{v}}^{2} \tag{61}
\end{align*}
$$

Finally, by collecting the estimates (60)-(61) and using the conditions $(33)_{1,2}$, we obtain

$$
\begin{align*}
T_{2,2}+T_{2,3} \geq & -\tau \frac{\gamma}{2}\left\|\boldsymbol{d}_{h}^{n}\right\|_{\mathrm{e}}^{2}-\tau \delta\left\|\dot{\boldsymbol{d}}_{h}^{n}\right\|_{\mathrm{v}}^{2}-\frac{\rho^{\mathrm{s}} \epsilon}{4}\left\|\dot{\boldsymbol{d}}_{h}^{n}-\dot{\boldsymbol{d}}_{h}^{n-1}\right\|_{0, \Sigma}^{2}  \tag{62}\\
& -\frac{\tau}{4}\left\|\dot{\boldsymbol{d}}_{h}^{n}-2 \dot{\boldsymbol{d}}_{h}^{n-1}+\dot{\boldsymbol{d}}_{h}^{n-2}\right\|_{\mathrm{v}}^{2} .
\end{align*}
$$

The energy estimate (32) follows by inserting (57), (59) and (62) into (52), using Korn's inequality and summing over $m=1, \ldots, n$. The last three negative terms of (62) are controlled by the physical and numerical dissipations provided by (52) and (57), while the first is handled via Gronwall's Lemma (see, e.g., [38, Lemma 5.1]) under the condition (33) ${ }_{3}$.

## B Proof of Theorem 2

For $k \geq 1$, we consider $(19)_{1}$ at the $(k-1)$-th iteration and add the resulting expression to (18) ${ }_{5}$. This yields

$$
\frac{\rho^{\mathrm{s}} \epsilon}{\tau}\left(\boldsymbol{u}_{k}-\dot{\boldsymbol{d}}^{n-1}\right)+\boldsymbol{L}^{\mathrm{e}} \boldsymbol{d}_{k-1}+\boldsymbol{L}^{\mathrm{v}} \dot{\boldsymbol{d}}_{k-1}=-\boldsymbol{\sigma}\left(\boldsymbol{u}_{k}, p_{k}\right) \boldsymbol{n} \quad \text { on } \quad \Sigma
$$

Hence, by combining this relation with $(19)_{1}$ we get

$$
\begin{equation*}
\boldsymbol{u}_{k}=\dot{\boldsymbol{d}}_{k}+\frac{\tau}{\rho^{\mathrm{s}} \epsilon}\left(\boldsymbol{L}^{\mathrm{e}}\left(\boldsymbol{d}_{k}-\boldsymbol{d}_{k-1}\right)+\boldsymbol{L}^{\mathrm{v}}\left(\dot{\boldsymbol{d}}_{k}-\dot{\boldsymbol{d}}_{k-1}\right)\right) \quad \text { on } \quad \Sigma . \tag{63}
\end{equation*}
$$

It should be noted that $\boldsymbol{d}_{0}$ is defined through (19) ${ }_{1}$, with $k=0$, in terms of $\dot{\boldsymbol{d}}_{0}$ and $\boldsymbol{\sigma}\left(\boldsymbol{u}_{0}, p_{0}\right) \boldsymbol{n}$. We now introduce the following errors between the $k$-th iteration of Algorithm 3 and the $n$-th step of (16)-(17):

$$
\begin{equation*}
\boldsymbol{e}_{k}^{\boldsymbol{u}} \stackrel{\text { def }}{=} \boldsymbol{u}_{k}-\boldsymbol{u}^{n}, \quad e_{k}^{p} \stackrel{\text { def }}{=} p_{k}-p^{n}, \quad \boldsymbol{e}_{k}^{\dot{\boldsymbol{d}}} \stackrel{\text { def }}{=} \dot{\boldsymbol{d}}_{k}-\dot{\boldsymbol{d}}^{n}, \quad \boldsymbol{e}_{k}^{\boldsymbol{d}} \stackrel{\text { def }}{=} \boldsymbol{d}_{k}-\boldsymbol{d}^{n} . \tag{64}
\end{equation*}
$$

By subtracting (16)-(17) from (18) 1-4 , (19) and (63), we get the following system of equations for the errors:

$$
\begin{align*}
& \left\{\begin{aligned}
\frac{\rho^{\mathrm{f}}}{\tau} \boldsymbol{e}_{k}^{\boldsymbol{u}}-\operatorname{div} \boldsymbol{\sigma}\left(\boldsymbol{e}_{k}^{\boldsymbol{u}}, e_{k}^{p}\right)=\mathbf{0} & \text { in } \quad \Omega, \\
\operatorname{div} \boldsymbol{e}_{k}^{u}=0 & \text { in } \Omega, \\
\boldsymbol{e}_{k}^{\boldsymbol{u}}=\mathbf{0} & \text { on } \quad \Gamma^{\mathrm{d}},
\end{aligned}\right.  \tag{65}\\
& \boldsymbol{\sigma}\left(\boldsymbol{e}_{k}^{u}, e_{k}^{p}\right) \boldsymbol{n}=\mathbf{0}  \tag{66}\\
& \text { on } \quad \Gamma^{\mathrm{n}},
\end{align*}\left\{\begin{array}{l}
\boldsymbol{e}_{k}^{\boldsymbol{u}}=\boldsymbol{e}_{k}^{\dot{d}}+\frac{\tau}{\rho^{\mathrm{s}} \epsilon}\left(\boldsymbol{L}^{\mathrm{e}}\left(\boldsymbol{e}_{k}^{\boldsymbol{d}}-\boldsymbol{e}_{k-1}^{\boldsymbol{d}}\right)+\boldsymbol{L}^{\mathrm{v}}\left(\boldsymbol{e}_{k}^{\dot{d}}-\boldsymbol{e}_{k-1}^{\dot{d}}\right)\right) \quad \text { on } \quad \Sigma, \\
\frac{\rho^{\mathrm{s}} \epsilon}{\tau} \boldsymbol{e}^{\dot{d}_{k}}+\boldsymbol{L}^{\mathrm{e}} \boldsymbol{e}_{k}^{\boldsymbol{d}}+\boldsymbol{L}^{\mathrm{v}} \boldsymbol{e}_{k}^{\dot{d}}=-\boldsymbol{\sigma}\left(\boldsymbol{e}_{k}^{\boldsymbol{u}}, e_{k}^{p}\right) \boldsymbol{n} \text { on } \Sigma, \\
\boldsymbol{e}_{k}^{\dot{d}}=\frac{1}{\tau} \boldsymbol{e}_{k}^{\boldsymbol{d}} .
\end{array}\right.
$$

We now proceed similarly to the proof of Theorem 1 with the first-order extrapolation. We first multiply $(65)_{1}$ by $\tau \boldsymbol{e}_{k}^{\boldsymbol{u}}$ and integrate by parts in $\Omega$. Then we multiply $(66)_{2}$ by $\left.\tau \boldsymbol{e}_{k}^{\boldsymbol{u}}\right|_{\Sigma}$ and integrate the resulting expression over $\Sigma$. By adding these two expressions and using ( 66$)_{1,3}$ we get

$$
\begin{align*}
& \rho^{\mathrm{f}}\left\|\boldsymbol{e}_{k}^{\boldsymbol{u}}\right\|_{0, \Omega}^{2}+2 \mu \tau\left\|\varepsilon\left(\boldsymbol{e}_{k}^{\boldsymbol{u}}\right)\right\|_{0, \Omega}^{2}+\rho^{\mathrm{s}} \epsilon\left\|\boldsymbol{e}^{\dot{d}_{k}}\right\|_{0, \Sigma}^{2}+\left\|\boldsymbol{e}^{\boldsymbol{d}_{k}}\right\|_{\mathrm{e}}^{2}+\tau\left\|\boldsymbol{e}^{\dot{d}_{k}}\right\|_{\mathrm{v}}^{2} \\
&+\underbrace{\tau\left(\boldsymbol{e}_{k}^{\dot{d}}, \boldsymbol{L}^{\mathrm{e}}\left(\boldsymbol{e}_{k}^{\boldsymbol{d}}-\boldsymbol{e}_{k-1}^{d}\right)+\boldsymbol{L}^{\mathrm{v}}\left(\boldsymbol{e}_{k}^{\dot{d}}-\boldsymbol{e}_{k-1}^{\dot{d}}\right)\right)_{\Sigma}}_{T_{1}} \\
&+\underbrace{\frac{\tau^{2}}{\rho^{\mathrm{s}} \epsilon}\left(\boldsymbol{L}^{\mathrm{e}} \boldsymbol{e}_{k}^{\boldsymbol{d}}+\boldsymbol{L}^{\mathrm{v}} \boldsymbol{e}_{k}^{\dot{d}}, \boldsymbol{L}^{\mathrm{e}}\left(\boldsymbol{e}_{k}^{\boldsymbol{d}}-\boldsymbol{e}_{k-1}^{\boldsymbol{d}}\right)+\boldsymbol{L}^{\mathrm{v}}\left(\boldsymbol{e}_{k}^{\dot{d}}-\boldsymbol{e}_{k-1}^{\dot{d}}\right)\right)_{\Sigma}}_{T_{2}}=0 \tag{67}
\end{align*}
$$

where it only remains to estimate the terms $T_{1}$ and $T_{2}$. For the first term, using $(66)_{3}$, we have

$$
\begin{aligned}
T_{1}= & \frac{1}{2}\left(\left\|\boldsymbol{e}_{k}^{\boldsymbol{d}}\right\|_{\mathrm{e}}^{2}-\left\|\boldsymbol{e}_{k-1}^{\boldsymbol{d}}\right\|_{\mathrm{e}}^{2}+\left\|\boldsymbol{e}_{k}^{\boldsymbol{d}}-\boldsymbol{e}_{k-1}^{\boldsymbol{d}}\right\|_{\mathrm{e}}^{2}\right) \\
& +\frac{\tau}{2}\left(\left\|\boldsymbol{e}_{k}^{\dot{d}}\right\|_{\mathrm{v}}^{2}-\left\|\boldsymbol{e}_{k-1}^{\dot{d}}\right\|_{\mathrm{v}}^{2}+\left\|\boldsymbol{e}_{k}^{\dot{d}}-\boldsymbol{e}_{k-1}^{\dot{d}}\right\|_{\mathrm{v}}^{2}\right)
\end{aligned}
$$

while, for the second, we get

$$
\begin{aligned}
T_{2}= & \frac{\tau^{2}}{2 \rho^{\mathrm{s}} \epsilon}\left(\left\|\boldsymbol{L}^{\mathrm{e}} \boldsymbol{e}_{k}^{\boldsymbol{d}}+\boldsymbol{L}^{\mathrm{v}} \boldsymbol{e}_{k}^{\dot{d}}\right\|_{0, \Sigma}^{2}-\left\|\boldsymbol{L}^{\mathrm{e}} \boldsymbol{e}_{k-1}^{\boldsymbol{d}}+\boldsymbol{L}^{\mathrm{v}} \boldsymbol{e}_{k-1}^{\dot{d}}\right\|_{0, \Sigma}^{2}\right) \\
& +\frac{\tau^{2}}{2 \rho^{\mathrm{s}} \epsilon}\left\|\boldsymbol{L}^{\mathrm{e}}\left(\boldsymbol{e}_{k}^{\boldsymbol{d}}-\boldsymbol{e}_{k-1}^{\boldsymbol{d}}\right)+\boldsymbol{L}^{\mathrm{v}}\left(\boldsymbol{e}_{k}^{\dot{d}}-\boldsymbol{e}_{k-1}^{\dot{d}}\right)\right\|_{0, \Sigma}^{2}
\end{aligned}
$$

The estimate (35) follows by inserting these last two identities into (67) and after summation over $k=1, \ldots, \infty$.

## C Proof of Theorem 3

We proceed by extending the arguments reported in [23, Section 5]. The error estimate (44) is based on the following decomposition of the error

$$
\begin{align*}
& \boldsymbol{u}\left(t_{n}\right)-\boldsymbol{u}_{h}^{n}=\underbrace{\boldsymbol{u}\left(t_{n}\right)-\boldsymbol{P}_{h} \boldsymbol{u}\left(t_{n}\right)}_{\boldsymbol{\theta}_{\pi}^{n}}+\underbrace{\boldsymbol{P}_{h} \boldsymbol{u}\left(t_{n}\right)-\boldsymbol{u}_{h}^{n}}_{\boldsymbol{\theta}_{h}^{n}}, \\
& p\left(t_{n}\right)-p_{h}^{n}=\underbrace{p\left(t_{n}\right)-\Pi_{h} p\left(t_{n}\right)}_{y_{\pi}^{n}}+\underbrace{\Pi_{h} p\left(t_{n}\right)-p_{h}^{n}}_{y_{h}^{n}}, \\
& \boldsymbol{d}\left(t_{n}\right)-\boldsymbol{d}_{h}^{n}=\underbrace{\boldsymbol{d}\left(t_{n}\right)-\boldsymbol{\pi}_{h}^{e} \boldsymbol{d}\left(t_{n}\right)}_{\boldsymbol{\xi}_{\boldsymbol{\pi}}^{n}}+\underbrace{\boldsymbol{\pi}_{\boldsymbol{i} \boldsymbol{d}\left(t_{n}\right)-\boldsymbol{d}_{h}^{n}}^{n}}_{\boldsymbol{\xi}_{h}^{n}},  \tag{68}\\
& \dot{\boldsymbol{d}\left(t_{n}\right)-\dot{\boldsymbol{d}}_{h}^{n}}=\underbrace{\dot{\boldsymbol{d}\left(t_{n}\right)-\boldsymbol{\pi}_{h}^{v}} \dot{\boldsymbol{d}}^{n}}_{\dot{\boldsymbol{\xi}}_{\boldsymbol{\pi}}^{n}}+\underbrace{\boldsymbol{\pi}_{h}^{\mathrm{v}} \boldsymbol{d}\left(t_{n}\right)-\dot{\boldsymbol{d}}_{h}^{n}}_{\boldsymbol{\xi}_{h}^{n}},
\end{align*}
$$

where the projection operators $\boldsymbol{P}_{h}, \Pi_{h}, \boldsymbol{\pi}_{h}^{\mathrm{e}}$ and $\boldsymbol{\pi}_{h}^{\mathrm{v}}$ are defined in Section 4.6. Hence, owing to (37)-(39), it only remains to estimate the discrete contributions $\boldsymbol{\theta}_{\pi}^{n}, \boldsymbol{\xi}_{\pi}^{n}$ and $\dot{\boldsymbol{\xi}}_{h}^{n}$. An a priori bound for these terms is stated by Lemma 4 below, with the energy-norm of the discrete error being defined by

$$
\begin{gathered}
\mathcal{Z}_{h}^{n} \stackrel{\text { def }}{=}\left(\rho^{\mathrm{f}}\right)^{\frac{1}{2}}\left\|\boldsymbol{\theta}_{h}^{n}\right\|_{0, \Omega}+\left(\sum_{m=1}^{n} \tau\left\|\boldsymbol{\theta}_{h}^{m}\right\|_{V}^{2}\right)^{\frac{1}{2}}+\left(\sum_{m=1}^{n} \tau\left|y_{h}^{m}\right|_{s_{h}}^{2}\right)^{\frac{1}{2}} \\
+\left(\rho^{\mathrm{s}} \epsilon\right)^{\frac{1}{2}}\left\|\dot{\boldsymbol{\xi}}_{h}^{n}\right\|_{0, \Sigma}+\left\|\boldsymbol{\xi}_{h}^{n}\right\|_{\mathrm{e}}+\left(\sum_{m=1}^{n} \tau\left\|\dot{\boldsymbol{\xi}}_{h}^{m}\right\|_{\mathrm{v}}^{2}\right)^{\frac{1}{2}}
\end{gathered}
$$

for $n \geq 1$.
Lemma 4 Under the assumptions of Theorem 3, the following error estimates hold:

- Without extrapolation $\left(\boldsymbol{d}_{h}^{\star}, \dot{d}_{h}^{\star}\right)=(\mathbf{0}, \mathbf{0})$ :

$$
\begin{equation*}
\mathcal{Z}_{h}^{n} \lesssim c_{1} h^{k}+c_{2} h^{\tilde{l}}+c_{3} \tau+c_{4} \tau^{\frac{1}{2}}\left(\frac{T}{\rho^{\varsigma} \epsilon}\right)^{\frac{1}{2}}\left\|\boldsymbol{L}^{\mathrm{e}} \boldsymbol{d}+\boldsymbol{L}^{\mathrm{v}} \boldsymbol{d}\right\|_{L^{\infty}\left(0, T ; L^{2}(\Sigma)\right)} . \tag{69}
\end{equation*}
$$

- First-order extrapolation $\left(\boldsymbol{d}_{h}^{\star}, \dot{\boldsymbol{d}}_{h}^{\star}\right)=\left(\boldsymbol{d}_{h}^{n-1}, \dot{\boldsymbol{d}}_{h}^{n-1}\right)$ :

$$
\begin{equation*}
\mathcal{Z}_{h}^{n} \lesssim c_{1} h^{k}+c_{2} h^{\tilde{l}}+c_{3} \tau+c_{4} \tau\left(\frac{T}{\rho^{\mathrm{s}} \epsilon}\right)^{\frac{1}{2}}\left\|\partial_{t}\left(\boldsymbol{L}^{\mathrm{e}} \boldsymbol{d}+\boldsymbol{L}^{\mathrm{v}} \dot{\boldsymbol{d}}\right)\right\|_{L^{2}\left(0, T ; L^{2}(\Sigma)\right)} \tag{70}
\end{equation*}
$$

- Second-order extrapolation $\left(\boldsymbol{d}_{h}^{\star}, \dot{\boldsymbol{d}}_{h}^{\star}\right)=\left(2 \boldsymbol{d}_{h}^{n-1}-\boldsymbol{d}_{h}^{n-2}, 2 \dot{\boldsymbol{d}}_{h}^{n-1}-\dot{\boldsymbol{d}}_{h}^{n-2}\right)$ :

$$
\begin{equation*}
\mathcal{Z}_{h}^{n} \lesssim c_{5} h^{k}+c_{6} h^{\tilde{l}}+c_{7} \tau+c_{8} \tau^{2}\left(\frac{T}{\rho^{\mathrm{s}} \epsilon}\right)^{\frac{1}{2}}\left\|\partial_{t t}\left(\boldsymbol{L}^{\mathrm{e}} \boldsymbol{d}+\boldsymbol{L}^{\mathrm{v}} \dot{\boldsymbol{d}}\right)\right\|_{L^{2}\left(0, T ; L^{2}(\Sigma)\right)} \tag{71}
\end{equation*}
$$

Here, the symbols $\left\{c_{i}\right\}_{i=1}^{8}$ denote positive constants independent of $h$ and $\tau$, but which depend on the physical parameters and on the regularity of $(\boldsymbol{u}, p, \boldsymbol{d}, \dot{\boldsymbol{d}})$.

Proof 4 We first recall the following properties of the discrete solid operators $\boldsymbol{L}_{h}^{\mathrm{e}}$ and $\boldsymbol{L}_{h}^{\mathrm{v}}$ (see, e.g., [23, Lemma 1]), which will be used below:

$$
\begin{equation*}
\boldsymbol{L}_{h}^{\mathrm{e}} \boldsymbol{\pi}_{h}^{\mathrm{e}}=\boldsymbol{L}_{h}^{\mathrm{e}}, \quad \boldsymbol{L}_{h}^{\mathrm{v}} \boldsymbol{\pi}_{h}^{\mathrm{v}}=\boldsymbol{L}_{h}^{\mathrm{v}} \tag{72}
\end{equation*}
$$

and

$$
\begin{equation*}
\left\|\boldsymbol{L}_{h}^{\mathrm{e}} \boldsymbol{w}\right\|_{0, \Sigma} \leq\left\|\boldsymbol{L}^{\mathrm{e}} \boldsymbol{w}\right\|_{0, \Sigma}, \quad\left\|\boldsymbol{L}_{h}^{\mathrm{v}} \dot{\boldsymbol{w}}\right\|_{0, \Sigma} \leq\left\|\boldsymbol{L}^{\mathrm{v}} \dot{\boldsymbol{w}}\right\|_{0, \Sigma} \tag{73}
\end{equation*}
$$

for all $\boldsymbol{w} \in \boldsymbol{D}^{\mathrm{e}}$ and $\dot{\boldsymbol{w}} \in \boldsymbol{D}^{\mathrm{v}}$.
We consider the continuous problem (22) at time $t=t_{n}$ with $(\boldsymbol{v}, q, \boldsymbol{w})=\left(\boldsymbol{v}_{h}, q_{h}, \boldsymbol{w}_{h}\right) \in$ $\boldsymbol{V}_{h} \times Q_{h} \times \boldsymbol{W}_{h}$, and subtract (28) from the resulting expression. This yields the following modified Galerkin orthogonality:

$$
\begin{align*}
& \rho^{\mathrm{f}}\left(\partial_{\tau}\left(\boldsymbol{u}^{n}-\boldsymbol{u}_{h}^{n}\right), \boldsymbol{v}_{h}\right)+a\left(\boldsymbol{u}\left(t_{n}\right)-\boldsymbol{u}_{h}^{n}, \boldsymbol{v}_{h}\right)+b\left(p\left(t_{n}\right)-p_{h}^{n}, \boldsymbol{v}_{h}\right)-b\left(q_{h}, \boldsymbol{u}\left(t_{n}\right)-\boldsymbol{u}_{h}^{n}\right) \\
&+\rho^{\mathrm{s}} \epsilon\left(\partial_{\tau}\left(\dot{\boldsymbol{d}}\left(t_{n}\right)-\dot{\boldsymbol{d}}_{h}^{n}\right), \boldsymbol{w}_{h}\right)_{\Sigma}+a^{\mathrm{e}}\left(\boldsymbol{d}\left(t_{n}\right)-\boldsymbol{d}_{h}^{n}, \boldsymbol{w}_{h}\right)+a^{\mathrm{v}}\left(\dot{\boldsymbol{d}}\left(t_{n}\right)-\dot{\boldsymbol{d}}_{h}^{n}, \boldsymbol{w}_{h}\right) \\
&=-\rho^{\mathrm{f}}\left(\left(\partial_{t}-\partial_{\tau}\right) \boldsymbol{u}\left(t_{n}\right), \boldsymbol{v}_{h}\right)-\rho^{\mathrm{s}} \epsilon\left(\left(\partial_{t}-\partial_{\tau}\right) \dot{\boldsymbol{d}}\left(t_{n}\right), \boldsymbol{w}_{h}\right)_{\Sigma}+s_{h}\left(p_{h}^{n}, q_{h}\right) \tag{74}
\end{align*}
$$

for all $\left(\boldsymbol{v}_{h}, q_{h}, \boldsymbol{w}_{h}\right) \in \boldsymbol{V}_{h} \times Q_{h} \times \boldsymbol{W}_{h}$ with $\left.\boldsymbol{v}_{h}\right|_{\Sigma}=\boldsymbol{w}_{h}$. Hence, using (68), we infer the following equation for the discrete errors $\boldsymbol{\theta}_{h}^{n}, y_{h}^{n}, \boldsymbol{\xi}_{h}^{n}$ and $\dot{\boldsymbol{\xi}}_{h}^{n}$ :

$$
\begin{align*}
\rho^{\mathrm{f}} & \left(\partial_{\tau} \boldsymbol{\theta}_{h}^{n}, \boldsymbol{v}_{h}\right)+a\left(\boldsymbol{\theta}_{h}^{n}, \boldsymbol{v}_{h}\right)+b\left(y_{h}^{n}, \boldsymbol{v}_{h}\right)-b\left(q_{h}, \boldsymbol{\theta}_{h}^{n}\right)+s_{h}\left(y_{h}^{n}, q_{h}\right) \\
& +\underbrace{\rho^{\mathrm{s}} \epsilon\left(\partial_{\tau} \dot{\boldsymbol{\xi}}_{h}^{n}, \boldsymbol{v}_{h}\right)_{\Sigma}+a^{\mathrm{e}}\left(\boldsymbol{\xi}_{h}^{n}, \boldsymbol{v}_{h}\right)+a^{\mathrm{v}}\left(\dot{\boldsymbol{\xi}}_{h}^{n}, \boldsymbol{v}_{h}\right)}_{T_{1}\left(\boldsymbol{v}_{h}\right)} \\
= & -\underbrace{-\rho^{\mathrm{f}}\left(\left(\partial_{t}-\partial_{\tau}\right) \boldsymbol{u}\left(t_{n}\right), \boldsymbol{v}_{h}\right)-\rho^{\mathrm{f}}\left(\partial_{\tau} \boldsymbol{\theta}_{\pi}^{n}, \boldsymbol{v}_{h}\right)}_{T_{2}\left(\boldsymbol{v}_{h}\right)} \\
& -\underbrace{\rho^{\mathrm{s}} \epsilon\left(\left(\partial_{t}-\partial_{\tau}\right) \dot{\boldsymbol{d}}\left(t_{n}\right), \boldsymbol{v}_{h}\right)_{\Sigma}-\rho^{\mathrm{s}} \epsilon\left(\partial_{\tau} \dot{\boldsymbol{\xi}}_{\pi}^{n}, \boldsymbol{v}_{h}\right)_{\Sigma}}_{T_{3}\left(\boldsymbol{v}_{h}, q_{h}\right)}  \tag{75}\\
& -\underbrace{s_{h}^{\mathrm{e}\left(\Pi_{h} p^{n}, q_{h}\right)-a\left(\boldsymbol{\xi}_{\pi}^{n}, \boldsymbol{v}_{h}\right)}-\underbrace{a^{\mathrm{v}}\left(\dot{\boldsymbol{\xi}}_{\pi}^{n}, \boldsymbol{v}_{h}\right)}_{=0})-b\left(y_{\pi}^{n}, \boldsymbol{v}_{h}\right)+b\left(q_{h}, \boldsymbol{\theta}_{\pi}^{n}\right)}_{=0}
\end{align*}
$$

for all $\left(\boldsymbol{v}_{h}, q_{h}\right) \in \boldsymbol{V}_{h} \times Q_{h}$ with $\left.\boldsymbol{v}_{h}\right|_{\Sigma} \in \boldsymbol{W}_{h}$. It should be noted that last two terms vanish due to definition (36) of the solid projection operators.

Moreover, by combining (27) and (72) with (68), we have

$$
\begin{align*}
\left.\boldsymbol{\theta}_{h}^{n}\right|_{\Sigma}= & \dot{\boldsymbol{\xi}}_{h}^{n}+\frac{\tau}{\rho^{\mathrm{s}} \epsilon}\left(\boldsymbol{L}_{h}^{\mathrm{e}}\left(\boldsymbol{\xi}_{h}^{n}-\boldsymbol{\xi}_{h}^{\star}\right)+\boldsymbol{L}_{h}^{\mathrm{v}}\left(\dot{\boldsymbol{\xi}}_{h}^{n}-\dot{\boldsymbol{\xi}}_{h}^{\star}\right)\right) \\
& -\frac{\tau}{\rho^{\varsigma} \epsilon}\left(\boldsymbol{L}_{h}^{\mathrm{e}}\left(\boldsymbol{d}\left(t_{n}\right)-\boldsymbol{d}^{\star}\right)+\boldsymbol{L}_{h}^{\mathrm{v}}\left(\dot{\boldsymbol{d}}\left(t_{n}\right)-\dot{\boldsymbol{d}}^{\star}\right)\right), \tag{76}
\end{align*}
$$

with the natural notations $\boldsymbol{\xi}_{h}^{\star} \stackrel{\text { def }}{=} \boldsymbol{\pi}_{h}^{\mathrm{e}} \boldsymbol{d}^{\star}-\boldsymbol{d}_{h}^{\star}, \dot{\boldsymbol{\xi}}_{h}^{\star} \stackrel{\text { def }}{=} \boldsymbol{\pi}_{h}^{\vee} \dot{\boldsymbol{d}}^{\star}-\dot{\boldsymbol{d}}_{h}^{\star}$ and

$$
\left(\boldsymbol{d}^{\star}, \dot{\boldsymbol{d}}^{\star}\right)=\left\{\begin{array}{l}
\mathbf{0}, \\
\left(\boldsymbol{d}\left(t_{n-1}\right), \dot{\boldsymbol{d}}\left(t_{n-1}\right)\right), \\
\left(2 \boldsymbol{d}\left(t_{n-1}\right)-\boldsymbol{d}\left(t_{n-2}\right), 2 \dot{\boldsymbol{d}}\left(t_{n-1}\right)-\dot{\boldsymbol{d}}\left(t_{n-2}\right)\right),
\end{array}\right.
$$

accordingly with the choice of the extrapolations. Similarly, from (24) ${ }_{1}$ and (68), it follows that

$$
\begin{equation*}
\dot{\boldsymbol{\xi}}_{h}^{n}=\partial_{\tau} \boldsymbol{\xi}_{h}^{n}+\underbrace{\boldsymbol{\pi}_{h}^{v} \dot{\boldsymbol{d}}\left(t_{n}\right)-\boldsymbol{\pi}_{h}^{\mathrm{e}} \partial_{\tau} \boldsymbol{d}\left(t_{n}\right)}_{\boldsymbol{z}_{h}^{n}} . \tag{77}
\end{equation*}
$$

In order to control the perturbation introduced by the last term (77), we shall make use of the following estimates

$$
\begin{align*}
&\left\|\boldsymbol{z}_{h}^{n}\right\|_{\mathrm{e}} \lesssim\left(\beta^{\mathrm{e}}\right)^{\frac{1}{2}}\left(h^{k}\left\|\boldsymbol{u}\left(t_{n}\right)\right\|_{k+1, \Sigma}+\tau^{\frac{1}{2}}\left\|\partial_{t} \boldsymbol{u}\right\|_{L^{2}\left(t_{n-1}, t_{n} ; H^{1}(\Sigma)\right)}\right), \\
&\left\|\boldsymbol{z}_{h}^{n}-\boldsymbol{z}_{h}^{n-1}\right\|_{\mathrm{e}} \lesssim\left(\beta^{\mathrm{e}}\right)^{\frac{1}{2}} \frac{1}{2} h^{k}\left\|\partial_{t} \boldsymbol{u}\right\|_{L^{2}\left(t_{n-1}, t_{n} ; H^{k+1}(\Sigma)\right)}  \tag{78}\\
&+\left(\beta^{\mathrm{e}}\right)^{\frac{1}{2}} \tau^{\frac{3}{2}}\left\|\partial_{t t} \boldsymbol{u}\right\|_{L^{2}\left(t_{n-1}, t_{n} ; H^{1}(\Sigma)\right)},
\end{align*}
$$

which can be inferred from (37) and standard Taylor expansions.
Taking $\left(\boldsymbol{v}_{h}, q_{h}\right)=\tau\left(\boldsymbol{\theta}_{h}^{n}, p_{h}^{n}\right)$ in (75), and using (76)-(77), yields the following energy equation for the discrete errors:

$$
\begin{aligned}
& \frac{\rho^{\mathrm{f}}}{2}\left(\tau \partial_{\tau}\left\|\boldsymbol{\theta}_{h}^{n}\right\|_{0, \Omega}^{2}+\tau^{2}\left\|\partial_{\tau} \boldsymbol{\theta}_{h}^{n}\right\|_{0, \Omega}^{2}\right)+2 \mu \tau\left\|\boldsymbol{\varepsilon}\left(\boldsymbol{\theta}_{h}^{n}\right)\right\|_{0, \Omega}^{2}+\tau\left|y_{h}^{n}\right|_{s_{h}}^{2} \\
& +\frac{\rho^{\mathrm{s}} \epsilon}{2}\left(\tau \partial_{\tau}\left\|\dot{\boldsymbol{\xi}}_{h}^{n}\right\|_{0, \Sigma}^{2}+\tau^{2}\left\|\partial_{\tau} \dot{\xi}_{h}^{n}\right\|_{0, \Sigma}^{2}\right)+\frac{1}{2}\left(\tau \partial_{\tau}\left\|\boldsymbol{\xi}_{h}^{n}\right\|_{\mathrm{e}}^{2}+\tau^{2}\left\|\partial_{\tau} \xi_{h}^{n}\right\|_{\mathrm{e}}^{2}\right) \\
& +\tau\left\|\dot{\boldsymbol{\xi}}_{h}^{n}\right\|_{\mathrm{v}}^{2}+\underbrace{\tau^{2}\left(\partial_{\tau} \dot{\boldsymbol{\xi}}_{h}^{n}, \boldsymbol{L}_{h}^{\mathrm{e}}\left(\boldsymbol{\xi}_{h}^{n}-\boldsymbol{\xi}_{h}^{\star}\right)+\boldsymbol{L}_{h}^{\mathrm{v}}\left(\dot{\boldsymbol{\xi}}_{h}^{n}-\dot{\boldsymbol{\xi}}_{h}^{\star}\right)\right)_{\Sigma}}_{T_{5}} \\
& +\underbrace{\frac{\tau^{2}}{\rho^{s} \epsilon}\left(\boldsymbol{L}_{h}^{\mathrm{e}} \boldsymbol{\xi}_{h}^{n}+\boldsymbol{L}_{h}^{\vee} \dot{\boldsymbol{\xi}}_{h}^{n}, \boldsymbol{L}_{h}^{\mathrm{e}}\left(\boldsymbol{\xi}_{h}^{n}-\boldsymbol{\xi}_{h}^{\star}\right)+\boldsymbol{L}_{h}^{\vee}\left(\dot{\boldsymbol{\xi}}_{h}^{n}-\dot{\boldsymbol{\xi}}_{h}^{\star}\right)\right)_{\Sigma}}_{T_{6}} \\
& =T_{1}\left(\tau \boldsymbol{\theta}_{h}^{n}\right)+T_{2}\left(\tau \boldsymbol{\theta}_{h}^{n}\right)+T_{3}\left(\tau \boldsymbol{\theta}_{h}^{n}, \tau y_{h}^{n}\right)-\underbrace{\tau a^{e}\left(\boldsymbol{\xi}_{h}^{n}, \boldsymbol{z}_{h}^{n}\right)}_{T_{4}} \\
& +\underbrace{\tau^{2}\left(\partial_{\tau} \dot{\boldsymbol{\xi}}_{h}^{n}, \boldsymbol{L}_{h}^{\mathrm{e}}\left(\boldsymbol{d}\left(t_{n}\right)-\boldsymbol{d}^{\star}\right)+\boldsymbol{L}_{h}^{\mathrm{v}}\left(\dot{\boldsymbol{d}}\left(t_{n}\right)-\dot{\boldsymbol{d}}^{\star}\right)\right)_{\Sigma}}_{T_{7}} \\
& +\underbrace{\frac{\tau^{2}}{\rho^{s} \epsilon}\left(\boldsymbol{L}_{h}^{\mathrm{e}} \boldsymbol{\xi}_{h}^{n}+\boldsymbol{L}_{h}^{\vee} \dot{\boldsymbol{\xi}}_{h}^{n}, \boldsymbol{L}_{h}^{\mathrm{e}}\left(\boldsymbol{d}\left(t_{n}\right)-\boldsymbol{d}^{\star}\right)+\boldsymbol{L}_{h}^{\vee}\left(\dot{\boldsymbol{d}}\left(t_{n}\right)-\dot{\boldsymbol{d}}^{\star}\right)\right)_{\Sigma}}_{T_{8}} .
\end{aligned}
$$

The terms $T_{1}, \ldots, T_{4}$ are estimated as in [23, Section 5], using (37)-(39), (78) and Taylor expan-
sions. We simply recall the corresponding bound

$$
\begin{align*}
\sum_{i=1}^{4} T_{i} \lesssim & \frac{\left(\rho^{\mathrm{f}} \tau\right)^{2}}{\varepsilon_{1} \mu}\left\|\partial_{t t} \boldsymbol{u}\right\|_{L^{2}\left(t_{n-1}, t_{n} ; L^{2}(\Omega)\right)}+\frac{\left(\rho^{\mathrm{f}} c_{\mu}\right)^{2}}{\varepsilon_{1}} h^{2 k+2}\left\|\partial_{t} \boldsymbol{u}\right\|_{L^{2}\left(t_{n-1}, t_{n} ; H^{k+1}(\Omega)\right)} \\
& +\left(\frac{\left(\rho^{\mathrm{f}} \tilde{c}_{\mu}\right)^{2}}{\varepsilon_{1} \mu}+\frac{\left(\rho^{\mathrm{s}} \epsilon\right)^{2}}{\varepsilon_{2} \mu}\right) h^{2 k+2}\left\|\partial_{t} \boldsymbol{u}\right\|_{L^{2}\left(t_{n-1}, t_{n} ; H^{k+1}(\Sigma)\right)} \\
& +\frac{\left(\rho^{\mathrm{s}} \epsilon \tau\right)^{2}}{\varepsilon_{2} \mu}\left\|\partial_{t t} \boldsymbol{u}\right\|_{L^{2}\left(t_{n-1}, t_{n} ; L^{2}(\Sigma)\right)}+\tau^{2} \beta^{\mathrm{e}} T\left\|\partial_{t} \boldsymbol{u}\right\|_{L^{2}\left(t_{n-1}, t_{n} ; H^{1}(\Sigma)\right)}^{2}  \tag{80}\\
& +\tau\left(\frac{\mu h^{2 k}}{\varepsilon_{3}}\left\|\boldsymbol{u}\left(t_{n}\right)\right\|_{k+1, \Omega}^{2}+\frac{h^{2} \tilde{l}}{\varepsilon_{3} \mu}\left\|p\left(t_{n}\right)\right\|_{\tilde{l}, \Omega}^{2}+h^{2 k} \beta^{\mathrm{e}} T\left\|\boldsymbol{u}\left(t_{n}\right)\right\|_{k+1, \Sigma}^{2}\right) \\
& +\tau\left(\varepsilon_{1}+\varepsilon_{2}+\varepsilon_{3}\right)\left\|\boldsymbol{\theta}_{h}^{n}\right\|_{\boldsymbol{V}}^{2}+\tau \varepsilon_{3}\left|y_{h}^{n}\right|_{s_{h}}^{2}+\frac{\tau}{T}\left\|\boldsymbol{\xi}_{h}^{n}\right\|_{\mathrm{e}}^{2}
\end{align*}
$$

where $\varepsilon_{i}(i=1, \ldots, 3)$ are free positive parameters. In (80), the terms involving $\left\|\boldsymbol{\theta}_{h}^{n}\right\|_{\boldsymbol{V}}^{2}$ and $\left|y_{h}^{n}\right|_{s_{h}}^{2}$ can be absorbed by the left-hand side of (79), by choosing $\varepsilon_{i}$ sufficiency small, while the last term is controlled via Gronwall's Lemma.

As regards the remaining terms $T_{5}, \ldots, T_{8}$ in (79), we proceed by treating each extrapolation ( $\left.\boldsymbol{d}^{\star}, \dot{\boldsymbol{d}}^{\star}\right)$ separately.
(i) Without extrapolation: $\left(\boldsymbol{d}_{h}^{\star}, \dot{\boldsymbol{d}}_{h}^{\star}\right)=(\mathbf{0}, \mathbf{0})$. Terms $T_{5}$ and $T_{6}$ are bounded as terms $T_{1}$ and $T_{2}$ in A, which yields

$$
\begin{equation*}
T_{5}+T_{6} \geq-\frac{\rho^{\mathrm{s}} \epsilon}{3}\left\|\dot{\boldsymbol{\xi}}_{h}^{n}-\dot{\boldsymbol{\xi}}_{h}^{n-1}\right\|_{0, \Sigma}^{2}+\frac{\tau^{2}}{4 \rho^{\mathrm{s}} \epsilon}\left\|\boldsymbol{L}_{h}^{\mathrm{e}} \boldsymbol{\xi}_{h}^{n}+\boldsymbol{L}_{h}^{\mathrm{v}} \dot{\boldsymbol{\xi}}_{h}^{n}\right\|_{0, \Sigma}^{2} \tag{81}
\end{equation*}
$$

For the remaining terms, using Young's inequality and (73), we have

$$
\begin{align*}
T_{7}+T_{8} \leq & \frac{\rho^{\mathrm{s}} \epsilon}{8}\left\|\dot{\boldsymbol{\xi}}_{h}^{n}-\dot{\boldsymbol{\xi}}_{h}^{n-1}\right\|_{0, \Sigma}^{2}+\frac{\tau^{2}}{8 \rho^{\mathrm{s}} \epsilon}\left\|\boldsymbol{L}_{h}^{\mathrm{e}} \boldsymbol{\xi}_{h}^{n}+\boldsymbol{L}_{h}^{\mathrm{v}} \dot{\boldsymbol{\xi}}_{h}^{n}\right\|_{0, \Sigma}^{2}  \tag{82}\\
& +\frac{4 \tau^{2}}{\rho^{\mathrm{s}} \epsilon}\left\|\boldsymbol{L}^{\mathrm{e}} \boldsymbol{d}\left(t_{n}\right)+\boldsymbol{L}^{\mathrm{v}} \dot{\boldsymbol{d}}\left(t_{n}\right)\right\|_{0, \Sigma}^{2}
\end{align*}
$$

The estimate (69) then follows by inserting (80), (81) and (82) into (79), using Korn's inequality, summing over $m=1, \ldots, n$, and applying Gronwall's lemma.
(ii) First-order extrapolation: $\left(\boldsymbol{d}_{h}^{\star}, \dot{\boldsymbol{d}}_{h}^{\star}\right)=\left(\boldsymbol{d}_{h}^{n-1}, \dot{\boldsymbol{d}}_{h}^{n-1}\right)$. Terms $T_{6}$ is treated as terms $T_{2}$ in $A$, yielding

$$
\begin{equation*}
T_{6}=\frac{\tau^{2}}{2 \rho^{\mathrm{s}} \epsilon}\left(\tau \partial_{\tau}\left\|\boldsymbol{L}_{h}^{\mathrm{e}} \boldsymbol{\xi}_{h}^{n}+\boldsymbol{L}_{h}^{\mathrm{v}} \dot{\boldsymbol{\xi}}_{h}^{n}\right\|_{0, \Sigma}^{2}+\tau^{2}\left\|\partial_{\tau}\left(\boldsymbol{L}_{h}^{\mathrm{e}} \boldsymbol{\xi}_{h}^{n}+\boldsymbol{L}_{h}^{\mathrm{v}} \dot{\boldsymbol{\xi}}_{h}^{n}\right)\right\|_{0, \Sigma}^{2}\right) \tag{83}
\end{equation*}
$$

For term $T_{5}$, we have

$$
T_{5}=\frac{\tau^{2}}{2}\left(\tau \partial_{\tau}\left\|\dot{\boldsymbol{\xi}}_{h}^{n}\right\|_{\mathrm{e}}^{2}+\left\|\dot{\boldsymbol{\xi}}_{h}^{n}-\dot{\boldsymbol{\xi}}_{h}^{n-1}\right\|_{\mathrm{e}}^{2}\right)+\tau\left\|\dot{\boldsymbol{\xi}}_{h}^{n}-\dot{\boldsymbol{\xi}}_{h}^{n-1}\right\|_{\mathrm{v}}^{2}+\tau^{2} a^{\mathrm{e}}\left(\dot{\boldsymbol{\xi}}_{h}^{n}-\dot{\boldsymbol{\xi}}_{h}^{n-1}, \boldsymbol{z}_{h}^{n}\right)
$$

where the last contribution is due to the modified displacement-velocity relation (77). Thus, using(78), we get

$$
\begin{aligned}
T_{5} \gtrsim & \frac{\tau^{2}}{2}\left(\left\|\dot{\boldsymbol{\xi}}_{h}^{n}\right\|_{\mathrm{e}}^{2}-\left\|\dot{\boldsymbol{\xi}}_{h}^{n-1}\right\|_{\mathrm{e}}^{2}\right)+\tau\left\|\dot{\boldsymbol{\xi}}_{h}^{n}-\dot{\boldsymbol{\xi}}_{h}^{n-1}\right\|_{\mathrm{v}}^{2}-\beta^{\mathrm{e}} h^{2 k} \tau^{2}\left\|\boldsymbol{u}\left(t_{n}\right)\right\|_{k+1, \Sigma}^{2} \\
& -\beta^{\mathrm{e}} \tau^{3}\left\|\partial_{t} \boldsymbol{u}\right\|_{L^{2}\left(t_{n-1}, t_{n} ; H^{1}(\Sigma)\right)}^{2}
\end{aligned}
$$

For the right-hand side terms $T_{7}$ and $T_{8}$, using Taylor expansions and (73) we have

$$
\begin{aligned}
T_{7}+T_{8} \leq & \frac{\rho^{\mathrm{s}} \epsilon}{2 T}\left(\left\|\dot{\boldsymbol{\xi}}_{h}^{n}\right\|_{0, \Sigma}^{2}+\left\|\dot{\boldsymbol{\xi}}_{h}^{n-1}\right\|_{0, \Sigma}^{2}\right)+\frac{3 T \tau^{2}}{2 \rho^{\mathrm{s}} \epsilon}\left\|\boldsymbol{L}^{\mathrm{e}} \partial_{t} \boldsymbol{d}+\boldsymbol{L}^{\mathrm{v}} \partial_{t} \dot{\boldsymbol{d}}\right\|_{L^{2}\left(t_{n-1}, t_{n} ; L^{2}(\Sigma)\right)}^{2} \\
& +\frac{\tau^{3}}{2 \rho^{\mathrm{s}} \epsilon T}\left\|\boldsymbol{L}_{h}^{\mathrm{e}} \boldsymbol{\xi}_{h}^{n}+\boldsymbol{L}_{h}^{\mathrm{v}} \dot{\boldsymbol{\xi}}_{h}^{n}\right\|_{0, \Sigma}^{2}
\end{aligned}
$$

where last term can be treated via Gronwall's Lemma, using the control provided by (83).
In summary, the estimate (70) follows by inserting the above bounds into (79), using Korn's inequality, summing over $m=1, \ldots, n$, and applying Gronwall's Lemma.
(iii) Second-order extrapolation: $\left(\boldsymbol{d}_{h}^{\star}, \dot{\boldsymbol{d}}_{h}^{\star}\right)=\left(2 \boldsymbol{d}_{h}^{n-1}-\boldsymbol{d}_{h}^{n-2}, 2 \dot{\boldsymbol{d}}_{h}^{n-1}-\dot{\boldsymbol{d}}_{h}^{n-2}\right)$. Terms $T_{5}$ and $T_{6}$ are treated as terms $T_{1}$ and $T_{2}$ in A, apart from the additional contribution of the modified displacement-velocity relation (77). We have

$$
\begin{aligned}
T_{5}= & \tau^{2}\left\|\dot{\boldsymbol{\xi}}_{h}^{n}-\dot{\boldsymbol{\xi}}_{h}^{n-1}\right\|_{\mathrm{e}}^{2}+\frac{\tau}{2}\left(\tau \partial_{\tau}\left\|\dot{\boldsymbol{\xi}}_{h}^{n}-\dot{\boldsymbol{\xi}}_{h}^{n-1}\right\|_{\mathrm{v}}^{2}+\left\|\dot{\boldsymbol{\xi}}_{h}^{n}-2 \dot{\boldsymbol{\xi}}_{h}^{n-1}+\dot{\boldsymbol{\xi}}_{h}^{n-2}\right\|_{\mathrm{v}}^{2}\right) \\
& +\underbrace{\tau^{2} a^{\mathrm{e}}\left(\dot{\boldsymbol{\xi}}_{h}^{n}-\dot{\boldsymbol{\xi}}_{h}^{n-1}, \boldsymbol{z}_{h}^{n}-\boldsymbol{z}_{h}^{n-1}\right)}_{T_{5,1}},
\end{aligned}
$$

where the last term is bounded, using (78), as follows

$$
\begin{aligned}
T_{5,1} \gtrsim & -\frac{\tau^{2}}{2}\left\|\dot{\boldsymbol{\xi}}_{h}^{n}-\dot{\boldsymbol{\xi}}_{h}^{n-1}\right\|_{\mathrm{e}}^{2} \\
& -\frac{\beta^{\mathrm{e}} \tau^{3}}{2}\left(h^{2 k}\left\|\partial_{t} \boldsymbol{u}\right\|_{L^{2}\left(t_{n-1}, t_{n} ; H^{k+1}(\Sigma)\right)}^{2}+\tau^{2}\left\|\partial_{t t} \boldsymbol{u}\right\|_{L^{2}\left(t_{n-1}, t_{n} ; H^{1}(\Sigma)\right)}^{2}\right)
\end{aligned}
$$

For $T_{6}$, using (77), we have

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$$
\begin{aligned}
T_{6} \geq & \frac{\alpha \tau^{3}}{2 \rho^{\mathrm{s}} \epsilon}\left(\tau \partial_{\tau}\left\|\dot{\boldsymbol{\xi}}_{h}^{n}\right\|_{\mathrm{e}}^{2}+\left\|\dot{\boldsymbol{\xi}}_{h}^{n}-\dot{\boldsymbol{\xi}}_{h}^{n-1}\right\|_{\mathrm{e}}^{2}\right) \\
& +\frac{\beta \tau^{3}}{2 \rho^{\mathrm{s}} \epsilon}\left(\tau \partial_{\tau}\left\|\boldsymbol{L}_{h}^{\mathrm{e}} \dot{\boldsymbol{\xi}}_{h}^{n}\right\|_{0, \Sigma}^{2}+\left\|\boldsymbol{L}_{h}^{\mathrm{e}}\left(\dot{\boldsymbol{\xi}}_{h}^{n}-\dot{\boldsymbol{\xi}}_{h}^{n-1}\right)\right\|_{0, \Sigma}^{2}\right) \\
& -\tau \frac{\gamma}{2}\left\|\boldsymbol{\xi}_{h}^{n}\right\|_{\mathrm{e}}^{2}-\tau \delta\left\|\dot{\boldsymbol{\xi}}_{h}^{n}\right\|_{\mathrm{v}}^{2}-\frac{\rho^{\mathrm{s}} \epsilon}{4}\left\|\dot{\boldsymbol{\xi}}_{h}^{n}-\dot{\boldsymbol{\xi}}_{h}^{n-1}\right\|_{0, \Sigma}^{2} \\
& -\frac{\tau}{4}\left\|\dot{\boldsymbol{\xi}}_{h}^{n}-2 \dot{\boldsymbol{\xi}}_{h}^{n-1}+\dot{\boldsymbol{\xi}}_{h}^{n-2}\right\|_{\mathrm{v}}^{2} \\
& \underbrace{-\frac{\tau^{3}}{\rho^{\mathrm{s}} \epsilon} a^{\mathrm{e}}\left(\boldsymbol{L}_{h}^{\mathrm{e}} \boldsymbol{\xi}_{h}^{n}+\boldsymbol{L}_{h}^{\mathrm{v}} \dot{\boldsymbol{\xi}}_{h}^{n}, \boldsymbol{z}_{h}^{n}-\boldsymbol{z}_{h}^{n-1}\right)}_{T_{6,1}}
\end{aligned}
$$

The last term in this bounded through (3), (53), (55) and (56) as follows

$$
\begin{align*}
T_{6,1} \geq & -\frac{\tau^{5}}{2 T\left(\rho^{\mathrm{s}} \epsilon\right)^{2}}\left\|\boldsymbol{L}_{h}^{\mathrm{e}} \boldsymbol{\xi}_{h}^{n}+\boldsymbol{L}_{h}^{\mathrm{v}} \dot{\boldsymbol{\xi}}_{h}^{n}\right\|_{\mathrm{e}}^{2}-\frac{\tau T}{2}\left\|\boldsymbol{z}_{h}^{n}-\boldsymbol{z}_{h}^{n-1}\right\|_{\mathrm{e}}^{2} \\
\geq & -\frac{\beta^{\mathrm{e}} C_{\mathrm{inv}}^{2} \tau^{5}}{T\left(\rho^{\mathrm{s}} \epsilon\right)^{2} h^{2}}\left(\left\|\boldsymbol{L}_{h}^{\mathrm{e}} \boldsymbol{\xi}_{h}^{n}\right\|_{0, \Sigma}^{2}+\left\|\boldsymbol{L}_{h}^{\mathrm{v}} \dot{\boldsymbol{\xi}}_{h}^{n}\right\|_{0, \Sigma}^{2}\right)-\frac{\tau T}{2}\left\|\boldsymbol{z}_{h}^{n}-\boldsymbol{z}_{h}^{n-1}\right\|_{\mathrm{e}}^{2} \\
\geq & -\frac{\beta^{\mathrm{e}} C_{\mathrm{inv}}^{2} \tau^{5}}{T\left(\rho^{\mathrm{s}} \epsilon\right)^{2} h^{2}}\left[\frac{\beta^{\mathrm{e}} C_{\mathrm{inv}}^{2}}{h^{2}}\left\|\boldsymbol{\xi}_{h}^{n}\right\|_{\mathrm{e}}^{2}+\left(\alpha \rho^{\mathrm{s}} \epsilon+\beta \frac{\beta^{\mathrm{e}} C_{\mathrm{inv}}^{2}}{h^{2}}\right)\left\|\dot{\boldsymbol{\xi}}_{h}^{n}\right\|_{\mathrm{v}}^{2}\right]  \tag{84}\\
& -\frac{\tau T}{2}\left\|\boldsymbol{z}_{h}^{n}-\boldsymbol{z}_{h}^{n-1}\right\|_{\mathrm{e}}^{2} \\
\geq & -\frac{\tau^{5}\left(\omega^{\mathrm{e}}\right)^{4}}{T h^{4}}\left\|\boldsymbol{\xi}_{h}^{n}\right\|_{\mathrm{e}}^{2}-\frac{\tau^{5}\left(\omega^{\mathrm{e}}\right)^{2}}{T h^{2}}\left(\alpha+\frac{\beta\left(\omega^{\mathrm{e}}\right)^{2}}{h^{2}}\right)\left\|\dot{\boldsymbol{\xi}}_{h}^{n}\right\|_{\mathrm{v}}^{2}-\frac{\tau T}{2}\left\|\boldsymbol{z}_{h}^{n}-\boldsymbol{z}_{h}^{n-1}\right\|_{\mathrm{e}}^{2}
\end{align*}
$$

where we have used the notation $\omega^{\mathrm{e}} \stackrel{\text { def }}{=} C_{\mathrm{inv}} \sqrt{\beta^{\mathrm{e}} /\left(\rho^{\mathrm{s}} \epsilon\right)}$. Hence, using (33) and (78), we finally infer that

$$
\begin{align*}
T_{6,1} \gtrsim & -\tau^{2} \beta^{\mathrm{e}} T\left(h^{2 k}\left\|\partial_{t} \boldsymbol{u}\right\|_{L^{2}\left(t_{n-1}, t_{n} ; H^{k+1}(\Sigma)\right)}^{2}+\tau^{2}\left\|\partial_{t t} \boldsymbol{u}\right\|_{L^{2}\left(t_{n-1}, t_{n} ; H^{1}(\Sigma)\right)}^{2}\right) \\
& -\frac{\tau}{T}\left(\frac{\gamma \tau}{2}\right)^{\frac{2}{3}}\left\|\boldsymbol{\xi}_{h}^{n}\right\|_{\mathrm{e}}^{2}-\frac{\tau^{3} \gamma}{4 T}\left\|\dot{\boldsymbol{\xi}}_{h}^{n}\right\|_{\mathrm{v}}^{2} \tag{85}
\end{align*}
$$

The first of the last two terms is controlled via Gronwall's Lemma, while the second can be absorbed by the left-hand side of (79).

We conclude the proof with the estimation of the remaining terms in the right-hand side of (79). For $T_{7}$, using a Taylor expansion, we simply have

$$
T_{7} \leq \tau \frac{\rho^{\mathrm{s}} \epsilon}{2 T}\left(\left\|\dot{\boldsymbol{\xi}}_{h}^{n}\right\|_{0, \Sigma}^{2}+\left\|\dot{\boldsymbol{\xi}}_{h}^{n-1}\right\|_{0, \Sigma}^{2}\right)+\frac{T \tau^{4}}{2 \rho^{\mathrm{s}} \epsilon}\left\|\boldsymbol{L}^{\mathrm{e}} \partial_{t t} \boldsymbol{d}+\boldsymbol{L}^{\mathrm{v}} \partial_{t t} \dot{\boldsymbol{d}}\right\|_{L^{2}\left(t_{n-1}, t_{n} ; L^{2}(\Sigma)\right)}^{2}
$$

where the first term can be controlled via Gronwall's Lemma. At last, for $T_{8}$, using a Taylor expansion and proceeding similarly to (84), there follows

$$
\begin{aligned}
T_{8} \leq & \frac{\tau^{3}}{\rho^{\mathrm{s}} \epsilon T}\left(\left\|\boldsymbol{L}_{h}^{\mathrm{e}} \boldsymbol{\xi}_{h}^{n}\right\|_{0, \Sigma}^{2}+\left\|\boldsymbol{L}_{h}^{\mathrm{v}} \dot{\boldsymbol{\xi}}_{h}^{n}\right\|_{0, \Sigma}^{2}\right)+\frac{T \tau^{4}}{2 \rho^{\mathrm{s}} \epsilon}\left\|\boldsymbol{L}^{\mathrm{e}} \partial_{t t} \boldsymbol{d}+\boldsymbol{L}^{\mathrm{v}} \partial_{t t} \dot{\boldsymbol{d}}\right\|_{L^{2}\left(t_{n-1}, t_{n} ; L^{2}(\Sigma)\right)}^{2} \\
\leq & \frac{\tau^{3}\left(\omega^{\mathrm{e}}\right)^{2}}{T h^{2}}\left\|\boldsymbol{\xi}_{h}^{n}\right\|_{\mathrm{e}}^{2}+\frac{\tau^{3}}{T}\left(\alpha+\frac{\beta\left(\omega^{\mathrm{e}}\right)^{2}}{h^{2}}\right)\left\|\dot{\boldsymbol{\xi}}_{h}^{n}\right\|_{\mathrm{v}}^{2} \\
& +\frac{T \tau^{4}}{2 \rho^{\mathrm{s}} \epsilon}\left\|\boldsymbol{L}^{\mathrm{e}} \partial_{t t} \boldsymbol{d}+\boldsymbol{L}^{\mathrm{v}} \partial_{t t} \dot{\boldsymbol{d}}\right\|_{L^{2}\left(t^{n-1}, t^{n} ; L^{2}(\Sigma)\right)}^{2}
\end{aligned}
$$

Hence, from (33), we infer that

$$
T_{8} \leq \frac{\tau}{T}\left(\frac{\tau \gamma}{2}\right)^{\frac{1}{3}}\left\|\boldsymbol{\xi}_{h}^{n}\right\|_{\mathrm{e}}^{2}+\frac{\tau^{2} \delta^{\frac{1}{2}}}{T}\left\|\dot{\boldsymbol{\xi}}_{h}^{n}\right\|_{\mathrm{v}}^{2}+\frac{T \tau^{4}}{2 \rho^{\mathrm{s}} \epsilon}\left\|\boldsymbol{L}^{\mathrm{e}} \partial_{t t} \boldsymbol{d}+\boldsymbol{L}^{\mathrm{v}} \partial_{t t} \dot{\boldsymbol{d}}\right\|_{L^{2}\left(t^{n-1}, t^{n} ; L^{2}(\Sigma)\right)}^{2}
$$

where the first two terms are controlled as in (85), via Gronwall's Lemma and the left-hand side of (79), respectively.

In summary, the estimate (71) follows by inserting the above bounds into (79), using Korn's inequality, summing over $m=1, \ldots, n$, and applying Gronwall's Lemma.

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